

250-788-9898 OPEN UNTIL MIDNIGHT ON THURSDAY, FRIDAY & SATURDAY



788-9909

Unit 105

4717 - 51 STREET

CHETWYND BC

MYRA GRODZUIK

250 788 6365

health?

HOW'S



If you're dreading the return of seasonal cold and flu viruses, be proactive. Healthy habits will help keep your immune system in tiptop shape and primed to stave off unpleasant infections. A healthy person's immune system doesn't need any outside help to stay in good condition, as it's naturally designed to defend your body and heal itself. However, some behaviours may affect your body's capacity to fend off attackers (viruses, parasites, cancerous cells, foreign bodies, etc.).

A HEALTHY LIFESTYLE: A balanced diet is essential in preventing nutritional deficiencies, which weaken the immune system. As well, getting enough sleep, exercising regularly, avoiding stressful situations, learning to manage anxiety, and not smoking are all habits that contribute to your immune system's good health.



SERVING CHETWYND . DAWSON CREEK . TUMBLER RIDGE . HUDSON'S HOPE Ph: 250-788-3422 Fax: 250-788-3405 Coffee Talk Express has exclusive copyright of all advertisements, photographs and content created by Coffee Talk Express staff. Any reproduction requires consent of the owner. Some or all of the content published is not necessarily the views and/or opinions of Coffee Talk Express



# **Find Your New Home Today!**

Great rates on month-to-month rentals with no lease OR

Ask about our current incentives on extended lease terms

Contact Sheryl today! 250.401.2034 solson@northviewreit.com



Drop off resume at the Truck & Car Wash, 4205 53rd Ave NE



Serving Chetwynd and the Peace Area. Highly trained certified tradespeople providing top quality work at a fair price. For all your residential, commercial and light industrial building needs, maintenance, renovations and new construction. Give Trevor a call today to discuss your project.

### 250-788-5336



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#### VEHICLES/PARTS/FARM EQUIP./HEAVY EQUIP.

250-788-9188

2 Ford F-150 trucks, motors need 2007 Tridem; low km;- 2004 Doepker Nice and clean 3 bdrm mobile home, work; Volkswagon car, \$3000. Call Hayrack trailer with many extras Call \$1400/mo utilities included. Call 250-250-788-9762

Alberta registered, \$2500 OBO. Call 250-786-5295

1996 Arctic Tridem pole trailer, 2006 Chevy Aveo, new tires & brakes, required. Call 250-242-5888 completely rebuilt, sandblasted & painted; 1999 Doepker Super B logger, rebuilt. Call 250-788-5720 or 250-788-2312

1996 GMC 1/2 ton, transmission out, weak motor, new starter, good parts truck, \$400. Call Chris 403-305-9658

2004 Dodge Caravan, new brakes, new starter, new alternator, 300,000 km, just needs new battery. \$1200 OBO. Call 250-788-3131 or 2004 F150, Supercab 4x4, 6 spare 250-788-5084

2002 Sebring with new tires worth Two 1998 Jeep Wranglers 4:0 4x4, one \$700, just under 200,000 km, runs excellent, \$2000. Call 250-788-3853 or 250-788-6842

2013 Sante Fe Sport SE 2.0L turbo. Leather interior with lots of extras. 74,000km. \$22,500. Call 250-401-3251

Single axel boat trailer for up to 16" boat, \$650. Call 250-788-2446

Late 1990s Chevy 4x4, 305 cubic inches, head gasket issues, parts truck, \$300 OBO. Call 250-401-1375

2003 Cadillac Escalade ext loaded, 8 passenger, \$9900; 2008 Buick Enclave SUV, awd, 8 passengers, 130,000 km, \$11,900. Both vehicles from Vancouver. Call 250-734-2255

1963 Ford Tandem in good cond, runs good, everything works, body good, \$5000 firm; 1973 125 Michigan loader log grapple & bucket, \$7000 firm; Cat 17 A D7 in good cond, \$8500 firm. Call 250-401-7311

2002 Hyundai Elantra, 4 dr, loaded, NEED TO SELL ASAP - 2007 Chevy 3 rooms for rent in a house, 2 up, 1 down,

runs great, 4 winter tires on rims, Impala LS, 216,000 kms, excellent used condition, lady driven, \$7200. Call downstairs, kitchen upstairs, downstairs Meghan 250-788-3131

> auto trans, mint cond, 112,000 km, \$5000 OBO. Call 250-788-5619

> Two 2002 Ford pickup trucks, 4x4, standard, motors are good, good body, 4 spd, \$3000 for both firm. Call 250-788-3969

> 2004 550 Ford 4x4 diesel deck truck with Eiffer picker S42, \$17,500 OBO. Call 250-788-2635

winter tires, \$2500. Call 250-788-5842

for parts, need back brakes for one & back window and batoy, \$700 OBO for both; 1975 Jeep Wagon AMC 360, newer motor, runs but needs work, good for parts, got papers but no keys, \$200 OBO. Call or text after 6pm 250-401-1658

4 like new 215/65R17 winter tires on rims, fits Jeep/Chrysler, \$400 firm. Call 250-788-2446 or 250-401-3200

874-0630

FOR RENT

pool table, laundry room, fridge rooms have TVs, N/S, no pets, \$700/mo (includes utilities), damage deposit

Male has room for rent in Tumbler Ridge, or would consider selling 1/2 the house, or the whole house. Call 250-242-5742

Camper/trailer spaces 2 km west of Chetwynd with power/parking space. Daily, weekly or monthly rates. Call 250-401-1103

Avail Feb 1/18, 3 bdrm log home at Moberly Lake, all inclusive, 5 appliances, 2 baths. Call 250-788-6339

Room with own entrance, own bath, TV, internet, no kitchen. Call 250-788-3577

Room for rent 5 minutes from town, \$500/ mo Call 250-874-0630

2 bdrm duplex, downtown, adult oriented, washer/dryer. Call for more info 250-788-3936 or 250-401-8560

Room for rent in downtown Chetwynd. Includes utilities, cable and internet. Shared common areas, available immediately. Call Julie 250-401-1985

Furnished room for rent in Chetwynd. For details call Edgar 250-874-0170

One bedroom basement suite available. Includes all utilities and shared laundry, close to Tim Hortons and the Pub. Avail Feb 1. Call Wayne 250-219-8550



Solution: 1. Bow in girl's hair is missing. 2. Tree beside house is missing. 3. Crest on girl's boot is colored in. 4. Door on house is colored in. 5. Snow behind stump has moved. 6. Snow behind snowboard has moved. 7. Cloud behind mountain peak has 8. Patch on knee is larger. 9. Ski in snow is shorter. 10. Cloud is

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January 22, 2018



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#### **MISCELLANEOUS**

12'x36" culvert, \$100; square steel tank, Square hay bales - timothy, brome, alfalfa, septic tank, \$200. Call 250-788-2446

75" long bed with head board. Best offer. \$550 per thousand. Call 250-401-7311 Call 250-788-2606

5 Coleman cooler with wheels, \$25; Mitchell 407 Rod Reel, \$30; Shamano 12 250-719-6142 speed bicycle, \$75; Coleman 2 burner gas stove, \$30. Call 250-788-2482 btwn 5 & Red Everlast punching bag, good condition, 6pm.

3 heavy wood bar stools, \$40; small wood cook stove, \$250; 32" outside metal door with frame, \$50. Call 250-788-2446

4 Singer treadle sewing machine heads, antique, \$100 OBO for all. Call Car or truck stereo, \$1000; Boss flip-up 250-788-2944 stream CD DVD player, back-up

Fresh crop of new square bares, which, excellent horse feed, brome-timothy-alfalfa. Call Jed 250-788-9421 or Jere 1951 Willy's Jeep Buggy w/papers. Good fixer upper, \$1000 OBO. Call or text Fresh crop of new square bales, \$5/ea,

4'x8' drywall, 8 of 5/8", 21 of 1/2", \$350. Call 250-788-2328

Firewood, split & delivered, \$200 to areas. Call 250-219-7082

Wool winter dress coats: 1 Men's size lg blend, fur lined hood, perfect condition, black sizes 8 & 9, faux fur lined, \$20 a pair. 250-788-2606 Call 250-788-2944

2 Nokian i3 all-season tires, 205/65/R15, 44 bust \$75; free fake Christmas tree; 1 good for one more season, \$60 for both. 2 Goldfish, 3 Angel fish, \$20; 2 tanks, 30 Volkswagen alloy rims, 5x100 pattern, 15" diameter, \$60 for both. Call or text In need of someone who knows fish and 819-446-5960

6'x3'x2', \$100; 4 water well tiles, 6'x30"x3 \$4.50/bale, or \$3.50/bale for 100 or more; 1/2" thick, reinforced concrete, \$1000; round bales, 4x5, \$40/ea or \$35/ea for 20 or fibreglass tank, approx measure 12'x4' for more. Call 250-788-5056

Cottonwood lumber, 1" with random widths 6'6" long dresser, 6 drawers, 30" high, & lengths, 2 5/8" with random widths & mirror; 24"x16"x23" dresser; 52" wide, lengths, misc other dimensions & timbers,

Tamarack 1" planks, well-cured; 2 large wood stoves. Call for price or more info

\$50; Bissell Pro Heat Plus 2x carpet & upholstery cleaner, used only once. \$175. Call 250-788-3306 or 250-788-5582

Unpasteurised local honey for sale, 500ml -1.5lbs. \$8/per jar. Call 250-788-6935

stream CD DVD player, back-up cam compatible, \$200 OBO. Call or Text

Lg wood heater made by Cozy Comfort. Asking \$500. Call 250-759-4923

Dawson Creek, Arras & Pouce Coupe Firewood for sale, 16" round. \$120 for pick up, \$160 delivered. Call 250-788-2447 or 250-401-7506

dark gray, excellent condition, \$50; HD PVR model 630 Shaw satellite receiver, 1 Women's long black, size med, cashmere net; Shaw satellite receiver model 600, new; Quad LNB; elliptical satellite dish; Noma \$25. Women's winter boots, new, 2 pairs, super light electric lawn mower, 24". Call

> 1 piece black swimsuit, never used, size 18, gallons each, plus food and accessories free. their needs. Please call 250-601-0147

### FIRST NATIONS GROUPS FILE **CASE AGAINST BC HYDRO**

Two First Nations groups in the Peace have officially banded together to take on BC Hydro.

The West Moberly and Prophet River First Nations are requesting declarations that the approvals the company issued for the Site C project are unconstitutional and should be void.

The groups are also seeking injunctions that would prohibit further approvals by the government regarding the dam's construction.

The controversial project is not the only one mentioned in the Supreme Court case filing however, as the groups claim all three dams built on the Peace River infringe upon their treaty rights.

These include the WAC Bennett Dam, and the Peace Canyon Dam as well.

They claim that these dams are turning the river into a series of reservoirs, and seriously harming the cultural and ecological character of the Peace.

The filing, which has been speculated about for over a month, also seeks to include an application for disclosure of unreleased documents.

Courtesy of Peace FM

A frog goes to a fortune teller to find out if he will ever be lucky in love.

The fortune teller reads his palm and tells the frog,

"I have good news and I have bad news.

Which would you like to hear first?"

The frog asks for the good news first.

The fortune teller says, "You are going to meet the most beautiful girl, who is going to be very interested in you and will want to know all about you.

She will want you to open up for her

and you will give her your heart." "That's great!" says the frog. "But what's the bad news?" "Well, you're going to meet her in Biology class."







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#### PROPERTY

Older trailer on 4.5 acres with shared well, hydro and septic. Approx 15 min out Jackfish Lake hwy. Priced to sell. For more information text 403-771-3724

Reduced to sell - Open concept fully renovated dwelling with hardwood floors, 2 bdrms, 2 baths & office space. Located 5 km from Chetwynd in Wabi Estates. 20x32 heated shop. Year round fresh water. 5.3 acres landscaped for horses, recreation & relaxation. Guest cabin, outbuilding, award winning gardens & 2 landscaped full hookup RV pads. Call or text 250-788-5293

0.9 acres on 53rd Ave in Chetwynd, bare lot, ready for building, all of the utilities included. Call 250-788-5319

Large, level & cleared lot in Rodeo Sub. Close to schools & Rec Centre. 5117-41stAve. \$56,000. Call 250-788-3052

3 houses for sale at Moberly, each on a 5 acre lot across from golf course with excellent lake views: 1 custom-built log house, 3 bdrm with a basement suite, \$385,000; 2 bdrm bungalow, \$165,000; large 3 bdrm house with rental suite and wkshop, \$209,000 OBO. Call 250-788-6339

950 sq ft 2 bdrm home, completely renovated, everything is brand new! 4.5 acres with the option for an additional 4.5 acres. Located at 2579 Brulotte Rd 16 km from Chetwynd out Jackfish Lake area. Asking \$265,000. Call 250-788-6805

1 acre lot in Progress Rd 255 btwn Chetwynd & DC. 2010 manufactured home with 3 bdrms & 2 baths, electric heat, 6" walls, winter pkg, 3 sheds, wood stove, close to McLeod School & convenience store, lots of spruce trees, mature garden, priced to sell. Call 250-843-7086 or 250-719-5516

#### PETS/LIVESTOCK

Staffordshire terriers ready to go! 3 males & 3 females. \$800. Call for more info 250-874-5878

35 laying hens, 18mo old, \$4 ea. Call 250-788-2805

Free - 2 tabby kittens, 3 months old. Call 250-401-7346

Female Boa Constrictor Imperator; male Python, female Mexican Black Kingstone, male Dumerlis Boa. 250-401-3490

#### **LOST & FOUND**

Found: iphone on Moberly Heights Wanted: Scrap wood. Drop off with Road. Contact 250-788-2432

Lost: Black Samsung Galaxy S5 with Wanted: A reliable backup butterflies on the back somewhere babysitter for a 17 month old. between the Legion and Days Inn. Call Please call 250-874-0630 250-788-1987

Lost: Black wallet with 3 folds for responsible family. References somewhere between Chevron and the available. Call Adam 438-828-2326 water fill station, likely on Sept 23. Call 250-401-7019

Lost: Dog named Jigger from Moberly Lake on Nov 17. Has tattoo in right ear, 250-556-4087 code is 194CJD. Call Denise at 250-788-3837 and leave a message.

Lost: Set of keys at Home Hardware on Nov 29/17. Call 250-788-3672

### **REC VEHICLES**

Sears boat & trailer, 5 h Johnson motor. good cond, \$1400.250-242-5888

2000 40' motorhome, very clean, loaded, 3 slides, 3 queen beds, big bathroom, \$29,000. Call 250-219-0605

2007 Can Am 800 guad with a snow blade, 1200 km, \$6000. Call 250-788-1679

22' Kozy holiday trailer, no papers, older, no leaks, exc storage. \$2000 OBO. Call 250-788-2805

2002 Ali Craft 18' boat, double axle trailer, full tops, travel tops, 200 sport jet, new motor, 10 hrs, \$33,000. Call 250-788-5656

16' mahogany strip kayak, sea & lake, \$1700 OBO. Call 250-788-5905

2008 Honda TRX 420, 6655 km, 678.7 hrs, comes with winch and snow plow, \$5000 OBO. Call Kent 250-788-6611

2007 Arctic Cat 650 Prowler side by side with plow, \$6000, excellent condition; 2013 8x12 enclosed cargo trailer with rear ramp door set up, LED interior lights, tandem axle electric bike, like new, \$6500. Call 867-334-5866

1998 Arctic Cat 600 Powder Special, good cond, original owner, low km, asking \$2200. Call 250-759-4923

Dayle on Blair Road.

WANTED

Wanted: Apartment to rent ASAP

Wanted: Math tutor for someone upgrading their highschool. If you have some time to help me out, call

Wanted: Live-in position, preferably long term, or at least until August of 2018. Can do light house sitting/keeping, light yard work/organic gardening, childcare in a drug free & clean work environment. I also speak German. Reimbursement for work negotiable.Contact j.c331@yahoo.ca

Wanted: Room to rent in Chetwynd. Call 780-315-5206

Wanted: New Holland haybine or parts. Call 250-719-6142

Wanted: To hunt on private land for elk between Dec 2017 & Feb 2018. Text with info to 250-961-6743

Wanted: To buy PS3 in good working cond. Call Joe at 250-788-1597

1 cord of Spruce wood and 1 cord of Pine wood. All must be 15" long. Call 250-788-2590

Wanted- Bull dozer, medium size, D6 or D7, good running condition. Call 250-467-2401

Wanted; Bobcat for a reasonable price. Call 250-874-4433

Wanted: A ride to Vancouver ASAP. Would split the cost of gas. Text or leave message at 206-482-6927 or email: karenhertzwestend@gmail. com

Wanted: Used oil. Paying around .10 Cents a ltr and I will take as much as you have. Will pick up 1000 ltrs at a time. Call Adam 867-335-1486







### Tansi Friendship Centre Society EMPLOYMENT OPPORTUNITY Mental Health & Addictions Counsellor

Within the context of a patient and family centered care model and in accordance with established vision and values of the organization, the Mental Health and Addictions Counselor provides support services to clients who are seriously affected by substance abuse and/or mental health problems, participates in the process of case planning, assists clients in the development of life skills and healthy lifestyles and escorts clients to appointments as needed.

#### **QUALIFICATIONS:**

2 year Diploma in community Social Services or health related programs, such as Human Services, Mental Health, Life Skills, and 5 years related education and work experience with a focus in addiction. Knowledge of Aboriginal culture and traditional practices.

- Valid B.C. drivers licence.
- Counsel persons with mental health and addictions issues.
- *Knowledge of the principals of recovery in mental illness and treatment.*
- Knowledge of community, social, health and cultural resources.
- *Ability to demonstrate and assist client with development of healthy life skills.*
- Ability to deal effectively with conflict situations, manage aggressive behaviour, and use non-violent crisis intervention and behavioural management techniques.
- Ability to work independently and in cooperation with others.
- Ability to maintain confidentiality and to communicate effectively, both verbally and in writing.
- Ability to work with a culturally diverse population.
- Must be able to work flexible hours.
- Criminal Records Check Required.

Submit your resume, references, and cover letter in person, mail or email Attention: Tansi-Hiring Committee 5301 South Access Road PO Box 418,

Chetwynd, BC V0C 1J0, Fax: (250) 788-2353 or e-mail: <u>addictions@tansifcs.com</u>. **Open until filled.** 

No telephone inquiries (only shortlisted candidates will be contacted).

Information On Fostering "Fostering Our Foster Families" Community Bridge We support Foster Families in Dawson Creek, Fort St. John, Chetwynd, Tumbler Ridge, and Fort Nelson Call 250-785-6021ext 235 Email: Foster@communitvbridge.ca www.northeastfosterfamilies.ca

### **INVITATION TO TENDER** Contract: 2018 FLOWER PROGRAM

The District of Chetwynd invites tenders for the supply and/or planting of annual flowers in various locations in the District of Chetwynd. Contract documents are available during normal working hours 8:00 a.m. to

4:30 p.m. Monday to Friday at:

District of Chetwynd Office 5400 Hospital Road Chetwynd, BC, V0C 1J0 Phone No.: 250-401-4100 Fax No.: 250-401-4101

Tender Closing Time: 2:00 p.m. Local Time STRICTO Tender Closing Date: January 26, 2018

If you have any questions please contact Carol Newsom at 250-401-4104.



MOVING OUT OF TOWN SALE Everything must go! DVDs, VHS, tools, shop vacs, old TVs, stereo stuff, old tapes, tables, bed frames with head board.

Pinewood Trailer Park, #2 on left. Call 250-401-1658



### MIDWIVES AVAILABLE FOR DAWSON CREEK RESIDENTS

Dawson Creek Midwifery is open for business for expecting mothers.

The service offers midwives to provide maternity care, with options of birth at home or at the Dawson Creek District Hospital. For Dawson Creek residents, they also offer postpartum visits at your home for up to two weeks and midwifery care for up to six weeks. Northern Health says the services are free for BC families, and the clinic is the first of its kind in northern BC.

Midwife services are available for residents of Chetwynd using the Dawson Creek District Hospital, but services are not available for home births in Chetwynd. *Courtesy of Peace FM* 

### NEW INITIATIVES COMING TO NORTH

Two new funding campaigns seek to invest 1.65 million dollars in to innovation in Northern BC.

The initiatives were announced at the True North Business Development Forum in Prince George yesterday.

The Northern Industries Innovation fund will be investing 750 thousand dollars annually in small businesses in the North that seek to develop technology.

For individual businesses, this means they can apply for funding of up to 50 thousand dollars for projects in the energy, agricultural, aquacultural, and forestry industries.

The second program, the Strategic Initiatives Fund, is committing 900 thousand dollars to grants that will allow municipalities and First Nations groups to take on long term sustainability projects.

The Northern Industries Innovation Fund will accept applicants until the money is exhausted, while the Strategic Initiatives Fund will accept them until March 15th. *Courtesy of Peace FM* 

### WOKELEY MURDER TRIAL PUSHED TO FEBRUARY

In an update on a previous story, the second degree murder trial of Leon Wokeley has been adjourned until February 21st.

Wokeley's lawyer, Georges Rivard, informed the court that Crown Counsel has provided him with a batch of disclosure in the form of a hard drive with thousands of pages of documents. He requested that Judge Brian Daley adjourn the case until February so he can review the documents and determine the best course of action to defend Wokeley. Wokeley has been charged with second degree murder in the 2014 death of First Nations resident Pamela Napoleon. *Courtesy of Peace FM* 

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 January 22, 2018



# WYND BOU

### DISTRICT OF CHETWYND 2018 BOULEVARD TREE REMOVAL TENDER

The District of Chetwynd will commence a boulevard tree replacement program spring 2018.

**Part 1:** The District of Chetwynd is asking for proposals to cut down approximately 62 mature poplar trees and cut the trees to 10 foot lengths for District crews to remove.

**Part 2:** The District of Chetwynd is also seeking proposals to grind approximately 62 stumps to approximately 6 inches (150 mm) below grade.

Plans showing tree removal/grinding locations can be viewed at the District Office located at 5400 Hospital Road.

- All signage and personal protective equipment must be supplied by the proponent.
- The proposals could include Part 1 and/or Part 2.

Proposals must be received at the District Office located at 5400 Hospital Road no later than January 26, 2018 at 2:00 PM

If you have any questions, please contact Carol Newsom at 250-401-4104.

### HOROSCOPE

**ARIES** (Mar. 21- April 20)You are best to stick to basics. Work on getting ahead by picking up added skills. You will be appreciated for the competence you exhibit and for taking on responsibilities. You may not get your facts correct this week; double-check before making any statements. Pleasure trips will turn out to be better than anticipated. Your lucky day this week will be Tuesday.

<u>**TAURUS</u>** (Apr. 21- May 21)Someone you live with will get angry if you are neglecting your duties. Property deals will pay big dividends. Do not reveal personal information to those you feel may be untrustworthy. Your self confidence will attract members of the opposite sexYour lucky day this week will be Sunday.</u>

**<u>GEMINI</u>** (May 22-June 21)Take time to relax. Stress and pressure at home may have worn you ragged. You'll find it easy to talk about your feeling this week. Don't hesitate to find out what your mate's intentions are. Try not to jump to conclusions. Your ability to visualize will help you convince others of the possibilities. Your lucky day this week will be Wednesday.

<u>CANCER</u> (June 22-July 22)Lovers will be demanding. You are best to sign your partner up for activities that will be tiring. Secret affairs will only lead to heartache. Your ability to visualize will help you convince others of the possibilities. You should put a little extra effort in at work. Your lucky day this week will be Monday.

**LEO** (July 23-Aug 22)Your charm will attract members of the opposite sex. You could be cornered, so be prepared to tell the truth. Unexpected bills may set you back. The experience will be good. Your lucky day this week will be Thursday.

<u>LIBRA</u> (Sept. 24 -Oct. 23)Look out for those wanting to push you into a disagreement. Rewards for past good deeds will highlight your day. Refuse to get involved in idle chatter; it will only make you look bad. You may have to explain your actions to your family. Your lucky day this week will be Sunday.

**SCORPIO** (Oct. 24 - Nov. 22)Problems with ear, nose, or the throat are likely. Proceed with caution if operating equipment or vehicles. Plans to make physical improvements may lead to psychological changes, too. A trip to visit relatives should be rewarding. Your lucky day this week will be Friday.

**<u>SAGITTARIUS</u>** (Nov. 23 -Dec. 21)Stay out of other people's affairs. Stand up and propose your ideas, and you'll be surprised how many people will follow you. Accept the inevitable. Look into real estate. Your lucky day this week will be Tuesday.

<u>CAPRICORN</u> (Dec 22.- Jan. 20)Don't jump too quickly regarding an investment that appears to be good. You must be extremely careful not to let relatives or friends interfere in your personal life. Tempers will mount if you're too pushy at work or at home. You can make progress professionally. Your lucky day this week will be Friday.

<u>AQUARIUS</u> (Jan. 21 -Feb. 19)You can get support from groups that you belong to if you're willing to step out on a limb and voice your opinions. Look before you leap. Secret affairs will only lead to deception. Sudden changes at home will affect family members more than you anticipated. Your lucky day this week will be Sunday.

**<u>PISCES</u>** (Feb. 20-Mar. 20)Don't divulge secret information. A passionate party for two might be just the remedy. Dream a little this week. If you can work at home, do so. Your lucky day this week will be Thursday.

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#### Serving the South Peace Area

#### **Green Seal**

Ground Disturbance WHMIS TDG Hazard Assessment & Control Confined Space and Rescue Workers Fall Protection Gas Detection

### **Red Cross**

Emergency First Aid Standard First Aid CPR/AED Re-certification Marine Safety Standard Child Care First Aid & CPR

Enform H<sub>2</sub>S

Hoist and Rigging

high school students!

Only one student at a time. For more info call Kici-Awasimsakat

250-788-2823

NorthLink Safety

Fire Extinguisher Training

**OSSA** 

Fork Lift

### **Basic Forestry Fire Suppression** S100 S100A







safeTALK, about three hours in duration, is a training that prepares anyone over the age of 15 to identify persons with thoughts of suicide and connect them to suicide first aid resources.

This program alerts community members to signs that a person may

be considering suicide. It acknowledges that while most people at risk of suicide signal their distress and invite help, these intervention opportunities are often overlooked. Participants learn to recognize when someone may have thoughts of suicide and to respond in ways that link them with further suicide intervention help.

It is intended that safeTALK participants will be better prepared to: recognize that invitations to help are often overlooked;

- move beyond common tendencies to miss, dismiss and avoid suicide;
- notice and respond to situations in which thoughts of suicide may be present;
- apply basic TALK steps (Tell, Ask, Listen, and KeepSafe); and
- connect the person with thoughts of suicide to suicide first aid help and further community resources.

When: January 31, 2018 Where: Chetwynd Public Library Time: 5:00-8:00pm Instructor: Sandra Boulianne, Executive Director, Crisis Centre for Northern BC





## **DISTRICT OF CHETWYND REQUEST FOR PROPOSAL**

Class 1 Drivers

Full time log & gravel haul

250-788-9499

The District is asking for proposals to complete some residential renovations at 5458 North Access Road.

The renovations will include but are not limited to:

- basement ceiling replacement
- construction of a new bathroom

There will be a mandatory site visit required to review the scope of work on:

Date: Time:

**January 22, 2018** 12:00 pm

Proposals will be received at the District Office no later than January 26, 2018 at 2:00 p.m. at:

> District of Chetwynd Office 5400 Hospital Road Chetwynd, BC, V0C 1J0 Phone No.: 250-401-4100 Fax No.: 250-401-4101

If you have any questions please contact Carol Newsom at 250-401-4104