

THE RED LION

Restaurant & Inn

PRIME RIB



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Yorkshire Puddings
(Friday & Saturday nights)
Tuesday - Friday 11:00 am to 2:00 pm Lunch
Monday - Saturday 5:00 pm to 10:00 pm Dinner
Closed on Sundays & Stat Holidays

250-788-2755

The word of the day is **somnolent**:
1) of a kind likely to induce sleep
2) a: inclined to or heavy with sleep,
drowsy b: sleepy Example: "George, a
somnolent ginger [cat] curled in an orange
felt bed, was sleeping through the
overtures of Molly Flanagan."

Domino's

LARGE
4 toppings **\$11.99**
PIZZA

ORDER CODE: 4201

valid at CHETWYND LOCATION ONLY
250-788-9898
OPEN UNTIL MIDNIGHT ON
THURSDAY, FRIDAY & SATURDAY

A&W

**PEPPERED
BACON
BURGER**

with roasted garlic and chili aioli

Available on Mama's, Papa, and Grandpa burgers.

**RAISED WITHOUT THE USE OF
HORMONES OR STEROIDS**

ROYAL LEPAGE
CASCADE REALTY

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Grodzuik**

250-788-6365



**Norma
Tower**

250-788-5388



**Julia
Nelson**

250-788-6707



DON TITUS ELEMENTARY SEEKING FUNDS FOR PLAYGROUND UPGRADE

After over 30 years of providing children with a place to play, some of the playground equipment at Don Titus Elementary is ready to retire. The school's main wooden structure, while still safe to play on, is beginning to show signs of aging. Once a piece is determined to have reached its expiry point, it is immediately removed and so the school is hoping to raise funds quickly to ensure they have replacement pieces ready to go.



Chief organizer Jody Watson is heading the campaign, supported by Skye Blue Solutions, in the hopes of raising \$50,000 to acquire 2 new pieces of equipment. They've already secured some support from Plan B Technical Services and are hoping other local businesses will get involved as well. Watson is currently putting together a recipe book called The Great Chetwynd Cookbook to be sold to the public alongside a coupon book for local businesses. Any local chefs wishing to share a treasured family recipe or local businesses looking to advertise and get a coupon into the book are encouraged to get in touch with her through their website DonTitusPlayground.ca. All submissions are requested to be submitted by April 10th to ensure their inclusion in the books. The playground itself will also feature opportunities for recognition of corporate donors to the fund.

The new equipment is said to last up to 100 years, give or take a few given the harshness of our winter climate, and keeping with the school's Montessori theme they are built with natural materials. Watson said she is excited by the project as it is "a tangible project, that people can drive by and see, in a part of town without any other options for children to play" and thinks the cookbook will make a great keepsake, preserving a part of the town's history. The cookbook and coupon book are expected to be on sale by early June.

Written by Matthew Kirk, Editor Coffee Talk Express

The Merry
Month of

MARCH

MARCH

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**SAY HELLO TO OUR
OUR NEW MID-DAY HOST
JEFF HILL!**

**HE COMES TO
US FROM AJAX, ON**



LIKE US ON FACEBOOK!

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- Helium for balloons - Crafts
- Scrapbooking Supplies
- Kids toys
- Scrapbooking classes monthly
Open Mon - Fri 8am - 5pm
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**3794 Old Hart Wabi Road
250-788-3376**

CHETWYND ROYAL CANADIAN LEGION EVENTS

KARAOKE

**Friday, March 11, 8pm - 1am
No cover No minors**

**THE GREAT PLAINS CONCERT
Friday, Mar 4, 7pm
- \$10/person - No minors**

MEMBERSHIP NIGHTS

- Wednesday nights ONLY -
Show current membership to
receive discounts. Never had a
membership or need to renew
yours? Drop into the Lounge
between Wed & Sat and get yours!

**LEGION LOUNGE
Wed & Thurs: 4pm-12am
Fri: 4pm-1am, Sat: 3pm-1am**

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VEHICLES/PARTS/FARM EQUIP./HEAVY EQUIP.

225/60/R16 winter tires on rims, \$400
OBO. Call 250-788-5901

Case front end loader & bucket, fits
1070 Case tractor, \$2150; 2 new
Goodyear 19.5 spares on new bud
rims, 8 & 10 hole, fits Ford. 1/2 price at
\$450/ea. Call 250-843-7674 lv msg

2007 Toyota Matrix, 128,000 k, auto,
excellent cond, \$5900 OBO. Call Lee
at 250-401-1425

2005 Dodge Caravan, rear heat & air,
stow & go seats, summer & winter
tires on rims, ready for the road,
160,000 km, \$5200 OBO. Call Jed
250-788-9421

Brand new 2004 or newer Ford 450
front chrome bumper with hardware.
Call 250-843-7674

Goose neck trailer, 20' deck, tandem
axle, electric hydraulic brakes, 8,000
lb electric winch, \$1500 firm. Call
250-782-5188

1990 F-150 4x4, lots of new parts,
\$2000; 2006 F-150 4x4, lots of new
parts, \$8000. Call 250-261-3133

New 5th wheel slide-in hitch leg, pin
style, \$185; 5th wheel factory made
hitch frame only with plate & pin, 6"
box metal, \$650. Call 250-843-7674
evenings or leave a message.

1981 GMC 3/4 ton, rebuilt 4-bolt 454
on propane. TH400 tranny, steel
transfer case, 2 spare big block
engines, lots of new & spare parts;
1985 Chevy 1 ton 4x4, 4-speed, flat
deck, needs some TLC. \$3900 OBO
for both trucks. Call 250-401-1859

2005 GMC Yukon, loaded & well
maintained. Good winter tires. \$4200.
Message 250-784-7870

2002 Chevy Ventura, V6 motor, winter
tires run on one season, \$800 OBO.
Call 250-788-8893

1992 48' Barrett cattle liner, tandem
axle, BC safety certified. Call
250-467-3350

1987 Cadillac Brogham, 4 door sedan;
1999 Chevy Suburban in good cond, 4
wheel drive, 4 door. Call 250-788-2232

30' tandem boat trailer with hydraulic
brakes, BC registered, \$2000. Email
alannaderosier@hotmail.com

New ATV tires on rims, two 25/10/12,
one 25/8/12, one 26/10/12. 1/2 price at
\$135/ea; D8 K Caterpillar & 528
skidder service manual in new cond,
\$280/ea. Call 250-843-7674

1991 Dodge 4x4, Cummins diesel, 5
speed, \$4700 worth of parts, asking
\$6000 OBO. Call 250-788-9818

1999 white Windstar van, V6, 190,000
km, \$2500 OBO. Call 250-786-5157

2002 Pontiac Sunfire, 4 door,
automatic, runs good, 138,000 km,
\$1800 OBO; 1993 Dodge Caravan, 3.3
V6, runs good, 170,000 km. Call
250-219-4171 or 250-786-0460. No
Sunday calls.

Snow blade for small tractor, near new,
78" wide, 3 point hitch, \$400; snow
blower for small tractor (approx 35 hp
tractor), 7' wide cut, 3 point hitch,
works great, \$700. Call 250-788-3371

1994 Sonoma pickup, V6, runs good,
\$500. Call 250-556-4499 or text
250-219-0756

2004 F-150 4x4, runs great, body in
good cond. Lots of work done. New
front brakes, rotors, calipers, pads. Rear
brakes - drums, shoes. Upper & lower
front ball joints, driveshaft balanced &
new u-joints. Replaced plug boots. Call
or text 403-362-0091

1971 Volkswagon van, asking price
\$2500. Call 438-993-8473

Firestone P225/65R17 tires. Very little
wear (90% tread), \$275 for set of 4. Call
250-788-5123

1996 tri-dem pole trailer, sandblasted &
painted. Call 250-788-5720

FOR RENT

Fully furnished large bdrm close to Rec
Centre with satellite TV, wifi, fridge,
microwave, all utilities, shared washer
& dryer, & kitchen. One person only. No
smoking. \$600/mo + \$200 DD. Call
250-788-2332

3 bdrm house, centrally located
with fenced yard. Pets okay. Call
250-788-6707

FOR LEASE - 2 homes fully furnished
on approx 5 acres 1 km west of
Chetwynd. Must have proof of
employment. 250-401-1135

1 bdrm suite in town, includes utilities,
cable, laundry & wifi, no pets, \$900/mo.
Call 778-869-1750

Quiet 1 bdrm furnished bachelor suite 5
km from town. Includes utilities,
laundry & satellite TV. Good for single
working professional. \$850/mo. Call or
text 250-549-0267

Avail immediately, 2 bdrm suite at
Moberly Lake, located across from golf
course. Washer, dryer, fridge, stove.
Furnished, includes heat & hydro & 42"
satellite TV. Call 250-788-2393

Avail April 1, 3 bdrm modular home
with addition, comes with fridge, stove,
washer, dryer, dishwasher, gas & wood
heating. \$1250/mo + utilities. Call
250-788-3400

Furnished rooms in large home east of
Chetwynd. One large room with 2pc en
suite. \$600/mo for the one room,
\$500/mo for the other 2. Rent includes
hydro & satellite TV. Would consider
renting complete main floor of house.
Call 250-788-5871

Avail immediately, room with shared
kitchen & common areas, includes
internet & cable. Call 250-401-1985

3 bdrm modular home in Tumbler
Ridge. Comes with fridge, stove,
washer, dryer, wood & gas heating.
\$800/mo, negotiable + utilities. Call
250-788-3400

ComParrot
by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?



Solution: 1. Bow in girl's hair is missing. 2. End of girl's scarf is hidden. 3. Back of sled runner is missing. 4. End of tree branch is missing. 5. Pocket on vest is colored in. 6. Front of sled is colored in. 7. Pom-pom on boy's hat is colored in. 8. Tree in background has moved. 9. Cloud behind mountain has moved. 10. Boy's scarf is longer. 11. Boy's sled is longer. 12. Snow on stump is lower.

Free Classifieds

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MISCELLANEOUS

Cub Cadet zero turn mower, 54". Call 250-401-8841 Large pails of honey, \$3.50/lb. Call 250-806-3022

9'x16' overhead garage door, comes with all hardware, \$885. Call 250-843-7674 leave message

Large coffee tables & end tables, book shelves, picnic tables, hutches; firewood, you pick it up, \$140. Call 250-788-3371

Almost new Petmate 28" pet shuttle carrier, \$20. Call 250-788-6845

Good working washer/dryer. Call 250-556-4188

Firewood cut to size, split & delivered, \$180/cord. Call 250-788-4840 or 250-401-7130

1500 gal fire suppression tank mounted on HD wagon, Honda pump, hoses, etc, \$1850; brand new tidy slip tank, 99 gal, \$585. Call 250-843-7674

Whirlpool electric range in good cond, oven element likely needs to be replaced (runs 70 degrees hotter), \$100. Can deliver. Text 587-298-7747 for pictures/info

Fresh farm eggs, large white & brown, \$3/doz. Pick up only. Call 250-788-4840

Brand new tidy slip tank, 99gal, \$585; two 250gal oval storage fuel tanks & stands, \$585/ea; 6 only - large 5x6 1500lb mixed grass round hay bales, \$75/ea. Call 250-843-7674

Furniture - bookcase, hope chest, chesterfield/bed, rocking chair. Call 250-782-8439

Swiffer Wet Jet, make an offer. Call 250-788-8819

Used portable washer & dryer. Older but work great. Washer hooks up to kitchen sink, dryer uses regular outlet. \$125 OBO for both. Text 306-292-6365 or email murfinity@gmail.com

Nordica GTS ski boots, size 335 mm, \$100 OBO; assorted goalie gear; Chestie like new, model Vaughn 8606, size small; Reebok sticks, 11K new; Ripzone jacket, like new, adult med.; 2 sets of Monster ski suits, size 14 & 16. Call 250-719-1230

Bushnell waterproof binoculars, make offer; 2 hp air compressor with hoses, \$125; Kenmore smart front loading washer & dryer, \$400/both; Frigidaire cook stove, \$100; Trimline treadmill, \$200 OBO. Call 250-556-4499

VHS movies in good shope, \$2/ea; heavy duty walking cane, \$25. Call 250-788-8819

Hot tub lid for an 84x84 hot tub, \$350 OBO; rear protection 55" older TV & TV stand, \$250 OBO; boat tube to pull behind boat, \$100 OBO; Bristol II by Brunswick pool table, 4x8' 3x4" slate, comes with 8 pool cues with holder, pool table light, leather cover & 2 sets of pool balls, \$1500 OBO. Call 250-788-2126

Large computer desk with hutch, keyboard shelf, drawers, tower shelf, \$125 OBO; brown swivel rocker \$50 OBO. Call 250-788-3672

60 1200lb round alfalfa mix bales (not rained on), \$60/bale. Call 250-788-2635

CCM Alpine 26" full suspension mountain bike & "Blind Full Complete 7.6 in" classic Kenny skateboard, in good cond with good price. Call 250-806-1888

White ceran double sink. Comes with Moen faucet/spray & soap dispenser. Good shape. \$45. Call 250-782-3221



\$2 Classifieds

NOT FOR COMMERCIAL USE - FOR PERSONAL USE ONLY
250-788-3422

HOUSE FOR SALE - MUST SELL

Must Sell - (for health reasons), 1,000 sq ft, 2 bdrm rancher. Many updates: new windows, doors, hardwood flooring, pellet stove and siding. W/D/F/S included. Large lot fenced and beautifully landscaped. Garage with cement floor (16'x22'), workshop (12'x22'), storage shed with attic (8'x22') and garden shed (12'x12'). Located at 5222 43rd Str. Rodeo Sub. Appraised at \$260,000 in 2015, open to offers. Call 250-788-3910.

Chetwynd
Commotion Creek
Contracting
-Atom Dev
VS. Grande Prairie
Atom B1
Sunday March 6
12pm
Chetwynd Rec
Center
All Peace League
Atom Tier 2
Championship!!
*Come cheer on your
home town kids!*



**2 bedroom mobile home located at
Pinewood Mobile Home Park,
Chetwynd. Available immediately.
NO DOGS ALLOWED.**

250-788-3130 · 250-263-7752

Access **HEARING CENTRE**

"Where better hearing matters."

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Mon - Fri 9:00am - 4:30pm
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Maple Place #111, Fort St. John, BC
250-787-7758

www.accesshearingcentre.ca

WILD BILL'S SUCKER TRUCK SERVICE



For all your septic needs call
CALL 250-401-3092

Oralynne's Hair Studio

CLOSED

**March 1 - March 14
RE-OPENING MARCH 15
Sorry for any inconvenience.**

**Beelyne Executive
Services Ltd.**

**EXTENDED HOURS
FOR TAX SEASON**

Mon - Fri: 9am - 6pm
Sat: 10am - 12pm, 1pm - 4pm
5208 N Access Rd, Chetwynd, BC
250.788.3638

**Northern Oasis
Truck & Car Wash
HIRING**

Full-time and part-time positions



**Drop off resume at the
Truck & Car Wash,
4205 53rd Ave NE**

Free Classifieds

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PROPERTY

1984 14x68 mobile on 5 acres in Wabi Estates. 2 beds, 1 bath, newer laminate flooring throughout, upgraded bath room, new hot water tank & roof, fresh paint, insulated shop with 10' ceilings, good well, property bordered by trees. Call or text 250-788-6509

4 bdrm + large den, 3 full bathroom house, fenced-in yard with shed/work shop and large tree house. \$299,000. Call Jenna at 250-788-5231

10 acres of land at 5688 Wabi Estates 5 mins from town. Property is partially cleared & ready to build on (zoned R-5). Power line & natural gas are close to property. No drive thru traffic, very quiet area. \$140,000. Call 250-788-6871

Approx 5 acres, 2 homes, 38'x65' guest house, swimming pool, hot tub, insulated barn, tack shop, artesian well, etc. Too many features to mention. A must see. \$365,000. Call 250-401-1135

PETS/LIVESTOCK

2 male puppies, 1 black & 1 brown, 3/4 shih-tzu & 1/4 poodle. Ready to go March 5. Vet checked & first shots. Call 250-788-1771

FREE KITTENS - Three are 4 months old, four are 5 months old. Call 250-788-3831

Cat to give away to good home. Call 250-788-5418

Free 12 week old kitten to good home. Comes with litter box & litter, food, toys and scratch post. Call 250-601-1587

American Bully puppies, 2 males & 1 female, ABKC registered, \$2000/ea. Call 250-788-2337 or 250-788-6943

2 bred sows & 1 boar. Call 250-788-8855

LOST & FOUND

Found: On road going into Crown Sub on Mon Jan 4, a pair of glasses. Contact Pencil Box at 250-788-3422 to claim

Lost: Glasses with thin white stripes on the frame. Call 250-401-7072

Lost: White Blackberry cell, model Z10. Call 250-788-6761

Lost: Wallet with all cards & ID. If found please call 250-788-9188

Lost: Alcatel Onetouch Pixi3 cell phone with charger somewhere in Chetwynd. Number is 250-401-1837. Call 250-784-1552 if found.

REC VEHICLES

1983 27' RV 5th wheel with like new appliances. New awning, good tires, no slide, \$3500. Call 250-786-5296

2014 Yamaha Bolt, 942 cc, air cooled, 5500 km. Call 250-788-2834

65 hp Johnson outboard motor, comes with electric controls, \$300. Call 250-786-5295

1980 Security Mohom motorhome, sleeps 6, new toilet & fridge, never been used, \$6000. Call Fred at 250-261-3133 or 250-401-1157

2007 28' Weekend Warrior toy hauler, \$22,700 OBO. Call 250-401-1878

23 ft 1995 Travelaire Rustler holiday trailer, bumper pull, bunk beds, good cond, \$7000 OBO. Call or text 250-601-1587 or 250-556-4077

2006 26' Salem 5th wheel trailer in excellent cond, comes with hitch (no rails), one slide, air condition, BBQ, microwave, electric front jacks. ~~\$15,000~~ REDUCED. For details call 250-601-0571

1978 Johnson 50hp outboard engine, spare prop, good running order, \$400. Call 250-788-2070

Vanguard camper, no leaks, needs roof vent, \$300. Call 250-401-1094

1989 Winnabego Chieftan 33', class A, fully loaded, 94,000 km, \$8000. Call 250-401-1135

2003 Bombardier traxter 500 quad 4x4 in good running cond, winch, 2 up with back rest. Call 250-782-8359 or 250-467-3596

2006 Firecat F7 Snopro, runs and looks great, \$3500. Call or text 250-401-3238

Snowblade for side by side quad, \$500. Call 250-788-9762

2014 Mission Premier series Ski-Doo trailer, \$1500. Call 705-542-3114

2009 M8 Cutler stage 2 turbo, pump gas or race gas, awesome physical & running cond, polished tunnel, boss seat, 3" track, 163" suspension, mounted fuel jugs on tunnel, set-up at 8 lbs of boots. Spare sled, has not been abused. \$5900 OBO, might consider a trade. Call 250-401-1425

38' Class A Mountaineer motorhome in good cond, 4 season, self-contained, central heat, a/c, complete solar panel, battery pack, 6.5 generator, queen bed, new w/d, 47" TV, 13' slide, \$25,000; 24' Class C motorhome, 460 automatic, sleeps 6, new tires & brakes, works perfectly, \$5000. Call 250-788-2425

WANTED

Room & board wanted for a gentleman. Non-smoking, non-drinking, very reasonable. Excellent cooking & housekeeping skills. If you have a place for me to stay, call 438-993-8473

Wanted: Roommate. \$800/mo, utilities included. Call 250-401-7124

Wanted: Someone to do ground prep work & concrete for a garage in the spring in Chetwynd area. Call 250-507-0041

Wanted: 12 base piano accordion. Call 250-788-7882

Wanted: 3 fit, reliable people to help me load my U-Haul Thur Mar 31. Will pay each person \$50/hr. Will take approx. 3-4 hrs. Not a lot of heavy furniture, but a LOT of small, heavy boxes. Will require lots of trips up and down stairs. Send serious texts only to 250-640-1157

Wanted to rent or buy: Small fixed house-trained female dog. Call 250-788-8819

Wanted: Small amp and instrument cable for bass guitar. Call 250-788-3437

Wanted: Employment for a few hours on Monday's during the day doing child care or housekeeping. Also willing to offer instruction in the German language for someone travelling to Europe or wanting to be a pen pal. j.c331@yahoo.ca

Wanted: Parts for 1997 Buick Park Ave. Call 250-788-8109

Wanted: To buy used Hebrew Bible in Hebrew/English or Hebrew/German for a reasonable price. Must be in good cond. Email j.c331@yahoo.ca

Wanted: Used Conibear traps. Call Martin at 780-864-9621

Wanted: Finishing carpenter. Call 250-556-4140 for a list of the work I need done.

Wanted: Washer spin dryer or wringer washer in good cond, reasonably priced. Call 250-788-3167 6am - 8pm & 3pm - 7pm or silent_sam2006@yahoo.ca

Wanted: Small deer antler for craft project; 20" truck wheel, Bud or Dayton, for craft project. Call 250-788-2902

Looking for someone to do calligraphy writing: a poem. Call 250-788-6357

YOU CAN GIVE THE NOD TO RED WINE AND DARK CHOCOLATE

Foodies love giving in to the temptations of fine red wine and the best dark chocolate. And more and more studies are giving them a good reason to do so, particularly because of their health benefits for the heart. Of course, the key word here is moderation, meaning a glass of red wine and just a few pieces of dark chocolate per day.

Let's start with the positive effects of red wine in preventing heart disease. Resveratrol is the ingredient in red wine we should all be thankful for. This is one of the most powerful antioxidants around, as it reduces the amount of saturated fat in the arteries.

This same antioxidant is also a powerful cancer-fighting agent.

Red wine has other advantages as well: it's good for slowing down the skin's aging process and preventing acne. Moderate consumption of this delicious nectar is also good for bone health. It helps us live longer, while protecting us against dementia and Alzheimer's disease.

As for dark chocolate, our stomach bacteria turn it into compounds that reduce inflammation in cardiovascular tissue and reduce the risk of stroke. Furthermore, it's a great source of flavonoids, which are antioxidants that are also present in red wine. Dark chocolate containing at least 70 per cent cacao also improves blood circulation.

So, next time you're drinking a glass of red wine, be sure to drink a toast to the scientific studies that have turned our guilty pleasures into healthy habits. Cheers!

PC: If consumed in moderation, red wine and dark chocolate can improve heart health.





MATT'S MUSINGS...

Greetings to all the loyal readers of the Coffee Talk Express. My name is Matthew Kirk and I am the newest member of the staff here. I will be reporting on local news but I will also be offering a weekly editorial every Friday on a variety of topics. A little about me: I am somewhat new to the Peace Region, having moved here last summer after 15 years in Vancouver. It's quite the change of pace but I am very happy to take advantage of the vast, beautiful wilderness we have up here. And while I've seen some gorgeous hikes in my short time here, I know our readers must have a wealth of information regarding the best spots to catch an amazing view along with a workout. If you know of a particularly special place to enjoy a hike in the Peace Region, email me a description at editor@coffeetalkexpress.com and in a few weeks I'll publish a column detailing your best picks. It seems as though we're still going

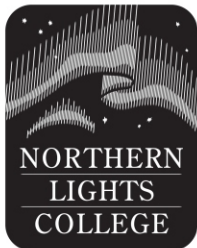
to have snow on the ground for a little while so I will wait until we're into hiking weather to print that one, but send your submissions in now!

In the meantime you can check this space every Friday for an editorial on a new topic. I'll be covering a wide range of topics from local happenings to politics, sports, pop culture and anything else that might pop into my head. If there's something you'd like to see discussed in these pages, please let me know. For the rest of this column I will leave you with a few random musings about things that have caught my attention. ZZ Top plays the Encana Events Centre on April 4th and I would highly recommend the show to anyone who is even remotely considering it. They are the only band of their era still touring with all the original members and their live show is fantastic. They have a great sense of humour and a huge stockpile of classic songs. If you've pondered checking this show out, try to make it happen.

Anyone with even a slight interest in the game of basketball should be paying attention to Steph Curry. With every Canadian hockey team absolutely horrible this year and the Toronto Raptors nipping at LeBron James' heels in the East, the NBA is the hot sports ticket this spring. But while the Raptors are maybe the best they've ever been, it remains to be seen if anyone can truly stop Curry's Golden State Warriors, who are currently on pace to end the season with the best record in the history of the sport. Curry has already broken the record for most 3-pointers in a season, previously held by...himself. I recently read that the creators of the NBA 2k video game series are having difficulty programming his in-game character to perform at a level that matches his real-life abilities. Anytime Golden State is on tv is officially appointment viewing.

Next week, in anticipation of Daylight Savings Time, I will discuss the recent campaign to eliminate the practice altogether. I'll go over the history of it and look at why some people think we'd be better off without it. Check back here every Friday for more editorials, and you can also hear me on the radio every Tuesday night at 8 pm on PEACE FM where I host a show called The Record Shop, playing classic and lesser-known music from throughout history.

Matthew Kirk, Editor Coffee Talk Express



B.C.'s Energy College™

WORKFORCE TRAINING & CONTINUING EDUCATION



nlc.bc.ca/Programs/WorkforceTraining

Occupational First Aid
Transportation Endorsement Mar 4, 20, Apr 8, 24
Fall Protection Mar 9
Canadian Firearms Safety (PAL) Mar 12
Excel Level 1 (five evenings, Mon & Wed) .. starts Mar 14
H2S Alive Mar 16, Apr 19
Occupational First Aid Level 1 Mar 19, Apr 7, 23
Oilfield Driver Awareness Mar 22
Traffic Control (Flagging) Mar 30-31
Conservation and Outdoor Recreation (CORE) .. Apr 2-3
Basic Security Training (5 days) Apr 4-8
Air Brakes (3 days) Apr 26-28
Defensive Driving Apr 29
Occupational First Aid Level 3 (eleven days). starts May 2

Call Student Services at 250-788-2248 or
e-mail CHStudentServices@nlc.bc.ca to register

CHETWYND CAMPUS

INTERESTED IN UPGRADING?

Attend
**Career and College
Preparation
classes**
Tues-Thurs

E-mail: hkeutzer@nlc.bc.ca to register
or drop by the Chetwynd Campus

nlc.bc.ca
1-866-463-6652





Spring is on its way!! With that comes Daffodils!! And when you buy Daffodils, you're supporting people living with cancer and helping us fund research to fight all cancers for all Canadians in all communities.

Fresh cut Daffodils from Lakeland Flowers in Abbotsford BC will be arriving in Chetwynd March 9, 2016. Pre-order forms are being faxed out to local businesses so watch for them. Be sure to get your order in as the Daffodils are limited and we don't want you to miss out.

We are always looking for new faces with new ideas and energy. Do you have a couple of hours to spare?? Are you new in town and want to meet new friends or have a friend that you would like to spend a couple hours with? Well this is a great opportunity for just that and we would be happy to have you join our team.

We are looking for volunteers for March 9-March 14, 2016. Please consider coming out and joining our enthusiastic group of volunteers.

Tables will be set up for sales of Daffodil bunches and beautiful vases at Chetwynd IGA and Super Valu. If you are interested please contact Loni at 250 788-2842 (evenings) or 250 788-5320 (days).

PINE VALLEY SENIORS
HALL RENTAL
 For more info & hall rental call Bernice
250-788-2307



JUNIOR CLERK

Chetwynd Public Library

Minimum Requirements:

- 15 years of age or older.
- Reliably reports for scheduled shifts.
- Demonstrated abilities to work cooperatively in a team environment and be well organized and efficient.
- Ability to deal competently with routine problems.
- Good oral and written communication skills.
- Ability to lift and carry cartons of supplies and library materials.

15 - 20 hrs/week for after school/evenings
 3pm - closing & weekends 12 -4pm
 \$12/hr to start.

Start date: Monday, March 21, 2016

DEADLINE FOR RESUMES:

Tuesday, March 15th, 2016

Send resumes attention to:

Ana Peasgood, Library Director
Box 1420, Chetwynd, BC V0C 1J0
apeasgood@chetwynd.bclibrary.ca
Ph. 250-788-2559 Fax 250-788-2186

MEET THE MAYOR

It's no secret that the economy is going through difficult times right now, the negative effects of which no doubt have an effect on Chetwynd's business community.

The subject of shopping local is a well debated and sometimes heated topic. I will make no attempt to try and prove that shopping local is cheaper. I'm sure that item to item, many things are cheaper in larger centers. It's reasonable to think that large retailers are able to buy in quantities that reflect a lower cost. I choose to trust that the business owners in Chetwynd are charging me a fair price that reflects their cost and a profit that allows them to pay their expenses and make a little bit of money.

After all, that is what we all get up in the morning to do. More days then not, we get out of bed and leave our families in the pursuit of money. I work five days and get two days off. It hardly seems fair but that's life.

When I only get two out of seven days off to spend with my family, I refuse to spend one of those days driving them to the city to go from store to store to store. We don't have to watch the news long to see that our kids need us. Our kids need our time and attention while doing healthy activities. I do my best to enjoy every stage in my daughter's life and still the years go by too quickly. I think about the future when we look back on these days. I want her to remember camping, boating, hiking Baldy, skiing, riding bikes, being lazy and doing nothing else but talk until noon, playing board games and so on. I don't want her remembering a

car ride to the city to save a few bucks on groceries. What kind of price can be put on these years? It is highly likely that budgets can be trimmed in other ways that still allow us to spend quality time with our families. Not to mention that in an age where weight-related illnesses are crippling our health-care system, perhaps the jumbo box of sugary snacks at the large retailer isn't a good idea anyway. It is highly possible that given the chance, Chetwynd's local merchants will pleasantly surprise you.

Those that choose to take their business outside of Chetwynd, please drive safely but consider this: Nothing is gained by publicly shaming businesses in town. Everybody needs the businesses in town and their doors are always found when something is needed and it isn't convenient to make the long journey to the city. I'm sure that no one wants to see them close so it confuses me to hear of their being talked about negatively on occasion. Let it be noted that these businesses support our local economy, provide jobs for our citizens, pay taxes that support services in Chetwynd, and sponsor local functions and events.

Coun. Bassendowski

Box 364, Chetwynd, BC

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AMAZING BOOK CHALLENGE WEEK #4

WINDREM ELEMENTARY

LITTLE PRAIRIE ELEMENTARY

Savanah
Grade 4



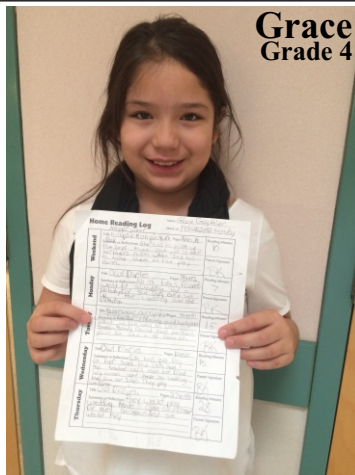
"I love reading all Robert Munsch books!!"

Patience
Grade 4



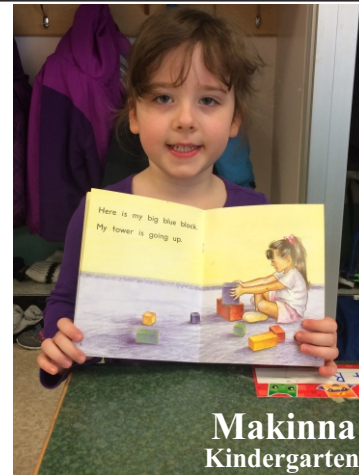
"My favorite book to read is 'Playhouse' by Robert Munsch!"

Grace
Grade 4



"I love reading Owl Diaries!"

Makinna
Kindergarten



Showing the book that she can read!

MOBERLY LAKE ELEMENTARY

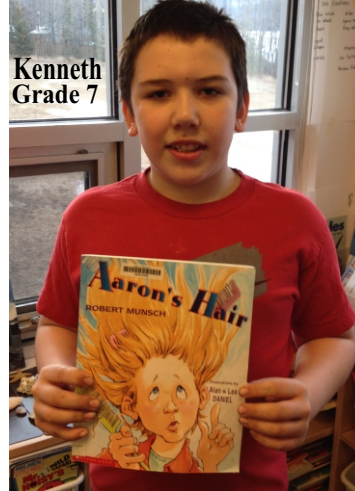
PEACE CHRISTIAN SCHOOL

Aaliyah - Grade 7



"I love reading Robert Munsch and mystery novels!"

Kenneth
Grade 7



"I think Robert Munsch is very funny!"

Seth
Grade 8



"I like the author James Patterson. He has a great sense of humor in the series Middle School".

Krixia
Grade 9



"Theo Lawrence and John Green are my favorite authors. They're awesome!"

Winners of weekly slushie from 'The Bistro' are Landon Dowling and Rachelle Davis.

Winners of the weekly prizes donated by AB Craft Supplies Ltd are Rylan Lassard and Jason Moman.

Total amount of books read: 677!!

HOME FOR RENT

2 bedroom mobile home available
February 1st for \$800/mo. No dogs.
Leave a message at 250-788-5198

Chetwynd Public Library

Spring CoffeeHouse
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solson@northviewreit.com

The District of Chetwynd will be commencing the

BOULEVARD TREE REPLACEMENT PROGRAM

Phase one of this project will be both sides of the highway between Hwy 29 and Nicholson Road. Motorists using the access roads should be extra cautious and obey flagging personnel.

Tree removal will commence the week of Feb 29 and will take approximately 2 weeks to complete.

The new plantings will take place in the spring as weather provides.



*Inquiries can be made by
contacting
Paul Gordon at
pgordon@gochetwynd.com
or calling 250-401-4111.*

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TIPS
on home
improvement,
cooking,
gardening,
health, kids,
etc

Drop us a
NOTE
on something positive
in the community!

WRITE-UPS

A positive write-up on what Chetwynd means to you, or your favorite customer service rep, maybe you know someone who deserves recognition, or someone who inspires you, perhaps why you love animals. Anything positive to share with the community.



SPORTS
Announcements/Results



Favorite Photos with short caption

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