Mindsets to Motivate Learners

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| Mindset | Brainstorm | Action Items |
| Relevance  “This work has value for me.” | How do I help students find value in the work? |  |
| Growth  “My ability and competence grow with my effort.” | How do I foster a growth mindset in my students? |  |
| Self-Efficacy  “I can succeed at this.” | How do I facilitate learning  so my students feel successful? |  |
| Culture  “I belong in this academic community.” | How do I welcome and include all students  as members of our learning community? |  |