



National Pizza Month!

Every Friday, the Cafeteria will be serving
PIZZA!
Don't miss out!



Nutrition Tip: Make half your plate veggies and fruits. Vegetables and fruits are full of nutrients that support good health. Choose fruits and red, orange, and dark-green vegetables such as tomatoes, and broccoli.



Reference: USDA MyPlate

Monday

Tuesday

Wednesday

Thursday

Friday

1

1
Teriyaki Dunkers w/
Steamed Rice / Eggroll

Yogurt / Sunflower Seeds /
Goldfish Crackers

2
Chicken Nuggets

Sliced Turkey Sandwich

Potato Triangle

3
Nacho Supreme w/
Tortilla Chips / Cheese Dip

Bean and Cheese Burrito

4
Big Daddy Pizza

Cheese or Pepperoni

7
Cheese Enchilada w/
Sauce

Corn Dog

Tater Tots

8
Chicken Patty
(Regular or Spicy)
On Bun

Tater Tots

9
Chicken Nuggets

Yogurt and Sunflower Seeds

Scooby Grahams

10
Breadsticks/
Marinara Sauce Cup

Grilled Cheese Sandwich

11
Galaxy Pizza

Wild Mike's Pepperoni Pizza

14
Chicken Tenders

Queso Bites

15
Hamburger

Soft Taco Stick

16
Chicken Nuggets

Sliced Turkey Sandwich

Potato Triangle

17
Nacho Supreme w/
Tortilla Chips/ Cheese Dip

Beef and Cheese Tamale

18
Big Daddy Pizza

Cheese or Pepperoni

21
Cheese Enchilada w/
Sauce

Corn Dog

Tater Tots

22
Chicken Patty
(Regular or Spicy)
On Bun

Tater Tots

23
Chicken Nuggets

Yogurt &
Sunflower Seeds

Scooby Grahams

24
Breadsticks/
Marinara Sauce Cup

Grilled Cheese Sandwich

25
Galaxy Pizza

Pizza Crunchers

28
Chicken Tenders

Queso Bites

29
Hamburger

Soft Taco Stick

30
Chicken Nuggets

Sliced Turkey Sandwich

Potato Triangle

31
Beef Rib Patty
Sandwich
PB& J Sandwich w/
String Cheese
Cookie

