



SERVING CHETWYND . DAWSON CREEK . TUMBLER RIDGE . HUDSON'S HOPE

Wednesday March 16, 2016

 $advertising@coffeetalkexpress.com \\ classifieds@coffeetalkexpress.com \\ editor@coffeetalkexpress.com \\ editor@coffeetalkex$



The word of the day is **levigate**: 1) <u>polish</u>, <u>smooth</u> 2) a: to grind to a fine smooth powder while in moist condition b: to separate (fine powder) from coarser material by suspending in a liquid Example: The apothecary *levigated* zinc oxide and calcium carbonate with linseed oil.







Talented skaters gliding
this way and that,
assembled Saturday for
The Cat in the Hat.
At the Rec Center residents
gathered to look,
at an icy rendition of
Dr. Seuss's classic book.

Children of all ages took a break from the snow, to watch a fanciful feline put on a show. The Little Giant Figure Skating Club dressed in their best,

and put all their slick skating skills to the test. Fantastic feats and terrific twirls, from the tiniest up to the tallest of girls.

Through song and dance, they glided and pranced, demonstrating moves that most would not chance.

The story brought laughs and the ice brought the chills, whenever the smallest encountered a spill.

President Trisha MacTavish in her very first year, said the show wraps up their season with cheer.

From the youngest aged 3 up to 17, the skaters provided a sight to be seen. Kacy Keutzer portrayed the calamitous cat, forever clad in its red and white hat.

At the end the whole cast took a well-deserved bow, for putting on the great show they had vowed.







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FRESH WATER (2011)

FRESH WATER (2011)

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by Bonnie J. Malcolm ComParrot Can you spot 12 differences between these pictures?



© 2015 Bonnie J. Malcolm



Solution: 1. Branch on shrub is missing. 2. Tuft of lady's hair is hidden. 3. Pocket appears on boy's oversills. 4. Pen in doctor's pocket is missing. 5. Blockle on coat is missing. 6. Elbow patch on coat is colored in. 8. Puddle by hydrant has moved. 9. Stripe on sleeve is wider. 10. Colored in. 8. Puddle by hydrant has moved. 9. Stripe on sleeve is wider. 10. Rock is larger. 11. Crest on sleeve is different. 12. Skirit waist is higher.

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VEHICLES/PARTS/FARM EQUIP./HEAVY EQUIP.

Goose neck trailer, 20' deck, tandem axle, electric hydraulic brakes, 8,000 lb electric winch, \$1500 firm. Call 250-782-5188

parts, \$8000. Call 250-261-3133

New 5th wheel slide-in hitch leg, pin style, \$185; 5th wheel factory made hitch frame only with plate & pin, 6' box metal, \$650. Call 250-843-7674 evenings or leave a message.

1981 GMC 3/4 ton, rebuilt 4-bolt 454 on propane. TH400 tranny, steel transfer case, 2 spare big block engines, lots of new & spare parts; 1985 Chevy 1 ton 4x4, 4-speed, flat deck, needs some TLC. \$3900 OBO for both trucks. Call 250-401-1859

2002 Chevy Ventura, V6 motor, winter tires run on one season, \$800 OBO. \$450/ea. Call 250-843-7674 lv msg Call 250-788-8893

1992 48' Barrett cattle liner, tandem axle, BC safety certified. Call 250-467-3350

1999 Chevy Suburban in good cond, 4 wheel drive, 4 door. Call 250-788-2232

brakes, BC registered, \$2000. Email alannaderosier@hotmail.com

1991 Dodge 4x4, Cummins diesel, 5 speed, \$4700 worth of parts, asking \$6000 OBO. Call 250-788-9818

1999 white Windstar van, V6, 190,000 km, \$2500 OBO. Call 250-786-5157

Snow blade for small tractor, near new, 7'8" wide, 3 point hitch, \$400; snow blower for small tractor (approx 35 hp tractor), 7' wide cut, 3 point hitch, works great, \$700. Call 250-788-3371

225/60/R16 winter tires on rims, \$400 1994 Sonoma pickup, V6, runs good, Avail May 15/16, newer executive OBO. Call 250-788-5901 \$500. Call 250-556-4499 or text duplex with 4 bdrms. Excellent location 250-219-0756

2004 F-150 4x4, runs great, body in good cond. Lots of work done. New front brakes, rotors, calipers, pads. Rear 250-556-9839 brakes - drums, shoes. Upper & lower 1990 F-150 4x4, lots of new parts, front ball joints, driveshaft balanced & \$2000; 2006 F-150 4x4, lots of new new u-joints. Replaced plug boots. Call new u-joints. Replaced plug boots. Call or text 403-362-0091

> 1971 Volkswagon van, asking price \$2500. Call 438-993-8473

> Firestone P225/65R17 tires. Very little wear (90% tread), \$275 for set of 4. Call 250-788-5123

1996 tri-dem pole trailer, sandblasted & Fully furnished large bdrm close to Rec painted. Call 250-788-5720

Case front end loader & bucket, fits 1070 Case tractor, \$2150; 2 new Goodyear 19.5 spares on new bud rims, 8 & 10 hole, fits Ford, ½ price at

2007 Dodge 2500 hemi megacab, runs good, well maintained, \$6900. Call 250-784-7870

1987 Cadillac Brogham, 4 door sedan; up to date, new winter tires, 1999 Chevy Suburban in good cond, 120,000 km, \$8500 OBO. Call Mac 250-788-3913

1997 Dodge Dakota V-8 SLT 4x4, good 30' tandem boat trailer with hydraulic tires, new windshield, runs good, \$2900 OBO. Call 250-843-7086

> 2 dr 1997 Dodge Neon, new winter tires & battery, replaced alternator, new windshield wipers, small leak (maybe a hose) needs fizing. \$500, would like to sell asap. Email dianeplh@hotmail.com

New ATV tires on rims, two 25/10/12, one 25/8/12, one 26/10/12. 1/2 price at \$135/ea; D8 K Caterpillar & 528 skidder service manual in new cond, 250-549-0267 \$280/ea. Call 250-843-7674

front chrome bumper with hardware. internet & cable. Call 250-401-1985 Call 250-843-7674

FOR RENT

across from park, close to schools, Rec Centre & Library. No smoking, no pets. \$1650/mo includes water & sewer. Call 250--788-3258 evenings or text

Avail April 1, Wabi Hill trailer park 2 bdrm trailer with addition. W/D/F/S. No pets, gas heat. Call 250-788-9498 after 5 pm or 250-788-5878

3 bdrm house, unfinished basement, huge yard, \$1200/mo. Call 250-788-6279

Charming 1 bdrm suite, includes utilities, \$700/mo. Call 403-805-3820

Centre with satellite TV, wifi, fridge, microwave, all utilities, shared washer & dryer, & kitchen. One person only. No smoking. \$600/mo + \$200 DD. Call 250-788-2332

Avail immediately, 3 bdrm mobile home in Pinewood Trailer Court with 2 living areas & 1 ½ baths. \$1100/mo, utilities not included. Will consider renting by the room. Call 250-788-3437

2007 Mazda 3, fully loaded, mech-anics 1 bdrm bachelor suite, includes satellite TV & utilities. No smoking, no pets. \$800/mo. Call 250-788-9955

> Avail April 1, 3 bdrm modular home with addition. Comes with F/S/W/D, dishwasher, gas/wood heat. \$1250/mo+ utilities. Call 250-788-3400

> Avail immediately, furnished 2 bdrm suite at Moberly Lake across from golf course, 5 appliances, satellite TV, heat & hydro. \$600/mo, security deposit required. Call 250-788-2393

> 1 bdrm furnished suite 5 km from town, includes satellite, laundry, utilities, lots of parking. Suitable for single working professional. \$850/mo. Call or text

Avail immediately, room with shared Brand new 2004 or newer Ford 450 kitchen & common areas, includes

APARTMENTS ery Quiet! Linen & Cleaning Services Available

FURNISHED & UNFURNISHED

Bachelor - 1 & 2 Bedroom Suites

All HD Sat. Pkgs Incl.

Weekly - Monthly - Lease

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250-401-3410

www.chetwyndapartments.com

FOR SOMETHING TO DO

Come Join Cadets! We are looking for officers to help deliver an amazing program.

Every Monday 6pm - 9pm at the Legion. Call Clayton Doll at 250-788- 5902



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MISCELLANEOUS

Firewood cut to size, split & delivered, VHS movies in good shape, \$2/ea; heavy \$180/cord. Call 250-788-4840 or duty walking cane, \$25. Call 250-788-8819 250-401-7130

Brand new tidy slip tank, 99gal, \$585; two 250gal oval storage fuel tanks & stands, \$585/ea; 6 only - large 5x6 1500lb mixed grass round hay bales, \$75/ea. Call 250-843-7674

250-782-8439

Swiffer Wet Jet, make an offer. Call 250-788-8819

Large pails of honey, \$3.50/lb. Call 250-806-3022

Nordica GTS ski boots, size 335 mm, \$100 OBO; assorted goalie gear; Chestie like new, model Vaughn 8606, size small; Reebok sticks, 11K new; Ripzone jacket, like new, adult med.; 2 sets of Monster ski suits, size 14 & 16. Call 250-719-1230

Bushnell waterproof binoculars, make offer; 2 hp air compressor with hoses, \$125; Kenmore smart front loading washer & dryer, \$400/both; Frigidaire cook stove, \$100; Trimline treadmill, \$200 OBO. Call 250-556-4499

Hot tub lid for an 84x84 hot tub, \$350 OBO; rear protection 55" older TV & TV stand, \$250 OBO; boat tube to pull behind boat, \$100 OBO; Bristol II by Brunswick pool table, 4x8' 3x4" slate, comes with 8 pool ques with holder, pool table light, leather cover & 2 sets of pool balls, \$1500 OBO. Call 250-788-2126

Large computer desk with hutch, keyboard Fresh farm eggs, large white & brown, \$3/doz. Pick up only. Call 250-788-4840 brown swivel rocker \$50 OBO. Call brown swivel rocker \$50 OBO. Call 250-788-3672

> 60 1200lb round alfalfa mix bales (not rained on), \$60/bale. Call 250-788-2635

CCM Alpine 26" full suspension mountain Furniture - bookcase, hope chest, bike & "Blind Full Complete 7.6 in" classic chesterfield/bed, rocking chair. Call Kenny skateboard, in good cond with good bike & "Blind Full Complete 7.6 in" classic price. Call 250-806-1888

> White ceran double sink. Comes with Moen faucet/spray & soap dispenser. Good shape. \$45. Call 250-782-3221

> 1500 gal fire suppression tank mounted on HD wagon, Honda pump, hoses, etc, \$1850; brand new tidy slip tank, 99 gal, \$585. Call 250-843-7674

> Large pick-up load of firewood, almost 2 cords, \$180. Call 250-401-1514

EvenFlo safety seat, \$60; activity gym, \$20; brand new printer/scan/fax machine, \$100. Call 250-788-3099

Hockey table, \$50; liquid air cutting torch, \$100; 200 amp stick welder, \$150 with longer cables. Call 250-788-2676

Beautiful mechanical horse with real saddle. To view call 250-788-5198

\$2Classified

FOR PERSONAL USE ONLY

250-788-34

HOUSE FOR SALE - MUST SELL

Must Sell - (for health reasons), 1,000 sq ft, 2 bdrm rancher. Many updates: new windows, doors, hardwood flooring, pellet stove and siding. W/D/F/S included. Large lot fenced and beautifully landscaped. Garage with cement floor (16'x22'), workshop (12'x22'), storage shed with attic (8'x22') and garden shed (12'x12'). Located at 5222 43rd Str. Rodeo Sub. Appraised at \$260,000 in 2015, open to offers. Call 250-788-3910.

USINESS PRINT



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Available in RED . BLACK . BLUE

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Phone: 250-788-3422 Fax: 250-788-3405

VEHICLE WANTED!

THE CHETWYND SECONDARY SCHOOL **AUTOMOTIVE PROGRAM**

NEEDS YOUR SUPPORT AND IS LOOKING FOR A FREE USED CAR OR TRUCK IN RUNNING CONDITION! IF YOU CAN HELP, PLEASE CONTACT MR. PALSSON AT CSS 250-788-2267



IRERUS PLACE

RENT INCLUDES:

-Hydro and heating -Lunch and dinner -Weekly housekeeping -Weekly flat linen laundry -Social and recreational activities

-24 hour Lifeline emergency response Check out our new website @

chetwyndseniorshousing.ca

Little Prairie Haven - Independent Living 2 units available

Call Tracey Fournier at

250-788-3736 or 250-401-3352

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PROPERTY

1984 14x68 mobile on 5 acres in Wabi Estates. 2 beds, 1 bath, newer laminate flooring throughout, upgraded bath room, new hot water tank & roof, fresh paint, insulated shop with 10' ceilings, good well, property bordered by trees. Call or text 250-788-6509

4 bdrm + large den, 3 full bathroom house, fenced-in yard with shed/work shop and large tree house. \$299,000. Call Jenna at 250-788-5231

10 acres of land at 5688 Wabi Estates 5 mins from town. Property is partially cleared & ready to build on (zoned R-5). Power line & natural gas are close to property. No drive thru traffic, very quiet area. \$140,000. Call 250-788-6871

Approx 5 acres, 2 homes, 38'x65' guest trailer, bumper pull, bunk beds, good house, swimming pool, hot tub, insulated barn, tack shop, artesian well, etc. Too many features to mention. A must see. \$365,000. Call 250-401-1135

PETS/LIVESTOCK

Cat to give away to good home. Call 250-788-5418

Free 12 week old kitten to good home. Comes with litter box & litter, food, toys and scratch post. Call 250-601-1587

American Bully puppies, 2 males & 1 female, ABKC registered, \$2000/ea. Call 250-788-2337 or 250-788-6943

2 bred sows & 1 boar. Call 250-788-8855

Baby bunnies ready to go, large X bred, \$25/ea, Call 250-788-5901

Baby rabbits born Feb 3, various colors, ready to go, \$15/ea. Call 250-843-7010 evenings.

Twin beef calf, one week old, \$300 or crop share. Call 250-788-6527

LOST & FOUND

Found: On road going into Crown Sub on Mon Jan 4, a pair of glasses. Contact or race gas, awesome physical & Pencil Box at 250-788-3422 to claim

Lost: Glasses with thin white stripes on the frame. Call 250-401-7072

Lost: White Blackberry cell, model Z10. Call 250-788-6761

please call 250-788-9188

Lost: Alcatel Onetouch Pixi3 cell phone with charger somewhere in Chetwynd. 250-784-1552 if found.

REC VEHICLES

1983 27' RV 5th wheel with like new appliances. New awning, good tires, no slide, \$3500. Call 250-786-5296

2014 Yamaha Bolt, 942 cc, air cooled, 5500 km. Call 250-788-2834

65 hp Johnson outboard motor, comes with electric controls, \$300. Call 250-786-5295

1980 Security Mohom motorhome, sleeps 6, new toilet & fridge, never been heavy furniture, but a LOT of small, used, \$6000. Call Fred at 250-261-3133 or 250-401-1157

2007 28' Weekend Warrior toy hauler, \$22,700 OBO, Call 250-401-1878

23 ft 1995 Travelaire Rustler holiday cond, \$7000 OBO. Call or text 250-601-1587 or 250-556-4077

2006 26' Salem 5th wheel trailer in excellent cond, comes with hitch (no rails), one slide, air condition, hours on Monday's during the day BBQ, microwave, electric front jacks. \$15.000 REDUCED. For details call 250-601-0571

1978 Johnson 50hp outboard engine, spare prop, good running order, \$400. Call 250-788-2070

Vanguard camper, no leaks, needs roof vent, \$300. Call 250-401-1094

1989 Winnabego Chieftan 33', class A, fully loaded, 94,000 km, \$8000. Call 250-401-1135

2003 Bombardier traxter 500 quad 4x4 Wanted: Used Conibear traps. Call in good running cond, winch, 2 up with Martin at 780-864-9621 back rest. Call 250-782-8359 or 250-467-3596

2006 Firecat F7 Snopro, runs and looks great, \$3500. Call or text 250-401-3238

Snowblade for side by side quad, \$500. Call 250-788-9762

2014 Mission Premier series Ski-Doo or silent sam2006@yahoo.ca trailer, \$1500. Call 705-542-3114

2009 M8 Cutler stage 2 turbo, pump gas running cond, polished tunnel, boss seat, 3" track, 163" suspension, mounted fuel jugs on tunnel, set-up at 8 lbs of boos. Spare sled, has not been abused. \$5900 OBO, might consider a trade. Call 250-401-1425

38' Class A Mountainaire motorhome in Lost: Wallet with all cards & ID. If found good cond, 4 season, self-contained, Wanted: Anyone selling teacup central heat, a/c, complete solar panel, yorkies. Call 250-788-5198 battery pack, 6.5 generator, queen bed, new w/d, 47" TV, 13' slide, \$25,000; 24' Class C motorhome, 460 automatic, for 2000 Toyota Echo. Call Number is 250-401-1837. Call sleeps 6, new tires & brakes, works 250-219-4171 or 250-786-0460 perfectly, \$5000. Call 250-788-2425

WANTED

Wanted: Someone to do ground prep work & concrete for a garage in the spring in Chetwynd area. Call 250-507-0041

Wanted: 12 base piano accordian. Call 250-788-7882

Wanted: 3 fit, reliable people to help me load my U-Haul Thur Mar 31. Will pay each person \$50/hr. Will take approx. 3-4 hrs. Not a lot of heavy boxes. Will require lots of trips up and down stairs. Send serious texts only to 250-640-1157

Wanted to rent or buy: Small fixed house-trained female dog. Call 250-788-8819

Wanted: Small amp and instrument cable for bass guitar. Call 250-788-3437

Wanted: Employment for a few doing child care or housekeeping. Also willing to offer instruction in the German language for someone travelling to Europe or wanting to be a pen pal. j.c331@yahoo.ca

Wanted: Parts for 1997 Buick Park Ave. Call 250-788-8109

Wanted: To buy used Hebrew Bible in Hebrew/English or Hebrew/ German for a reasonable price. Must be in good cond. Email j.c331@yahoo.ca

Wanted: Finishing carpenter. Call 250-556-4140 for a list of the work I need done.

Wanted: Washer spin dryer or wringer washer in good cond, reasonably priced. Call 250-788-3167 6am - 8pm & 3pm - 7pm

Looking for someone to do calligraphy writing: a poem. Call 250-788-6357

Wanted: Male companion as a best friend for a female 56 yr old. Call 250-788-2889

Wanted: Cupboards or cupboard doors. Call 250-788-3437

Wanted: 13" summer tires & rims

RIVERHOUSE RESTAURANT

March

COMBO DEALS

Combo A: Skewer's Delight Marinated beef skewers pinoy BBQ style, black tiger prawns in garlic butter.

Combo B: Seafood Platter English style pollock, breaded shrimp, bacon wrapped scallops.

Combo C: Surf & Turf Butterflied 5 oz. grilled beef, black prawns cooked in garlic butter.

Combo D: Balls of Fire Batter crisp scallop bites, meatballs, breaded chicken balls.

All combo dishes served with ORIENTAL VEGGIE EGG ROLLS & VEGGIE FRIED RICE.

All combo dishes only \$10.95

Beelyne Executive Services Ltd.

EXTENDED HOURS FOR TAX SEASON

Mon-Fri: 9am-6pm Sat: 10am - 12pm, 1pm - 4pm

5208 N Access Rd, Chetwynd, BC 250.788.3638

BIG DOG COMEDY NIGHT

Friday, March 18, 8pm \$20/ticket No minors

KARAOKE

Saturday, March 26 8pm - 1am No cover No minors

MEMBERSHIP NIGHTS

Wednesday nights ONLY -Show current membership to receive discounts. Never had a membership or need to renew yours? Drop into the Lounge between Wed & Sat and get yours!

LEGION LOUNGE

Wed & Thurs: 4pm-12am Fri: 4pm-1am, Sat: 3pm-1am

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IS IT TIME TO RETURN YOUR RADON KIT?

As winter winds down, Northern Health is reminding people who are testing their homes or businesses for radon to send in their radon test to the appropriate testing site. The timeline for sending in your individual kit will depend on how long you wish to test. Testing should occur for a minimum of three months and include time during the winter months.

If you purchased your radon kit from a Northern Health facility, drop it off at your local health unit and we will ship it for you. If you purchased it from radonaware.ca or another source, please follow the shipping instructions on the package. Once you receive your results, a Northern Health Environmental Health Officer would be pleased to discuss follow up options.

Radon is a radioactive, invisible, odourless gas that can seep into your home through cracks in floors, walls and foundations. You can't see, smell or taste radon. But when radon seeps into a closed-in space like a house, it can be harmful. This is why it is important for people to test homes and businesses so that they know if radon levels could be harmful.

"One in 20 people who are exposed to radon gas over a long period of time are at risk of developing lung cancer," said Dr. Sandra Allison, Northern Health chief medical health officer. "We want northerners to understand their test results, and ensure that they take the appropriate steps to reduce radon levels in their homes if necessary."

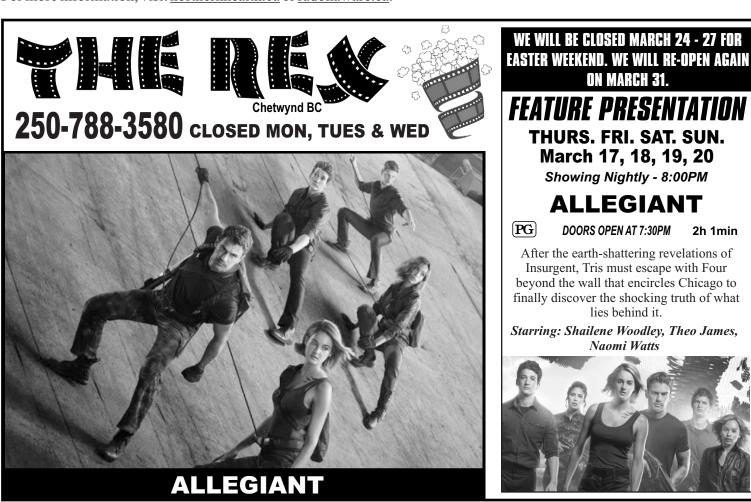
Exposure to the combination of radon gas and cigarette smoke creates a greater risk of lung cancer than exposure to either factor alone. A person who smokes or used to smoke and is exposed to high levels of radon over many years has a 1 in 3 chance of developing lung cancer. For non-smokers, the risk is 1 in 20.

It is recommended that those people whose homes or businesses test high for radon hire a certified radon mitigation specialist. A fix usually costs between \$1,500 and \$3,000 depending on your home.

"No one should have to suffer from radon-induced lung cancer. And to ensure no one does, testing for indoor radon – and finding out if your home has a problem - is a vital first step," said Scott McDonald, CEO of the BC Lung Association. "About now, most people who tested their homes this past fall and winter will begin receiving their radon test results. We're hopeful those whose levels exceed the Health Canada safety guideline will take action and mitigate."

The winter is the best time to test for radon, however test kits are still available through the BC Lung Association website radonaware.ca, or through Northern Health at your local health unit.

For more information, visit northernhealth.ca or radonaware.ca.



2h 1min

GRIZFEST ANNOUNCES 2016 LINE-UP

Peace Region music fans have eagerly been awaiting the announcement of this year's GrizFest line-up, and Wednesday's announcement did not disappoint. Taking place this year on July 30th & 31st, the line-up boasts a range of artists to suit a variety of tastes, beginning with a free Battle of the Bands on Friday, July 29th. The contest will feature a band competition as well as a vocalist competition, with the vocalist winner playing the main stage the following day at 12:30 pm and the winning band on Sunday, also at 12:30 pm.

Officially opening up the festival at 1:30 pm will be Vancouver's Pigeon Park, whose anthemic rock stylings helped them win Vancouver radio station CFOX's Seeds competition in 2013. Previous winners include Nickelback, Matthew Good, Bif Naked, Default and Theory of a Deadman, so don't be surprised if Pigeon Park becomes the next big Canadian band. The remaining Saturday slots are still being determined so you can expect more announcements in the months to come on the GrizFest website.

Saturday's 9 pm headliner will be Canadian legend Tom Cochrane and his band Red Rider, most famous for his 1991 hit "Life Is A Highway." The GrizFest date is part of a tour promoting *Take It Home*, his first album in a decade, on which he says he tried to "pay homage to many of my early southern influences like JJ Cale, The Band, Ry Cooder and Captain Beefheart." This Canadian icon is sure to draw a big crowd, so fans wanting a key location up front should plan to be there a little early.

Opening the festival's second day at 1:30 pm are Oshawa, Ontario rock duo The Standstills, who made a name for themselves by winning Ontario's Rocksearch battle of the bands previously won by The Trews, My Darkest Days and Finger Eleven. There may be only two people in the band, but you'd never know based on the intensity of their sound. If you want to hear some heavy shredding with a strong blues influence, make sure you're not late that Sunday.

Following them at 3 pm will be Vancouver's Art of Dying, whose gritty vocal style is instantly recognizable to fans of Nickelback and Theory of a Deadman. They were discovered by Disturbed guitarist Dan Donegan, who felt such a connection to the passion of their music that they ended up opening for Disturbed on a recent tour. Frontman Jonny Hetherington says he wants people to leave their shows feeling inspired so anyone in need of a pick-me-up should make sure to catch their set.

Hitting the stage Sunday at 5 pm are Akron, Ohio's Red Sun Rising, whose style blends classic rock elements with more modern, alternative sounds. Single "Emotionless" recalls alternative metal giants Tool with its tribal drumming, proginspired riffs and particularly the expressive vocals of frontman Mike Protich. Red Sun Rising is tailor-made for rock fans who want their headbanging to be slightly more cerebral.

7 pm will see North Muskegon, Michigan's veteran rockers Pop Evil take the stage. The band has opened for major acts like Whitesnake and Judas Priest and have had their music featured in videos with UFC fighter Frank Mir, the 2011 Stanley

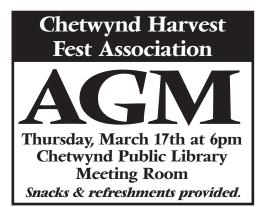


250-788-2307

Cup Finals, the 2011 NFC Championship Game post-game show, NASCAR and ESPN's SportsCenter. With hard-driving vocals and metal-inspired riffs, Pop Evil are sure to make a few eardrums ring with their set.

Closing the festival at 9 pm are Montreal's Simple Plan, who have enjoyed enormous success with their pop-punk sound both in and outside of Canada. Their newest album *Taking One For The Team* features their classic sound with a few twists, such as a cameo from rapper Nelly on the song "I Don't Wanna Go To Bed," an acoustic ballad, reggae rhythms and even a punk anthem with a piano interlude. Their high-energy act is sure to end 2016's GrizFest on a high note, and luckily August 1st is a holiday so everyone can recover.

Written by Matthew Kirk, editor Coffee Talk Express



We tend to forget that happiness doesn't come as a result of getting something we don't have, but rather of recognizing and appreciating what we do have.

~Frederick Keonig

CHETWYND & DISTRICT REC CENTRE SPRING BREAK SCHEDULE

March 21st – April 03rd 2016 Leisure Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Waterfit 6:30-7:30am	Lane Swim	Waterfit 6:30-7:30am	Lane Swim	Waterfit 6:30-7:30am		
Lane Swim 7:30-9:00am	6:30-9:00am	Lane Swim 7:30-9:00am	6:30-9:00am	Lane Swim 7:30-9:00am		
Swim Lessons 9:00-12:00pm	Swim Lessons 9:00-12:00pm	Swim Lessons 9:00-12:00pm	Swim Lessons 9:00-12:00pm	Swim Lessons 9:00-12:00pm	Public Swim 9:00-12:00pm	Family Swim 10:00-12:00pm
Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm
Public Swim 1:00-6:00pm	Public Swim 1:00-5:00pm	Public Swim 1:00-6:00pm	Public Swim 1:00-5:00pm	Public Swim 1:00-4:00pm Lane Swim 4:00-5:00pm	Public Swim 1:00-8:00pm	Public Swim 1:00-4:00pm
	Lane Swim 5:00-6:00pm		Lane Swim 5:00-6:00pm	Family Swim 5:00-6:00pm		
Lane Swim 6:00-7:00pm Public Swim 7:00-8:30pm	Public Swim 6:00-8:30pm	Lane Swim 6:00-7:00pm TOONIE SWIM 7:00-8:30pm	Public Swim 6:00-8:30pm	Public Swim 6:00-9:30pm	***NEW TIME***Bronze Cross March 29 – April 01 Tue/Wed/Thu/Fri 9:30-3:00pm - \$183.48 NL (National Lifeguarding) April 05-23 Tue/Thu 5:00pm-9:00pm Saturday 9:00am-5:00pm - \$475.85	
Waterfit 8:30-9:30pm	Adult Swim 8:30-9:30pm	Waterfit 8:30-9:30pm	Adult Swim 8:30-9:30pm	0.00 3.30pm		
Ine Sche	dule is subject to					

> The hot tub and sauna are available for gym user EXCEPT: Monday-Friday from 9am-12pm while swim lessons are in the pool

Climbing Wall and Rec Centre Schedule

Mon Mar 21	Tue Mar 22	Wed Mar 23	Thu Mar 24	Fri Mar 25	Sat Mar 26	Sun Mar 27
Public Climb 3:30-5:30pm	Crazy Court Climbers 6+yr olds 3:00-5:00pm TOONIE CLIMB 5:30-7:30pm	Public Climb 3:30-5:30pm	Crazy Court Climbers 6+yr olds 3:00-5:00pm Public Climb 5:30-7:30pm	Facility Closed for Good Friday		Public Climb 2:00-4:00pm
Wallyball 8-12yr olds 2:00-3:30pm Wallyball 13+yr olds 4:00-5:30pm	Spa Day 6-12yr olds 10:00-2:00pm	Easter Eggstravaganza 1:00-3:00pm	Home Alone Program 10-12yr olds 9:00-3:00pm	HA E	PPY ASTER D	381
Mon Mar 28	Tue Mar 29	Wed Mar 30	Thu Mar 31	Fri Apr 01	Sat Apr 02	Sun Apr 03
	Crazy Court Climbers 6+yr olds 3:00-5:00pm	Public Climb 3:30-5:30pm	Crazy Court Climbers 6+yr olds 3:00-5:00pm	Mini Sports 3-5yr olds 10:30-11:30am Multi Sports	381	Public Climb 2:00-4:00pm
Facility Closed	TOONIE CLIMB 5:30-7:30pm	Saniar Calaum	Public Climb 5:30-7:30pm	6-12yr olds 1:00-3:00pm		
for Easter Monday	Target Practice 6-12yr olds 10:00-2:00pm	Spring Colours Crafts & Activities 3-6yr olds 1:00-3:00pm	Spring Baking Battle 6-12yr olds 1:00-4:00pm	Recreation Activities - New Annual Challenge – Ongoing until June 30 th – sign-up any time – 40km swim, 140km walk/run, & or 740km bike - Caterpillar Club House – Will not be running during spil break, but will start-up again on April 4 th and run until April 2		

- Karate Continual registration Tue/Thu 6:30-7:30pm 8-15yr olds and 6:30-8:00pm 16+ yr olds
- Easter Extravaganza Wednesday March 23rd 1-3pm Activities in the curling rink 0-4yr olds 1:15pm Egg Hunt 5-7yr olds 1:45pm Scavenger Hunt • 8-12yr olds – 2:30pm – Lights out Hunt – bring a flashlight. Media will be present taking pictures & videos at the event
- 1st Annual Chetwynd Chainsaw Carving ½ Marathon Sunday June 12th start time 10:00am
- Fitness Theory Course Thu April 21 6:00pm-9:30pm / Fri April 22 10:00am-5:30pm \$367.50



Lindy & Katherine Hendrickson

are hosting an information session

THE BUZZ

on the amazing company

VALENTUS

Pomeroy Inn & Suites, Chetwynd Saturday, March 19 1:00 pm - 3:00 pm

Valentus promotes 4 consumable beverages to help people lose weight & feel amazing!! 100% natural, diabetic friendly, children safe.

Sleep better, clear focus, energy galore. Seating is limited...so BOOK NOW!!!

250-640-9588

The antidote for fifty enemies is one friend. ~Aristotle

ELECTRIC EELS SWIM MEET

Chetwynd Electric Eels swim club attended a swim meet in Peace River March 12 &13. Chetwynd was well represented earning 3 new AA times, 9 new A times, at least 9 club records, one of which was the youngest boys relay team the club has ever had. Marissa Khoen got her first provincial time and Carter Dunn clocked his first 3 A times! Bringing home aggregate medals for their

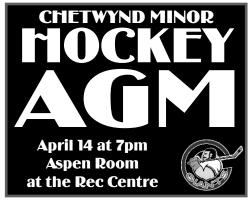


age groups were Hollyn Rowsell 1st, Faith Smith 1st, Ryley McFarlane 1st, Seth Joyce 3rd, Dylan Joyce 3rd. ALL of our swimmers have new best times and really came together as a team! Thank you to our coaches Eduardo Finklestein and Pam Joyce.

This week the Eels will participate in their annual Swim-A-Thon where each swimmer will have 2 hours to swim up to 200 lengths (5 km) of the pool.

Submitted by Murina Rowsell







District of Chetwynd NOTICE OF PROVISION OF ASSISTANCE

SECTION 21 OF THE COMMUNITY CHARTER. SBC 2003. C. 26

The District of Chetwynd (the "District") intends to provide assistance to ALDA Developing and Leasing Ltd address 4616 North Access Road. (the "Company"), pursuant to Section 21 of the Community Charter. The assistance will provide under a partnering agreement between the District and the Company dated March 7, 2016 and will be in the form of a grant (the "Grant") up to a maximum of \$5000.00 as a part of the District's Business Façade Improvement Program. Funding for the program is provided to the District by the province's Northern Development Initiative Trust. The purpose of the Grant is to encourage business owners or commercial tenants to invest in building façade upgrades to enhance the appearance of the community, encourage tourism and economic development in the District and support recruitment of new business and residents.

For further information, please contact Ellen McAvany at 250-401-4113 or email emcavany@gochetwynd.com.



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IMPORTANT NEWS FOR THIS SPRING

Over the past two weeks, the District of Chetwynd has received complaints of smoke generated from open burning from residents within the District of Chetwynd and within the Fire Protection Area. Residents complained of breathing difficulties caused by lingering smoke.

It is critical to note that trash, rubbish, any rubber or plastic material are not permitted to be burned in the Province of British Columbia and violations in this regard will be reported to the Ministry of the Environment.

The District of Chetwynd has a bylaw in place to control wood burning appliances, open air burning and fugitive dust control.

For land clearing and special projects, please apply for a Class "A" Permit (not to exceed 10 cubic meters). You may apply to the District Office for this permit and the Fire Chief or his designate will approve the permit by visiting the site. The permit is only good for the date of the burn and all regulations must be followed including venting rules and the extinguishment of any "smokes" after 24 hours of burning.

For minor cleanup, a Class "B" permit is required and fires are limited to 1 square meter in size. Smoke from these fires can also be toxic so homeowners are requested to consider "recycling" of the wood waste material. You may apply to the District Office for this permit and the Fire Chief or his designate will approve the permit by visiting the site. The permit is only good for the date of the burn and all regulations must be followed including venting rules and the extinguishment of any "smokes" after 24 hours of burning.

Care and control of fires in our fire protection area is critical along with consideration towards neighbours and friends. For more information, feel free to call Chief Leo Sabulsky at 250-788-6344 or email lsabulsky@gochetwynd.com.

Fire Permits are available at the District of Chetwynd Office and on line at gochetwynd.com (Fire Permits). No permits will be granted by telephone.

This does not apply to campfires or barbecues.

Leo Sabulsky, Fire Chief





DISTRICT OF CHETWYND Official Community Plan Bylaw, and Zoning Bylaw NOTICE OF PUBLIC HEARING

Pursuant to Section 465 of the **Local Government Act** RSBC 2015, the Council of the District of Chetwynd gives notice it will hold a Public Hearing:

Date: March 21, 2016 Time: 4:00 p.m. Place: Council Chambers

to consider proposed Official Community Plan Bylaw No. 1030, 2016 and Zoning Bylaw No. 1035, 2016.

The proposed bylaws will guide and regulate future development throughout the community, and can be viewed in their entirety at www.gochetwynd.com

All persons who believe their interest in property may be affected by the proposed bylaws and wish to register an opinion may do so by:

- 1. Appearing before Council at the said Public Hearing; and/or
- 2. Forwarding written submissions for Council's consideration, prior to 2:30 p.m. March 16th, 2016, to District of Chetwynd, P.O. Box 357, Chetwynd, BC, V0C 1J0; Fax: 250-401-4101; or Email: d-chet@gochetwynd.com

The bylaws and other written information pertaining to this matter may be viewed at www.gochetwynd.com, or at the District of Chetwynd Office located at 5400 Hospital Road, between the hours of 8:00 a.m. to 4:30 p.m., Monday to Friday inclusive, excluding statutory holidays, from March 1, 2016 to March 21, 2016.

Any inquiries should be referred to the District of Chetwynd, Telephone: 250-401-4100, Fax: 250-401-4101, Email: d-chet@gochetwynd.com or by mail to P.O. Box 357, Chetwynd, BC, V0C 1J0

Chetwynd Family Dental 250-788-2113

Where modern dentistry meets calm & comfort.

4717 51st St (Main Street)



Most of us don't need a psychiatric therapist as much as a friend to be silly with.





WRITE-UPS

A positive write-up on what Chetwynd means to you, or your favorite customer service rep, maybe you know someone who deserves recognition, or someone who inspires you, perhaps why you love animals. Anything positive to share with the community.



NOTE @ on something positive in the community!

TIPS

on home

improvement,

cooking,

gardening,

health, kids, etc

Drop us a





Favorite Photos with short caption

Come and celebrate the 80th birthday of

aquette

Chetwynd Seniors Hall March 18th 5:00 pm - 8:00 pm



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*Preventative Maintenance

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THE GREAT COSTEP OGGHUNT for all ages!!!

LONESTAR SPORTING GOODS





CLUES

- 5) Tackle this clue it's not a long shot a lone puzzle piece you will find in this spot.
 - 6) A little of this, more of that, a buck or two is where it's at.



Last two clues in Friday, March 18th issue.

PEOPLE'S DRUG MART



(all answers are a local business). Once you have all 8 puzzle pieces, put the puzzle together and bring it into The Pencil Box, where you can enter your name in a draw to win an Easter Basket with Yummy Chocolates, 5 free movie rentals and a stress relieving Adult Coloring Book (for Mom or Dad).

Deadline is March 23rd. Draw date is March 24th at 4pm.

How to enter: Solve the clues, go to that place of business and collect the puzzle piece

Deadline is March 23rd. Draw date is March 24th at 4pm. The winner will be contacted by phone.

Employees and family of The Pencil Box/Coffee Talk Express are not eligible for this contest.





YOU COULD WIN

an Easter basket with
yummy chocolates,
5 FREE movie rentals from Wildcat Video
and a stress relieving Adult Coloring Book
(for Mom or Dad).

SUPER VALU



WILDCAT VIDEO







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> 250-788-2559 5012 46th Street



SPRING/ SUMMER HOURS

Monday to Friday

9:00 am - 12:00 pm 3:00 pm - 5:00 pm Saturday

11:00 am - 12:00 pm 3:00 pm - 5:00 pm **Sunday & Holidays** 3:30 pm - 4:00 pm

Buses from the West: 3:20 am **Buses from the East:** 3:45 pm

250-788-2529



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· Wind & Solar Industries
· Mining, Oil & Gas Industries
· Estimating & Design Builds
· Commercial Construction

· Residential Services

Plant Maintenance & New Services

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experienced log truck drivers for the upcoming season.

We offer competitive wages & an excellent benefit package.

Resumes can be delivered in person to 605 Marwick Drive in Williams Lake or sent by FAX 250-392-3504 or E-mail to eldoent@telus.net. A driver's abstract may be requested prior to interview. Although we appreciate all applicants only those selected for an interview will be contacted.