





SERVING CHETWYND . DAWSON CREEK . TUMBLER RIDGE . HUDSON'S HOPE

Monday April 4, 2016

advertising@coffeetalkexpress.com paper@coffeetalkexpress.com classifieds@coffeetalkexpress.com editor@coffeetalkexpress.com



The word of the day is **parry:**1) to ward off a weapon or blow
2) to evade especially by an adroit answer. Example: The fencer skillfully parried her opponent's thrusts.

250-788-2755





IT IS NEVER TOO LATE TO GET YOUR FLU VACCINE!

Northern B.C. experiences increase in flu activity

A late start to the flu season in northern B.C. has led to an increase in the number of people with flu symptoms over the past few weeks. In light of this, Northern Health is reminding people that it is never too late to get the flu vaccine.

The best way to reduce your risk of **OR** avoid getting the flu is prevention! Here are some tips to help protect yourself and your loved ones:

- Get the flu shot Protective effects from the flu shot occur approximately two weeks after receiving it. The BC Centre for Disease Control has noted the main strain of flu is included in this year's vaccine, meaning people will be better protected if they are vaccinated.
- · Practicing frequent and proper hand hygiene Use alcohol based hand sanitizer regularly and make sure to wash your hands appropriately (wet your hands, scrub with soap for 20 seconds, rinse off your hands, dry your hands thoroughly, and use the paper towel to open and close the door).
- Observing coughing and sneezing etiquette Cough or sneeze into your shoulder, not onto your hand or in the air. Make sure to wash your hands after!
- · Staying home if you're sick You don't want to spread the flu to your classmates, colleagues, or friends. Make sure to rest and get better before returning to work or school.

If you have questions about your illness, please contact your family physician, call HealthLink BC at 8-1-1, or visit healthlinkbc.ca. Influenza symptoms can include fever, headache, muscle pain, runny nose, sore throat, extreme tiredness, and cough. Even healthy people can get sick from the flu.

Hundreds of people in B.C. die each year from influenza or complications from influenza, like pneumonia. Influenza in people 65 years of age and older, and in other high risk groups can experience more serious health concerns. It is not just about





Spring is
nature's way of
saying, "Let's
party!"









STAY TUNED FOR CHETWYND'S TRADE SHOW AIRING ON CHET TV!



LIKE US ON FACEBOOK!

Residential & Commercial Construction

MONTY LOBERG CONTRACTING

Box 1302, Chetwynd, BC V0C 1J0

Phone: 250-788-3223

Cell: 250-401-8397

Red Seal Certified & Insured



KARAOKE

Friday, April 8 8pm - 1am No cover No minors

FOR HALL RENTALS WITH KITCHEN CALL KAREN AT 250-788-3306

MEMBERSHIP NIGHTS

- Wednesday nights ONLY -Show current membership to receive discounts. Never had a membership or need to renew yours? Drop into the Lounge between Wed & Sat and get yours!

LEGION LOUNGE

Wed & Thurs: 4pm-12am Fri: 4pm-1am, Sat: 3pm-1am

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VEHICLES/PARTS/FARM EQUIP./HEAVY EQUIP.

box metal, \$650. Call 250-843-7674 evenings or leave a message.

tires run on one season, \$800 OBO. Call 250-788-8893

1992 48' Barrett cattle liner, tandem 2007 Mazda 3, fully loaded, mech-anics

1987 Cadillac Brogham, 4 door sedan; 1999 Chevy Suburban in good cond, 1997 Dodge Dakota V-8 SLT 4x4, good 250-788-2232

30' tandem boat trailer with hydraulic brakes, BC registered, \$2000. Email New ATV tires on rims, two 25/10/12, alannaderosier@hotmail.com

speed, \$4700 worth of parts, asking \$280/ea. Call 250-843-7674 \$6000 OBO. Call 250-788-9818

1999 white Windstar van, V6, 190,000 km, \$2500 OBO. Call 250-786-5157

Snow blade for small tractor, near new, tractor), 7' wide cut, 3 point hitch, works great, \$700. Call 250-788-3371

1994 Sonoma pickup, V6, runs good, \$500. Call 250-556-4499 or text 250-219-0756

2004 F-150 4x4, runs great, body in good cond. Lots of work done. New front brakes, rotors, calipers, pads. Rear brakes - drums, shoes. Upper & lower front ball joints, driveshaft balanced & new u-joints. Replaced plug boots. Call or text 403-362-0091

1971 Volkswagon van, asking price \$2500. Call 438-993-8473

Firestone P225/65R17 tires. Very little wear (90% tread), \$275 for set of 4. Call 250-788-5123

1996 tri-dem pole trailer, sandblasted & painted. Call 250-788-5720

New 5th wheel slide-in hitch leg, pin Case front end loader & bucket, fits Avail immediately, room with shared 8 & 10 hole, fits Ford, ½ price at 250-401-1985 \$450/ea. Call 250-843-7674 lv msg

250-784-7870

axle, BC safety certified. Call up to date, new winter tires, 250-467-3350 120,000 km, \$8500 OBO. Call Mac 250-788-3913

4 wheel drive, 4 door. Call tires, new windshield, runs good, \$2900 OBO. Call 250-843-7086

one 25/8/12, one 26/10/12. 1/2 price at \$135/ea; D8 K Caterpillar & 528 1991 Dodge 4x4, Cummins diesel, 5 skidder service manual in new cond,

> Brand new 2004 or newer Ford 450 Avail immediately, 3 bdrm mobile home Call 250-843-7674

2005 Dodge Caravan, rear heat & air, 7'8" wide, 3 point hitch, \$400; snow stow & go seats, summer/winter tires on blower for small tractor (approx 35 hp rims, ready for the road, 160,000 km. 1 bdrm suite in town. Wifi, cable & \$5200 OBO. Call 250-788-9421

> 2010 F-150 pick up for parts, \$800. Call 250-788-9188

1971 Pontiac 2 dr auto 305 engine. Some body work done. Running before being parked. Also have 1975 Chevy Nova 4 dr 6 cyl auto. Selling together or trade for 1997-98 Yamaha Big Bear quad in good running cond. Call 250-788-3371

2005 Chevy Impalla in good used cond, 2 sets of tires/rims, approx 240,000 km, \$3000 OBO. Call 250-601-0221

8 quad tires, some with wheels, \$25/ea. Call 250-788-2425

2005 Hyundai Elantra, manual, good winter tires, extra rims, HD headlights, excellent on fuel, great run around car, 169,000 kms, \$2500 OBO. Call 250-401-8872

FOR RENT

style, \$185; 5th wheel factory made 1070 Case tractor, \$2150; 2 new kitchen & common areas, includes hitch frame only with plate & pin, 6" Goodyear 19.5 spares on new bud rims, internet & cable. \$450/mo. Call Goodyear 19.5 spares on new bud rims, internet & cable. \$450/mo. Call

Avail May 15/16, newer executive 2002 Chevy Ventura, V6 motor, winter 2007 Dodge 2500 hemi megacab, runs duplex with 4 bdrms. Excellent location good, well maintained, \$6900. Call across from park, close to schools, Rec Centre & Library. No smoking, no pets. \$1650/mo includes water & sewer. Call 250--788-3258 evenings or text 250-556-9839

> Avail immediately, 3 bdrm modular home located in Tumbler Ridge. Comes with fridge, stove, washer, dryer, gas & wood heating. Pet friendly. Rent negotiable. Call 250-788-3400

> 3 bdrm, 2 bath double wide in Hassler area. \$1300/mo, includes utilities. Call 250-788-3339

> 3 bdrm home in Chetwynd. Includes utilities, internet and cable. \$1250/mo. Call 250-401-1985

front chrome bumper with hardware. in Pinewood Trailer Court with 2 living areas & 1 1/2 baths. \$950/mo, utilities not included. Will consider renting by the room. Call 250-788-3437

> utilities included. Shared laundry, no pets. \$800/mo. Call 778-869-1750

> 2 bdrm duplex avail April 1, downtown, adult oriented, washer & dryer included. Call 250-788-3936 or 250-401-8560

> 2 bdrm top floor duplex, laundry hookups, can put bed in laundry room. \$1050/mo with no lease, \$1000/mo with 6 month lease. Call 250-788-6365

> Avail immed, 3 bdrm modular home with addition. Comes with F/S/W/D, dishwasher, gas/wood heat. \$1250/mo+ utilities. Call 250-788-3400

> Newer 2400 sq ft building with concrete common wall. 4 bdrms, window coverings & all appliances included. Ideal location with large deck & yard across from park & close to schools. No smoking, no pets. \$1500/mo + utilities. Avail May 14/16. Call Sheri at 250-788-3258 or evenings text 250-556-9839

ComParrots

Can you spot 12 differences between these pictures?





Solution: 1. Curtain tie is missing. 2. Pig's tail is hidden. 3. Tie on bandana is missing. 4. Part of spinning toy is missing. 5. Castle window is missing. 6. Picture on book is colored in. 7. Handle on spinning toy is colored in. 8. Medallion on bridle is colored in. 9. Moll's dress is colored in. 10. Crayon on floor has moved. 11. Design on cowboy boot has moved. 12. Door on castle is larger.



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MISCELLANEOUS

\$125; Kenmore smart front loading longer cables. Call 250-788-2676 washer & dryer, \$400/both; Frigidaire cook stove, \$100; Trimline treadmill, Beautiful mechanical horse with real \$200 OBO. Call 250-556-4499

Hot tub lid for an 84x84 hot tub, \$350 4-5 person hot tub. New pump, no leaks. OBO; rear protection 55" older TV & TV stand, \$250 OBO; boat tube to pull behind Call 250-401-1394 boat, \$100 OBO; Bristol II by Brunswick pool table, 4x8' 3x4" slate, comes with 8 3 piece chair, loveseat & couch. Beige with leather cover & 2 sets of pool balls, \$1500 250-788-2027 OBO. Call 250-788-2126

250-788-8819

brown swivel rocker \$50 OBO. Call 250-788-3672

rained on), \$60/bale. Call 250-788-2635

bike & "Blind Full Complete 7.6 in" classic Kenny skateboard, in good cond 250-788-3048 with good price. Call 250-806-1888

Moen faucet/spray & soap dispenser. Good shape. \$45. Call 250-782-3221

HD wagon, Honda pump, hoses, etc, Areva 20" bike, \$150. Call 250-401-8872 \$1850; brand new tidy slip tank, 99 gal, \$585. Call 250-843-7674

\$20; brand new printer/scan/fax machine, interesting trade. Call 250-788-6845 \$100. Call 250-788-3099

Bushnell waterproof binoculars, make Hockey table, \$50; liquid air cutting torch, offer; 2 hp air compressor with hoses, \$100; 200 amp stick welder, \$150 with

saddle. To view call 250-788-5198

Comes with lid. Ready for transport. \$600.

pool ques with holder, pool table light, black trim. Washable. \$1800 OBO. Call

Fresh crop of new square bales, \$5/ea. VHS movies in good shape, \$2/ea; Excellent horse feed. Brome-timothyheavy duty walking cane, \$25. Call alfalfa. Call Jed at 250-788-9421 or 250-401-3431 or Jere at 250-788-2944

Large computer desk with hutch, keyboard 1899 Bell Pump organ in excellent working shelf, drawers, tower shelf, \$125 OBO; cond both inside & out. Unique sound for church, chapel or home, \$1200 OBO. Call Jere at 250-788-2944

60 1200lb round alfalfa mix bales (not Good & reliable working washer or dryer. Make me an offer. Call 250-556-4188

CCM Alpine 26" full suspension mountain Coleman heater, diesel ful, old style, good for cabin renting, \$200 OBO, Call

18v Ryobe drill caulking gun & 4" grinder White ceran double sink. Comes with with battery charger, \$100; 12 volt battery charger, \$75; 10" table saw, \$100. Call 250-788-2425

1500 gal fire suppression tank mounted on 365 Husky chainsaw, \$450; girls giant

Near new TS-1 Lectronic kaddy golfclub cart. 12 volt with charger. Would like \$250 EvenFlo safety seat, \$60; activity gym, or trade for metal detector or other

FOR SOMETHING TO DO Come Join Cadets! We are looking for officers to help deliver an amazing program. **Every Monday** 6pm - 9pm

at the Legion. Call Clayton Doll at 250-788- 5902





The willingness to accept responsibility for one's own life is the source from which self-respect springs.





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PROPERTY

4 acreages 10 mins east of Dawson Creek. Various sizes. Call Trevor at 250-784-4666

House in the Rodeo grounds very close to Little Prairie School. 3 bdrms, 1 bath, cement floor garage, nice back yard with garden, green house, 2 sheds, recent paint on inside of house. \$170,000 OBO. Call Rhonda at 250-788-2967 or Gord at 250-788-5363

Approx 5 acres, 2 homes, 38'x65' guest house, swimming pool, hot tub, insulated barn, tack shop, artesian well, etc. Too many features to mention. A must see. \$365,000. Call 250-401-1135

House for sale. Call 250-401-7189

38' Nemar Mountainaire Class A motorhome with heated basement, 6.5 generator, hydraulic levelling jacks, 13' slide, 47" flat screen TV, centrail heat & air, tag axle. Very good cond. \$18,000. Call 250-788-2426

PETS/LIVESTOCK

American Bully puppies, 2 males & 1 female, ABKC registered, \$2000/ea. Call 250-788-2337 or 250-788-6943

2 bred sows & 1 boar. Call 250-788-8855

Baby rabbits born Feb 3, various colors, ready to go, \$15/ea. Call 250-843-7010 evenings.

Rottie/mastiff puppies, ready to go, 3 females & 1 male, 2 brown & 2 black, \$600 OBO. Call 250-401-7202

Large X-bred rabbits, mature & bunnies, \$25/ea OBO. Call 250-788-9678

Giving away for free - 3 yr old Shitzhu/maltieff dog, all shots, fixed; 3 yr old golden retriever, all shots. Call 250-788-3054

LOST & FOUND

Lost: Mens green wallet at Chevron gas station in Chetwynd on Friday Mar 18 between 4 & 5am. If found, contact the good cond, 4 season, self-contained, Looking for someone to do Coffee Talk at 250-788-3422

Lost: Pair of snowshoes on the side of the road just uphill from the 21 km bend on Mast Creek Rd. Call or text sleeps 6, new tires & brakes, works 250-556-4052 or 250-401-1567.

at Memorial Tournament. Call the Coffee cond, 3 bags, \$4700. Call 250-788-3797 Talk for more info.

Riverhouse Restaurant. Claim at Coffee (no rails), one slide, air condition, Talk

REC VEHICLES

2014 Yamaha Bolt, 942 cc, air cooled, 5500 km. Call 250-788-2834

65 hp Johnson outboard motor, comes with electric controls, \$300. Call 250-786-5295

1980 Security Mohom motorhome, sleeps 6, new toilet & fridge, never been used, \$6000. Call Fred at 250-261-3133 or 250-401-1157

2007 28' Weekend Warrior toy hauler, \$22,700 OBO. Call 250-401-1878

23 ft 1995 Travelaire Rustler holiday trailer, bumper pull, bunk beds, good cond. \$7000 OBO. Call or text Wanted to rent or buy: Small fixed 250-601-1587 or 250-556-4077

1978 Johnson 50hp outboard engine, spare prop, good running order, \$400. Call 250-788-2070

Vanguard camper, no leaks, needs roof vent, \$300. Call 250-401-1094

1989 Winnabego Chieftan 33', class A. fully loaded, 94,000 km, \$8000, Call 250-401-1135

2003 Bombardier traxter 500 quad 4x4 in good running cond, winch, 2 up with back rest. Call 250-782-8359 or 250-467-3596

2006 Firecat F7 Snopro, runs and looks great, \$3500. Call or text 250-401-3238

Snowblade for side by side quad, \$500. Call 250-788-9762

2014 Mission Premier series Ski-Doo trailer, \$1500. Call 705-542-3114

2009 M8 Cutler stage 2 turbo, pump gas or race gas, awesome physical & 250-556-4140 for a list of the work I running cond, polished tunnel, boss seat, 3" track, 163" suspension, mounted fuel jugs on tunnel, set-up at 8 lbs of Wanted: Washer spin dryer or boos. Spare sled, has not been abused. \$5900 OBO, might consider a trade. Call 250-401-1425

38' Class A Mountainaire motorhome in central heat, a/c, complete solar panel, calligraphy writing: a poem. Call battery pack, 6.5 generator, queen bed, 250-788-6357 new w/d, 47" TV, 13' slide, \$25,000; 24' Class C motorhome, 460 automatic, perfectly, \$5000. Call 250-788-2425

Found: Samsung phone on Sat March 19 2009 Suzuki Vstrom 1000 in excellent Wanted: Cupboards or cupboard

2006 26' Salem 5th wheel trailer in Wanted: Anyone selling teacup Found: Set of keys around March 10 at excellent cond, comes with hitch yorkies. Call 250-788-5198 BBQ, microwave, electric front jacks. For details call 250-601-0571

Wanted: Someone to do ground prep work & concrete for a garage in the spring in Chetwynd area. Call 250-507-0041

Wanted: 12 base piano accordian. Call 250-788-7882

Wanted: 3 fit, reliable people to help me load my U-Haul Thur Mar 31. Will pay each person \$50/hr. Will take approx. 3-4 hrs. Not a lot of heavy furniture, but a LOT of small, heavy boxes. Will require lots of trips up and down stairs. Send serious texts only to 250-640-1157

house-trained female dog. Call 250-788-8819

Wanted: Small amp and instrument cable for bass guitar. Call 250-788-3437

Wanted: Employment for a few hours on Monday's during the day doing child care or housekeeping. Also willing to offer instruction in the German language for someone travelling to Europe or wanting to be a pen pal. j.c331@yahoo.ca

Wanted: Parts for 1997 Buick Park Ave. Call 250-788-8109

Wanted: To buy used Hebrew Bible in Hebrew/English or Hebrew/ German for a reasonable price. Must be in good cond. Email j.c331@yahoo.ca

Wanted: Used Conibear traps. Call Martin at 780-864-9621

Wanted: Finishing carpenter. Call need done.

wringer washer in good cond, reasonably priced. Call 250-788-3167 6am - 8pm & 3pm - 7pm or silent sam2006@yahoo.ca

Wanted: Male companion as a best friend for a female 56 yr old. Call 250-788-2889

doors. Call 250-788-3437

Wanted: 13" summer tires & rims for 2000 Toyota Echo. Call 250-219-4171 or 250-786-0460

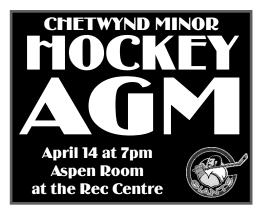


Available to any nursing mother in Chetwynd area. No cost to rent, but a damage deposit must be placed that is refundable upon return.

For more info contact Shannon Anderson at 250-788-9603 or email shnogirl@yahoo.ca







LOAD RESTRICTIONS 2016

The District of Chetwynd wishes to notify the public that the following load restrictions will be in effect immediately.

100% Legal Axle Loading is permitted:

- North Access Road (business area)
- South Access Road (business area)
- Nicholson Road
- **Industrial Park**

All other Municipal streets and roads are restricted to 70% of Legal Axle Loading.

The District thanks you for your $\varsigma^{\pi RIC} r_o$ cooperation in their efforts to minimize the damage to our streets and roads during this spring thaw. CHETWYND

HOUSE FOR RENT

Centrally located 2 bedroom house with large fenced yard. Available April 1st. A must see.

CALL 250-788-5198



The District of Chetwynd has the following job openings:

- · Facilities Maintenance I Term, Full-Time
- Facilities Maintenance Custodian I Regular, Part-Time
 - · Light Equipment Operator/ Driver/Labourer Term, Full-time

For more info please visit our website at www.gochetwynd.com

For more information please contact Deanne Ennis at 250-401-4105 or dennis@gochetwynd.com

Young's Mills (1980) Ltd

HELP WANTED

Shop Mechanic (automotive/heavy duty)

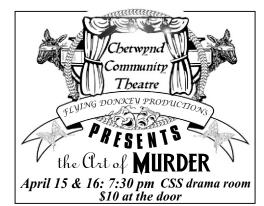
To work on logging trucks, pickups and some logging equipment.

- Welding experience an asset
- Only experienced resumes accepted
- Health, dental & pension benefits

Fax: 250-788-2848 Email: youngs@pris.ca

APARTMENT FOR RENT

2 bedroom furnished 1200 sq ft apartment with laundry, wifi, cable & utilities included. Must see. Call 250-788-5198



Take your life in your own hands, and what happens? A terrible thing: no one to blame.

DOG OBEDIENCE CLASS **Starting April 13**

7:30 pm - 8:30 pm Pine Valley Exhibition Park Fee: \$95.00

Handbook available **Contact Bonnie**

250-788-2529 or 250-788-5351

CCERE



For kids born in 2012 or earlier Wed, April 6/16 Thurs, April 7/16 Chetwynd Recreation Centre 5:00 pm - 7:00 pm

If you cannot make it to the registration nights, forms are available now to pick up at the Rec Centre and can be mailed in with your payment.

These forms must be mailed by Thursday, April 7, 2016.

SEASON WILL START ON MAY 9 AND END ON JUNE 30 **VOLUNTEERS NEEDED FOR THIS SEASON**

RATES

U5 (2012 - 2011) - \$45 *U6, U8, U10 (2011 - 2006) - \$70 U12 (2005-2004) - \$80 U14, U18 (2003 - 1998) - \$65*

Work bee and field prep on Saturday, April 30th. Any help would be greatly appreciated.

Families with three or more children are entitled to \$5 off per child Annual General Meeting Thursday April 14th 7:00pm at High School.

For information please call Trisha at 250-788-6225 or Sarah at

KidSport Chetwynd is able to cover the registration fee for the entire season of soccer for those who qualify. For more information please call Ana at 250-401-7687 or pick up a kidsport application form at the Chetwynd Rec Centre, Chetwynd Public Library or your child's school.

250-788-1970. Facebook page: Chetwynd Youth Soccer Association

VEHICLE WANTED!

THE CHETWYND **SECONDARY** SCHOOL

AUTOMOTIVE PROGRAM

NEEDS YOUR SUPPORT AND IS LOOKING FOR A FREE USED CAR OR TRUCK IN RUNNING CONDITION! IF YOU CAN HELP, PLEASE CONTACT MR. PALSSON AT

CSS 250-788-2267

PINE

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Call us for all your flat and pitched roof needs & roof maintenance

*Custom Exteriors ~ Specializing in Hardie Board *Custom Sheet Metal *5" Continuous Fascia Gutters

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Over 20 Years Experience

Box 364, Chetwynd, BC

250-788-2204

Please join the family in celebrating a 93rd birthday social for

Bea Kwyata Tea/coffee/juice and birthday cake/strawberry

shortcake will be served at:



Chetwynd Senior's Hall, 2pm - 5pm Sunday, April 10, 2016

No gifts - just come to visit, and be sure to sign the guest book! Let's make SPECIAL memories!



APRIL EVENTS AT THE CHETWYND & DISTRICT REC CENTRE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Waterfit 6:30-7:30am	*Swim Club 6:30-8:00am	*Waterfit 6:30-7:30am	*Masters Swim 6:30-7:30am	*Waterfit 6:30-7:30am	•	and Gym Hours
Lane Swim 7:30-9:00am	*Lane Swim 6:30-9:00am	*Swim Club 6:30-8:00am *Lane Swim 7:30-9:00am	*Lane Swim 6:30-9:00am	*Swim Club 6:30-8:00am *Lane Swim 7:30-9:00am	Mon-Fri — 6:30am-9:30pm Sat — 9:00am-8:00pm Sun — 10:00am-4:00pm	
School Board Lessons 9:00-12:00pm	Waterfit 9:00-10:00am Swim Lessons 10:00-11:00am Senior Swim 11:00-12:00pm	School Board Lessons 9:00-12:00pm	Waterfit 9:00-10:00am Swim Lessons 10:00-11:00am Senior Swim 11:00-12:00pm	School Board Lessons 9:00-11:30am	Public Swim 9:00-12:00pm	Family Swim 10:00-12:00pm
Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	*Lane Swim 12:00-1:00pm *Masters Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 11:30-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm
School Board Lessons 1:00-2:00pm Public Swim 2:00-3:00pm	School Board Lessons 1:00-2:00pm Public Swim 2:00-3:00pm	School Board Lessons 1:00-2:00pm Public Swim 2:00-3:00pm	School Board Lessons 1:00-2:00pm Public Swim 2:00-3:00pm	School Board Lessons 1:00-2:00pm Public Swim 2:00-3:00pm		Public Swim 1:00-4:00pm
Public Swim Lessons 3:00-6:00pm	*Swim Club 3:00-7:00pm	Public Swim Lessons 3:00-6:00pm	*Swim Club 3:00-7:00pm	*Swim Club 3:00-5:00pm *Lane Swim 4:00-5:00pm Family Swim	Public Swim - 1:00-8:00pm	
Swim Club 6:00-7:00pm	*Lane Swim 5:00-7:00pm	Swim Club 6:00-7:00pm	*Lane Swim 4:00-7:00pm	5:00-6:00pm		
Public Swim 7:00-8:30pm	Public Swim 7:00-8:30pm	TOONIE SWIM 7:00-8:30pm	Public Swim 7:00-8:30pm	Public Swim		
Waterfit 8:30-9:30pm	*Adult Swim 8:30-9:30pm *Masters Swim 8:30-9:30pm	Waterfit 8:30-9:30pm	Adult Swim 8:30-9:30pm	6:00-9:30pm	Call 250-788-2214 for more information	

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Parent & Tot Rollerblading 10:00-11:30am		Parent & Tot Rollerblading 10:00-11:30am		Parent & Tot Rollerblading 10:00-11:30am		
Adult Drop-in Roller-Hockey 11:30-1:00pm Public Climb 3:30-5:30pm		Adult Drop-in Roller-Hockey 11:30-1:00pm Public Climb 3:30-5:30pm		Adult Drop-in Roller-Hockey 11:30-1:00pm	Arena Pad and Climbing Wall Private Rentals Available	Public Climb 12:00-2:00pm
TOONIE ROLLERBLADING 5:30-6:30pm	TOONIE CLIMB 5:30-7:30pm	Rollerblading 6:00-7:30pm	Public Climb 5:30-7:30pm	Rollerblading 6:00-7:30pm	Between 9am & 8pm	Rollerblading 2:00-4:00pm
	Karate 8-15yrs 6:30-7:30pm Karate 16+yrs 6:30-8:00pm		Karate 8-15yrs 6:30-7:30pm Karate 16+yrs 6:30-8:00pm	TEEN Drop-in Roller-Hockey 7:30-9:00pm		

Chetwynd & District Rec Centre Courses and Activities

Pre-Teen Dance 7-9pm Friday April 08 ➤ NL (National Lifeguard) Course – Tue/Thu & Sat – April 05-23 ➤ Standard First Aid with AED & CPR-C 9-4pm – Sunday April 10 ➤ Add Colour, Home Decorating Workshop – **Time TBA** – Thursday April 21 ➤ Yoga with Kathy Swanson – Apr 12, 14, 19, 21 – Noon 12:10-12:50 Evening 6:30-7:30 ➤ NL Recert – 9-6pm – Friday April 22 ➤ Non-instructional Day Activities 8:30-4:30pm – Friday April 22 ➤ BCRPA – Fitness Theory course – 6-9:30pm Thursday April 21 / 10-5:30pm Friday April 22 ➤ Caterpillar Club House – 10-12pm Mon/Wed – ongoing until Apr 27 ➤ "What is ATS®?" Workshop – Saturday April 16 1-4pm \$40/person (½ price, \$10 bring a buddy)

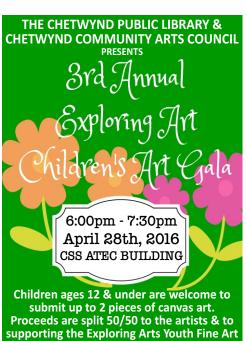
Get Active & Get Involved

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program at the Chetwynd Public Library.

Refreshments will be served

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