



Maida Vale Masters
invites you to join us for our

LiveLighter 400m/800m/1500m Distance Swim

Saturday 27th August 2016
1.00 – 5.00pm

Darling Range Sports College
Berkshire Rd, Forrestfield
(Indoor, Heated, 25m Pool)

400m/800m/1500m Choice of Stroke
(First swims before 2nd, dependent on time)

Entry Fee \$6.00 (includes refreshments)
Swimmers may be asked to swim 2 to a lane

Swimmers are to enter via Clubs and using Team Manager entry files. Masters Australia Swim Rules apply. Please indicate Medical Disabilities and Record Attempts if applicable. Postal entries from country clubs are welcome, but swim must be part of an organised Club event, swum to Masters Swimming Australia rules and in a pool of meet distance (25m). Postal entry results must be submitted using the Team Manager file(s) and received by 6.00 pm on the 23rd August (4 days before the event date).

Postal entries will not be eligible for records. Time Recording Sheets downloaded from the MSWA Website - V1.Mar2016, Under Information/Forms should be used.

Postal Entries close: Tuesday 23rd August 2016. (Late postal entries will not be accepted)

Clubs - please bring stopwatches and if a swimmer is attempting a record please bring at least one timekeeper and watch. Swimmers - be prepared to time before and after your swim.

Please email entries to Ren Jakovich alua_design@yahoo.com.au by Thursday 25th August 2016

Refreshments will be served throughout the duration of the swim meet

Meet Organiser: Name .Lynne Duncan duncan1320@bigpond.com

Contact Number 0417 997 556

