

Coffee Talk Express



Tuesday March 31, 2020

The Lion Inn
250-788-9990 & Suites
 Weekly & monthly rates available
 thelionsuite.com 5132 46th Ave



Dawson Creek Realty
Chetwynd Branch
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JODIE ETHIER

MYRA GRODZUIK



250 788 5168

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250 788 5043

250 788 6365

Assistance Available for Canadians through the Covid-19 Crisis

The Government of Canada is taking strong, immediate and effective action to protect Canadians and the economy from the impacts of the global COVID-19 pandemic. No Canadian should have to choose between protecting their health, putting food on the table, paying for their medication or caring for a family member.

To support workers and help businesses keep their employees, the government has proposed legislation to establish the Canada Emergency Response Benefit (CERB). This taxable benefit would provide \$2,000 a month for up to four months for workers who lose their income as a result of the COVID-19 pandemic. The CERB would be a simpler and more accessible combination of the previously announced Emergency Care Benefit and Emergency Support Benefit.

The CERB would cover Canadians who have lost their job, are sick, quarantined, or taking care of someone who is sick with COVID-19, as well as working parents who must stay home without pay to care for children who are sick or at home because of school and daycare closures. The CERB would apply to wage earners, as well as contract workers and self-employed individuals who would not otherwise be eligible for Employment Insurance (EI).

Additionally, workers who are still employed, but are not receiving income because of disruptions to their work situation due to COVID-19, would also qualify for the CERB. This would help businesses keep their employees as they navigate these difficult times, while ensuring they preserve the ability to quickly resume operations as soon as it becomes possible.

The EI system was not designed to process the unprecedented high volume of applications received in the past week. Given this situation, all Canadians who have ceased working due to COVID-19, whether they are EI-eligible or not, would be able to receive the CERB to ensure they have timely access to the income support they need.

Continued on back page

Chetwynd Dental Clinic
FREE WHITENING
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250-788-1997
 chetwynddental@gmail.com

Pencil Box Stationery

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order your custom promo gear today
T-shirts - Mugs - Bags - Plaques - & More!

Chetwynd 3 day Forecast

Tue. Wed. Thu.

 -11° -18° -8° -21° -8° -21°

ROYAL LEPAGE
CASCADE REALTY

Thinking of buying or selling?
Call Our Office Today!

250-788-9225



ANTHONY BOOS
250-719-5454

KAREN BOOS
250-788-6598

JULIA NELSON
250-788-6707

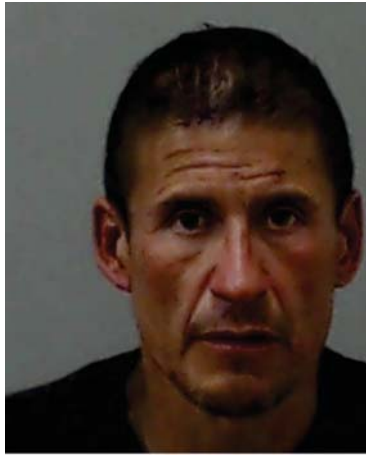


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SERVING CHETWYND AND AREA- CHECK OUT OUR WEBSITE COFFEETALKEXPRESS.COM

PH: 250.788.3422
FAX: 250.788.3405

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Dawson Creek RCMP seeking assistance



Dawson Creek RCMP are requesting the public's help in locating Shonn Johnson, wanted for break and enter and weapon possession.

Johnson is described as: an Indigenous male, 173 cm (5'08), 65 kg (150 lbs), Black hair with Brown eyes,

If located, contact the RCMP or the police of jurisdiction in your area. Do not confront Shonn Johnson.

If you have any information about Shonn Johnson, or where he might be, please contact the Dawson Creek RCMP at (250) 784-3700 or contact Crime Stoppers at 1(800) 222-8477

Did you know???

- The blue whale is the largest animal that ever lived? (it could reach 100 feet long and weigh up 150 tons!)
- The longest bout of hiccups lasted 69 years
- The largest baby to be born so far weighed 15lbs, 5oz
- The longest recorded flight of a chicken is 13 seconds
- Mount Everest is the tallest mountain in the world, standing 29,028 feet



Apartment For Rent

2 Bedroom Apartment
Available, Very Clean & Quiet Building
Semi or Unfurnished
\$1250.00 Includes Heat and Hydro
Please call or text
250-999-9319



HELP WANTED

YOUNG'S MILLS (1980) LTD



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logging trucks

Health/Dental/Pension provided

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Email: resume@youngsmills.com
Camp Accommodations Available

250-788-2938 24 hour answering service
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CHETWYND
FRESH WATER (2011)

MCKEE VACUUM TRUCK SERVICES LTD
Septic & Oilfield Services
Cell: **250-788-5070**

What did the grape do when he got stepped on? He let out a little wine



Chetwynd and District Rec Centre

Arena Concession Request for Proposals

The Chetwynd and District Rec Centre is inviting proposals from individuals, groups, organizations, and/or businesses for the operation of the facility concession and the provision of catering services for the period of May 1, 2020 to March 31, 2024.

All applicants must provide a business management plan that includes:

- Budget
- Safe Food Plan to be approved by the Health Authority
- Sample menu selection with prices
- Proposed hours of operation
- Catering activity plan
- Record of past performance
- References
- Any other information that may be pertinent to a successful operation

Viewing of the facilities is required prior to submitting any proposal and further contract specifications and requirements are available to bidders at time of viewing.

Contact Steve McLain by phone at 250-788-2214 or by email at smclain@gochetwynd.com for an appointment to view the facilities and to view and pick up contract documents.

Proposals should be submitted to:

"Chetwynd and District Rec Centre Concession Proposal", ATTN: Steve McLain, Director of Recreation for the District of Chetwynd, 4552 North Access Road, Chetwynd, BC, V0C 1J0.
Deadline for receipt of proposals is 2:00 pm, local time, April 1, 2020.

The Peace River Regional District and the District of Chetwynd reserves the right to reject any and all proposals for any reason, or to accept any proposal received which the Peace River Regional District and the District of Chetwynd, in their unrestricted discretion deems most advantageous to their selves. The greatest or any proposal may not necessarily be accepted.

District of Chetwynd



Request for Tenders for a Parks Garage – March 5, 2020

Tenders are being requested for the construction of a Parks Garage to be located at 5458 56th Street NW, Chetwynd, BC V0C 1J0

Sealed tenders must include design, specs and pricing for the garage. The deadline for submission is on or before March 31, 2020 at 12:00pm.

The successful contractor will be responsible to provide drawings and obtain construction permits. The timeline for construction is from May, 2020 with completion before the end of July, 2020.

The garage dimensions are 30'x32'x12' to maximum of 30'x 40'x 12' with no centre posts to ensure an open floor area; must have single side door and roll up doors to maximum width of 2 10' x 12' each with 2 in the front / 2 in the back and a minimum of 2 windows. The structure must also be designed to meet the District of Chetwynd Development Permit Area guidelines.

The garage is required to be insulated and have electricity installed on the interior and exterior which includes outdoor motion lighting. The front must have roll up doors to accommodate entry of and easy access to large equipment. The inside of the garage must also have protected board or material 4' from the floor. The roof will be 12' high with a peaked roof design. Colours will be determined by District of Chetwynd with design specs. The floor will be cement finish.

Site visit is mandatory to determine spec requirements. Please call 250-401-4100 Parks Department to arrange for a location visit. You can either email d-chet@gochetwynd.com or you can drop off your sealed tender marked "Park Garage Tender" to District of Chetwynd located at 5400 Hospital Road, Chetwynd, BC on or before March 31, 2020 at 12:00pm.

ICBC Changes during COVID-19

Licence renewals and payment deferrals now available during pandemic

British Columbians can now extend their expiring driver's licence remotely, as ICBC adapts driver licensing measures to assist customers to stay home and follow public health orders on physical distancing and further protect employees during the COVID-19 pandemic.

A customer can renew their driver's licence up to six weeks in advance of the expiry date by contacting ICBC's Driver Licensing Call Centre at 1-800-950-1498 and temporarily extend their driver's licence over the phone. The customer will be mailed an interim paper licence that will be valid for 90 days. Eligible extensions include routine renewals, reinstatement of a licence, and the replacement of a lost licence. Expiring BC Services Cards and BC Identification Cards are not eligible for phone renewals. ICBC will monitor the situation and determine whether the 90-day period needs to be extended further.

In addition to this change, ICBC is now offering customers the option to defer their monthly insurance payments for up to 90 days with no penalty, to support those facing financial hardship at this time. This deferral will be available to customers already on monthly Autoplan payments for up to 90 days. ICBC previously allowed for only a single deferral of 30 days.

Customers can use ICBC's online resource tool to apply for deferrals or call the customer support team at 1-800-665-6442.

ICBC is also taking further measures to ensure physical distancing requirements to protect customers and employees, as mandated by the Provincial Health Officer. Starting immediately, the following services will only be offered online at icbc.com or through the call centre until further notice:

Obtaining driving records/abstracts

Change of address

Paying violation tickets

Enhanced Driver's Licence (EDL) and Enhanced Identification Card (EIC) processing has been suspended as of March 24, 2020, as those transactions require extended face-to-face interaction where physical distancing guidelines cannot be met.

To further meet physical distancing requirements, all driver knowledge tests will be suspended indefinitely, for motorcycle and passenger vehicles, unless there is a legal requirement to obtain a licence (e.g. new resident to B.C.). Commercial vehicle knowledge tests will continue; however, they will not be permitted with the use of a translator as physical distancing requirements cannot be met. Over the coming weeks, ICBC will be working on finding ways to provide knowledge tests without the need for an in-office visit.

We ask that customers only attend a driver licensing office if their transaction is urgent and cannot be done by phone or online, and if they are not showing symptoms.

PINE VALLEY SENIORS

Weekly Activities

ALL 55+ WELCOME

CARPET BOWLING

THURSDAYS 1:30PM

AT THE PINE VALLEY SENIORS HALL

PICKLEBALL WEDNESDAYS
6:00PM - 8:00PM

AT CHETWYND REC CENTRE

SATURDAYS



CRIB 1:00PM

WHIST 7:00pm

250-788-2307

For more info & hall rental call Bernice

PINE VALLEY SENIORS

HALL RENTAL

For more info & hall rental call Bernice

250-788-2307

KPA Oilfield Services Ltd

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- Vac and Tank Truck Services

For Pricing & Scheduling Call

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Box 1295, Chetwynd BC V0C 1J0

Please email resumes to
hr@kpaoilfieldservices.ca



District of Chetwynd

Please help our community

to have a healthy sewer system by not flushing anything except toilet paper down the toilet;

- * Paper towel,
- * Cleansing wipes,
- * Kitchen waste,
- * Oil,
- * Dental floss
- * Cotton balls

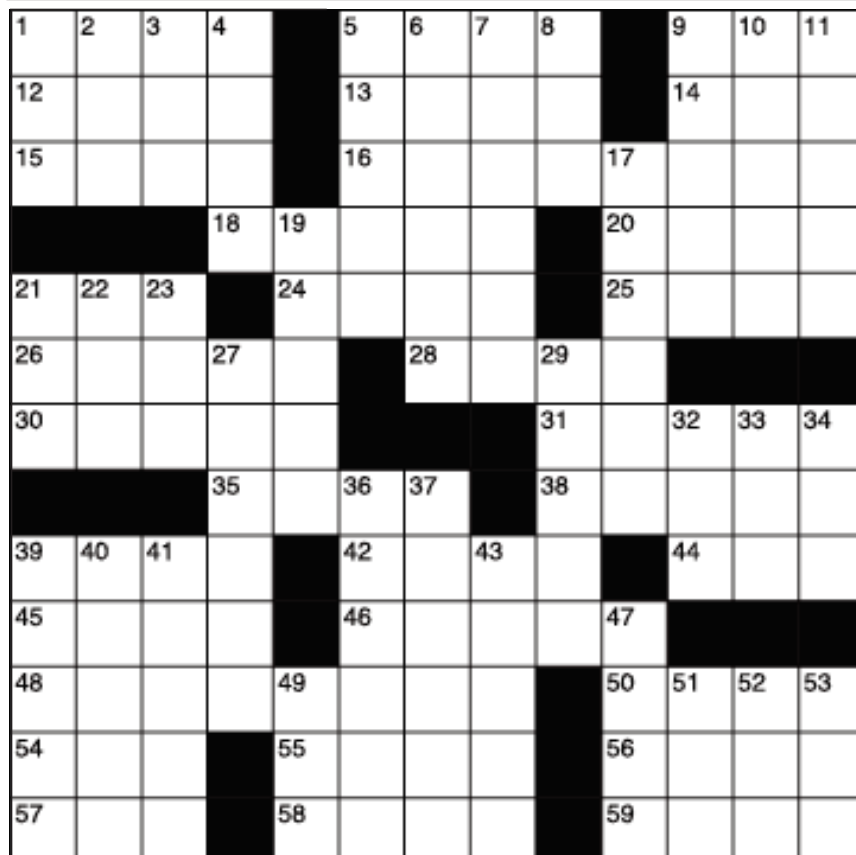
These items are not good for the sewer system, no matter what the packaging of those items may tell us!

None of us want a sewer backup during these sensitive times, so please remember:

don't flush anything down the toilet but toilet paper.

Thank You

*A little bit of
wishful thinking....*



ACROSS

1. Curd's partner
5. Guess
9. Pass with flying colors
12. Take to the trail
13. Deal (with)
14. Chap
15. Bird of ill ____
16. Leaving out
18. Fry in oil
20. Woodwind instrument
21. Speck of Residue
24. Gator's Kin
25. Layer
26. Snapshot
28. Menu Item
30. Mail singer
31. Gal
35. December forecast
38. Broccoli's color
39. Rumble
42. Peeve
44. Nourished
45. "____ in a Lifetime"
46. Type of clock
48. Pupils
50. On a boat
54. Bro or sis
55. Gets older
56. Coal products
57. Not nay
58. Advice from a decorator
59. Needles' holes

DOWN

1. Reporter's query
2. That man
3. ____ out (make do)
4. Yearnings
5. Scrub
6. Indian drum
7. For each
8. Ante
9. Legal excuse
10. River craft
11. Lawn tool
17. Stagger
19. Oak starter
21. Liable
22. This woman
23. Sweetie
27. Like some salads
29. Infuriate
32. Ump's relative
33. Sign of triumph
34. Finale
36. Pumpkin color
37. Drooped
39. Like some tree trunks
40. Let loose
41. ____ diver
43. Lariat
47. Comrade
49. Set on one's ____
51. Remark
52. Earlier than, in poems
53. Pack animal

OBITUARY

"Doug" William Douglas Carroll

APRIL 4, 1953-MARCH 24, 2020

**"Doug" William Douglass Carroll was born on April 4, 1953
in Sydney, Nova Scotia, and passed away on March 24, 2020**

It is with great sadness that we announce the sudden passing of "Doug" William Douglas Carroll. Doug was predeceased by his father Fred, his mother Dorothy and is survived by his son, Evan, and by five brothers and two sisters.

In Chetwynd, BC, Doug found a place where he could be Doug, a place he loved, a place where he developed very close, enduring relationships, where he could find his inner self.

Doug was known by his friends and workmates as a great guy, a gentleman and a person you could always rely on. He will be missed by his family, workmates and by his many friends in his adopted and beloved province of British Columbia.

Rest in peace Doug, you will always remain, fondly in our memories.

Cremation has taken place. A family service will be held at a later date. Donations may be made to a charity of your choice.

To leave online condolences, please visit:

<https://www.dignitymemorial.com/obituaries/prince-georgw-bc-dougie-william-carroll-9100546>

Free Classifieds

Classifieds are for personal use only and are published on a first-come, first served basis. To submit your personal classified ad Email: classifieds@coffeetalkexpress.com

MISCELLANEOUS

LG G4 cell phone \$80.00 250-719-7158

Husqvarna 343 R heavy duty trimmer like new condition \$500 (2 blades, wire-string cassette, harness, manual) Linda 788-2944.

Single bed complete with bedstead, mattress and box spring \$100 OBO. 788-2944

Hauling wood, \$130.00 a load or \$165.00 split. 250-401-8991

Ten inch kicker bassworks box. huge mono Kenwood amp just rebuilt. mid tweet combo and 4 channel amp. Cheap. Text 250-618-6165

11 firewood chainsaws for sale, various sizes 250-401-1859

Red potatoes \$25 for 5 gallons call 250-788-2205

Christensen Arms Mega burnt bronze/green \$1400. .300 win mag comes with scope rings. Vortex Viper Rifle Scope 3.5 - 10x50 dead-hold BDC \$200. Vortex Viper HS-T Rifle scope 4 - 16x44 VMR-1(MOA) \$300 call 250-788-5478

Oak Kitchen cabinets. \$1000. Linda, 250-788-2944.

1200 watt amplifier, and a wall mounted tv, call 250-874-0170

Homelite track snowblower, 25" 8 hp fabric cab \$350 obo 250-788-2181

Vintage yellow glow maid wood burning cookstove with stove pipe \$900 call 250-317-3567 or 250-801-8308

Double Bed \$75, Microwave Stand \$50, Winegard Tripod, new \$50, Decorative Coat Rack \$20 250-788-5582

Antique Organ., \$1000.00 OBO , Water cooler (5gal) & \$50.00 OBO Linda 250-788-2944

Fisher price baby swing \$50.00 obo, antique sewing machine \$125.00, step 2 desks (age 2-5) \$10.00 each, MEC bunting suit (winter suit) blue \$30.00 obo, Koalakin baby carrier \$40.00 obo. call or text 250-401-7091

Indoor/outdoor lights-3 boxes \$5 ea. outdoor lights red, 3 boxes \$5 ea. 2 sets of outdoor lights unopened red \$5 ea. Pinecone lights 10ft. LED. brand new crockpot \$30 call 250-788-9781

Jackson classic figure skates size 5 like new condition used 1 season \$100. figure skates Size 5 1/2 \$50 call 250-788-9445

Firewood- \$150 a pickup, \$225 split call 250-556-4419

1200w car/truck amplifier, wall mounted television, 5 16 inch mud/snow tires with rims Call Edgar 250-874-0170

5x5 round hay bales, mixed hay, NH solid core, approx 1000lbs \$60 each, can load, Pouce Coupe call 250-719-4967

Hay for sale approx 1200lbs round bales, \$40 - \$70 depending on quality. Located 80 km from Chetwynd Jackfish lake rd. text tor call 250-262-9092

308 Savage for sale comes with Bushnell scope and two clips. Only used for target practice. Must have proof of PAL call 250-556-4087

22 cal. cement/steel pin gun comes with case, supplies \$125.00 obo, 303 British rifle \$300.00 obo 250-261-0804

New laminate, leather top chair and rocker \$150 each 226-388-9277

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

Why do you never see elephants hiding in trees?

Because they are so good at it

Did you know?

The largest egg layed by a living bird is that of a North African Ostrich. It is 6-8" long and 4-6" wide! The smallest is the Hummingbird, less than 0.39"



50 ACTIVITIES perfect for your TODDLER

Toddler Sensory Activities

1. Soapy jars, fun to shake up and watch settle!
2. Make dish soap foam
3. Add coloring to cooked spaghetti
4. Create a slimy sensory bag
5. Explore flour freely.
6. Mix water and flour
7. Explore ice cubes!
8. Jello sensory!
9. Explore pasta.
10. Add water to paper to squish!
11. Play with bubbles!

Free Play Material Exploration

12. Push ribbons into a bottle
13. Sort pom poms
14. Poke pipe cleaners into a colander
15. Cardboard boxes.
16. Play in corn kernels
17. Toss, rip, throw tissue paper
18. Play with fabric scraps
19. Baby food jars and lids to put stuff in
20. Bang on pots and pans
21. Transfer water!
22. Make a light table
23. Rippmagazines!
24. Stack cups
25. Stab foam plates with toothpicks

Art & Crafts for Toddlers

26. Make an egg carton train with pipe cleaners.
27. Paint in a baggy.
28. Contact paper collages.
29. Using a toilet paper tube, stamp a heart!
30. Use yogurt to paint.
31. Create tape resist art.
32. Foam shapes and water on the window.
33. Sticker art
34. Use water and watercolors in squirt bottles.
35. Shaken ball art

Other Activities for Toddlers

36. Cut up pipe cleaners
37. Play balloon badminton with your hands
38. Make a bubble pop runway.
39. Hammer golf tees into Styrofoam
40. Make roads to drive along.
41. Go on a hunt!
42. Thread cereal on a dry spaghetti noodle
43. Throw newspapers in the house.
44. Roll down hills.
45. Make a balance beam
46. Stack up blocks and knock them down.
47. Make doodles in the carpet with cookie cutters
48. Stir and mix them up in their own concoctions.
49. Make some golf ball chutes!
50. Create a homemade lacing activity.

HANDSONASWEGROW.COM



District of Chetwynd PUBLIC ANNOUNCEMENT

We have temporarily closed the District Office to the public effective March 18, 2020, until further notice. We are still in the District Office working; public works crews are still working in the community; we will still help the public with all inquiries and applications by telephone or email; we'll take bill payments; we'll make bill payments, etc. In other words, it's business as usual; we are only eliminating face to face contact, intentionally overreacting, to do our part to flatten the curve of COVID-19.

The water fill station remains open as usual, and fire protection services are still operating as usual. You can purchase water credits by calling our front desk and using your credit card, or you can pay online (please email finance@gochetwynd.com for details on how to do that).

You can also drop things off in our receptacle at the front door, or mail documents or cheques to us at:

**District of Chetwynd,
PO Box 357,
Chetwynd, BC
V0C 1J0**

Thank you, and please feel free to call (250) 401-4100 between the hours of 8:00 a.m. - 4:30 p.m. or email dchet@gochetwynd.com with any questions. We will continue to update the community as events unfold. Thank you.

Free Classifieds

Classifieds are for personal use only and are published on a first-come, first served basis.

To submit your personal classified ad Email: classifieds@coffeetalkexpress.com

PROPERTY

Three bedroom modular home on two serviced lots in Tumbler Ridge nice place good location price \$99000 call or text for more info @250 401 1127

Home and acreage on Sukunka River, 3 bed 2 bath 1520sq ft. on 63 acres. 5 outbuildings including huge shop. 1/2 mile of river front. call 250-401-3298

4.8 acre treed lot 2km west of Chetwynd on Kurjata rd. front and back access, natural gas and power at edge of property, 50' untested well \$89,000 call or text 780-830-6320, 780-538-9685

For sale 3 bedroom house on 5 acres, with shop, located on Guillet rd. For more info contact 250-719-7376 Please leave a msg \$200,000

3 bdrm/ 2 bath 2010 16x80 mobile on .08 acres in Progress. Completely fenced, 2400 gallon water tank \$204,900 call 250 843 7086 for more info.

0.9 Acres of cleared land on 53rd avenue in Chetwynd, services included. Call 250-788-5319

Completely rebuilt log home 20 mins from Chetwynd. 2 Bed one bath, very well maintained. A must see for outdoor recreational user, \$180,000 call 250-491-8142 to view

4 bedroom 8 year old home with many extras. on 6 acres on Long rd. close to Little Prairie Elementary. \$458,000 a must see call 250-788-5198

Land for Sale ECR Pondy to Chennai Rd. contact owner directly (0)944-286-5661

3 bdrm 2 bath unfinished house- sunken living room, large kitchen, on 5 acres. 1 bdrm liveable cabin also on property, call 250 788-6625

LOST & FOUND

Lost set of Dodge keys with fob and other key please return to pencil box.

Lost grey and white cat, from Aspen trailer park answers to Lucky, tattooed ear. call 250-401-7509

Lost Iphone 8 in black otterbox between legion and 711 call 250-788-6282

Found: One Touch diabetes test. found near thrift store, claim at the Pencil Box

Lost: 3 keys, 1 broken near bottle depot or home hardware. reward offered. call 250-788-8109

REC VEHICLES

24' Jayco trailer 2006 \$7000 obo. call 250-463-3556

1987 Tundra skidoo 280cc long track works well/ runs well \$3000 700cc Summit skidoo, great shape approx 2003 \$2,900 call 250-788-3868

2003 Argo 8 wheeler roll bars, top windshield, very low hours, \$6,500 call 250-788-3868

Arctic Cat Jaguar Z1 1153cc skidoo 4 stroke with reverse- short track, asking \$2500 obo new drive belt and new book on machine. call 250-401-7215

Brand new tandem axel quad trailer \$2400 obo 250-401-1210

2013 Yamaha Striker1200 cruiser. very low km beautiful shape \$11,000 obo call 250-787-0320

2012 30' Zinger 5th Wheel, Mint condition, stored under roof, leather furniture, hid-a-bed, lots of storage \$20 000obo call 250-788-5040

WANTED

Wanted: 11L - 16" Implement tires for tractor, one or pair call 250-719-4967

Looking for a clean and quiet suite. cat friendly, unfurnished, non smoking under \$950 . Young professional- quiet and respectful. call or text 250-216-2252

Wanted: a shop or shed in Chetwynd area for storage. call 226-388-9277

Wanted: Table and 4 chairs call 250-788-2482

Wanted: 2-3 bedroom home for June 1st. furnished or not, hopefully with a garage. wanted to rent for 1-2 years call 780-999-1093

Wanted: birdcage big enough for 2 cockateels. call 250-788-2805

PETS/LIVESTOCK

Need to re-home 4 year old spayed female cat, sweet cat, great mouser, perfect for farm or barn. will send with a free bag of food. Loved dearly and currently at the Chetwynd vet hospital in kennel. Call 250-556-4087

4 female tri colour Pembroke Welsh Corgis to re-home. Beautiful girls! comes de-wormed and first set of shots. call or text 250-783-0878 \$1200 obo

Looking to re-home our American Eskimo Mini. She is 16yrs old, has vision issues and hearing loss. Comes with all her own toys, bed, leashes and food. Please call Shari 604-786-0514

1 Wether \$100, 1 Male Goat \$150 & 5 Bred Females, soon to have babies \$300 Call 250-788-3951



Thank you to all of our wonderful health care workers who are working to make sure we are safe and healthy! We appreciate you!



Chetwynd Communications Society
#2, 4612 N. Access Road, Chetwynd, BC
Phone: 250-788-9452
BC Gaming Event Licence #120616
"Every Thursday at 7:00 PM on CHET TV"
Know your limit, play within it. 19+
For Help: 1-888-795-6111 or
www.bcresponsiblegambling.ca



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weights only 4lbs

**Little Acre
Boarding Kennels**

- Individual heated pens with runs
- Personal time with each pet
- Close to town

250-788-5354
michelehitchcock@gmail.com

What did the Janitor say
when he jumped out of the
utility closet?

SUPPLIES!



**WHAT DOES A ZOMBIE VEGETARIAN
EAT?**

"GRRRAIIINS"

check us out

CHETWYND PUBLIC LIBRARY

more than books



5012 46th Street
250-788-2559

www.chetwyndpubliclibrary.ca

M - F 9am to 8pm Weekends 12- 4pm



Beelyne Executive Services Ltd.



MONDAY TO FRIDAY

9AM TO 6

SATURDAYS

10-12 & 1-4PM

5208 N Access Rd, Chetwynd, BC 250.788.3638

**Attention: For the faithful parishioners of
Our Lady of Peace Parish- Chetwynd.**

Due to recent restrictions by Ministry of Health in British Columbia, The Diocese of Prince George has dispensed people from the obligation of attending Sunday until further notice.

Parishioners are encouraged to attend mass via internet and television. Vision TV broadcasts masses daily and also streams them on YouTube.

Our parish priest will continue to do his duty in saying Mass privately and fulfilling other Sacraments in a restricted routine for the intentions of the parishioners and everyone who has been affected by the virus

**Parish Pastoral Council,
Our Lady of Peace Parish- Chetwynd, BC**

Free Classifieds

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To submit your personal classified ad email: classifieds@coffeetalkexpress.com

VEHICLES/PARTS/FARM EQUIP/HEAVY EQUIP.

1997 Ford Arrowstar van that runs well. For sale, Taking offers. Must sell. 250-556-4188

4 Bridgestone Blizzak tires 245/60 r-18 very low mileage 250-788-2511

16' Car hauler in good condition call 250-788-3342

Good year Wrangler 265/70/r17 \$250.00 for a set of 4, 250-788-5123

2013 Kia Rio 141,000km 6 speed, navy, runs excellent asking \$6300 call 250-788-2628

4 Toyota 16" rims 5 bolt pattern \$150, 4 mud&snow tires 215/60/r16 \$100 call 250-401-1454

5 - 16" tires & rims. call 250-874-0170

Under hood fuel filter 6.7L Dodge \$50.00 obo, EFI live programmer came off 6.7L dodge, can be set for any diesel \$300.00 obo, turbo for 2014 dodge \$1000.00 obo, Resse drop in 5th wheel hitch for dodge \$1000.00 obo, 5 tires 235/80/1 10 ply 1duratr, 2 general, 2 firestone \$150.00, Hub caps for 2014 dodge ram dully 1 front, 2 rear \$50.00 each, Marine Manifolds and risers with gaskets for V8 chevy \$250.00 obo, Yamaha 700 triple mountain max snowmobile. call for price 250-261-0804

2006 Western Star logging truck, Tri drive MXS Cat deleted to single turbo, 18 speed trans, 46,000 pound 4:30 raio diff with locks, rear sleeper, ready for work. 2001 Superior hayrack log trailer with 4 packages, 3 are exte 9'6 bunks, comes with wrappers, and chinch \$6500.00 for both 250-788-5163

2017 Rav 4 6 speed trans awd. 2.5ltr 4 cyl engine. 40,200km warranty. winters on rims, like new \$24,900 250-788-9229

1994 Chevy Blazer for parts, 2004 Mazda 6 4 door, 1997 F-150 supercab longbox v6 5 speed standard. 250-401-7215

2011 Toyota Rav 4. 207,505km, reliable vehicle in good running order, comes with set of winter tires. \$9500 obo 250-788-2360

Snow tires 185/60/r15, fairly new \$300 call 250-782-3996

M/S 225/75/r16 Cooper tires on rims \$200 obo 40% tread 250-401-1210

2002 Freightliner with 3406 b mechanical cat engine. Has just over 1000 hrs, 18sp trans with 46,000lb Rockwell 4 way locking diffs \$15,000 Call Duane 250-788-5163

4 Hankook Winter iPike studded tires for sale. Size 195 65 R15. Used 3/4 of a season. Lots of tread left. \$200 OBO for the set. (819) 446-5960 call or text.

4 tires on 5 spoke 16" rims \$200 obo 250-401-1210

2013 Kia Rio, 147km, 6 speed, nice cond, navy. \$5500 call 250-783-1343

1994 Chevy 1/2 ton RWD for parts, no papers, has a good 350 engine. 2001 Ford Focus for parts only free must haul away. Call or text 604-343-9201

1975 Ford (approx 5 ton) farm dump truck with grain box + interchangeable flat deck \$2,900 16.5 ft Arctic gravel truck box with high lift tailgate + hoist. Very good shape \$14,000. 3 ambulances f350 4x4s. 2 Sundowner first aid units 250-788-3868

1 Truck bed to fit 1/2ton FORD Contact for more info 250-788-6802

4 Goodyear LT 275/65 R18 \$800 4 225/65 R17, Continental Car Tires, Decent Shape \$200. Call 250-467-2060

FOR RENT

2 bedroom mobile in Pinewood mobile home park. Washer, dryer, fridge, stove, utility room, no pets, no smoking. Available April 1st. call 250-788-5202

2 bedroom across from Moberly golf course, 5 appliances, all inclusive, heat, hydro, wifi, satellite available march 16, security deposit required- 250-788-6339 3 bedroom house across from Moberly golf course all inclusive heat, hydro, wifi, satellite, tv, available April 1st 250-788-6339

For rent 3 bedrooms shared accommodation in Tumbler Ridge. utilities incld call 250-242-5888

Furnished bedroom suite, 10 mins from town, weekly or monthly rate. call 250-788-5701

Room for rent in Legion sub. own entrance and bathroom, shared kitchen and laundry \$800/mnth text 250 401 6029

1 bedroom basement suite, fully furnished. Gas/hydro/water included. Tenant pay for wifi and cable if they would like it. Avail, April 1st \$850.00 a month. 250-219-8550

Furnished room for rent downtown Chetwynd \$500/month. shared common area, includes utilities, internet and cable. 250-401-1985

1 room cabin for rent \$500 per month, fully furnished includes power. call or text 604-343-9201

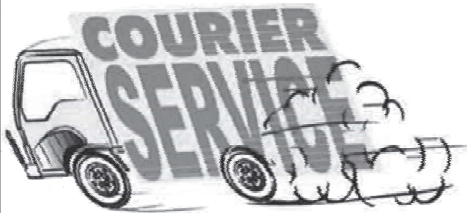
1 bedroom fully furnished suite. all utilities incld. Tenant pays for tv & internet Available April 1st 250-219-8550

Half duplex, 3 bedroom 2 bath, large backyard, ample parking. available May 1, call for details 250-219-8550

3 bedroom modular home with addition, wood and gas heat. fridge, stove, dishwasher, washer, dryer, newly renovated. Available April 1s t\$1,250 plus utilities. 250-401-1127

Room for rent near A&W in Chetwynd. Private entrance, small fridge, microwave TV, 2 Burner hot plate & shared deep freeze \$525/month 250-788-2482

SERVICING CHETWYND • TUMBLER RIDGE • DAWSON CREEK



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250-788-5351**

**What do you call a fake noodle?
An Impasta**

PUBLIC ANNOUNCEMENT

**Chetwynd Fellowship
Baptist Church**

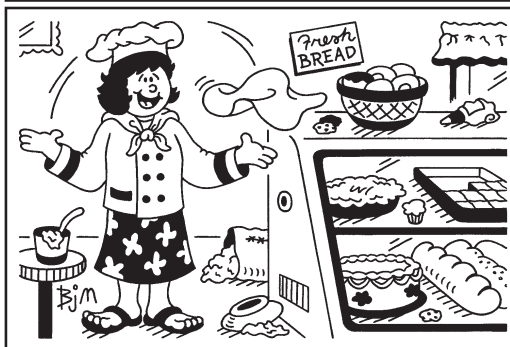
**Chetwynd Nazarene
(Northern Lights Fellowship)**

**Chetwynd Seventh Day
Adventist Church**

**Will Be Cancelling
Services for
Two Weekends**

ComParrot
by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?



Solution: 1. Tie on baker's scarf is hidden. 2. Extra flower decoration on cake. 3. Doughnut in basket is missing. 4. Puddle appears by plate. 5. Underside of dough is colored in. 6. Cupcake is colored in. 7. Icing leaked from tube. 8. Spoon in bowl has moved. 9. Stitching on flour sack is hidden. 10. Pocket on coat has moved. 11. Loaf of bread is smaller. 12. Baker's hat is wider.

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Coffee Talk Express Phone: 250-788-3422 Fax: 250-788-3405 Website: www.coffeetalkexpress.com March 31, 2020



**ONE PERSON....
ONE TRIP...
ONCE A WEEK...**

Assistance available for Canadians through Covid-19 Crisis *continued*

Canadians who are already receiving EI regular and sickness benefits as of today would continue to receive their benefits and should not apply to the CERB. If their EI benefits end before October 3, 2020, they could apply for the CERB once their EI benefits cease, if they are unable to return to work due to COVID-19. Canadians who have already applied for EI and whose application has not yet been processed would not need to reapply. Canadians who are eligible for EI regular and sickness benefits would still be able to access their normal EI benefits, if still unemployed, after the 16-week period covered by the CERB.

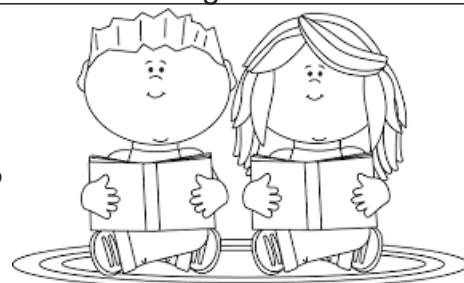
The government is working to get money into the pockets of Canadians as quickly as possible. The portal for accessing the CERB would be available in early April. EI eligible Canadians who have lost their job can continue to apply for EI here, as can Canadians applying for other EI benefits.

Canadians would begin to receive their CERB payments within 10 days of application. The CERB would be paid every four weeks and be available from March 15, 2020 until October 3, 2020.

This benefit would be one part of the government's COVID-19 Economic Response Plan, to support Canadian workers and businesses and help stabilize the economy by helping Canadians pay for essentials like housing and groceries, and helping businesses pay their employees and bills during this unprecedented time of global uncertainty.



Did you know that most
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Family STORY

Bedtime routine:
a crucial element in your child's development

Sleep hygiene plays a vital role in the health and overall development of children. Kids need enough rest to be able to engage in physical activity, communicate effectively, and learn new concepts. But what can you do as a parent to help your kids get a good night's sleep? The answer lies in establishing a routine.

Children who take part in a regular bedtime routine have a much easier time falling asleep and are better equipped to fight various sleep disorders. This means kids experience fewer nightmares and have an easier time sleeping through the night. Immersing your kids in an environment that's conducive to sleep for an hour before bedtime offers several advantages.

WHERE TO START?

First of all, children should always head to bed at the same time each night. Determine the right bedtime for your kids according to their needs and wake-up time, and stick to it.

According to the American Academy of Sleep Medicine, school-age children (six to 12) need an average of nine to 12 hours of sleep per night. Preschoolers (three to five years old) should sleep

10 to 13 hours a day. The Canadian Paediatric Society has similar recommendations when it comes to how much sleep children need.

SIXTY MINUTES BEFORE BED

An hour before your little ones' bedtime, take some time to create a relaxing environment by dimming the lights (exposure to bright lights slows the production of melatonin, the sleep hormone). Turn off the TV and put away tablets, computers and cellphones for the night. Screen time before bed stimulates brain activity and makes it harder to fall asleep.

From here on out, all activities need to be calming. Ask your children not to run and jump. Encourage them to read, draw, do a puzzle or play cards with each other.

THIRTY MINUTES BEFORE BED

Your kids' bedtime routine should start about 30 minutes before it's time to sleep. During that half hour, activities might include:

- Putting away toys
- Bathing
- Tooth brushing
- Preparing their clothes for the next day
- Story time
- Listening to music quietly

You choose the routine; the important thing is that you stick to it.

Make a mandala

