



**OFFICIAL TIMES NIGHT**  
**Wednesday 16 October 2019**  
**Warm Up: 5:45 pm**  
**Races Start: 6:00 pm**

**Entries Must Be Online Prior Via**  
**[SWIM CENTRAL ONLY](#)**

**3 ENTRIES PER SWIMMER ONLY**  
**Please discuss with your coach prior to registration.**

<b>Event</b>	<b>Age</b>	<b>Distance</b>	<b>Stroke</b>
<b>1</b>	Open	200m	IM
<b>2</b>	Open	200m	Fly
<b>3</b>	Open	200m	Breast
<b>4</b>	Open	200m	Free
<b>5</b>	Open	200m	Back
<b>6</b>	Open	50m	Fly
<b>7</b>	Open	100m	Fly
<b>8</b>	Open	50m	Breast
<b>9</b>	Open	100m	Breast
<b>10</b>	Open	50m	Free
<b>11</b>	Open	100m	Free
<b>12</b>	Open	50m	Back
<b>13</b>	Open	100m	Back
<b>14</b>	Open	400m	IM
<b>15</b>	Open	400m	Free