Defining Physical Education: Where Physical Activity, Physical Literacy and Health and Physical Education Fit Into the Definition of Physical Education - Gregory J. Soukup, Sr. 1 & Timothy Lynch 2

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The traditional concept and definition of physical education has changed several times in the last 2 decades. The presenters will discuss how learning domains, curricular models and national standards impact how physical education is defined. Many other terms have been created to attempt to describe and define the physical education curriculum. Terms like physical activity (PA), physical literacy (PL) and health and physical education (HPE) have been used by many physical educators to replace the traditional definition of physical education. The presenters will discuss how the physical activity, physical literacy and health and physical education definitions differ from the traditional definition of physical education and encourage participants to engage in conversation about what they consider to be a proper definition for physical education.