



INFORMATION
BOOKLET

2018 / 2019 SEASON



VISION OF THE CLUB

Ravenswood Swimming Club was established to service the students of Ravenswood School for Girls and members of the wider community.

Our programs aim to foster the growth of every member, through the provision of a proactive and socially engaging environment, and have been designed to cater for all levels of competitive and non-competitive swimmers. We are proud to have provided the Australian Swim Team with both Olympic and Paralympic athletes.

The Ravenswood Swim Club (RSC) is a not-for-profit sporting organisation, with funds raised from its activities being reinvested in the Club for the benefit of the members of all levels. The Club is administered by a volunteer committee and based at Ravenswood School for Girls at Gordon in Sydney, utilising a 25 metre indoor pool all year round.

In turn RSC is a member of Sydney Metro North East (SMNE) Swimming Association and, beyond that, Swimming New South Wales.

VOLUNTEERS

Volunteers are an essential part of running a successful Club and your support and enthusiasm is greatly appreciated. It is an expectation that all families volunteer their time to support the club in whatever manner is required to participate in Club Nights and carnivals.

The benefits of volunteering at Ravenswood Swim Club include: a sense of belonging, an opportunity to meet people and make new friends and most importantly, your children can see you being involved in their swimming in a pro-active manner.

HOW DO I JOIN THE CLUB?

Please contact the Club's Registrar via email registrar@ravenswoodswimclub.com.au for all membership enquiries.

One parent from each family must also become a non-swimming member of Swimming NSW if your child is a registered swimmer with Swimming NSW and is under the age of 18. This provides insurance for that parent in the event of injury whilst performing a duty at any NSW Swimming sanctioned carnival.



The total fees payable (per annum) - regardless of age (excluding Junior Dolphins):

MEMBERSHIP TYPE	CRITERIA	RSC (PER SWIMMER)	SWIMMING NSW (PER SWIMMER)	TOTAL FEE
National Level	Swam at national level in 2017– 2018	\$180	\$69	\$249
State Level	Swam at state level in 2017 – 2018	\$150	\$69	\$219
Regular	First swimmer in family Second swimmer in family Third swimmer in family Fourth swimmer in family	\$130 \$110 \$90 \$80	\$69 \$69 \$69 \$69	\$199 \$179 \$159 \$149
Winter Membership	Swimmers joining after 1 May 2019 until 1 September 2019	\$60 (regardless of level)	\$69	\$129
Non-swimmer parent	One parent must join Swimming NSW if their child competes in any official competition and is under the age of 18.	N/A	\$21	\$21
Junior Dolphins	7 years old & under. NSW Swimming Promotion	\$0	\$0	\$0

SERVICE NSW ACTIVE KIDS PROGRAM

Ravenswood Swimming Club is a registered provider with the Service NSW's Active Kids Program. If you have Active Kids vouchers that you would like to use towards the RSC Club membership portion of your joining fee then please email the Active Kids Voucher to registrar@ravenswoodswimclub.com.au prior to paying your joining fees. Anyone who has paid their membership fees without their voucher, cannot go back and redeem a voucher for this membership. This voucher will be verified for use by RSC with Service NSW and will be deducted from your amount owing of the total membership fees when you are sent details on how to pay for your new RSC membership for the season. Active Kids Vouchers can be redeemed on all membership levels above except the Winter Membership Fee. Please note under the Service NSW Active Kids program, parents can claim up to \$100 per school child, per calendar year to reduce the cost of the Club membership fees (not the NSW Swimming portion of the fee). Members can [apply for a voucher with Service NSW online](#). [More information about the Active Kids program can be found here](#).



CAN I TRY BEFORE I BUY?

Of course you can!

All swimmers new to the club are able to participate in two (2) “try before you buy” club race night without signing up. If they wish to continue beyond that they will need to contact the Club’s Registrar via email registrar@ravenswoodswimclub.com.au for all membership enquiries.

WHAT DO THE MONTHLY ‘CLUB NIGHTS’ INVOLVE?

RSC Nights will take place monthly on selected afternoons/nights throughout the year at the Ravenswood School pool. The evening commences with warm up from 5.30/5:45pm, with races starting promptly at 6:00pm.

The emphasis on Club Night is for all ages and abilities to come along and join in the fun.

A sausage sizzle may also be available and is a great way to meet and greet club members.

- Come to the registration desk and choose up to 4 races from the list of what is on that night.
- 12 Years or under must be signed in and accompanied by a parent or guardian.
- After registering for your races, have fun mingling with the other kids and wait for marshalling to be called.
- At the end of your race a slip with your name, race details and time will be handed to you from the timekeeper. Check all the details on the race slip and then take it to the registration desk.

TELL ME MORE ABOUT THE EXTERNAL CLUB CARNIVALS

External swim meets are a fantastic way for RSC members to practice their racing skills against athletes from other clubs and are a great opportunity to gain official qualifying times which may be required for future competitions.

- **“Long Course”** season, so called because it’s swum in **50 metre pools** (running approx. from September through to end of April)
- **“Short Course”** season, so called because it is swum in **25 metre pools** (from May through to August).

Before the start of each season, the coaching staff will liaise with the club committee and discuss what meets they would like our athletes to target. This information will then be emailed to all members and uploaded to our website. A few weeks before the closing date for each meet, the athlete/s and their parents/caregivers will consult with their coach and discuss what races they would like to enter.

The cost of entering various swim meet will differ depending on the price set by the host club or association. These costs can be found on the relevant website.

Some swim meets also provide the opportunity for the club relay teams. Athletes will be selected for these teams by the coaching staff either prior to or on the day of the meet. The club always pays the entry fees for the relay teams.



We are extremely proud of Ravenswood Swim Club and ask all members to wear a RSC swim club cap when competing as well as Club attire which may include the Club Polo Shirt, Club jumper, tracksuit or shorts.

Parents from all swim clubs are called upon to volunteer for timekeeping responsibilities. Ravenswood have always supported our fellow clubs with this requirement and would like to thank all of our members for their ongoing support and participation in this activity.

HOW DO I ENTER THESE EXTERNAL CLUB CARNIVALS?

Online Entry System

This system is available for major Swimming NSW and Swimming Australia events and simply involves going to either of the respective websites and following the simple procedures.

In this system payments are made directly online by credit card.

Most of these events will have formal qualifying times that will dictate what events any swimmer can enter. If the swimmer does not have a formal qualifying time logged on the NSW swimming database, they may not be able to enter.

Steps for Online Entry

- You will be asked to enter your Username and Password (this is your swimmers I.D. number). If you do not know your child's I.D, please contact the Registrar at registrar@ravenswoodswimclub.com.au
- Go to NSW Swimming website <http://nsw.swimming.org.au>
- Click on '*Event Calendar*'
- Click on the targeted RSC Meet (you would have received an email from the Club's race secretary)
- Click on '*Click Here to begin your online meet entry*'
- Click on '*Enter*'
- Click '*Book on Meet*'
- Accept the Terms & Conditions
- The events your child has qualified for will be listed. Please select the appropriate races
- Click '*Proceed*'
- Click '*Proceed to Payment*'

Should you experience any difficulty with entering your child in a targeted RSC Meet, please contact the race secretary at racesec@ravenswoodswimclub.com.au



DOES THE CLUB HAVE BRANDED MERCHANDISE?

Yes. RSC has a range of branded merchandise for members to wear at club events / carnivals, including:

- Club swimming caps – traditional silicone style (\$20)
- Club swimming caps – new Arena style (\$25.00)
- Club polo shirts (\$30.00)
- Club 'hoodies' with full zip (\$65.00)

Please note that it is mandatory to wear a club cap when representing the club at any interclub swimming carnival and it is expected swimmers wear a Club Hoodie and Polo Shirt at carnivals.

How do I order club merchandise?

All Club merchandise can be ordered from our website here:

<https://www.ravenswoodswimclub.com.au/shop-merchandise> Once ordered you will be instructed on the website to deposit via EFT payment for merchandise into the Club's bank account. Details are below:

Ravenswood Swimming Club bank account.

Acct Name: Ravenswood Swim Club

BSB: 012 366

Acct Number: 1102 16072

Reference: <Swimmer Surname> and <Name of Swimmer>

Once paying via EFT please email a copy or screenshot of the EFT transaction to shop@ravenswoodswimclub.com.au. Merchandise will only be supplied once payment is received and confirmed by the Merchandise Manager. Any issues or questions about merchandise please contact shop@ravenswoodswimclub.com.au



WHO DO I CONTACT IF I NEED MORE HELP?

The website is always a good place to start for all manner of information:

www.ravenswoodswimclub.com.au

If you still have questions or concerns please don't hesitate to contact any of the following committee members:

Type of Enquiries:

President	Dean Vince	president@ravenswoodswimclub.com.au
Head Coach	Mitchell Falvey	mfalvey@ravenswood.nsw.edu.au
Treasurer	Gillian Huyskens	treasurer@ravenswoodswimclub.com.au
Membership/Registration	Sonia Johnson	registrar@ravenswoodswimclub.com.au
Secretary	Anna Block	secretary@ravenswoodswimclub.com.au
Race Secretary	Tara Russell	racesec@ravenswoodswimclub.com.au
Website & Social Media	Sonia Johnson	admin@ravenswoodswimclub.com.au



TERMS & CONDITIONS
Ravenswood Swimming Club and Swimming NSW Member Declaration

1. I agree to abide by the rules, regulations, Codes of Conduct and policies of Ravenswood Swim Club, Swimming NSW, Swimming Australia, the relevant Area Swimming Association and the relevant club, including Swimming Australia's Anti-Doping, Member Welfare, Child Welfare and Privacy Policies (these are available at www.swimming.org.au).
2. I authorise Ravenswood Swim Club and Swimming NSW to use, disclose or relate to any relevant bodies any of my personal information that may be necessary to implement or the rules, regulations, Codes of Conduct and policies in 1 above. I agree to have my name, photograph and results published in official programs, newsletters and websites.
3. I understand that the personal information I have provided in my membership application is collected, used and disclosed in accordance with the SNSW Privacy Policy (available from www.nsw.swimming.org.au). Ravenswood Swim Club and/or SNSW may use and disclose my personal information for the purposes of conducting and administering swimming and other related activities across New South Wales, providing me with member services or promotional material, complying with legal obligations or otherwise in accordance with the SNSW Privacy Policy. Ravenswood Swim Club and/or SNSW may share my information with third parties such as:
 - a. Swimming Australia (including for direct marketing purposes), SNSW Affiliates and other organisations involved in swimming in New South Wales;
 - b. companies engaged by Ravenswood Swim Club and/or SNSW to carry out functions and activities on their behalf including direct marketing;
 - c. government agencies; and
 - d. Ravenswood Swim Club and/or SNSW's professional advisers, including their accountants, auditors, lawyers and insurers, however my information is not generally disclosed to anyone outside Australia. (The SNSW Privacy Policy contains information about how you may access and request correction of your personal information held by Ravenswood Swim Club and/or SNSW or make a complaint about the handling of my personal information, and provides information about how a complaint will be dealt with by Ravenswood Swim Club and/or SNSW.
4. I understand my membership application may be rejected if the information is not provided.
5. I understand that if I do not wish to receive promotional material from SNSW's sponsors and third parties I must advise SNSW via email or telephone or via the specific opt-out procedures provided in the relevant communication.

Parent/Guardian Declaration

1. I have read, understood, acknowledge and agree to the declarations above and the details provided in the application .
2. I personally consent to the declarations above.
3. I warrant that all information provided to Ravenswood Swim Club is true and correct.
4. Where the applicant is under 18 years of age this application must be signed by the applicant's parent or legal guardian.
5. I as the parent or guardian of the applicant expressly agree to be responsible for the applicant's behaviour and agree to personally accept the conditions set out in this membership application and declaration.

Conditions and Agreement Declaration

I/We authorise Ravenswood Swim Club to use, disclose or relate to any relevant bodies any of my personal information that may be necessary to implement the rules, regulations, Codes of Conduct and policies of the Ravenswood Swim Club.

I/We grant permission to the Ravenswood Swim Club to use my photograph, video, multimedia and/or likenesses of me captured during club events without payment and/or compensation to me. These items become the sole property of the Ravenswood Swimming Club to use for any legitimate purpose, including, but not limited to, promoting, advertising and marketing activities.

I/We agree to have my name, photograph and results published in official Ravenswood Swim Club programs, newsletters and websites.

I/We agree to participate in fund raising activities Ravenswood Swim Club implements as a compulsory activity for the club throughout the membership period.

I/We agree that timekeeping is a compulsory activity and will help at meets and on club nights when requested.

I/We agree that swimmers entries for each SMNE and coach-nominated swim meet are accepted on the basis that a parent/guardian agrees to timekeep, officiate or assist as requested for at least one session per day of the meet. Refusal to assist as requested may result in withdrawal of the swimmer from the meet.

I/We agree to adhere to the Ravenswood Swimming Club Uniform Policy.

I/We acknowledge that the club may cancel or suspend the club membership of individuals/families who do not meet the requirements of this agreement or the Club Code of Conduct.



SWIMMERS CODE OF CONDUCT

Swimming Member - Ravenswood Swim Club

Ravenswood Swim Club seeks to instil positive character-building traits in all swimmers through the demonstration of good sportsmanship, respect for others, responsibility, fairness, caring, safety and good citizenship. The Club requires swimmers to reflect these character traits at all times.

When swimming or training, I, as a Ravenswood Swim Club member agree to the following:

- I will compete by the rules.
- Respect the rights, dignity and worth of others.
- Be professional in, and accept responsibility for my actions.
- I will control my temper. Verbal or physical abuse is not acceptable.
- I will be a good sport and applaud good performances whether they are made by a team member or another competitor.
- Treat all swimming participants, as you would like to be treated. Do not bully or take unfair advantage of another competitor.
- I will never argue with an official. If I disagree, I will seek clarification from the coach at an appropriate time.
- I will work equally hard for myself and my swim team.
- I will cooperate with my coach, team mates and competitors. Without them there would be no competition.
- I will participate for my own enjoyment and benefit, not just to please parents and coaches.
- I will respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- **Verbal warning by Ravenswood Swim Club President or nominated Office Bearer**
- **Written warning by Ravenswood Swim Club President or nominated Office Bearer, SMNE or Swimming NSW**
- **Swimmer suspension with written documentation of incident**
- **Swimmer membership cancelled**



PARENT CODE OF CONDUCT

Non-Swimming Member - Ravenswood Swim Club

Ravenswood Swim Club seeks to instil positive character-building traits in all swimmers through the demonstration of good sportsmanship, respect for others, responsibility, fairness, caring, safety and good citizenship. The Club requires all parents and their guests attending Ravenswood Swim Club Club Night Races and all NSW and Swimming Australia sanctioned swimming carnivals to reflect these character traits at all times.

When attending Ravenswood Swim Club, Club Nights, all SMNE, Swimming NSW and Swimming Australia sanctioned carnivals, I, as a parent, care giver, family member or friend of a Ravenswood Swim Club Swimming Member agree to the following:

- I will remember that the swimmers participate in the sport for their enjoyment not mine
- I will be a positive role model for the swimmers and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all swimmers, coaches, officials and spectators at every Ravenswood Swim Club Night Races and all NSW and Australia Swimming sanctioned carnival.
- Be an example to your child and others. Appreciate good performances by all swimmers.
- I will not engage in any kind of unsportsmanlike conduct with any official, coach, swimmer, or parent.
- I will not encourage any behaviours or practices that would endanger the health and wellbeing of the swimmers.
- I will teach my child to compete by the spirit of the rules and to resolve conflicts without engaging in unacceptable behaviour.
- I will demand that my child treat other swimmers, coaches, officials and spectators with respect regardless of race, sex, or ability.
- I will never ridicule or yell at my child or other participant for making a mistake or losing a race.
- I will respect the officials and their authority during races and will never question their decision. If I seek further clarification on a decision I will speak with the coaches at an agreed upon time and place.
- I will refrain from coaching my child or other swimmers during Ravenswood Swim Club, Club Night and all Swimming NSW and Swimming Australia sanctioned swimming carnivals, unless I am one of the official coaches of the team.
- I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- **Verbal warning by Ravenswood Swim Club President or nominated Office Bearer**
- **Written warning by Ravenswood Swim Club President or nominated Office Bearer, SMNE or Swimming NSW**
- **Parental suspension with written documentation of incident**
- **Parental *membership cancelled***



RAVENSWOOD SWIMMING CLUB SAFETY RULES

- SWIM CAPS MUST BE WORN
- NO JEWELLERY OR BANDAIDS TO BE WORN IN THE WATER
- NO RUNNING AROUND POOL AREA, IN THE GRANDSTAND AND BBQ AREA
- OBEDIENCE TO COACHES, STAFF AND VOLUNTEERS TO APPLY AT ALL TIMES
- CHILDREN UNDER THE AGE OF 12 YEARS MUST BE SUPERVISED BY AN ADULT AT ALL TIMES
- KEEP FIRE EXITS CLEAR