

The California Psychiatric Association Clinical Updates in Psychopharmacology
QUICK-LOOK CONFERENCE TIME SCHEDULE

FRIDAY SCHEDULE, September 20, 2019

7:30 AM	Registration and Breakfast opens for Pre-conference
8:00 AM	Introductions
8:15-9:45 AM	New Insights into Lithium Jonathan Meyer, MD, Clinical Professor of Psychiatry University of California, San Diego
9:45-10:00 AM	Break
10:00-11:30 AM	Prescribing in Pregnancy (TBD)
11:30-12:30 PM	Lunch (provided)
12:30-2:00 PM	New Insights into Clozapine and Its Cousins Pimavanserin and Lumateperone Jonathan Meyer, MD, Clinical Professor of Psychiatry University of California, San Diego
2:00-2:15 PM	Break
2:15-3:30 PM	Ketamine: The Way Forward Nolan Williams, MD, Assistant Professor, Director, Interventional Psychiatry Clinical Research Director, Brain Stimulation Laboratory, Department of Psychiatry and Behavioral Sciences, Stanford University Medical Center
3:30-3:45 PM	Closing remarks

Attendees only attending the pre-conference are welcome to join the CPA for the President's Reception as listed below. To attend the rest of the Friday schedule you must be registered for the CPA's 32nd Annual Premier Conference.

The California Psychiatric Association, 32nd Annual Premier Conference -2019

FRIDAY SCHEDULE, September 20, 2019

2:00 PM	Registration Open
4:00 PM	Exhibits Open
5:00-6:30 PM	President's Reception in Exhibit Hall-Hosted beer, wine and soft drinks "Meet/Greet" your colleagues
6:30-7:30 PM	Friday Night Dinner (please purchase tickets in advance)
7:30-9:30 PM	Friday Night Movie: "Finding Traction" In this award-winning film, ultra-marathon runner Nikki Kimball takes on the 273-mile Long Trail. What drives someone to attempt such an incredible feat? How does she marshal her mind and body to overcome the inevitable hardships of this legendary, but brutal, race? Follow Nikki's journey from its beginning to her actual record attempt through Vermont's beautiful and rugged Green Mountains.

SATURDAY SCHEDULE, September 21, 2019

- 7:00 AM **“Fun Run”** Participants meet at CPA registration table
- 7:00-8:00 AM Breakfast in Exhibit Area (registrants only)
- 7:00-8:00 AM **Psychotherapy Caucus** (please pick up breakfast first)
- 7:00-8:00 AM **Psychiatry Residency Training Directors Caucus** (please pick up breakfast first)
- 8:00-8:15 AM **Welcome and Opening Remarks**-Robert McCarron, DO, CPA President and Shawn Hersevoort, MD, MPH, Education Committee Chair
- 8:15-9:30 AM **Med-psych Update**
Paul Summergrad, MD, Dr. Frances S. Arkin Professor and Chairman, Department of Psychiatry, Professor of Medicine, Tufts University School of Medicine, Psychiatrist-in-Chief, Tufts Medical Center
- 8:15-12:00 Noon **Early Career Mentorship and Career Planning Symposium**
Francie Broghammer, MD, Chief Psychiatry Resident, UC Irvine Medical Center
- 9:30-10:30 AM **Repetitive Transcranial Magnetic Stimulation for Depression**
Robert Bota, MD, Associate Clinical Professor of Psychiatry University of CA, Irvine
- 10:30-11:00 AM Refreshment Break in Exhibit Hall (for registrants only)
- 11:00-12:15 AM **Legislative Update**
Randall Hagar, CPA Director of Government Relations
- 12:15-1:45 PM **Legislative Luncheon**-Keynote Speaker to be announced
- 1:45-3:00 PM **Exercise Prescription and a Role for Physical Therapy**
John Onate, MD, Associate Professor, Department of Psychiatry and Behavioral Sciences, University of California Davis
- 3:00-3:45 PM **Refreshment Break in Exhibit Hall come and meet your exhibitors!**
(for registrants only)
- 3:45-5:00 PM **Creating and Exercise Plan for Patients**
Nikki Kimball
- 5:00-6:00 PM **Toward the way Forward in Disaster Mental Health**
Merritt Schreiber, PhD Professor of Clinical Pediatrics, Department of Pediatrics, Los Angeles BioMedical Research Institute at Harbor-UCLA Medical Center, David Geffen School of Medicine at UCLA|
- 6:00-7:00 PM **PAC Reception (contribution required)**
George Fouras, MD CPPAC Chair
- 7:00 PM **RFM/ECP Reception (Must RSVP)**

SUNDAY SCHEDULE, September 22, 2019

- 7:00-8:00 AM Breakfast in Exhibit Area (registrants only)
- 7:00-8:00 AM **Women in Psychiatry Caucus** (please pick up breakfast first)

- 7:00-8:00 AM **Resident Fellow Members Caucus** (please pick up breakfast first)
- 7:00-8:00 AM **Senior Psychiatrists Caucus** (please pick up breakfast first)
- 8:00-9:30 AM **Recovery after Physician Impairment**
Katie Hirst, MD
- 9:30-10:45 AM **EMDR: The “Swiss Army Knife” of Clinical Practice**
Patrick Gannon, PhD
- 10:45-11:00 AM Refreshment Break in Foyer (for registrants only)
- 11:00-12:15 PM **Preventive Medical care in Psychiatry**
Shannon Suo, MD