

15 HEALTH BENEFITS OF CANNABIS OIL YOU NEED TO KNOW

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Cannabis oil is widely beneficial and is considered as one of the most effective oils for alleviation of certain conditions and illnesses.

Researchers believe there are at least two active chemicals in cannabis that have medicinal applications: cannabidiol and tetrahydrocannabinol. Cannabidiol, also known as CBD, impacts the brain without a high, and tetrahydrocannabinol, also known as THC, has pain relieving properties.

The health benefits of cannabis oil are caused by these medicinal applications. Here are the top 15 health benefits of cannabis oil:

RELIEVES PAIN

Cannabis oil is often suggested for people who suffer from chronic pain, inflammation and occasionally in emergency pain relief. This is the reason why people who have been diagnosed with cancer turn to cannabis-related products, including cannabis oil, when they need relief from the pain of the chemotherapy or the disease itself.

HELPS CONTROL EPILEPTIC SEIZURES

The effects of cannabis oil, more specifically the cannabinoids such as THC, help to control seizures by attaching to the brain cells that are responsible for regulating relaxation and controlling excitability.

SLOWS ALZHEIMER'S DISEASE

The effects of cannabis oil may be able to slow the progression of Alzheimer's disease. THC, the active chemical in cannabis oil, slows the establishment of amyloid plaques by blocking the enzyme in the brain that makes them. Amyloid plaques are what kill brain cell and ultimately cause Alzheimer's disease.

IMPROVES HEART HEALTH

The elusive oils in cannabis oil can help improve heart health by balancing out the negative oils that are in a person's system. In addition, the oil can stimulate antioxidant processes such as maximising the health of the cardiovascular system and scraping off excess cholesterol.

Eases Multiple Sclerosis Pain

One of the health effects of cannabis oil includes the ease of pain symptoms from multiple sclerosis. The THC in the cannabis oil attaches to the receptors in the nerves and muscles in order to relieve pain. There are also studies that suggest THC helps to control muscle spasms.

ENHANCES APPETITE

It's a well-known fact that those who consume cannabis in any form notice an increased appetite. However, the use of cannabis oil can help you regulate your appetite and encourage hunger. At the same time, it can stimulate your digestive system in order to operate on a regular level.

TREATS INFLAMMATORY BOWEL DISEASES

Studies suggest one of the effects of cannabis oil could aid patients with inflammatory bowel diseases such as ulcerative colitis and Crohn's disease. The THC and CBD chemicals interact with the body's cells, which plays an important role in immune responses and gut functions. The THC-like compounds that the body produce increase the permeability of the intestines, which allows bacteria in. The cannabinoids from cannabis oil block these body-made cannabinoids helping to prevent the permeability and ensuring the intestinal cells have a tightened bond.

INCREASES SLEEP LONGEVITY

If you suffer from the constant anxiety during the night time hours, or suffer from insomnia or struggle from getting a restful, undisturbed sleep, then cannabis oil might be the solution for you. The cannabis oil works by relaxing the mind and body, and generating a lower energy level, it will be easier for you to get your heart rate down and clear your mind to allow for a long, restful sleep.

RELIEVES ARTHRITIS DISCOMFORT

The health benefits of cannabis oil in regards to rheumatoid arthritis include promoting sleep, reducing inflammation, and alleviating pain. These effects of cannabis oil combined help to relieve the pain and discomfort that people with arthritis have.

REDUCES GLAUCOMA

In regards to eye health, cannabis oil has been linked to the reduction in glaucoma and the prevention of macular degeneration. As people age, eye health is one of the major reasons why people turn to cannabis oil.

SOOTHES TREMORS

The effects of cannabis have been shown to reduce pain and tremors, and improve sleep for those who have Parkinson's disease. There has also been research that demonstrated improved fine motor skills among its patients.

RELIEVES ANXIETY AND STRESS

One of the most popular and well-known uses of cannabis oil is for the purpose of relief from anxiety and stress. The natural compounds found in cannabis oil are effective for releasing relaxing the mind, releasing pleasure hormone, reducing stress and inducing a sense of calmness and relaxation to the user.

TREATS PTSD

The naturally occurring cannabinoids, similar to THC, contribute to the health benefits of cannabis oil. The cannabinoids help to regulate the system that causes anxiety and fear in the brain and body. This specific use of cannabis oil has been connected to benefiting veterans with post-traumatic stress disorder.

PROTECTS BRAIN AFTER STROKE

Research shows that the effects of cannabis may help to protect the brain from the damage that is caused by a stroke. This is done by reducing the size of the area that was affected by the stroke. There has been research that has shown neuroprotective effects from cannabis that protects the brain in the case of other traumatic events, like concussions.

PREVENTS CANCER

Early reports of research have shown that the active ingredients in cannabis oil can reduce tumour size and have preventative effects on cancer, and says that the oil makes it easier to beat cancer for those suffering with the disease.

If you would like to take advantage of the health benefits of cannabis oil, contact us at CBD International.