



WEEK 2   JUNE 14	JURASSIC SUMMER
WEEK 3   JUNE 21	SPIRIT OF ALOHA
WEEK 4   JUNE 28	HAPPY BIRTHDAY, AMERICA
WEEK 5   JULY 5	SUPERS, ASSEMBLE
WEEK 6   JULY 12	CHRISTMAS IN JULY
WEEK 7   JULY 19	SUMMER OLYMPICS
WEEK 8   JULY 26	OUR FAVORITE WIZARD
WEEK 9   AUGUST 2	WHO DUNNIT?
WEEK 10   AUGUST 9	FOR THE LOVE OF DISNEY
WEEK 11   AUGUST 16	STAR WARS WEEK
WEEK 12   AUGUST 23	STATE FAIR
WEEK 12   AUGUST 30	STATE FAIR OR TRAVEL THROUGH TIME WEEK

**OPTIONAL THEMES:**  
DOG DAYS OF SUMMER  
JOHN HUGHES WEEK  
SPA / R&R WEEK  
TRAVEL THROUGH TIME



# SAMPLE SCHEDULE

## Before 10 am

- Breakfast
- Personal hygiene
- Free time
- Empty Dishwasher

## 10 am to Noon

- One or Two activities
  - Reading materials to support theme
  - What can you make? Is it lunch or a craft?
  - What can you do? Walk, Bike, Run, Play

## Noon to 1 pm

- Lunch Break
  - Eat
  - FREE WATCH | FREE TIME

## 1 pm to 3 pm

- One or Two activities
  - Reading materials to support theme
  - What can you make? Is it dessert for dinner? A craft?
  - What can you do? Walk, Bike, Run, Play

## 3pm to 5 pm

- FREE TIME OR Designated theme activity
  - Free time might be the incentive to get the above accomplished
  - Designated theme activity might be a movie that goes with the theme

## 5 pm

- Help with dinner



## WEEK 6      READY SET TWINKLE

### WHAT TO DO:

<https://www.pinterest.com/AmandaDePh/christmas/>

- Prepare a holiday dinner, complete with your special dishes
- Use only your holiday dishes during this week.
- Take inventory of your holiday wrappings, cards, tags. Keep what you like, donate what you don't.
- Find boxes and shoe boxes and wrap with holiday wrapping paper so that you're ready for December.
- Plot your COVID Holiday Card photo shoot and take a photo NOW so that you have a back up come December.
- Work with a local artist to have your holiday card hand drawn.
- Gather your White Elephant gifts early. Put them in a box, mark them as such and put them with your holiday decorations.
- Create that original Ugly Sweater you always wish you had but never had time to create.
- Create a list of gifts you'd like to make using a few of [these ideas on Pinterest](#) and start creating!
- Decorate Gingerbread Houses - available at Amazon

### WHAT TO WATCH:

- Disney + (Not a complete list)
  - A Christmas Carol
  - 12 Christmas Dates
  - The Muppet Christmas Carol
  - Mickey's Once Upon a Christmas
  - Disney's I'll Be Home for Christmas
  - Snowglobe
  - Olaf's Frozen Adventure
  - Noelle
- Hallmark Channel Movies

- Check your DVD Collection (Our family favorites include:)
  - Disney's Prep & Landing
  - White Christmas
  - Elf
  - A Christmas Story
  - The Grinch (in all movie forms)

### WHAT TO READ/LISTEN:

- Create a Spotify or Amazon Music Playlist of your favorite holiday tunes
- Dig out your favorite CDs and play them
- Ask Alexa to Play Christmas music and wait for her confused response

### WHAT TO WEAR:

- Take inventory of your holiday shirts, tees and outfits (holiday attire is usually perfect for warmer weather, in which case, cold-climate folks are adding sweaters and layers over the cute shirts. So break out your sequins and sleeveless cuteness for a fancy dinner one of the nights).

### WHAT TO EAT:

- I have collected so many recipes over the years. Please [visit by Pinterest board](#) for what I have found exciting, including:
  - [Snowball cookies](#)
  - [Oh Christmas Tree](#) Charcuterie

### DRINKS 21+

- [Andes Mint HotChata](#) (but I bet this would taste good cold!)
- [Noche Buena Margarita](#) - Epcot's International Festival of the Holidays (my personal favorite) - you'll have to do a little testing of your own to get the ingredient quantities right.