

ELENA MILTON

ACTRESS | THEATRE ARTIST

I am a theatre artist who strives to reveal the truth of the human condition to create heartfelt connections, vulnerable spaces, and catalysts for positive change.

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913-384-5308

Fort Worth, TX

EDUCATION

- B.A., Theatre Arts and Psychology | Benedictine College | 2020-2023

ACTING EXPERIENCE

- ***The Head of Medusa*** (Chorus)
 - Dr. Nathan Bowman | KC Public Theatre | 2024
- ***The Yellow Wallpaper*** (Woman)
 - Natalie Clark | Benedictine College | 2023
- ***Eurydice*** (Eurydice)
 - Elizabeth Bettendorf-Bowman | Benedictine College | 2022
- ***Hippolytus*** (Nurse)
 - Dr. Nathan Bowman | Messene Int'l Youth Festival of Ancient Drama | 2022
- ***The Trojan Women*** (Cassandra)
 - Dr. Nathan Bowman | Benedictine College | 2021
- ***The Tempest*** (Sebastian/Ariel Chorus)
 - Dawn Youngs | Benedictine College | 2021

DESIGN/PRODUCTION EXPERIENCE

- ***High School Musical Jr.*** (Asst. Director/Stage Manager)
 - Sebastian Luzondo | Maur Hill-Mount Academy | 2024
- ***Talk to Me Like The Rain And Let Me Listen*** (Director)
 - One Act Festival | Benedictine College | 2023
- ***The Yellow Wallpaper*** (Costume Designer)
 - Natalie Clark | Benedictine College | 2023
- ***Machinal*** (Asst. Lighting Designer/Electrician)
 - LD: Caroline Nowak | Dr. Nathan Bowman | Benedictine College | 2023
- ***Hippolytus*** (Costume Designer)
 - Dr. Nathan Bowman | Messene Int'l Youth Festival of Ancient Drama | 2022
- ***Tartuffethrone!*** (Asst. Director/Stage Manager)
 - Dr. Nathan Bowman | KCMoliere | 2021
- ***Oedipus the King*** (Production Assistant)
 - Dr. Nathan Bowman | KC Public Theatre | 2021

SKILLS

- Suzuki-Viewpoints Acting Method (3 years)
- Singing (Mezzo-Soprano)
- Data Analysis & Entry
- Social Media Management, 2 years
- Classical Violin (Suzuki Method, 10 years)
- Sewing (Machine & Hand), Basic Carpentry
- Spanish (Intermediate), Greek (Beginner)

RECOGNITION

- KCACTF Region 5:
 - Dir. Devised Theatre Project (2024)
 - Certificate of Merit-Dramaturgy (2023)
 - Irene Ryan Nominee (2023)