



**CREATING INTIMACY WITH GOD AND
SELF:
MEN'S THERAPY GROUP**

This group is designed for men who want to experience personal growth by improving their relationship with God. This group will help men specifically focus on identifying and addressing any barriers that exist which are preventing them from a deeper connection with God. This group therapy format will also allow you to join other men and learn effective ways to creating a healthy, active and personalized relationship with God, so that you can better live with purpose, confidence and integrity. This group is built on biblical values, integrated with powerful spiritual literature, and implemented by effective therapeutic techniques.

THIS GROUP MAY BE FOR YOU IF YOU ARE AMONG THOSE...

- ***Living Angry:***
 - Stuck in a cycle of criticism, frustration, or blame of God and others
- ***Living Scared:***
 - Overwhelmed by fear, worry, doubt or distrust
- ***Living Scarred:***
 - Wounded by guilt, shame, loss, rejection or abandonment
- ***Living Lost:***
 - Lack of passion, vision, or purpose in your life
- ***Living Lonely:***
 - Feeling isolated, alone or not “needing” anyone else
- ***Caught in Chains:***
 - Struggling to become the man you **know** you were meant to be



WHEN:

This program consists of sixteen, two-hour group sessions which will meet on the same weeknight from 6:00 p.m. – 8:00 p.m.

WHERE:

The Center for Christian Counseling
5310 Wall St. Suite 500
Madison, WI 53718

COST:

\$90/week (2-hour group), plus material costs. May be able to use insurance. Limit 8 men per group. Accepted on first come basis.

CONTACT:

To sign-up or for more information, contact Justin Bangert at (608-274-8294) or visit our website at www.christiancounselingmadison.com

Registration Form for:

**Creating Intimacy with God &
Self:
Men's Therapy Group**

Name: _____

Address: _____

Home Phone Number: _____

Work Phone Number: _____

Cell Phone Number: _____