

12-Step Support Groups

Sundays

5:30 - 6:30pm in Basement

AA - Cornerstone #1, Big Book Study
(Closed Group, Combined of Men & Women)

Contact Clif @ 627-7772

Tuesdays

6:30 - 7:30 pm in Fellowship Hall 4 & 5

Alanon: "Serenity on the Couch"
(Closed Group, Women Only)

Child Care Available

Contact Lori @ 627-7200

Wednesdays

7:45 - 9:00pm in Basement

AA - "Altered" Boys"" Big Book Study
(Closed Group, Men Only)

Contact Clif @ 627-7772

Thursday meetings are from 7:00 - 8:00pm

AA - Cornerstone #2 in Fellowship Hall 2 & 3
(Closed Group, Combined Men & Women)

Last Thursday of each Month

Open Speaker Meeting
and Birthday night in the Parlor

Contact Clif @ 627-7772

Alanon: "Serenity on the Couch #2"
in Fellowship Hall 6

(Closed Group, Combined of Men and Women)

Contact Lori @ 627-7200

AlaTeen: "Teens" in Fellowship Hall 4 & 5
Mixed Boys and Girls with adult leaders

Contact Lori @ 627-7200



CHAPEL HILL

UNITED METHODIST CHURCH

2717 West Hefner Road • Oklahoma City, OK 73120

(405) 751-0755 • www.mychapelhill.org

8:30 & 11:00am Sunday Worship Services • 9:40am Sunday School

CHRM

Chapel Hill
Recovery Ministry



405-507-7316

Your call will be returned within 24 hours

Chapel Hill Recovery Ministry (CHRM) is a biblically based ministry led by Chapel Hill volunteers, better known as Faith Partners. CHRM reaches out to anyone coming out of prison or rehab, or struggling with addiction or depression that wishes to make real changes in their life.

We encourage people struggling with addiction to get involved in Chapel Hill, whether it be Sunday school, Wednesday night Bible study, or one of the many AA or NA meetings.

After 4-6 weeks of working with CHRM, each person will be assigned a personal mentor who will visit with them weekly and help them with practical needs in their life. A mentor is important and is someone who will be there when the support group is not. Someone who can be called between meetings and confide in with trust and confidentiality.

A mentor is someone who is a role model for learning how to live a better quality of life through the love of God and the wisdom of the CHRM program. A mentor is a mature Christian that has been taught how to deal with hurting people and dealing with addictive behaviors.



With GOD
all things
are possible.

**For anyone who wishes to
take the next step in recovery, call
405-507-7316.
Your call will be returned
within 24 hours.**

CHRM PROGRAMS

- Recovery based Sunday school class, led by Michael and Rhena Reynolds. 9:45am in Fellowship Hall, room 3.
- Wednesday evening Bible study class suited for healing life's hurts and overcoming addiction through God's Word. This is a study/discussion format. 5:30-7:30pm in Great Hall, room 1.
- AA, NA, AlaTeen, and ALAN-NON meetings, many of which provide childcare. Please see next page for meeting schedule.
- Qualified recipients go through teachings on handling finances and learning how to be responsible stewards of their money. A person must become a member of Chapel Hill UMC and participate in CHRM's on-going classes on Sundays and Wednesdays. This is a minimum 3 years of ongoing discipleship classes.

CHRM committee's goal
is to monitor each individuals' growth
(or lack of growth)
and assist them to reach the highest level
of living life in Christ's Kingdom.