

# The Great Closet Clean Out



## What's hiding in your closet?

These questions are intended to help clarify what you want from your closet and your clothes, so answer these clarifying questions and keep them with you as you go through your closet. They will help support and guide your decisions.

### **Clarifying what clothes you wear**

### **Clarifying what you want from your closet**

### **Realistic Assessment of your Storage**



# Closet Clearing Questions

Date: \_\_\_\_\_

Before you jump in and start sorting through your clothes, spend some time getting a clear picture of what you want and what you need. When you're standing in front of your closet holding up that outfit, memories and wishes might influence you into thinking that it still fits in your life. The memory of the good times will always be there, but the clothes don't have to stay if they're not in alignment with who, what and how you are today.

Celebrate and embrace today. Let go of yesterday. Open up to what you want from tomorrow.

## Clarify what clothes you wear

What have you been doing in the last year? What activities have you been involved in? Describe the general type of clothing you wore (pants, dress, jacket, formal/casual). Any description that will remind you, as you go through your closet, of the clothes you really wear.

- Work: \_\_\_\_\_
- Hobbies: \_\_\_\_\_
- Exercise: \_\_\_\_\_
- Lounging / Relaxing: \_\_\_\_\_
- Evenings Out: \_\_\_\_\_
- Travel: \_\_\_\_\_
- Parties: \_\_\_\_\_
- Seasonal / Holidays: \_\_\_\_\_
- Other \_\_\_\_\_: \_\_\_\_\_



## Closet Clearing Questions

Looking at the year ahead: Are there any new activities coming up? Are some of your current activities changing?

Changes in Activities: \_\_\_\_\_

Additional Activities: \_\_\_\_\_

### Clarify what you want from your closet

If you had the *perfect* closet, how would you describe it?

- What could you do in your *perfect* closet that you can't do now?
  
  
  
  
  
  
  
  
  
  
  
  
  
  
  
  
- What do you see when you look into your *perfect* closet?
  
  
  
  
  
  
  
  
  
  
  
  
  
  
  
  
- How do you feel when you are getting dressed from your *perfect* closet?



# Closet Clearing Questions

## Realistic Assessment of your Space

Now let's take a look at the space you currently have filled with clothes and make a realistic evaluation of the space you want to use for your clothing.

Where are your clothes now? Check all that apply and add any additional locations.

- |  |                                       |
|--|---------------------------------------|
| <input type="checkbox"/> Your closet   | <input type="checkbox"/> On the floor |
| <input type="checkbox"/> Drawers       | <input type="checkbox"/> On the bed   |
| <input type="checkbox"/> Shelves       | <input type="checkbox"/> In piles     |
| <input type="checkbox"/> Under the bed | <input type="checkbox"/> Everywhere   |
| <input type="checkbox"/> Other rooms   | <input type="checkbox"/> _____        |
| <input type="checkbox"/> _____         |                                       |

Do you have additional storage space for clothing near your closet (in the same room)? List any additional spaces.

- |  |                                |
|--|--------------------------------|
| <input type="checkbox"/> Drawers       | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Shelves       | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Under the bed |                                |

Do you have additional storage space elsewhere in your home? List those areas.

- |  |                                |
|--|--------------------------------|
| <input type="checkbox"/> Closet in guest bedroom | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____                   | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____                   |                                |

Is your closet big enough to hold all the clothes that you want in there? If not, what doesn't fit now?




Is the amount of storage likely to change in the near future (3 -6 months)? When and how will it change?



## Closet Clearing Questions

If you want assistance in creating a closet that supports you and your goals, contact Shawndra. She can work with you virtually (off-site using FaceTime, Skype, or other video technology) or in-person. Contact her at [simplify@dhucks.com](mailto:simplify@dhucks.com) or call to schedule a free initial assessment at (724) 453-4557.

### Other Resources from Dhucks

-  [31 Small Steps to Organize Your Paper](#) – book (print & Kindle) available at Amazon.com
-  [31 Small Steps to Organize Your Paper](http://hyh.thinkific.com/courses/31-small-steps-to-organize-your-paper) – online course available at [hyh.thinkific.com/courses/31-small-steps-to-organize-your-paper](http://hyh.thinkific.com/courses/31-small-steps-to-organize-your-paper)
-  [3-2-1-Get Your Book Out There](http://hyh.thinkific.com/courses/3-2-1-get-your-book-out-there) – online course providing 3 tools for writing, 2 platforms for publishing and 1 venue for marketing a book, available at [hyh.thinkific.com/courses/3-2-1-get-your-book-out-there](http://hyh.thinkific.com/courses/3-2-1-get-your-book-out-there)

