

# Coffee Talk Express



MONDAY JANUARY 21, 2018

## THE RED LION

### Daily Dinner Specials

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Dawson Creek Realty  
Chetwynd Branch  
**250 788 9909**

ALMA WALTER

DAN GRODZUIK

JODIE ETHIER

MYRA GRODZUIK

250 788 5168

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250 788 5043

250 788 6365

## PRRD Caribou Meeting Cancelled



In an update on a previous story, the Peace River Regional District meeting that was scheduled to be held tomorrow at 10AM has been cancelled.

In a post on the PRRD's website, the PRRD stated that they continue to be invested in hearing from the province in regards to the plan for caribou recovery and conservation. The release went on to state "Based on continued requests for the PRRD to have a 'seat at the table' as the province works toward a plan for

caribou, it has been agreed that the PRRD should instead meet with provincial Ministers who have the responsibility for this file."

The release also indicated that the PRRD will remain in contact with the province and will share all information that is made available when appropriate.

## Keep Pets Indoors As Temperatures Get Colder

With temperatures dropping and wind chills hitting the minus 20s Grande Prairie Enforcement Services warns pet owners to limit dogs and cats outdoor time.

Senior dogs and puppies, short haired breeds' feet should be thoroughly dried when they come in along with their legs and stomach. Don't leave pets unattended in a vehicle and leave outdoor dogs in an insulated shelter with straw bedding.

My Grande Prairie Now reports excessive shivering, lifting paws, licking and biting paws and refusing to play are signs of a pet in distress.

It is an offense under the Animal Protection Act to cause an animal to be in distress. To report this offense contact Enforcement Services at 780-357-8732.

Articles courtesy of PeaceFM



## ROYAL LEPAGE

### CASCADE REALTY



JULIA NELSON  
250-788-6707

KAREN BOOS  
250-788-6598

ANTHONY BOOS  
250-719-5454

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**SERVING CHETWYND AND AREA- CHECK OUT OUR WEBSITE COFFEETALKEXPRESS.COM**

**PH: 250.788.3422**

**FAX: 250.788.3405**

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To submit your personal classified ad email: [classifieds@coffeetalkexpress.com](mailto:classifieds@coffeetalkexpress.com)

## VEHICLES/PARTS/FARM EQUIP./HEAVY EQUIP.

4 Good year Wrangler Tires 265x70xR17 mud & snow lots of tread. Call 250-788-2632

Pressure washer, 1800 psi, bought at Canadian Tire, like new, \$200. Please call 250-401-7160

2006 Ford F 350 Super Duty, new 38" rubber, new injectors, high pressure oil pump, cooler, heavy duty bush bar, \$22,000 OBO or partial trade for excavator. Call 250-788-6604

2010 Toyota Matrix standard, low milage, 3 sets of tires, two sets on rims, asking \$13,000 OBO. Please call 250-788-2049

2012 Argo on track, very little use, \$16,500. 2005 Argo 8 wheeler \$6,500 both in storage last 5 years. 1999 International tandem water truck 3,500 gallon has brand new engine \$24,500. 2017 John Deere tractor as new only 46 hrs. 55hp diesel 4 cyl. PTO 3pt hitch but no front end loader new cost 40,000 asking \$24,900 call 250-788-3868

What do you have to trade? Dodge Caravan sto+go seats, 7 passenger, 132,000km. asking \$10,400 call 250-788-5905

2007 Chev Stock front bumper. Came off Chev 1 ton truck. Lights, wiring and brackets included. Asking \$495.00 obo call 250-788-3925

4 LT 245/75R 17" load range E, Michelin tires, 10ply, 90%, LTX A/T2, M&S, asking \$600, regular price is \$1400 without taxes. Please call 250-401-7215

16' Flat deck trailer, tandem axels 7000lbs, needs lights done, \$3000 OBO Call 250-788-6604

Cement mixer mounted on a trailer, heavy duty unit, electric or gas driven. \$900 OBO. Call 250-788-6604

1988 4 cylinder Chevy, runs excellent, \$400 OBO. Please call 250-401-1210

Pulin pro electric start snow blower, 27 inch, like new, \$800 OBO. Power belt 5 gallon compressor, 3 horse power, good shape, \$100 OBO, Please call 250-782-5553 or 250-219-4171

2006 Jeep Liberty 4x4 \$4,950, 2006 Ford Ranger club cab 4x4 w/ canopy, standard only 117,000kms; mint \$6,990, 1989 F250 4x4 w/ canopy, 302 motor, standard \$2,100. Various 1st aid units, 4x4 ambulance and gear excluding SCBA's, 4 head gas monitors; satellite phones all in pelican cases. call 250-788-3868

FOR SALE BIG Truck tires and rims for sale (8) 11R245 Trailer tires with 75% tread \$130.00 each (6) 11R24.5 bridge stone spares on Alcan aluminum rims \$300 each (2) 385 bridge stone tires with 75% tread. \$300 each Phone 250-788-6777 or 250-788-5015

2013 VW Jetta, 4 cyl, 2.0 L, 5 speed manual transmission, 75,000 km, exc cond, extra rims and winter tires included \$8500.00 obo. call 250788-3925

## FOR RENT

Bachelor suite for rent, fully furnished, bathroom and kitchen, self contained, utilities, cable and internet included, \$1250/month. Please call 250-784-5085

Three bedroom home for rent in Aspen Place. Available early January. Will consider renting by the room. Call Julie @ 250-401-1985 for more info.

Bed sitting room for rent, own entrance, T.V and internet, own bathroom, laundry, no kitchen. Available on January 1st. Please call 250-788-3577

2 Bdrm home for rent. Lockable 4 season toy storage, quad or sled. Other lockable 4 season storage, raised garden beds, private fire pit and deck for BBQ's. Gas and certified woodstove. Additional storage in attached addition. Large driveway, small starter greenhouse. No need to load your sled or quad, trails from your backyard lead to town, hiking, fishing, or hunting. To view or get an application, please call Randy : 778-766-5000 or email : NB\_Customs@outlook.com

For Rent: Located at Pinewood Mobile Home Park, Chetwynd. 2 Bedroom furnished mobile home. Available immediately. \$1500/month which includes utilities. Non-smoking and no pets. Please call 250-401-3408

1 bedroom furnished apartment available January 1st - wifi, cable + utilities included. Adult Only. Crews + contractors welcome. To view call 250-788-5198

Furnished basement suite with 3 bedrooms. Private kitchen, bathroom and living area. Rates dependent on length of stay and number of guests. Phone or text 250-788-1804



Congratulations to all the bingo winners last week!  
This weeks card colour is grey

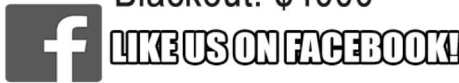


1 Line: \$400

2 Lines: \$800

Picture Frame: \$1600

Blackout: \$4000



## HELP WANTED

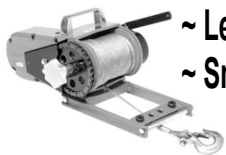
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## PAT'S SAW & WINCH



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~ Small Engine Repairs

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Chetwynd, BC

**250-401-1859**

**ComParrot**  
by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?



Solution: 1. Part of banana peel is missing. 2. Buckle on boy's coat is missing. 3. Trash can is different. 4. Neckline on shirt is missing. 5. Inside of paint can is colored in. 6. Fire hydrant is colored in. 7. Crest on sleeve has moved. 8. Dog in truck has moved. 9. Grass behind trash can has moved. 10. Crest on man's sleeve is reversed. 11. Bumper is larger. 12. Truck wheel is larger.

Paul Paquette  
**IS HIRING**

experienced lowbed/log truck  
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# Free Classifieds

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Email: [classifieds@coffeetalkexpress.com](mailto:classifieds@coffeetalkexpress.com)

## MISCELLANEOUS

Dark Brown Allen Chenille Sofa from the Brick. Like new, less than a year old, smoke/pet free home. Comes with throw pillows. \$500 OBO. Call 250-401-8470.

Hay for sale, fresh crop of new square bales, \$5.00 each, excellent horse feed, brome-timothy-alfalfa. Please call Jed at 250-788-9421, 250-401-3431 or Jere at 1-250-788-2944.

2 Wood Stoves 1 with solid door and 1 with glass door, come with accent tile bricks for surround, \$400 ea. Please call 250-503-7735 (local number).

Gorgeous vintage string of pearls, strung with silk, 14k gold clasp 66 pearls with stunning luster \$300. Beautiful solid 14k gold cross and chain. Purchased many years ago from Lothar Triebel \$300. Solid 14k gold wedding band \$150. Text 250-329-5482

Nikon d7000 digital camera, comes with Nikon dx AF-5 Nikkor 18-105mm lens, Great starter lens, carrying case and tripod \$1200 call Bruce 604-795-0232

Home theatre system bluetooth hd5.1, 2500watt/mp4/hdmi/hdvtv/ 6 spkrs. android LED smart projector v-550. New in box, would make a great gift \$500. Please call 250-788-3868

Large green parachute for sale, in excellent condition, \$250 call 250-788-1806

Frabill speed shak 2 man ice shelter \$200 obo/ 1 man fish trap ice shelter \$200 obo call 250 788 2390

Paintball guns and accessories for sale call 250-783-5454

Two metal filing cabinets \$80ea, older oak desk \$75. Please call 250-788-5582

Ab twister exerciser- \$65, Lexmark printer/fax machine- \$60, Dr. Scholls Seat massager pap- \$25, used 19"tv- \$10 call 250-788-3099

Microwave- \$30, Microwave stand - \$50 call 250-788-2183

Massive wood stove for sale. 3' 8" in length, new never used, very heavy. Call 250-719-6142.

Inglis Dryer white, like new, has a large drum, \$150. Call 250-317-3567

Washer and dryer for sale, please call 250-788-3951.

Queensize bed, Sealy mattress w/box spring, \$300-\$400. Call 403-891-9471

Brand new 32" flat t.v. HDMI Cords and everything included, 1 week old. \$275 OBO. Never been used brand new dvd + blu-ray player, \$75 OBO. Please call 250-788-6502 or 250-556-9300

Women's medium Royal Distributing snowmobile jacket and bib, black with yellow call 519-808-9769

Unused 500gal west steel dbl wall fuel tank, new was \$3,400, asking \$2,400. mega trapping gear, traps, boxes, baits, tools, boards. call 250-788-3868

Room and board for older lady, in exchange for light house and yard work. call George 250-788-2482

Quick and affordable snow removal with snowblower. Call 250-719-3923

For Hire- 328D JohnDeere skidsteer + operator, fully licensed and insured. In or out of town call 250-788-6604 for rates

**A Very Happy 16th**  
**BIRTHDAY**



To Our Beautiful Granddaughter  
Blayne Jensen  
Love Always,  
Gramma Val and Grampa Dale



PINE VALLEY SENIORS  
**HALL RENTAL**  
For more info & hall rental call Bernice  
**250-788-2307**

## CHETWYND FOREST INDUSTRIES A Division of West Fraser Mills Ltd

**Immediate Opening for the position: Receptionist/Accounts Payable Backup, Administration Office**

**We are seeking an experienced Receptionist to fill a full-time position effective immediately.**

### Minimum Qualifications:

Grade 12 or equivalent  
1 year reception / accounts payable or similar processing/data entry experience  
Shipping/receiving experience an asset but not required

This position is fast paced and requires an organized individual. The primary functions of this position include, switchboard duties, word processing and spreadsheet assignments, processing incoming and outgoing mail, fax and photocopying, as well as other office related duties. The Receptionist manages the reception desk as well as provides backup to the Accounts Payable clerk.

### The successful Candidate will possess the following:

Excellent communication skills, both verbal and written  
Exceptional organization skills  
Competent accurate data entry  
Excellent proof reading skills  
Able to work with minimal supervision  
Exhibit good problem-solving skills

If you meet the minimum qualifications and feel you possess the skills and abilities as noted above, please submit your application attention Sharon Loberg, Division Accountant, via one of the following methods:

Email: [sharon.loberg@westfraser.com](mailto:sharon.loberg@westfraser.com) or [hayley.huberdeau@westfraser.com](mailto:hayley.huberdeau@westfraser.com)  
Canada Post: PO Box 330, Chetwynd BC, V0C 1J0  
Fax: (250) 788-2474

## Invitation to Custodial Tender:

Custodial services at the location(s) listed below for  
School District no. 59 (Peace River South).

A school district representative will be at the school on the date and time listed to answer questions regarding the duties and responsibilities required of this service.

**Tumbler Ridge Secondary School January 28, 2019 11:00 AM**

Custodial Service document with details of services required are available from the Facilities Department Office at  
**11600-7th Street, Dawson Creek.**  
For further details, contact  
**Wade Simlik at 250-782-2417.**

Written, sealed tenders containing a résumé of past experience and at least 3 references will be received until  
**1:00 p.m. on February 1, 2019**  
at which time the tenders will be opened.

The School District shall not be obligated to accept the lowest quoted proposal and may reject any or all proposals. Tenders must be clearly marked on the outside of the envelope "Custodial Tender" and addressed to  
**Mr. Wade Simlik, Facilities Manager, School District No. 59 (Peace River South), 11600-7th street, Dawson Creek, BC V1G 4R8.**

# Free Classifieds

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## PROPERTY

5 bedroom, 2 bath home on 5 acres FOR SALE OR RENT available Dec 1. Backs on to crown land and is only 2 minutes from town. Great view of Chetwynd and the mountains to the west and north. Includes 2 outbuildings and a 32x45 two storey shop that needs to be finished. Great location for a family looking for immediate access to the surrounding area by quad. Within the fire district boundaries. For more information Call 250-703-6293.

3 bdrm, 3 bath, house for sale. Fireplace, single car garage in house with car port beside, double door garage in second building in back 24x28ft lrg. Located in Chetwynd in the Crown Sub, 4728 Centurion Crescent NE. Want offers. Call 250-788-2606 or 780-897-0730

Three bedroom modular home on two serviced lots in tumbler ridge, nice place, good location, price \$120,000, open to offers and trades. Please call 250-401-1127

Renovated 3 bedroom mobile home #59 6549 Wildmare sub \$29,000. Please call 250-874-0655

3 bedroom mobile home for sale. Text only please 250-874-0655

## PETS/LIVESTOCK

Pixie-Bob X Bengal kittens, fully vetted. \$600. Avail Oct 12th. Text 250-329-5482 or email [flashover1972@hotmail.com](mailto:flashover1972@hotmail.com)

4 male kittens, free, 6 weeks old, 3 tabby, 1 grey. Call 250-401-7346

Chausie X Bengal hybrid intact blue male cat. D.O.B. 06/06/18. Vet checked, 1st shots, dewormed. \$300 approved knowledgeable home, delivery. TEXT 250-329-5482 email [flashover1972@hotmail.com](mailto:flashover1972@hotmail.com).

## LOST & FOUND

Found: iPhone by 7/11 come to Pencil Box to identify.

Found: Key found for GM with faub. Found in the Dokkie sub. Pick up at the Pencil Box.

Lost: Black Sony phone with red case. Please call 250-401-1676 or bring to The Pencil Box.

## REC VEHICLES

2013 Harley Davidson Ultra Classic Anniversary Edition. Call 867-334-5866 or email [wc12@telus.net](mailto:wc12@telus.net)

04 Sportsman 800 Twin AWD. Seat is ripped. Fun machine. Winch works, storage in front. Has a power programmer it's in the quad just not plugged in. \$3200obo. Call or Text Sean 250-793-3596

2004.5 Polaris 500 Sportsman Quad \$2200. Call 250-782-5026

1992 18.5ft searay skiboat, V6 chev, ex load trailer, new rubber, very good condition. \$6500 OBO. Please call 250-788-6604

Polaris 700 quad, 4x4, good condition, comes with brand new snow blade. \$2800 OBO. Call 250-788-6604

Skidoos- 3-tundra II's trapper style 2006 apec1000cc \$4,400, 2006 tundra 300cc \$4,400 (both stored last 9 years) call 250-788-3868

2006 Arctic Cat M7, \$4000 OBO, excellent condition, Please text or call 250-601-0221

## WANTED

Wanted: Want to buy F-250 Ford pick-up truck, 1993-98, must be R8 transmission, diesel, must be good shape. Please call 250-719-6142

Wanted: Second hand washer in good working condition. Please call Jasmine Davis at 250-788-8885

I'm a single, working guy. looking for either an apartment or small house to rent for FEB in Chetwynd. I don't smoke or party and I have no pets at this time. Preferably furnished or semi furnished but non furnished is ok. will consider Tumbler Ridge or Hudsons Hope too. Please call/text 807-620-2429

Wanted: Seeking live-in position: Christian, vegan, sabbath keeper, non-smoking, non-drinking, looking for drug-free, kosher, and environmental caring work environment. Duties of work can be housesitting, childcare, light housekeeping/cooking. Position has to be at least until the end of June 2019. Please phone 250-262-7714.

Looking for older scandic Ski-Doo for parts call 250-788-2635

Wanted: aluminum, computerized, 17" rim for a 2014 Dodge 1500 call 250-788-3288

For Hire- 328D JohnDeere skidsteer + operator, fully licensed and insured. In or out of town call 250-788-6604 for rates

Willing to babysit full time, days + nights in my home. Please call 250-401-1225

looking for a good used treadmill call 250-788-5198 or 250-788-3133

## KPA Oilfield Services Ltd

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Serving the Peace Country Region

### Services including but not limited to

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Cell: **250-788-5070**

Specializing in Oilfield Fresh Water Delivery Services



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Locally Owned and Operated *Don McKee*



**VACUUM TRUCK SERVICES LTD**

Septic & Oilfield Services

Tel. 250-788-9106 Cell: 250-788-5070



IS  
**HIRING**

a Processor Operator  
& a Feller Buncher Operator  
for work in Chetwynd

Email: [troy@pris.ca](mailto:troy@pris.ca)

CALL OR TEXT TROY **250.788.5062**

## 5 tips for keeping your dog active during the colder months

Enjoying the outdoors with your dog can be wonderful, except when the temperature dips down a little too low for comfort. Even if we would prefer to cuddle up on the couch, it's imperative that our four-legged friends still get enough exercise during the winter.

To help ease the transition, here are five things to consider:

**Bundle up.** Although our furry friends have built-in coats, temperatures can sometimes drop to extremes, leaving you with one shivering pup. Help them keep warm and dry with their own winter jacket for the especially cold days. Don't forget to wear warm clothes, too. The warmer you are, the better experience the walk will be for both of you.

**Protect their paws.** While many pups love a snowy winter walk, sidewalks and roads are often treated with harsh chemicals and salts that can be harmful to their paws. Use booties to help protect them during walks and be sure to wash your pet's paws when you come in from the outdoors.

**Take shorter walks more often.** It can be easy to take your dog out for long strolls when the temperature hasn't yet dipped below zero, but it becomes a bit more of a challenge in the winter months. Taking shorter walks more frequently can help ensure you're giving your dog enough exercise, without being overexposed.

**Get some extra help.** Sometimes our schedules just don't allow for all the walks our pups need. Hiring a dog walker can help your dog burn off some energy while you're out of the house or at work.

**Be mindful of weight changes.** Just like us, our pets may be inclined to curl up on the couch and snuggle away a cold afternoon, but added weight to their small frames can be harmful. Keep an eye on your pet's shape and weight to ensure they aren't putting on too many extra pounds.

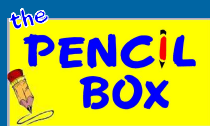




# Bell Mobility

## Phones Plans + Accessories

STOP IN TO CHECK OUT  
OUR SELECTION AT



NOW AVAILABLE  
at the  
**PENCIL BOX**  
4753 51st Street  
Chetwynd, BC

# WORK WEAR



We have men and women's high visibility coveralls, long and short sleeve shirts, sweaters, thermal underwear and more!

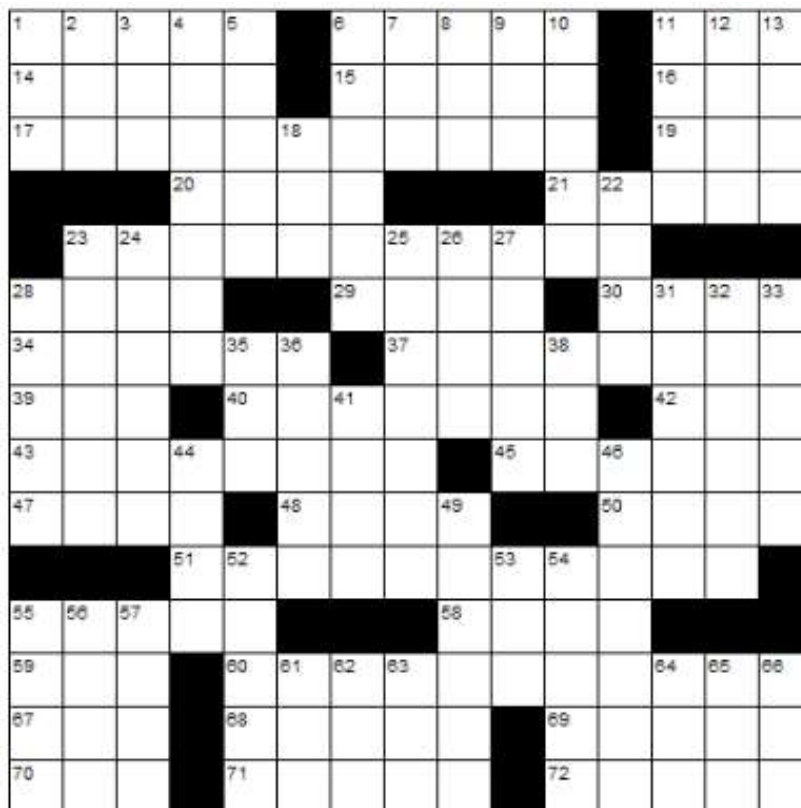
### ACROSS

1. Unexpected hangups
6. Exposes
11. Candy from a dispenser
14. Cupid's projectile
15. Movado competitor
16. Fruity drink
17. Highly sought-after item for many city dwellers
19. Even score
20. Pay to play
21. Result of cremation
23. Nope! Keep looking!
28. Gulp for air
29. Chimney buildup
30. National Endowment for the \_\_\_\_
34. Charges
37. Neighbors of Venezuelans
39. Singer DiFranco
40. Nope! Keep looking!
42. Fido or Fluffy
43. Vice President James \_\_\_\_ Quayle
45. Letter-shaped fasteners
47. One of Chekhov's "Three Sisters"
48. Relative of "aaah"
50. Spanish house
51. Nope! Keep looking!
55. MTV airing
58. In the public eye
59. \_\_\_\_ Canals
60. It may not be highly sought after, but it's a solution
67. Stop for the night
68. DVD player option
69. Unleashed
70. Illiterates' signatures
71. Safe spot
72. Mex. misses
23. Pertaining to the animal life of a region
24. In sports it has a top and a bottom
25. Event that a boxer might win
26. Give a drubbing
27. "Here's looking "
28. Madrid museum
31. Map out again
32. Fly over Africa?
33. \_\_\_\_ good example (does admirably)
35. Blood letters
36. Author Scott
38. N.Y.P.D. alert
41. Old Greek portico
44. Kismet

### DOWN

1. Drain
2. Gun owners' org.
3. The "A" in E.T.A.: Abbr.
4. Fun racers
5. Hogs
6. Finishes one over par
7. Mornings, briefly
8. Weightlifting unit
9. Kind of trip
10. He's so tempting
11. Route
12. Actress McClurg
13. Marks of Zorro
18. Utmost
22. "South Park" boy
23. NNW's opposite
64. Drunkard
65. "This \_\_\_\_ bust!"
66. Your: Fr.
46. Supreme Court justice who appeared in the 1987 documentary "Gap-Toothed Women"
49. Hurry
52. Zing
53. "So's \_\_\_\_ old man!"
54. Enthusiasms
55. Fair-sized auto engine
56. Actress Skye
57. Puts on
61. Stop before the majors, perhaps
62. Isuzu Rodeo, e.g.

# CROSSWORD



# HOROSCOPE

## ARIES (Mar. 21-April 20)

Help elders get their personal papers in order. Don't let your family put demands on you. Frustrations and limitations could cause anxiety this week. Don't let others take advantage of your good nature. Your lucky day this week will be Wednesday.

## TAURUS (Apr. 21-May 21)

Don't expect others to live up to their promises and you won't be disappointed or find yourself stuck with delays. Unique forms of entertainment could capture your attention and bring about a romantic interest. Concentrate on work. Limitations with females could lead to unfortunate circumstances.

Your lucky day this week will be Sunday.

## GEMINI (May 22-June 21)

Be careful not to get involved in other people's personal affairs. Travel could include delays and other minor problems. Deceit around you is evident. Get out and have some fun.

Your lucky day this week will be Wednesday.

## CANCER (June 22-July 22)

Be careful while travelling. You will have a great day if you just say what you feel. You must make sure that all your personal documents are in order. Don't be too quick to respond to a plea for help.

Your lucky day this week will be Thursday.

## LEO (July 23-Aug 22)

Be careful not to get roped into uncertain joint financial deals. Put your energy into moneymaking ventures. Travel will stimulate your need to experience exciting new things. Abstain from getting involved with married individuals.

Your lucky day this week will be Saturday.

## VIRGO (Aug. 23-Sept. 23)

Don't gossip. Get out and, about. You will meet some interesting people if you attend promotional functions. Keep a lookout for any individuals eager to confront you with unsavoury situations.

Your lucky day this week will be Saturday.

## LIBRA (Sept. 24-Oct. 23)

Acceptance is the key. You need an outlet. Keep a lookout for any individuals eager to confront you with unsavory situations. Join a club to work off that excess energy; but consider ways of doing that without spending the money.

Your lucky day this week will be Tuesday.

## SCORPIO (Oct. 24-Nov. 22)

Do not force your opinions on others the connections will be short lived. You can make a difference if you're willing to stand up and be counted. Take care of any paperwork concerning institutional or governmental agencies. Travel and family gatherings should be in order.

Your lucky day this week will be Saturday.

## SAGITTARIUS (Nov. 23-Dec. 21)

You can make new connections through friends or relatives. You will have some problems with children, but if you are patient you will win their favour. Partnerships may be strained if one of you has been erratic and hard to deal with. Don't forget to let your mate know how much you care.

Your lucky day this week will be Friday.

## CAPRICORN (Dec 22.- Jan. 20)

Don't let your jealous imagination play games with you. Pursue outdoor activities or any physical exertion. You may find it difficult to communicate. Take care that arrangements to spend quality time together are made in advance.

Your lucky day this week will be Wednesday.

## AQUARIUS (Jan. 21-Feb. 19)

Reevaluate your motives. You like to stay busy and now is your chance to do just that. Minor health problems may lower your vitality. You'll look guilty if you don't lay your cards on the table.

Your lucky day this week will be Friday.

## PISCES (Feb. 20-Mar. 20)

Loans will be attainable and legal matters easily taken care of. Caustic language may cause you to want to get out of the house. Your stability will aid you in getting support from your fellow workers. Get back to the comforts of cottage or home.

Your lucky day this week will be Saturday.

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## A New Twist on Weekend Breakfast

Treat someone you love to breakfast in bed or elevate a breakfast standard to special-guest status. This elegant yet easy dish created by the staff at Harrowsmith magazine is sure to please.

### Egg and Bacon Bundles

Prep time: 20 minutes

Cook time: 10 to 15 minutes

Serves: 2 to 4

#### Ingredients:

8 strips bacon

2 slices aged cheddar  
cheese

4 eggs

Salt and pepper

#### Directions:

In frying pan, cook bacon until transparent. Transfer to paper-towel-lined plate. Cool slightly.

Cut four 6-inch (15 cm) parchment rounds to fit standard-size muffin cups.

Criss-cross 2 bacon strips in each of four parchment-lined muffin cups. Crumble cheese and divide evenly over bacon. Crack 1 egg into each cup. Season with salt and pepper to taste.

Bake in 350°F (190° C) oven until bacon is crispy and egg white is cooked through; about 10 to 15 minutes.

Remove from oven and let cool 2 to 3 minutes. Transfer to plate and serve with toast and watercress. Remove parchment before eating.

