

## Student Career Training Day 职业日培训讲座

**Date:** Saturday, 19 August 2017    2017年8月19日（星期六） **Time:** 10:00-15:00  
**Venue:** 12F Shanghai Asionics Technology Centre, No. 6 Lane 1279 Zhongshan Road (W),  
 Changning District  
 上海长宁区中山西路 1279 弄 6 号国峰科技大厦 12 楼

### AGENDA 活动时间表

10:00-10:30	30 mins	Student Registration	学生签到
10:30-10:35	5 mins	Welcome	欢迎致辞
10:35-11:45	70 mins	<b>Professionalism Part 1</b> - Workplace Etiquette Trainer: Cloud He	必要的职业素养（一） 职场礼仪 讲师：Cloud He
11:45-12:25	40 mins	Lunch	午餐
12:25-13:30	65 mins	<b>Professionalism Part 2</b> - Communication Skills Trainer: Cloud He	必要的职业素养（二） 沟通技能 讲师：Cloud He
13:30-13:40	10 mins	Break	休息
13:40-14:40	60 mins	<b>Stress Management</b> - Strategies for coping with Stress Trainer: Helen Gu	压力管理 -应对策略 讲师：Helen Gu
14:40-15:00	20 mins	Feedback and Close	反馈并结束

## About the Trainers:

### **Cloud He, Freelancer Bilingual Trainer & Facilitator**

Most recently served as HR Director for Wanda Group Head Office, responsible for executive recruitment and HRBP for overseas projects. Previously served as senior trainer and facilitator for the Walt Disney Company, heavily involved in the establishment of Disney University, providing orientation and leadership programs for thousands of employees at Shanghai Disney Resort. Disney Certified Trainer, DDI Certified Trainer.



### **贺靖，中英文双语职业讲师**

曾任万达集团总部人力资源管理中心总监，负责高管招聘、组织发展及海外项目 HRBP 方面的工作，行业涉及商业地产、文化娱乐和金融。此前担任美国华特迪士尼公司企业资深培训师，经历上海迪士尼度假区谈判、设计、建设、开发和运营阶段，负责迪士尼大学培训体系落地，包括入职培训和领导力培训，培训员工数千人，学员级别涵盖公司高管、中层到基层员工。Cloud 还曾供职于西门子等 500 强企业，是迪士尼大学/迪士尼学院认证讲师，DDI 认证讲师。

### **Helen Gu, Assistant Psychologist**

#### **LIH Olivia's Place Shanghai – A Multidisciplinary Rehabilitation Hospital**

Helen joined LIH Olivia's Place Shanghai after graduating from a joint program between Beijing Institute of Technology and Utah State University (US) in 2013. Previously the Front Desk Manager and Lead Client Care Coordinator, Helen has a great deal of experience and knowledge of assisting families with scheduling and providing information and resources, as well as completing pre-diagnostic counseling and supporting parents and patients. Helen is a Level 3 Psychological Counselor in China. Helen speaks Mandarin, Cantonese, English, and Shanghainese.

#### **上海大蕴之家 - 综合康复治疗医院**

从北京理工大学和美国犹他州立大学合作项目毕业之后，Helen 在 2013 年加入了上海大蕴之家。从前作为前台经理和首席客户关怀系统的调解员的经历让 Helen 积累了许多帮助不同家庭安排行程日期，提供信息和资源，以及进行诊断前咨询和帮助家长 and 病人的经验和知识。Helen 也是中国国家三级心理咨询师。她会说普通话，广东话，英语和上海方言。

