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CANADA 150

GET READY, GET INVOLVED

Available financial support for projects and activities

M.P. Bob Zimmer held a roundtable to discuss how residents and community organizations in Prince George-Peace River can get involved in the celebration of the country's 150th anniversary of Confederation - a pivotal milestone in our nationhood. Information on how residents and community organizations of Northeastern BC can apply for funding was also shared during this roundtable.

Quick Facts

- As announced in the Economic Action Plan 2015, a total of \$210 million, starting in 2015-16, will support activities, events and celebrations across Canada for celebrating the 150th anniversary of Confederation.
- Canada 150 Fund will aim to make the most of government investments and generate economic spin-offs for communities of all sizes across the country.
- Community-driven activities will be at the heart of the Canada 150 celebrations.
- Funding for community-driven projects is currently being considered through an ongoing competitive process that has no deadline.
- For more information on Canada 150 Fund and how residents of Northeastern BC can apply, visit Canada.ca/150.

Quotes:

"I encourage all organizations in Prince George-Peace River to consider making an application for the Canada 150 Fund. Canada's 150th anniversary of Confederation in 2017 will be an exceptional year for Canada and Canadians". - Bob Zimmer, Member of Parliament, Prince George-Peace River

"Communities will be supported in celebrating Canada 150 in ways that are unique and meaningful to them. Today's participation at this roundtable demonstrates how we in Northern BC are willing to work together to ensure that 2017, our Nation's 150th Birthday, is a great success and a source of Canadian pride." - Bob Zimmer, Member of Parliament, Prince George-Peace River



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2014 unused dually truck box for long bed, complete with tail gate bumper, lights, backup camera, open to offers. Call 250-788-5256

Chevy cavalier for parts, motor is still good. Call 250-788-1096

35.5x32 Firestone forestry special skidder tire, new cond; four 35.5x32 skidder tire tubes. \$3500 for all of it. Call 250-788-5256

Sleeper for older Chevy pick-up, \$100 OBO; brand new fender for older Chevy pickup, \$50 OBO; rim for Ford Tempo, \$15 OBO. Call 250-786-0460 or 250-219-4171. No Sunday calls.

2000 Mercury Grande Marguis LS, excellent cond, 2 sets of wheels & tires, \$4500. Call 250-788-2955

1985 Chevy 1/2 ton 4x4 for parts or restoration, complete front to back, small block, 4 spd manual, transfer case, bumpers, all glass, 6 stud rally wheels avail c/w centre caps, \$1000. Call 250-788-3419

1992 Mustang, good cond, 2 sets of rims and tires, auto, \$3000; 1992 GMC 4x4 1500, good cond, auto, \$2000. Call 250-401-7072

4 brand new black rims for 2009 Chevy Aveo, 14", 4 holes, \$40/ea. Call 250-219-4171 or 250-786-0460. No Sunday calls.

2006 F-350 4x4 diesel with aluminum headache rack & rims, \$5000 OBO. Call 250-788-9818

2007 Harley Softail custom. Pipes, engine, covers and chrome in mint cond. Comes with riding gear jacket, vest, chaps & helmet and saddle riding bags, \$15,000 OBO. Call 250-242-4659 or 250-257-0611

2010 GMC crew cab 4x4, 168,000 km, \$14,900; 1999 GMC 15 passenger van, 229,000 km, \$3500. Call 250-788-2628

2009 Chevy Malibu, 60,000 km, \$18,500 or \$19,000 with 4 extra rims & tires. Call 250-788-2497

1997 Ford 3/4 ton single cab truck, 351 on propane, good rubber, auto trans, 2w drive, \$1600 OBO; 1992 Ford 4x4 3/4 ton, 7.3 diesel, automatic, running boards & box liner, single cab, \$2500 OBO Call 250-401-7215 or 250-556-4113

Snapper riding lawn mower, \$500. Call 250-401-1425

1994 canopy top for GMC pickup, \$300. Call 250-788-2722 or 250-401-7980

2001 GMC Acadia awd, 8 passenger, 91,000 km, \$18,000 OBO. Call 250-788-5894

2004 VW Jetta TDI, fully loaded, heated seats, sunroof, auto, \$5500. Call 250-401-7800

4 new Hankook P235/75R17 tires, \$400 OBO. Call or text 250-788-6015

1995 Tahoe SUV, V8 auto 4x4, power windows & seats, upholstery, \$3000; V8 auto crewcab 4x4 pickup, power seats & windows, excellent cond, \$5000 in new parts, \$4000. Call 250-788-2425

FOR RENT

Avail immediately, furnished room in shared townhouses, all utilities included, \$500/mo. Call 250-788-3959

Avail immediately, 3 bdrm mobile home located in Pinewood Park, no dogs allowed, \$1200/mo. Call 250-788-8130 or 250-263-7752

Avail June 1, 2 bdrm duplex close to town centre, washer + dryer, no pets, adult oriented. Call 250-788-3936 or 250-401-8560

Room in Rodeo Sub with full use of house, internet & cable included. Call Ken at 250-401-1905

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Avail June 1, furnished crew house with 3 bdrms. Includes utilities, wireless internet, washer & dryer and local phone. Call 250-826-9461

One bdrm basement suite, cable & utilities included. Call 250-788-9955

2 bdrm newly renovated mobile home, all utilities included, \$1200/mo. Call 250-401-7513

Avail immediately and June 1, furnished rooms in Chetwynd. All rooms include utilities, but only some include internet/cable. Call 250-997-7390

Available June 6, furnished room in private home located downtown, shared common areas, no smokers or drinkers. Must be working. Rent by month or week. Call 250-788-9828

Newly renovated bachelor suite in clean and quiet central location, \$750/mo. Call 403-805-3820

Fully furnished bachelor unit in clean, quiet building. Call 250-401-3069

ComParrot by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?



www.comparrotpuzzles.com

© 2015 Bonnie J. Malcolm



Solution: 1. Handle on palm is missing. 2. Grass behind palm is reversed. 3. Starfish is different. 4. Part of sandcastle is missing. 5. Feather appears on parrot's wing. 6. Stripe on sail is colored in. 7. Back of pirate's hat is colored in. 8. Musical note has moved. 9. Coin behind treasure chest has moved. 10. What post is taller. 11. Flag on sandcastle is lower. 12. Shell behind palm is reversed.

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MISCELLANEOUS

- Farm eggs, large brown & white, \$3/doz. Pick-up only. Call 250-788-4840
- Weider 8515 universal gym, good condition, \$250 OBO. Call 250-788-9313
- Boys twin bed ensemble. Includes quilt, curtains & sheet sets, \$50. Call 250-788-1147
- Knee support bandage, medium, \$20; knee brace (open patella), size large/xlarge, \$30. Call 250-788-3250
- Firewood, split & delivered, \$140/cord. Get yours early! Call 250-788-6515
- Camping firewood, dry birch slabs, cut to proper length for firewood. Call 250-719-6142
- Hamilton Beach microwave, \$30; bagless vacuum cleaner, \$30; glass coffee table, \$20. Call 250-874-0170
- Self-propelled lawn mower, runs perfect, \$200. Call 250-788-2955
- Xbox 260 with 4 controllers & 40 games, \$175 OBO. Call 250-788-5697
- Farm eggs, \$3/doz. Call 250-556-4410
- 2 saddles, \$200; Inglis refrigerator, \$100. Call 250-788-9818
- Hand built 16' mahogany strip kayak, \$2500 OBO. Leave msg to 250-788-3254
- 2 front loader washers in mint cond, make me an offer. Call 250-556-4188
- FREE 2 small colour TV's and one 27" colour TV, all older models. Call 250-401-7346
- 3" poplar planks, random widths & lengths, as well as timbers and other dimensions. Call 250-401-7311
- EvenFlo safety baby seat; Fisher Price baby swing; baby cradle; flower girl dresses. Call 250-788-3099
- Rustic coffee tables, end tables, benches, hutches, picnic tables & outhouses. Call 250-788-3371
- Inglis washing machine. After 5 pm call 250-788-9955
- Hide-a-bed couch, \$100; antique Singer sewing machine, \$100; antique child's rocking chair, \$100; antique caned chair, \$50. Call 250-782-2600
- 2 fit BMX bikes, \$250/ea. Call 250-556-4232
- 12x14 porch addition, wired, chimney for wood stove, \$500 OBO. Call 250-401-3092
- New 50" LG TV, \$450. Call 250-401-7513
- Tamarack corral rails & posts. Call 250-719-6142
- Heavy western saddle, like new in excell. cond, blanket included, \$1000. Call 250-788-2245
- Professional octagon poker table/bumper pool table, like new cond, \$750 OBO; like new foosball table, \$300 OBO. Call or text 250-788-6015
- Electric stove & fridge, \$50 each; dishwasher, \$40; microwave, \$10; Roland professional series electric drums, \$1100. Call 250-401-1425



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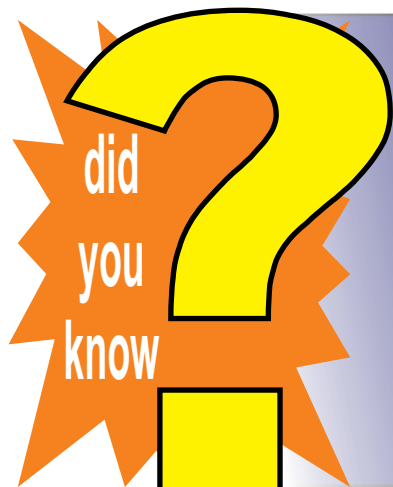
FIVE WAYS TO PROTECT YOUR FAMILY'S SKIN

(NC) Summer is finally here. But after months of dark, dreary days, chances are you may need a refresher in how to keep your family sun-safe.

Banana Boat sun care has partnered with dermatologist Dr. Julia Carroll to recommend these five ways to protect your family's skin this summer:

- **Keep it handy** - Sunscreen should be applied before heading outdoors, so keep a bottle handy on the kitchen counter, or the front hall of your house, to make this easier to remember. Don't forget your ears, lips, shoulders and nose.
- **You always need it** - Even if you are only planning to drive from one indoor location to another, UVA rays can penetrate glass so get in the habit of applying sunscreen as part of your family's morning routine, just like brushing your teeth!
- **Limit exposure** - The sun's rays are strongest between 10:00 a.m. and 4:00 p.m., so although sunscreen is an excellent defense, take extra precaution during this time, including limiting sun exposure (seek shade or use an umbrella) and wearing a hat and protective clothing.
- **Be generous** - Adults should use about one ounce or 30mL of sunscreen (about the size of a golf ball) each time they apply sunscreen.
- **Choose your product** - With many product options, from sport-specific to general protection, pick the one that suits your activity best. For instance, Banana Boat SunComfort Sunscreen spray helps relieve dryness caused by sun, chlorine and water. It also easily allows you to brush sand off your sunscreen-covered skin after time spent at the beach.

For more daily sun protection tips, visit: www.bananaboat.ca



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PROPERTY

Unique character house on 10 acres 5 mins from town. Over 3600 sq ft of living space, needs some work, small workshop & plenty of parking. \$319,000. Call 250-788-5865

Beautiful 5 bdrm home 10 mins west of town on 2.1 acres, completely renovated, 1.5 baths, move in ready, \$229,000. Call 250-788-5336

3 bdrm 1 bath home with addition on quiet cul-de-sac in Rodeo Sub, 6 new appliances, furnishings negotiable, \$219,000. Call 250-401-1545

Lakefront home at Moberly Lake. For more information and pictures go onto: facebook.com/moberlylakehomeforsale

PETS/LIVESTOCK

To give away: 2 dogs, one is a collie/shepherd, one is a mixed breed small dog. Both in the same home preferred. Call 250-788-7866 or 250-788-5354

Indoor female cat to re-home: house & litter trained with all shots, spayed. Message at 250-788-8185

Free kittens, cuddly and lovable, need home. Lv msg at 250-788-3350

2 ½ mo old mixed breed rabbits, various colours, \$10. Call 250-843-7010

LOST & FOUND

Found: White teddy bear wearing T-shirt that says "I was born in Chetwynd Hospital" Saturday April 25 in Pine Pass, just past rest area. Claim at Coffee Talk.

Lost: Very friendly B&W long haired neutered cat that answers to Quattro, last seen April 20th at Pinewood trailer court. Call 250-401-7333

Found: Dodge keys by Caron Creek RV Park April 27. Claim at Coffee Talk.

Lost: Samsung Galaxy S4 with fluorescent case in Chetwynd. Call 250-788-3830

Found: Little girls baby doll with sleeper & diaper near Centurion Creek. To claim call 250-401-3117

REC VEHICLES

Trailer to tow behind quad, very well built strong frame, \$150 OBO. Call 250-788-9114

2008 GMC Duramax 4x4, excellent condition, \$13,000. Call 250-788-4348

1992 Wilderness 5th wheel. Sleeps 6, separate master bedroom. Fridge, stove, microwave and full functioning bathroom. Fridge needs work but everything else works great. \$3000. OBO. Call 250-788-3977

2008 Kawasaki 750i, 28" tires, chrome ITP wheels, lift kit, box seat with foot rails, well cared for, excellent quad, \$6800 OBO. Call 250-788-7931 or 250-401-8555

2006 CRF 100 dirt bike, 3 speed auto, excellent cond, \$1000 OBO. Call 250-788-5256

2000 Golf cart Yamaha, very good cond, \$3000. Call 250-788-3955

1992 26.5' Prowler 5th wheel, every thing works great, hitch & 7400 towing capacity, \$5000. Call 250-242-5809

1990 30' Mallard Sprinter travel trailer, really nice cond, lots of upgrades, \$6500 OBO. Call 250-549-0267

1997 White Shuttle 2000 enclosed motorcycle trailer, 900 kg GVWR. Call 250-219-5511

2008 Summit sled, \$1700. Call 250-826-9461

2005 KX250 2-stroke dirt bike, \$3200; 2003 Honda EX400 quad, \$1500; Polaris 4x4 quad, \$1500; 2009 M8 Sno Pro with cutler turbo, \$7500. Call 250-401-1425

2008 33' Legends fifth wheel, \$25,000 OBO. Call 250-788-5821

1984 Yamaha Maximum 400 street bike in excellent cond, new tires, runs great, \$2000 OBO. Call 250-788-1710

1990 F-350 Ford Kustom Koach, dual air conditioning, new tires, twin beds, fridge & stove, everything works. Call 250-788-5848

2007 Zinger 29' 5th wheel with 2 slides, AC, stove, fridge, freezer, microwave, water heater, separate room with 2 bunks and infant bed, \$14,000 OBO. Call 403-700-8723 or 250-788-2522

WANTED

Wanted: Secondhand living room furniture (sofa, love seat, coffee table). Call Tyler at 250-788-5418. Will pick up from Chetwynd, Dawson Creek & area.

Wanted: 4 14" steel rims. Call 250-242-3046

Wanted: 2 tires, 22x11x8; 2 tires, 24x10x11. Call 250-788-2482

Wanted: Garden soil. Can haul myself. Call 250-788-6128

Wanted: Cistern material, large culvert, tank or something similar. Call 250-501-1433

Wanted: Breadmaker for free. Call 250-601-0053

Wanted: Small cabin/house to rent for June 1st, looking around Chetwynd or Moberly Lake, away from town is okay. Call 912-441-1034

Wanted: Wall tent. Call 250-556-4410

Wanted: 4 rims for 2002 Pontiac Sunfire, 15". Call 250-219-4171 250-786-0460. No Sunday calls.

Wanted: Small bamboo plant from someone in Fort St. John. Call 250-262-7714

Wanted: Someone to safely take down some large poplar tree on Dokkie Rd. Call 250-788-3672

Wanted: Quiet & private room or suite to rent at \$500/mo for mature female asap. Call 250-784-0401 or email dianelh@telus.net

Wanted: Someone to roto-till a 9x9 garden spot. Text only to 250-319-9245

Wanted: Reasonably priced cabin or room in a household at Moberly Lake for 3 weeks in July for non-smoking, non-drinking woman. Call 250-262-7714 or email j.c331@yahoo.ca

UNBC TO START NEW CONSORTIUM FOCUSED ON NORTHERN RESOURCE DEVELOPMENT

The cumulative impacts of resource development across Northern British Columbia will be the research focus of a new consortium at UNBC, which will give a voice to communities being affected by these changes.

The Cumulative and Community Impacts Research Consortium (CCIRC) will provide a platform for research and dialogue on recent and proposed increases for resource development across Northern British Columbia and the effects on communities and regions.

The CCIRC will bring together experts, knowledge, and resources from three existing UNBC institutes—the Community Development Institute, the Health Research Institute, and the Natural Resources and Environmental Studies Institute.

There has been a tremendous increase in resource development in recent years including oil and gas pipeline proposals, more hydraulic fracturing exploration for natural gas, a growing liquefied natural gas industry, the Site C hydroelectric project proposal, new transmission lines, mountain pine-beetle recovery, and new mines.

Courtesy of Peace FM

APARTMENT FOR RENT

Available June 1st.

Immaculately clean, newly renovated studio apartment in a quiet building. Great location beside Kin Park, 2 blocks from Chetwynd Recreation Centre. \$750/month.

Call 250-788-6065 or email

d.a.rice@telus.net

WEEKLY HOROSCOPE

ARIES (Mar. 21 - April 20) A change of attitude has probably disrupted your home environment. Don't share your dilemma with those you work with. You will be looking for creative ways to make a little extra cash. Females may put demands or added responsibilities on you. Your lucky day this week will be Thursday.

TAURUS (Apr. 21 - May 21) Don't let any small misunderstandings get in the way. Be careful; your ideas are good but make sure that you're realistic and start off on solid ground. Problems with in-laws or relatives may be more damaging than you realize. Don't be critical or overly opinionated with dislikes; it could cause disapproval and unwanted opposition. Your lucky day this week will be Saturday.

GEMINI (May 22 - June 21) You'll be able to break bad habits if you put your mind to it. Entertainment should include your whole family. Children or friends may try to talk you into lending them money. Over spending or unexpected bills could set you back. Your lucky day this week will be Wednesday.

CANCER (June 22 - July 22) Travel may be confusing. Help with your aspirations is likely, and profits could follow. This is probably causing upset and confusion on the home front. Take a look at the possibilities of starting a small part time business with friends or relatives. Your lucky day this week will be Monday.

LEO (July 23 - Aug 22) Make changes in your domestic scene. Don't be too hard on your mate. You must not let fellow workers take advantage of your fine talents. Your high energy will enable you to take the role of leader in group functions. Your lucky day this week will be Thursday.

VIRGO (Aug. 23 - Sept. 23) You can make new connections through friends or relatives. Sudden changes will occur through communications with friends or in-laws. You can meet interesting new friends if you join worthwhile groups. Your lucky day this week will be Tuesday.

LIBRA (Sept. 24 - Oct. 23) You will be attracted to unusual forms of entertainment and foreign cultures. Travel should be on your mind. Take a long look at your present direction and consider your professional options. You can elaborate on your creative ideas and get involved in groups that relate to the arts. Your lucky day this week will be Friday.

SCORPIO (Oct. 24 - Nov. 22) Opportunities for travel and communication are evident. Unforeseen changes in your location are apparent. Your lover may cost you financially. You will be in a high cycle regarding work. Your lucky day this week will be Friday.

SAGITTARIUS (Nov. 23 - Dec. 21) You may not have the same ideas when it comes to what you both enjoy. Get help setting up a reasonable budget. Look into ways of making extra cash. Unstable relationships are likely. If you take on too much of a financial burden you may make yourself ill. Your lucky day this week will be Friday.

CAPRICORN (Dec 22.- Jan. 20) You have the stamina and determination to succeed. Take work home but be sure to spend some time with your mate. Put your efforts into being creative. Rely on yourself and you will look good to superiors. Your lucky day this week will be Thursday.

AQUARIUS (Jan. 21 - Feb. 19) Take a long look at your present direction and consider your professional options. Travel and entertaining conversation will be informative and uplifting. Relationships will be emotional this week. Children may be less than honest with you. Your lucky day this week will be Saturday.

PISCES (Feb. 20 - Mar. 20) Your determination and stamina will make your work look flawless and effortless. Make a point of working on yourself. Try not to be too emotional with those around you. You're ready to take action and take over. Your lucky day this week will be Tuesday.

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NOW HIRING!

Children/Youth Coordinator Chetwynd Public Library

Terms of Employment:

- Non-union environment
- Non-licensed programs
- Permanent part-time hours
- 26 hours weekly
- Varying times
- Wages: \$19.00/hr

Duties Involved:

- Planning, coordinating and facilitating all children/youth programs
- Circulation desk duties
- Currently being offered as well as other duties associated with the position

Qualifications Desired:

- ECE certificate (or equivalent) desired (not absolutely necessary)
 - First Aid (Child Safe preferred/can be taken later)
 - Have certificates or have attended childcare courses, programming, workshops, related to working with children and/or previous experience with children

Personal Attributes:

- Self-motivated, very organized, punctual
- Possess an out-going personality
- Exhibit a passion for working with children

Deadline for resumes: Friday, May 29 at 12 noon

Start Date: Tuesday, September 8 2015

Send or deliver resumes to: Fay Asleson, Library Director
Box 1420, Chetwynd, B.C. V0C 1J0 Phone: 250-788-2559
email: fasleson@chetwynd.bclibrary.ca

ANTIBIOTICS ARE TOUGH ON YOUNG TUMMIES

(NC) Receiving a prescription from the doctor for antibiotics brings relief to many concerned parents. After a few days their child's worrisome fever or pain will be gone. Although highly effective for treating infections, antibiotics can cause some unpleasant side effects and experts recommend that parents take some preventative measures for their children first.

"Some of the bacteria that live in our digestive tracts are beneficial and others are harmful. However, the "good" bacteria usually keep the "bad" bacteria in check," says Michelle Latinsky, a registered dietitian and spokesperson for Jamieson Digestive Care. Antibiotics kill the harmful bacteria that are causing infection, but they also kill some of the good bacteria in our guts, throwing off the delicate balance that exists. Although the illness goes, diarrhea often sets in."

According to Toronto's Hospital for Sick Children, antibiotic-associated diarrhea can occur with any type of antibiotic and one in five children who take the medication will develop it. Although the diarrhea is usually mild and lasts between one day and a full week, in some cases it can last for several weeks after a child has finished taking the prescription.

Latinsky says a great way to reduce the risk of antibiotic-associated diarrhea is to give your child a natural probiotic supplement to help restore the natural balance in the digestive tract. She suggests checking with your child's doctor, then starting a digestive care probiotic supplement that is specifically created to relieve antibiotic-associated diarrhea in children when you fill your child's prescription. However, she stresses whether you choose to relieve the diarrhea with probiotics or not, it is important to continue your child's antibiotics until they are completed.

More information is available at www.jamiesonvitamins.com/DigestiveCare.

Side Bar:

Digestive Health Quick Tip:

Diarrhea can be a serious problem for young children because of the risk of dehydration. If your child is showing any of the following symptoms, consult with a healthcare professional, as he/she may be at risk of dehydration:



- Excessive thirst
- Urinating less frequently and producing dark-coloured urine
- Dry skin
- More tired than normal
- Light-headedness.

Listening to both sides of a story will convince you that there is more to a story than both sides.

NEW IMAGE
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Our community may be SMALL, but it is full of generous BIG HEARTS! Thank you to Neil & Sue Davies, Brody & Natasha Janzen, Doug & Crystal McTavish, Laurie Gentry, Sue Redfearn and Marnie Craft for the monetary and ride on toy donations to the StrongStart Early Learning Centre!

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Fri - Sun
 Open 11am - 10pm
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Chetwynd & District Minor Hockey

EARLY BIRD REGISTRATION

JUNE 2 & 10

6:00-7:30 PM

CHETWYND REC CENTRE (OLD LOBBY)

2014/15 CDMHA returning players
receive \$100 off!
discounts for 1st time players,
FT goalies w/ gear, 3+ siblings

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-Oilfield Services- T.C. Certified-
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2 bedroom mobile home in Pinewood
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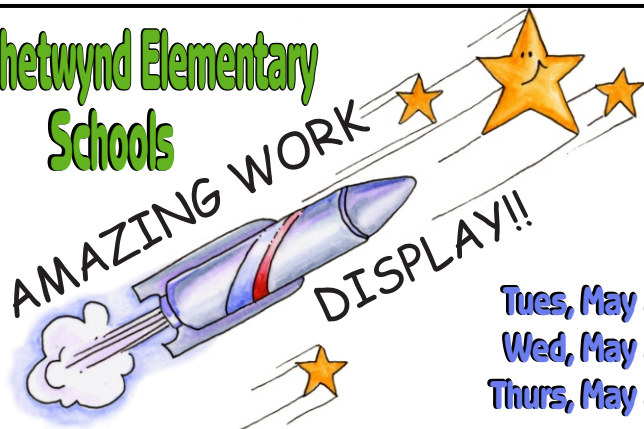
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MONDAY
MAY 25TH
AT 6:30PM
BEELYNE
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INTERESTED
IN PLAYING
HOCKEY OR
RETURNING
TO PLAY?
PLEASE
CHECK THE
CDMHA
FACEBOOK
PAGE FOR
REGISTRATION
DATES,
DIVISIONS
& PRICES.

**Chetwynd Elementary
Schools**



**Tues, May 26
Wed, May 27
Thurs, May 28**

What have our students been up to this year?!

EVERYTHING UNDER THE SUN



**Student work will be displayed for 3 days
at the Chetwynd Rec Centre.**

**For further information contact
Mrs. Lauri Mason @ Windrem Elementary**

250-788-2528



**Moberly Lake
Golf Course**

250-788-3880

**Open 7 days a
week at 8:00am**



Seniors Group – Tuesday mornings

Tee Off - 10:00 am

Seniors day special rate: 9 hole - \$13.00

Lunch Special - \$8.00

Ladies Night – Tuesday evenings

Registration - 5:00 pm to 5:30 pm

Tee Off - 5:30 pm 9 hole - \$15.00,

Dinner Special - \$10.00

Men's Night – Wednesday evenings

Registration - 5:00 pm to 5:30 pm

Tee Off - 5:30 9 hole - \$15.00

Dinner Special - \$10.00

**Membership discount only until
May 30th, so come in and**

GET YOURS TODAY!!