

# *Share's Most Needed Items (w/ Preferred Sizes Provided)*

## **Baby**

- Baby Wipes (unscented)\*\*
- Diapers - Sizes 4, 5 and 6 especially

## **Personal Care**

- Sanitary Pads (14 – 18 ct)
- Flushable and/or Baby Wipes
- Toothpaste
- Toothbrushes (singles/doubles)

## **Household**

- Toilet Paper\*\* (>250 sheets/roll)
- Laundry Detergent (32 – 50 oz)\*\*
- Shampoo (12.5 oz)

## **Food Items**

- |   |   |
|---|---|
| <input type="checkbox"/> Canola or Vegetable oil (48 oz)**                            | <input type="checkbox"/> Cereal/Oatmeal                             |
| <input type="checkbox"/> Canned Fruit (15 – 20 oz) **                                 | <input type="checkbox"/> Pasta Sauce in Plastic Jars or Cans        |
| <input type="checkbox"/> Applesauce (24 oz)**   | <input type="checkbox"/> Pasta/Spaghetti                            |
| <input type="checkbox"/> Bagged White Rice (2 lb)                                     | <input type="checkbox"/> Canned Meat (Tuna, Chicken, etc.)          |
| <input type="checkbox"/> Canned Beans (Chickpea, Black, Kidney, White, Pinto) (15 oz) | <input type="checkbox"/> Peanut Butter in Plastic Jars (16 – 20 oz) |
| <input type="checkbox"/> Canned Veggies (Corn, etc) (15 oz)                           | <input type="checkbox"/> Canned Soup                                |
|   | <input type="checkbox"/> Snacks/Granola Bars                        |

\*\* Starred items are staples that run out most often. Consider buying these items first if you are only picking up a couple things!

Donations of dry beans, coffee, tea, canned pasta meals, canned chili, jam/jelly, tomato products (diced, sauce, paste), condiments (mayo, mustard, ketchup), and flushable wipes are also welcome.