MONDAY SEPTEMBER, 17 2018



on our website – redlionrestaurant.ca

MON - SAT: 5:00PM - 9:30PM Closed on Sundays & Stat Holidays

250-788-2755





Teen Burger

Employment opportunities, apply within to www.AW.ca



3 Smart Back-To-School Wellness Tips

It can be hard for kids and parents to get used to a new sleep schedule and daily routine this time of year. Check out these tips to keep your body healthy and your energy levels at their peak.

Eat your breakfast. It's always a good idea to start your day off right with a healthy, nutritious meal. When you skip breakfast, you're missing out on a lot of great benefits, including maintaining a healthy weight, better appetite control, increased energy and greater concentration. Breakfast also gives you a chance to get in important vitamins and nutrients such as calcium, vitamin D and fibre - from healthy foods like grains and fruits.



So, how to make a guick and healthy breakfast when you're on the go? Try these guick and easy ideas:

Make oatmeal with milk or a dairy alternative. Top with fresh fruit, nuts and seeds.

Layer plain dairy or plant-based yogurt with your favourite low-sugar cereal and blueberries. Add lean ham and low-fat cheese to a toasted whole grain English muffin.

Top a slice of toast with avocado, nut butter and banana or yogurt and peach slices.

Blend a breakfast smoothie with dairy or plant-based milk and frozen fruit. Try adding greens, nuts, seeds and protein powder for a balance of carbohydrates, healthy fats, protein and fibre. Make your breakfast the night before. Try overnight oats and chia-seed pudding.

Keep hard-boiled eggs, whole fruit and trail mix on hand to grab and go.

Try a probiotic. Probiotics are live bacteria and yeast that are good for your overall health, especially your digestive system. While we usually think of bacteria as being bad for you, the human body is full of them - both good and bad. Probiotics are known as good bacteria because they help keep your gut flora healthy. Regular consumption of probiotics has been shown to help treat and prevent gastrointestinal issues, including acute or antibioticassociated diarrhea.

Think zinc. Zinc supplements — especially the type called "zinc picolinate" — can help maintain your immunity during cold and flu season, especially if you take it as soon as you first start showing any symptoms.

This is not a drill. The Teen Burger is really just \$3.50. What's changed? Nothing except the price. It's still made with the best ingredients-100% pure beef raised without the use of hormones or steroids, bacon that's naturally smoked with pecan wood, melted processed cheese, crisp lettuce and vine-ripened tomatoes. It's just really good food at a really

RAISED WITHOUT

Head to your local Canadian Health Food Association member health food store to stock up on back-to-school wellness items. Find your nearest location at chfa.ca.



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CHETWYND MINOR HOCKEY

REFEREE CLINIC **Senior Referees Needed Saturday. October 20th**

time TBA

@ the Chetwynd Rec Centre

officiating for levels 1-3 training of recertification for more info call Teresa 250-788-5053 must complete online exams before October 20th

all refs must register with Hockey Canada

criminal record check will be required

WAREHOUSE LIENS ACT

Whereas, 1043389 Alberta LTD C/O Wells Fargo Equipment Finance (and with sale authorization from Wells Fargo Equipment Finance) is indebted to Robert's Towing and Recovery for tow on April 10, 2018 and storage of a 2004

RENN 17ft Tridem Gravel Pup. There is an amount due and owing of \$8,500.56 up to August 31, 2018 plus any additional costs of storage, seizure and

sale. Notice is hereby given that on the 12th day of September 2018 or thereafter, the said vehicle will be sold. For more information:

Roberts Towing and Recovery 6233 Wildmare Road, Chetwynd BC 250-788-9194.

Closing date for bids September 24, 2018 at 5 pm.

Pencil Box PLUG-IN~ AWAITS!!

COMPUTERS . LAPTOPS TABLETS . PHONES MONITORS & ACCESS . GAMING ACCESS . & MORE

COMPUTER REPAIR -CALL LEIF 250-788-3422

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VEHICLES/PARTS/FARM EQUIP./HEAVY EQUIP.

1991 4700 Diesel international flat 2005 Honda Pilot SUV AWD, sunroof, Asking \$20,000. Call 250-219-0809

computer, good tires, new windshield, \$1600 OBO. 1997 Sierra 4x4, needs 2001 Nissan Centra for parts. New more information call 250-788-1710

For sale in Farmington: 1 New Holland auto wraparound baler #847, 2006 Ford F350 ext cab, 158,000km, mini hopper (needs a 1/2 or 3/4 HP electric motor). Case (M 2100) 4 needs work). BEV 3 electric fencer unit (used for sheep). For more info or Trades considered. Call 250-788-5905 to view call 250-843-7115 in Farmington, BC

2010 Toyota Matrix, standard, with red interior. \$800. 35,000 km, 3 sets of tires. Asking Call 250-788-6748 \$13,500 OBO. Call 250-788-2049

rails. Rails are 7' l. x 6'w. x 28 tall. \$400. Call 250-788-5580 Asking \$250. Call 250-788-9445

4x4, in good shape. \$2500 for both. Call 250-788-3969

2007 IHC Tridem truck 350,000km. 250-242-5888 2014 Arnies clamp pump tridem. Graven trailer. 55,000km on trailer. 1998 Dodge Ram pickup ext cab, 4x4 Fully furnished 2 bdrm, 2 bath mobile Call 250-401-1199

deck truck. NET 4500, GVW 25000. heated seats, air conditioning, 224,000km, no rust, grey metallic and a Vancouver vehicle. \$6900 OBO. Call 2002 Chevy Z71 4x4, needs main 250-786-5157 email: vforce1@shaw.ca

front axle u joints, runs good. For brakes, struts, good engine and transmission and tires. Will sell for parts or all. Make an offer. Call 250-242-5558

70 to 800 lb bale size. 4" X 11' auger & awesome work truck. 2005 Nissan xtrail, 162,000km, loaded, heated seats, sunroof, great winter ride. \$7400. 2011 bottom plow on rubber (older unit). passenger GMC 1 ton van, 157,000km Massey Ferguson seed drill (very old, ready for work. Will pass any inspection, for hauling people. \$8700.

> 1996 Dodge Polara coupe, project car. Slant 6 engine, 3-3 transmission. Black

1955 Jeep \$1500. Pick up box trailer Interior off road headache rack and \$90. Transfer case and 3 drive shafts

1998 Rodeo Suzuki Isuzu 4 dr sedan 2, 2002 Ford 250 3/4 Ton standard wagon. Tires are 60/70% good. Motor gone. Asking \$700. Call 250-788-5134

Slip tank with electric motor. Call

V8 with some rust, runs good. Asking \$2500. Call 250-782-5026

2015 Nissan Xterra, 4x4 PRO SUV. 250-788-5189 Automatic, 70,910km, navigation system, black leather interior, bluetooth. alloy wheels, back up camera. Comes with new snow chains. Call 250-875-0977

6 Cylinder Cummins. Diesel. \$3500. Call 250-788-9740

2014 Dodge Ram Sport 1500. 5.7 litre Hemi with 395 HP. Automatic, upgraded stereo, tonneau cover, 275/60 R20 tires with 60% tread. 76,000km Call 250-401-1038

FOR RENT

Furnished rooms for rent in Chetwynd. Call 250-874-0170

3 bdrm home for rent in Chetwynd. Includes internet, utilities and cable. Call Julie 250-401-1985

Room for rent in Chetwynd. Includes internet, utilities and cable. Call 250-401-1985

Rooms for rent in Tumbler Ridge. Includes bathroom, TV, pool table, use of kitchen and w/d. 250-242-5888

2 bdrm bungalow at Moberly Lake across from golf course. Wood and propane heat, includes satellite TV. Large sun deck view of the lake. Rent \$1000/mo, plus utilities. Available August 1st. For info call 250-788-6339

Room for rent in Chetwynd. Bdrm/sitting room, TV, internet, own bathroom and entrance. Use of laundry room. No kitchen. Call 250-788-3577

Single female, no pets, non smoker looking for a one bdrm suite or apartment to rent. Please call 250-710-3259

3 bdrm furnished house, newly renovated. N/P, \$1500/mo. plus utilities. Available September 1. Call Darlene 250-788-9498 or 250-788-5878

home. Rent includes PAD, utilities, W/D, F/S, cable, housekeeping 1 week. \$1500/mo./room. Call or text

ComParrot Can you spot 12 differences between these pictures?





Solution: 1. Bush in background is missing. 2. Bush appears behind cart. 3. Rock is colored in. 4. Section of umbrella is colored in. 5. Grass behind man has moved. 6. Lady's apron is longer. 7. Design on man's shoe is reversed. 8. Hot dog on fork is longer. 9. Brim on visor is larger. 10. Tie on man's headband is different. 11. Man's shirt is longer. 12. Neckline on lady's shirt is different.



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MISCELLANEOUS

Queen size bdrm set comes with 2 night stands, 5 drawer dresser, 7 drawer dresser with vanity mirror, shelf headboard with mirror, and a queen size pillow soft mattress. Call 250-401-7215

Propane BBQ. Call 250-401-7251

Amana washer, Kenmore dryer, \$400 set. Kenmore portable dishwasher, \$100. G.E Stove \$100. Sofabed \$100. Entertainment stand, \$40. Please call 250-788-5353

Classic 1983 white fender stratocaster guitar with fender vibrolux amp, asking \$3500. Call 250-782-5026

Kenmore washer and dryer set, asking \$300. Please call 250-782-3996

Mannilicher Shoenauer 30-06 Sporter GK model cheek piece \$1000. Call 250-788-9818 leave message

2 lrg Canoe floatation bags \$10ea. 1 North face 4 person, 4 season tent \$100. 1 2pc 30" shower stall \$100. 1 space saver cabinet and sink with tap \$75. 1 exhaust ceiling fan \$15. 1 28" door with frame and hardware \$15. Call 250-788-2432

Brookstone Max 2 massager, like new, \$200. Electric stove in good condition, \$100. Call 250-788-2944

42" Samsung big screen TV and stand, \$400 OBO. Call 250-401-7215

Yellow beans for sale. \$15 Ice cream pail full. Call 250-788-2511

Excellent horse hay. Alfalfa grass mix. 11001b bales, \$40/\$50. Delivery available. Please call 250-788-9229

Brown/beige couch, \$50. 6 drawer dresser \$50. Bell sat. system \$75. 250-788-6509

Radar detector \$50. small hutch with 1 shelf and glass doors \$25. Magazine table \$15. Gas lawn mower \$\$75. Asst tools, open to offers. Wool blanket \$10. Bushnell Binoculars \$50. Call 250-218-7080

South bend lathe, complete, \$2500. Drill press, \$1800. 250-788-9740

New Twist exerciser, \$65. New Lexmark printer/fax machine \$60. Metal Bathroom shelf, \$30. Frabric stand up steamer/cleaner, \$60. Used TV, \$10. Older meat band saw, \$500. Call 250-788-3099

Rg6 coax TV cable that can be split into size, approx. 300'. 4' high bumper truck jack. Air tip staple gun and air tank gauge. Portable 8" bench grinder. Gas Snow blower. LNB Bell Satellite TV dishes. 3' Shaw satellite receivers. Portable 7' high step ladder. Call 250-788-2606 or 780-897-0730

Welder & helmet with welding rod. 2900 watt Generator. Call 250-242-5888

Joe Martin Hammerhead 6 black wheels. Very rare and have a unique look. 285/45 R22 Nexan Rodian HP rubber with 75% tread. Fit any 6 bolt chevy truck. \$1400 OBO. May consider trades Call 250-401-1038

Get Ready For Winter Without Breaking The Bank

Doing a little work during the fall can help you save time, money and headaches down the line by preparing for winter. Here are some tips to get started:

Tasks around the house. Some maintenance items you may not be able to do on your own, but you can save money by doing the easier tasks yourself. Simple chores



include checking windows and doors for drafts and cracks, clearing the gutters from leaves and debris, installing weather-stripping and replacing furnace filters. You can also get a programmable thermostat to save on your energy bills.

Car maintenance DIY. Checking the tire pressure, windshield washer fluid levels, wiper blade condition, tire wear and coolant levels can all be easily accomplished by a light do-it-yourselfer. Choose Prestone antifreeze as it works better than any other brand in stopping corrosion, which can lead to overheating and breakdowns. It can be used for any make or model of car or light vehicle truck, eliminating the need to buy different fluids for each car in your household.

Ward off colds and flus. A strong immune system can help you avoid typical winter illnesses. Keep your immune system strong by staying fit with regular exercise and eating healthy. To save money at the grocery store, purchase frozen or in-season produce, choose budget-friendly protein like beans and lentils, and don't be afraid to price compare and price match.

Fall Lawn Care Tips



Many of us feed our lawns at the first signs of spring, but did you know that autumn is the most important time to fertilize?

Alawn fed three to four times a year develops a deep root system to resist heat, drought and wear. It also develops thick green top growth to naturally resist weeds, disease and insects.

Feeding before the ground freezes, but after the lawn no longer needs mowing, will give your lawn the extra nutrients it needs during our long, cold winters.

Look for a fertilizer with higher nitrogen and potassium, the first and last numbers on the bag. These are the nutrients that help promote a stronger root structure, disease resistance and hardiness in cold weather. A properly fed lawn produces a deeper root structure, capable of reaching water deep in the soil.

Here are some tips to help you put your lawn to bed for the winter:

- Review your options at a lawn and garden centre by reading the bag. Look for higher nitrogen (N) and potassium (P) ratios.
- Use a quality lawn fertilizer spreader or handheld model to ensure even feeding.
- Don't apply if heavy rain is expected, and ensure the last application is on before the ground is frozen.
- Fertilizer can only do its job if it's on your lawn or garden. Sweep any fertilizer that lands on sidewalks or driveways back onto the lawn, avoiding sewers and waterways.
- You can safely use any leftover fertilizer next year, because fertilizer doesn't expire as long as it's kept dry.

Find more tips for maintaining your lawn's health online at greenerworld.ca

CASUAL CUSTODIANS

FOR DAY AND NIGHT SHIFTS IN CHETWYND



EXPERIENCE AN ASSET

Successful applicants must be available for casual work when called. Applicants should be aware there is no guarantee of work as these are substitute positions.

Applications can be obtained from the School District Office or the School District web page (www.sd59.bc.ca).

Reply in writing or by fax to:

Brittany Faulkner, Director of Human Resources, School District No. 59 (PRS), 11600-7th Street, Dawson Creek, BC V1G 4R8 (250) 782-3204 (fax)

Please include two work related references with day contact phone numbers. Continued clear Criminal Record reviews are a requirement of employment.

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PROPERTY

Lease or rent to own 3 commercial lots, 750ft x150ft to 75ft to 150ft. 4833, 4829, 4825 51 Ave SE. 2 commercial lots 75'x150' each with 3314 sq feet building iron and metal framed. 4821, 4817 51 Ave SW. Next to Tim Hortons. Call 250-788-3126 or 250-788-6197

DBL wide trailer w/attched storage shed. Commercial kitchen cook stove, commercial dishwasher, 2 baths, large dining seating area. \$150,000. Formerly Natural Springs Clubhouse. Call 250-788-3555 or 250-401-1147

2008 20x52 SRI modular home, 3 bdrms, 2 full baths, exc cond. Call 250-788-5815

3 bdrm modular home on 2 serviced lots, small work shop and wood shed. Nice place and good location in Tumbler Ridge. \$120,000 open to offers and trades call or text 250-401-1127

4.8 acre treed lot approx 2km west of Chetwynd located in the westall subdivision on Kurjata Road. Road access is available to both front and back lot. Natural gas and power at the edge of property, and a 50' untested well with approx 25' of water in it when last checked. Lot 3, plan PGP24967. \$90,000. If interested call 780-538-9658 or text 780-830-6320

2 bdrm mobile home for sale or consider rent to own. Call 250-874-0655

Cleared land on 0.9 acres, 53 Ave. Most utilities, \$60,000. Call 250-788-5319

PETS/LIVESTOCK

3 year old Alpine buck, \$300 or trade for condition \$350, 250-467-2060 unrelated. Call 250-788-2789

Female Staffy Bull Terrier. \$400. Call for more information 250-874-5878

LOST & FOUND

Found: Mountain bike by Wild mare Wanted: To buy 92-98 half ton pick Creek. 250-788-2229

Found: Paddle boat south side of Moberly Lake. Text 250-806-3063

Found: GMC Escalade Key and Fob on Dokkie Road. Call 250-788-3006

REC VEHICLES

1976 Dodge Diplomat motorhome. Good 440 engine, new vialle propane system, roof leaks. New exhaust system. Handyman special or for parts. Runs great, open to offers. Call 250-843-7518

1986 Vanguard motorhome, built-in generator, 124,690 km, runs on propane or gas. \$4000. Call 250-261-3133 or 250-401-1157

1992 9' Oakland 3000 camper made by Big Foot. Everything works, good condition. Flush toilet, 2 showers, 1 outside. Clean and ready for use. \$4400. Call 250-786-5716

2004 Polaris 500 Quad. \$2200. Call message 250-782-5026

1992 17' 5th wheel, 4 new tires, sleeps 4, hitch included. Everything works fine. \$2500. Please call 250-262-8199

750 Kawasaki 4x4 Quad. Good shape, tires are good. \$2800. 250-242-5888

4 Goodyear wrangler duratrac 275/65 R20 studded tires, good condition \$850. Two Alpine bucklings, \$125 each. One 4 continental 225/65 R17 tires in decent

> 90cc Sportsman Polaris w/safety strap. Excellent condition, \$800 OBO. Utility trailer 7'x6"w. x 9'x6", \$600 OBO. Drive on tilt utility trailer, 6'x6" x 4'x2" w/sides and 1 7/8" ball, \$600 OB Call 250-783-5744

WANTED

up. 4 wheel drive automatic. Call 250-719-6142

Wanted: Willing to do lawn maintenance. Call 250-874-0170

Wanted: Babysitter to care for 3 year old boy. Hours are flexible based on availability and experience. Also looking for children of similar age for summer play dates. If interested call 519-496-9409

Wanted: Free clean landfill down Jackfish Road, Lake Road on Nichols Sub. Call 250-788-6256

Wanted: Carpenter for simple custom bench and cabinet. Call 250-556-4045

Wanted: Animal-proof garbage storage bins for outdoors, the bigger the better. Call 250-556-4045

Wanted: Looking for the lady that does pencil drawings of portraits. Call 778-868-4131

Wanted: Pace Arrow, 1977-1985 for parts - Dodge 2004 Van Grand Caravan. Call 250-401-1618 leave

Wanted: Box spring for double bed. Call 250-788-4150

Wanted: Mother of 2 in search of home to rent or rent to own with a one year lease with option to purchase after a year, if the price is fair on the right home. Willing to do what is needed to fix up and maintain with lease agreement. Quiet, responsible n/p, n/s. Need home in town within fair walking distance. References available. Please call me to discuss. 250-788-5286

Wanted: ISO to mow my lawn. Must have a lawn tractor to mow my lawn. Please call 778-879-3570

Wanted: Gas dryer 250-788-8819

Wanted: Homeless woman with Christian values is in need of a live in position. I can do child care, housekeeping, light house work, cooking. Must be drug free, kind and respectful. Please email me: j.c331@yahoo.ca or leave voicemail to 250-262-7714

Accomodation wanted- older guy looking for a reasonable place to stay call Terry 250-540-2287

wanted: 30-30 Winchester lever action call Brad-250-319-7215



Greyhound Depot has moved

We are now located at 4047 Norris Road.

Look for the big quonset off to your left once you're on Norris Rd. If you can't find us, give us a call!

250.788.5351





CHET TV presents

Town Hall Meeting with MLA Mike Bernier! Check our schedule on peacefm.ca/chet-tv/



Listen to your bud The Dub Craig every weekday from 6:00am-10:00am! Chetwynd 94.5 Dawson Creek 104.1 Around the world at peacefm.ca







PEACE RIVER REGIONAL DISTRICT BOARD HIGHLIGHTS

Cannabis Related Business Bylaw No. 2316, 2018 Charlie Lake Fire Department

The Peace River Regional District will be holding a Public Hearing on Thursday, September 27th to discuss Zoning Amendment Bylaw No. 2316, 2018. The proposed bylaw introduces the cannabisrelated business use and related definitions to all five PRRD Zoning Bylaws, and prohibits the use in all zones. The intent of the prohibition is to require the rezoning of any property on which a cannabis related business is proposed. The Public Hearing will start at 10 am at the Dawson Creek Peace River Regional District Office prior to the Peace River Regional District regular board meeting. For more information, please call the PRRD at 250-784-3200 or visit www.pnd.bc.ca/engage/16564/cannabis-related-business-bylaw.

North Peace Fall Fair Society

The Regional Board directed staff to investigate what must be done to turn the North Peace Fall Fair Grounds over to the North Peace Fall Fair Society. The Board wishes to ensure that the property continues to be used for Fall Fair purposes or must be returned to the PRRD. .

Solid Waste

- 1. The Regional District will not pursue the establishment of a recycling depot in Charlie Lake due to additional costs and insecurities in the global recycling market.
- 2. The Bessborough Landfill Leachate Impoundment Design/ Tender Services Contract was awarded to GHD Limited at a cost of \$102,772.10 (excluding taxes).
- 3. The establishment of a transfer station in the Groundbirch area, will be deferred until such time as the Regional District has completed the forthcoming renewal of the Solid Waste Management Plan.
- The "PRRD Solid Waste Regulation Bylaw No. 2065, 2013" will be amended, removing all references to unsecured loads and subsequent charges. Staff will continue with public education/awareness regarding cargo securement.
- 5. A letter will be forwarded to the Northern Health Authority, requesting that they provide information about the current practices in local health care facilities, including care homes, related to recycling and waste diversion.
- 6. The Charlie Lake Community Church request for a waiver of tipping fees was approved, to a maximum of \$500 and on the condition that the materials from the demolition of the church be sorted prior to delivery to the landfill.

Donation

The Regional Board approved the donation of the outdoor fitness equipment, located on the Chetwynd Recreation Centre property, to the District of Chetwynd. The equipment will be relocated to the Don Titus Park in an effort to increase public use.

The North Peace Leisure Pool is Aging.

We need your ideas for a future pool/recreation facility. For more info visit the Peace River Regional District website at prrd.bc.ca/engage





The Charlie Lake Fire Department received a Pembina Fire Safety Grant of \$3,000 for the nurchase of fire hose. The

Pembina Pipeline Corporation proudly supports local fire departments by helping to ensure fire departments have the resources they need to respond effectively.

The CLFD responded to a call at 1:15 pm on August 21st to assist the FSJ fire department at a motor vehicle accident on Hwy 97. One apparatus and four responders assisted in fire control at the site. No one from the Charlie Lake Fire Department was injured.

The CLFD deployed Tender 3 and two volunteers to Burns Lake in support of the wildfire response. They will be providing water tender service to wildfire and structure protection crews. The CLFD will deploy two additional volunteers to replace the current team in 8 days. The CLFD has retained two engines, two tenders, and 22 volunteers to fully support local fire responses.

Temporary Use Permit

The Regional Board refused the issuance of a Temporary Use Permit to Loiselle Investments Ltd. for the operation of a work camp on Bear Mountain for the Louisiana Pacific project.

Zoning Approvals

The Wade and Britta Goeson zoning amendment, to permit a smaller minimum lots size when a parcel is connected to a community sewer in order to facilitate future subdivision was adopted

Wildfire Resource Deployment

The Board authorized the City of Dawson Creek to deploy the Peace River Regional District Tender in support of the wildfire response.

The Charlie Lake Fire Department deployed Tender 3 and two volunteers to Burns Lake in support of the wildfire

Grant Approvals

- 1. A grant in the amount of \$1,000 will be issued to the Northern Trails Historical Society to assist with the "Exposing the Museum Auto Circle Tour" project.
- 2. A grant in the amount of \$500, will be issued to the Northern BC Tourism Association in support of the "Northern BC Tourism Summit*being held on October 11 & 12, 2018 in Prince George.

National Disaster Mitigation Program

The Board authorized entering into agreement with the Province of British Columbia for the purpose of receiving grant funding from the National Disaster Mitigation Program for flood risk assessments in the following

Chetwynd Fringe 570,000 Moberly Lake: \$67,000 Pouce Coupe/Tomslake \$60,000

Grant Deadlines



The Regional Trails Grants Grant application deadline is November 15th, 2018. For more information got to https://pmd.bc.ca/services/grants/

The Economic Development Grant application deadline is October 15th, 2018

For more information got to https://prrd.bc.ca/services/grants/



RN/RPN Scholarship Application Deadline

The Peace River Regional District RN/RPN Scholarship applications deadline is October 31st, 2018. For more information go to https://prrd.bc.ca/scholarships/

Agricultural Advisory Committee

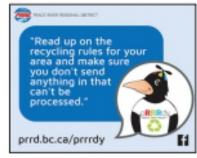
The Agricultural Advisory Committee will be dissolved. The member groups will be advised that they may bring forward concerns or suggestions to either the Electoral Area Directors' Committee or the Board by registering to appear as a delegation.

Delegations to the Regional Board

Persons or parties wishing to address the Regional District Board as a scheduled delegation are required to observe the following guidelines:

- 1. Your request must be made at least ten (10) days before the
- Complete a 'Request to Appear as a Delegation' form.
- 3. You will be contacted to confirm a date and time to appear before the Board.
- 4. The deadline to send in your presentation materials is ten (10) days before the meeting. This gives the Board Directors time to review your information before the meeting.
- 5. You will be given a maximum of fifteen (15) minutes for your presentation, including a question and answer period. prrd.bc.ca/who-we-are/board/meeting-information





September Meetings

September 27, 2018 Dawson Creek

October 11, 2018 Dawson Creek

Dawson Creek Office Tel: 250-784-3200

Toll Free: 1-800-670-7773 Email: prrd.dc@prrd.bc.ca Email: prrd.fsj@prrd.bc.ca

Fort St. John Office

Tel: 250-785-8084 Toll Free: 1-800-670-7773 To view board schedules and minutes visit:

prrd.bc.ca





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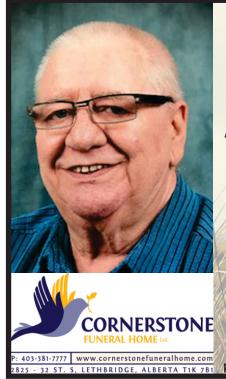












FOLSTER 1951 - 2018

KEVIN JOHN FOLSTER left us peacefully on Monday, August 27, 2018 to join his recently deceased wife Linda, in Lethbridge, AB. Kevin was born on June 16, 1951 in Abbotsford, BC. He leaves to mourn his son Mark (Graciete) and daughter Connie (Bernard) LeBlanc and his grandchildren, Bradley, Brett, Brianna, Robyn and Matthew.

Kevin enjoyed family gatherings and cheering on his grandchildren at their various sports. He loved watching sports and playing a friendly hand of poker.

As requested by Kevin, a private family service will be held at a later date

To send a condolence, please visit www.cornerstonefuneralhome.com



Landscaping

Rakes & Tools to get the job done.



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Working with a Scotiabank Investment Specialist allows you to focus more on what's important to you while getting personalized advice and a customized financial plan to help you reach your financial goals.

Using robust planning tools and resources available to me, I can help you by:

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- Reviewing your retirement readiness
- Growing your savings in a tax efficient manner
- Generating income from your savings
- Providing side by side analysis of your various options
- Helping you make sense of financial news and headlines

Please contact me today for a complimentary financial review.



Nathalee Hansen, PFP
Investment Specialist and Financial Planner

778-694-8487 nathalee.hansen@scotiabank.com

Serving Chetwynd and Dawson Creek



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Notice how the trees

do not cling to their leaves.

Fall is about releasing the old to

make way for the new.



Tansi Friendship Centre's

AGM

is on September 26th starting at 5:00pm at Kici-Awasimsak.

Hembers welcome to join us for dinner.



Employment Opportunity
Youth Coordinator
35 hrs per week

This position requires evenings and some weekends.

The YOUTH Coordinator will provide support services to deliver prevention, intervention, wellness and risk reduction activities that are culturally relevant to youth.

Qualifications:

- \bullet Child & Youth Care worker certificate \emph{or} Two years related experience
- \bullet Plan, develop, implement, coordinate and evaluate the delivery of support services to youths.
- Deliver programs that promote healthy lifestyles and relationships for youth.
- Excellent organizational and time management skills
- A Valid Driver's license
- Enhanced criminal record check is required.
- Role model for all Youth. Please submit resume along with references to:

Hiring Committee

Box 418

Chetwynd BC VOC 1J0

Email: <u>executivedirector@tansifcs.com</u>

Closing Date: September 28, 2018

HOROSCOPE

ARIES (Mar. 21-April 20)

You will both have to bend if you want this union to work. Friends may not understand your situation. Be sure that you have all the facts before you take action. You can continue to make gains if you call a few people who can help you close an important deal.

Your lucky day this week will be Saturday.

TAURUS (Apr. 21- may 21)

Check your project over carefully if you were not the only one contributing to the end result. Set a limit on the amount you're willing to spend, and be sure to stick to it. Family get-togethers will be interesting. New interests are preoccupying your time.

Your lucky day this week will be Wednesday.

GEMINI (May 22-June 21)

You may want to take a trip; however, before you do, make sure that your car is serviced properly. If you have treated them equitably, you might be able to count on their loyalty. Opportunities for romance will develop through group endeavours; however, the association isn't likely to last. You might have a problem hanging on to your money this week.

Your lucky day this week will be Sunday.

CANCER (June 22-July 22)

Try to get every one involved; it will help bring you closer together. You will need to finalize important deals this week. Someone you live with may feel totally neglected. Throw yourself into your profession.

Your lucky day this week will be Sunday.

LEO (July 23-Aug 22)

Try to channel your energy into professional endeavors. Get busy doing all those things at home that you have been putting off for so long. You can meet new friends who will let you know just how valuable you are. Don't be too quick to blame others for your bad mood.

Your lucky day this week will be Wednesday.

VIRGO (Aug. 23 -Sept. 23)

Relationships have not been the best for you lately and it's left you somewhat gun shy. Travel will be on your mind; however, be careful and proceed with caution as minor accidents will cause delays. Don't overspend on entertainment, on children, or make poor investments. Secret affairs may be brought out in the open. Your lucky day this week will be Wednesday.

LIBRA (Sept. 24 -Oct. 23)

Don't be afraid of opposition; your suggestions are valid. Be inquisitive about unfamiliar circumstances. Opportunities to get together with people in powerful positions could help you get ahead. Don't hesitate to look for alternatives that will enable you to raise the kind of donations you need to do the job right.

Your lucky day this week will be Saturday.

SCORPIO (Oct. 24 - Nov. 22)

Concentrate on work or make changes to yourself. You'll have great insight. Problems with financial investments could make you nervous. Take whatever time you can to get to know each other all over again.

Your lucky day this week will be Sunday.

SAGITTARIUS (Nov. 23 -Dec. 21)

Money problems will be difficult to deal with if you have a partner. Don't get into heated discussions. Control those desires to cast your fate to the wind. Someone you live with will get angry if you are neglecting your duties.

Your lucky day this week will be Tuesday.

CAPRICORN (Dec 22.- Jan. 20)

Have some fun, but draw the line if someone tries to fast talk their way into your heart. Your talents might just be discovered. Try to be reasonable. You should get out and meet some of those clients that you only speak to on the phone.

Your lucky day this week will be Tuesday.

AQUARIUS (Jan. 21 -Feb. 19)

Help if you can, but more than likely it will be sufficient just to listen. Try to bend but by no means should you give in completely. Put your energy into learning new skills or picking up valuable information. Your best gains will come through helping others emotionally.

Your lucky day this week will be Friday.

PISCES (Feb. 20-Mar. 20)

Partnerships may be strained if one of you has been erratic and hard to deal with. Don't let criticism upset you. Hassles will delay your plans. Don't spend more than is necessary on travel or friends. Deception and doubts may surround your involvement with friends and relatives.

Your lucky day this week will be Friday.





HOCKEY CAMP



Pre Novice/Learn to Play Group (2013-2012) - \$50

Fri Sept. 21|@5:30pm-6:30pm & Sat Sept 22 @ 8:00am-9:00pm 20 spots available

Novice - Atom Group (2011-2008) - \$100

Fri Sept. 21@ 8:00pm-9:00pm

Sat Sept 22 @ 9:00am - 10:00am, 11:30am-12:30pm, 3:00pm-4:15pm 30 spots available

Peewee to Midget Group (2007-2001) - \$100

Fri Sept 21 @9:15pm-10:15pm Sat Sept 22 @ 10:15am-11:15am, 12:45pm- 1:45pm, 4:30pm- 5:45pm 30 spots available

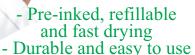
Fees must be paid by Wednesday September 19th
For more Information and to register
contact Crystal Esau on Facebook or 250-788-5755

Camp is being put on by Best Performance out of Fort St. John

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