

Cell Phone and Ipad Rules In The Lindberg Family

We are here to manage expectations for your behavior with your phone and ipad. And we expect you to do your best to meet those expectations. The following is a set of specific and clear guidelines for acceptable phone and ipad usage, and their will be consequences if the rules aren't followed. These guidelines are regarding what type of content can be looked at, when you can and can't use your phone or ipad, and how you should use these devices to benefit from them.

This phone is for communication to parents, family, and only certain friends we allow and are approved by us. No kid friends, just friends of your parents that are here to help grow you as a person.

Remember, these are guidelines made and put into place out of love for each of you, not to try and to control you. We are strictly looking out what is best for Nash and Mac's well being and life, as there are so many dangers with these devices. While we also realize the benefits to help make you each a better person.

What can be looked at on the devices?

No social media or chats.

No online web searching on your phone. For your ipad, no searching of inappropriate content and no downloads of any kind without parent approval.

Apps can be used but are approved by parents before downloaded.

No sexting. If anyone asks you to send inappropriate pics tell us, and lose them as friends if they are a "friend". Sexting is against your parent's will and God's will. And remember, anything you put on your phone is on the web. And once on the web, it's on there forever.

When can we use our phones?

Screen time is limited. No more than 2 hours screen time per day. Screen time is addictive and can be harmful to your health.

No phones or ipads at the dinner table.

No phones or ipads in your bedrooms. Charge them in the kitchen, not in your bedrooms.

Follow all cell phone and ipad rules at school and follow the cell phone rules set in place by the school. No using of these devices to cheat in school.

No ipad or cell phone use until homework is allowed and Karen allows them to be used. After school time is devoted to learning, family, and playing outside.

How we use the devices?

We will continually have conversations on what is appropriate for each of you. What is right and what is wrong. There are dangers with sexting, predators, and malware.

Check the phone or ipad. We will have access to the device, know the password, until you are out of college and paying your own cellphone bill.