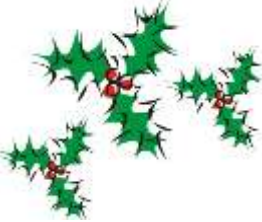




# Lunch Menu

December 2018

**RUSD**  
Elementary  
Schools

| <b>MONDAY</b>   | <b>TUESDAY</b>   | <b>WEDNESDAY</b>   | <b>THURSDAY</b>  | <b>FRIDAY</b>   | <b>OFFERED DAILY</b>   |
|---|--|--|--|---|--|
|    |  |  |  |   | <b>GARDEN BAR ITEMS INCLUDE;<br/>Fresh and or Canned Fruit,<br/>with a Variety of Fresh<br/>Vegetables</b> |
| <b>3</b>  | <b>4</b>   | <b>5</b>   | <b>6</b>   | <b>7</b>  | <b>Choice of Milk<br/>Non Fat Chocolate<br/>or 1% White</b><br><br>Choice of Entree                        |
| Chicken Tenders/Roll<br>Mini Cheeseburgers<br>Seasoned Corn                         | Breakfast for Lunch<br>French Toast<br>Sticks/Sausage<br>The Max<br>Pancake/Sausage Pattie     | Chicken Nuggets<br>Sliced Turkey Sandwich<br><br>Potato Triangle | Pulled Pork Sliders<br>Corn Dog<br>Baked Beans   | Nacho Supreme with<br>Tortilla Chips<br>Cheese Quesadilla   |  |
| <b>10</b>   | <b>11</b>  | <b>12</b>  | <b>13</b>  | <b>14</b>   | <b>USDA Requirements:<br/>Lunch should include a<br/>½ cup serving of fruit and<br/>or vegetable.</b>      |
| Pull Apart Cheesy Bread<br>with Marinara Sauce<br>Beef Rib Pattie on<br>Bun/Doritos | Hamburger on Bun<br>Fish Sticks<br>Potato Tots   | Chicken Nuggets<br>Ham and Cheese<br>Sandwich<br><br>Elf Grahams | Vegetable Barley Soup<br>PBJ Pocket/String Cheese<br>Grilled Cheese Sandwich                           | Big Daddy Pizza<br>Cheese or Pepperoni<br>Strawberry Cup    |  |
| <b>17</b>   | <b>18</b>  | <b>19</b>  | <b>20</b>  | <b>21</b>   |                       |
| Chicken Pattie Regular<br>or Spicy on Bun<br>Baked Beans                            | Teriyaki Beef Dunkers<br>Steamed Rice/Egg Roll<br>Yogurt/Sunflower<br>Seeds/Goldfish Crackers  | Chicken Nuggets<br>Soft Beef Taco<br><br>Scooby Crackers         | Baked Chicken Leg<br>Mashed Potatoes/Roll<br>Hot Vegetable<br>Yogurt/Sunflower Seeds<br>Holiday Cookie | Corn Dog<br>PBJ Pocket/Goldfish<br>Pretzels<br>Potato Chips |  |
| <b>24</b>   | <b>25</b>  | <b>26</b>  | <b>27</b>  | <b>28</b>   |  |
| Holiday   | <br>Holiday | Holiday  | Holiday  | Holiday   |  |