

Are we required to fast?

# Atonement



By: Yorai'Yahu

# Leviticus 17:11



<sup>11</sup> For the life of the flesh is in the blood: and I have given it to you upon the altar to make an atonement for your souls: for it is the blood that maketh an atonement for the soul.

# Prelude

Judaism will tell you that “*afflicting your soul*” is equivalent to “*fasting from food*”, The word used for “*afflict your soul*” in Leviticus by Yahuah is not the same Hebrew word that is used for “*fasting from food*”. If Yahuah wanted us to fast from food, he would have use the Hebrew word that means “*fasting from food* <sup>H6685</sup>”! Yahuah did not use that word He did not command us to fast from food; because fasting from food would break the physical to spiritual parallel of the Wedding that Yom Kippur represents!

# Leviticus 23:27

<sup>27</sup> Also on the tenth day of this seventh month there shall be a day of **atonement**: it shall be an holy convocation unto you; and **ye shall afflict** <sup>H6031</sup> **your souls**, and offer an offering made by fire unto Yahuah.

## H6031 Anah

- afflict, oppress, humble, be afflicted, be bowed down
- to humble oneself, bow down
- to be afflicted, be humbled
- to humble, mishandle, afflict



# H6031 anah meaning to afflict, deal harshly with, submit, and humble

Genesis 15:13 And he said unto Abram, Know of a surety that thy seed shall be a stranger in a land *that is* not theirs, and shall serve them; and they shall afflict [H6031](#) them four hundred years;

Genesis 16:6 But Abram said unto Sarai, Behold, thy maid *is* in thy hand; do to her as it pleaseth thee. And when Sarai dealt hardly with [H6031](#) her, she fled from her face.

Genesis 16:9 And the angel of the LORD said unto her, Return to thy mistress, and submit [H6031](#) thyself under her hands.

Exodus 10:3 And Moses and Aaron came in unto Pharaoh, and said unto him, Thus saith the LORD God of the Hebrews, How long wilt thou refuse to humble [H6031](#) thyself before me? let my people go, that they may serve me.

Just to name a few...

# ***Anah*** in the context of a marriage and oaths.

the word ***anah*** and that is within the context of a marriage and oaths. The word ***anah*** used in ***Numbers 30:13*** in context of marriage vows, and again used in the sense of “*humbling yourself*”... in this case ***as submitting herself to her husband***:

**Numbers 30:13** "Every vow and every binding oath to humble (anah) herself, her husband may confirm it or her husband may annul it.

Now when thinking in event such as the physical to spiritual parallel of the Wedding that Yom Kippur represents this is important.

# Leviticus 23:27-32

<sup>27</sup> Also on the tenth day of this seventh month there shall be a day of **atonement**: it shall be an holy convocation unto you; and ye shall afflict your souls <sup>H3725</sup>, and offer an offering made by fire unto Yahuah.

<sup>28</sup> And ye shall do no work in that same day: for **it is a day of atonement**, **to make an atonement for you before YAHUAH your Elohim**.

<sup>29</sup> For whatsoever soul it be that shall not be afflicted <sup>H6031</sup> in that same day, he shall be cut off from among his people.

<sup>30</sup> And whatsoever soul it be that doeth any work in that same day, the same soul will I destroy from among his people.

<sup>31</sup> Ye shall do no manner of work: it shall be a statute for ever throughout your generations in all your dwellings.

<sup>32</sup> It shall be unto you a sabbath of rest, and ye shall **afflict <sup>H6031</sup> your souls**: in the ninth day of the month at even, from even unto even, shall ye celebrate your sabbath.



# Leviticus 23:27

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## Leviticus 10:16-18

- <sup>16</sup> And Moses diligently sought the goat of the sin offering, and, behold, it was burnt: and he was angry with Eleazar and Ithamar, the sons of Aaron which were left alive, saying,
- <sup>17</sup> Wherefore have ye not eaten the sin offering in the holy place, seeing it is most holy, and God hath given it you to bear the iniquity of the congregation, to make atonement for them before the LORD?
- <sup>18</sup> Behold, the blood of it was not brought in within the holy place: ye should indeed have eaten it in the holy place, as I commanded.

Lets read Leviticus 16





# Leviticus 16

- Shows us how 2 sons died not being right when sacrificing.
- Mosheh gave instructions on how the atonement sacrifice shall be conducted.
- Leviticus 16:5 indicates two kids of the goats one a sacrifice and one a Scape Goat. This is a yearly Custom at atonement. Leviticus 10:16-17 shows Moses seeking the sacrifice kid goat and is angry because it hasn't been eaten... wait eaten?? Yes!!! How can you fast yet eat... Leviticus 16:29, Leviticus 23:27

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James 4:6 But he giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble.

Proverbs 3:34 Surely He scorns the scornful, But gives grace to the humble.

# James 4:8

<sup>8</sup> Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded.

## Psalm 24:1-6

<sup>1</sup> The earth is the LORD's, and the fulness thereof; the world, and they that dwell therein.

<sup>2</sup> For he hath founded it upon the seas, and established it upon the floods.

<sup>3</sup> Who shall ascend into the hill of the LORD? or who shall stand in his holy place?

<sup>4</sup> He that hath clean hands, and a pure heart; who hath not lifted up his soul unto vanity, nor sworn deceitfully.

<sup>5</sup> He shall receive the blessing from the LORD, and righteousness from the God of his salvation.

<sup>6</sup> This is the generation of them that seek him, that seek thy face, O Jacob. Selah.

# Isaiah 66:3

<sup>3</sup> He that killeth an ox is as if he slew a man; he that sacrificeth a lamb, as if he cut off a dog's neck; he that offereth an oblation, as if he offered swine's blood; he that burneth incense, as if he blessed an idol. Yea, they have chosen their own ways, and their soul delighteth in their abominations.

# Isaiah 1:10-15

<sup>10</sup> Hear the word of the LORD, ye rulers of Sodom; give ear unto the law of our God, ye people of Gomorrah.

<sup>11</sup> To what purpose is the multitude of your sacrifices unto me? saith the LORD: I am full of the burnt offerings of rams, and the fat of fed beasts; and I delight not in the blood of bullocks, or of lambs, or of he goats.

<sup>12</sup> When ye come to appear before me, who hath required this at your hand, to tread my courts?

<sup>13</sup> Bring no more vain oblations; incense is an abomination unto me; the new moons and sabbaths, the calling of assemblies, I cannot away with; it is iniquity, even the solemn meeting.

<sup>14</sup> Your new moons and your appointed feasts my soul hateth: they are a trouble unto me; I am weary to bear them.

<sup>15</sup> And when ye spread forth your hands, I will hide mine eyes from you: yea, when ye make many prayers, I will not hear: your hands are full of blood.

# Let's define Atonement

כִּפּוּר **kippur**, kip-poor'; from [H3722](#); expiation (only in plural):—atonement.

In other words Redemptions.....

# Atonement's Every Day/ Once A Year

Exodus 26:36 And thou shalt offer every day a bullock for a sin offering for atonement: and thou shalt cleanse the altar, when thou hast made an atonement for it, and thou shalt anoint it, to sanctify it.

Exodus 30:10 And Aaron shall make an atonement upon the horns of it once in a year with the blood of the sin offering of atonements: once in the year shall he make atonement upon it throughout your generations: it is most holy unto the LORD.

Exodus 30:16 And thou shalt take the atonement money of the children of Israel, and shalt appoint it for the service of the tabernacle of the congregation; that it may be a memorial unto the children of Israel before the LORD, to make an atonement for your souls.

# The Day of Atonement was a yearly reminder that all of Israel's daily, weekly, and monthly ritual sacrifices and offerings were not sufficient to atone for sin.

Yom Kippur was the only time during the year when the high priest would enter the Holy of Holies in the innermost chamber of the Temple (or Tabernacle) to make [atonement for the sins of all Israel](#). Atonement means "covering." The purpose of the sacrifice was to bring reconciliation between man and God by covering the sins of the people.

On this day, the high priest would remove his official priestly garments, which were radiant vestments. He would bathe and put on a pure white linen robe to symbolize [repentance](#).

Next, he would make a sin offering for himself and the other priests by sacrificing a young bull and a ram for a burnt offering. Then he would enter the Holy of Holies with a pan of glowing coals from [the altar of incense](#), filling the air with a smoky cloud and aroma of incense. Using his fingers, he would sprinkle the blood of the bull on the mercy seat and the floor before the [ark of the covenant](#).

The high priest would then cast lots between two live goats that had been brought by the people. One goat was killed as a sin offering for the nation. Its blood was then added by the high priest to the blood already sprinkled inside the Holy of Holies. With this act, he atoned even for the Holy Place.

With grand ceremony, the high priest would then place his hands on the head of the live goat and confess the sins of the whole nation before the altar of burnt offering. Finally, he would give the live goat to an appointed person who carried it outside the camp and set it free into the wilderness. Symbolically, the "scapegoat" would carry away the sins of the people.

After these ceremonies, the high priest would enter the tent of meeting, bathe again, and redress in his official garments. Taking the fat of the sin offering, he would present a burnt offering for himself and one for the people.



# Hebrews 8

**Heb 8:1** Now of the things which we have spoken *this is* the sum: We have such an high priest, who is set on the right hand of the throne of the Majesty in the heavens;

Heb 8:2 A minister of the sanctuary, and of the true tabernacle, which the Lord pitched, and not man.

Heb 8:3 For every high priest is ordained to offer gifts and sacrifices: wherefore *it is* of necessity that this man have somewhat also to offer.

Heb 8:4 For if he were on earth, he should not be a priest, seeing that there are priests that offer gifts according to the law:

Heb 8:5 Who serve unto the example and shadow of heavenly things, as Moses was admonished of God when he was about to make the tabernacle: for, See, saith he, *that* thou make all things according to the pattern shewed to thee in the mount.

Heb 8:6 But now hath he obtained a more excellent ministry, by how much also he is the mediator of a better covenant, which was established upon better promises.

Heb 8:7 For if that first *covenant* had been faultless, then should no place have been sought for the second.

Heb 8:8 For finding fault with them, he saith, Behold, the days come, saith the Lord, when I will make a new covenant with the house of Israel and with the house of Judah:

Heb 8:9 Not according to the covenant that I made with their fathers in the day when I took them by the hand to lead them out of the land of Egypt; because they continued not in my covenant, and I regarded them not, saith the Lord.

Heb 8:10 For this *is* the covenant that I will make with the house of Israel after those days, saith the Lord; I will put my laws into their mind, and write them in their hearts: and I will be to them a God, and they shall be to me a people:

Heb 8:11 And they shall not teach every man his neighbour, and every man his brother, saying, Know the Lord: for all shall know me, from the least to the greatest.

Heb 8:12 For I will be merciful to their unrighteousness, and their sins and their iniquities will I remember no more.

Heb 8:13 In that he saith, A new *covenant*, he hath made the first old. Now that which decayeth and waxeth old *is* ready to vanish away.

# Hebrews 9:1-15

- **Heb 9:1** Then verily the first *covenant* had also ordinances of divine service, and a worldly sanctuary.
- Heb 9:2 For there was a tabernacle made; the first, wherein *was* the candlestick, and the table, and the shewbread; which is called the sanctuary.
- Heb 9:3 And after the second veil, the tabernacle which is called the Holiest of all;
- Heb 9:4 Which had the golden censer, and the ark of the covenant overlaid round about with gold, wherein *was* the golden pot that had manna, and Aaron's rod that budded, and the tables of the covenant;
- Heb 9:5 And over it the cherubims of glory shadowing the mercyseat; of which we cannot now speak particularly.
- Heb 9:6 Now when these things were thus ordained, the priests went always into the first tabernacle, accomplishing the service *of God*.
- Heb 9:7 But into the second *went* the high priest alone once every year, not without blood, which he offered for himself, and *for* the errors of the people:
- Heb 9:8 The Holy Ghost this signifying, that the way into the holiest of all was not yet made manifest, while as the first tabernacle was yet standing:
- Heb 9:9 Which *was* a figure for the time then present, in which were offered both gifts and sacrifices, that could not make him that did the service perfect, as pertaining to the conscience;
- Heb 9:10 *Which stood* only in meats and drinks, and divers washings, and carnal ordinances, imposed *on them* until the time of reformation.
- Heb 9:11 But Christ being come an high priest of good things to come, by a greater and more perfect tabernacle, not made with hands, that is to say, not of this building;
- Heb 9:12 Neither by the blood of goats and calves, but by his own blood he entered in once into the holy place, having obtained eternal redemption *for us*.
- Heb 9:13 For if the blood of bulls and of goats, and the ashes of an heifer sprinkling the unclean, sanctifieth to the purifying of the flesh:
- Heb 9:14 How much more shall the blood of Christ, who through the eternal Spirit offered himself without spot to God, purge your conscience from dead works to serve the living God?
- Heb 9:15 And for this cause he is the mediator of the new testament, that by means of death, for the redemption of the transgressions *that were* under the first testament, they which are called might receive the promise of eternal inheritance.

# Hebrews 9:16-28

- Heb 9:16 For where a testament *is*, there must also of necessity be the death of the testator.
- Heb 9:17 For a testament *is* of force after men are dead: otherwise it is of no strength at all while the testator liveth.
- Heb 9:18 Whereupon neither the first *testament* was dedicated without blood.
- Heb 9:19 For when Moses had spoken every precept to all the people according to the law, he took the blood of calves and of goats, with water, and scarlet wool, and hyssop, and sprinkled both the book, and all the people,
- Heb 9:20 Saying, This *is* the blood of the testament which God hath enjoined unto you.
- Heb 9:21 Moreover he sprinkled with blood both the tabernacle, and all the vessels of the ministry.
- Heb 9:22 And almost all things are by the law purged with blood; and without shedding of blood is no remission.
- Heb 9:23 *It was* therefore necessary that the patterns of things in the heavens should be purified with these; but the heavenly things themselves with better sacrifices than these.
- Heb 9:24 For Christ is not entered into the holy places made with hands, *which are* the figures of the true; but into heaven itself, now to appear in the presence of God for us:
- Heb 9:25 Nor yet that he should offer himself often, as the high priest entereth into the holy place every year with blood of others;
- Heb 9:26 For then must he often have suffered since the foundation of the world: but now once in the end of the world hath he appeared to put away sin by the sacrifice of himself.
- Heb 9:27 And as it is appointed unto men once to die, but after this the judgment:
- Heb 9:28 So Christ was once offered to bear the sins of many; and unto them that look for him shall he appear the second time without sin unto salvation.

# Atonement is Redemption

Numbers 5:8 But if the man have no kinsman H1350 to recompense the trespass unto, let the trespass be recompensed unto the LORD, *even* to the priest; beside the ram of the atonement, whereby an atonement shall be made for him.

Leviticus 25:9 Then shalt thou cause the trumpet of the jubile to sound on the tenth day of the seventh month, in the day of atonement shall ye make the trumpet sound throughout all your land.

# Leviticus 25:6-9

<sup>6</sup> And the sabbath of the land shall be meat for you; for thee, and for thy servant, and for thy maid, and for thy hired servant, and for thy stranger that sojourneth with thee.

<sup>7</sup> And for thy cattle, and for the beast that are in thy land, shall all the increase thereof be meat.

<sup>8</sup> And thou shalt number seven sabbaths of years unto thee, seven times seven years; and the space of the seven sabbaths of years shall be unto thee forty and nine years.

<sup>9</sup> Then shalt thou cause the trumpet of the jubile to sound on the tenth day of the seventh month, in the day of atonement shall ye make the trumpet sound throughout all your land.

# 49 years

Leviticus 25:8-9

8 And thou shalt number seven sabbaths of years unto thee, seven times seven years; and the space of the seven sabbaths of years shall be unto thee forty and nine years.

9 Then shalt thou cause the trumpet of the jubile to sound on the tenth day of the seventh month, in the day of atonement shall ye make the trumpet sound throughout all your land.

Daniel 9:24 Seventy weeks are determined upon thy people and upon thy holy city, to finish the transgression, and to make an end of sins, and to make reconciliation for iniquity, and to bring in everlasting righteousness, and to seal up the vision and prophecy, and to anoint the most Holy.

# Zechariah 12:10-14

<sup>10</sup> And I will pour upon the house of David, and upon the inhabitants of Jerusalem, the spirit of grace and of supplications: and they shall look upon me whom they have pierced, and they shall mourn for him, as one mourneth for his only son, and shall be in bitterness for him, as one that is in bitterness for his firstborn.

<sup>11</sup> In that day shall there be a great mourning in Jerusalem, as the mourning of Hadadrimmon in the valley of Megiddon.

<sup>12</sup> And the land shall mourn, every family apart; the family of the house of David apart, and their wives apart; the family of the house of Nathan apart, and their wives apart;

<sup>13</sup> The family of the house of Levi apart, and their wives apart; the family of Shimei apart, and their wives apart;

<sup>14</sup> All the families that remain, every family apart, and their wives apart.



# Isaiah 58:1-5

<sup>1</sup> Cry aloud, spare not, lift up thy voice like a trumpet, and shew my people their transgression, and the house of Jacob their sins.

<sup>2</sup> Yet they seek me daily, and delight to know my ways, as a nation that did righteousness, and forsook not the ordinance of their Elohim: they ask of me the ordinances of justice; they take delight in approaching to Elohim.

<sup>3</sup> Wherefore have we fasted <sup>H6684</sup>, say they, and thou seest not? wherefore have we afflicted <sup>H6031</sup> our soul, and thou takest no knowledge? Behold, in the day of your fast <sup>H6685</sup> ye find pleasure, and exact all your labours.

<sup>4</sup> Behold, ye fast <sup>H6684</sup> for strife and debate, and to smite with the fist of wickedness: ye shall not fast <sup>H6684</sup> as ye do this day, to make your voice to be heard on high.

<sup>5</sup> Is it such a fast <sup>H6685</sup> that I have chosen? a day for a man to afflict <sup>H6031</sup> his soul? is it to bow down his head as a bulrush, and to spread sackcloth and ashes under him? wilt thou call this a fast <sup>H6685</sup>, and an acceptable day to Yahuah?



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4 Behold, ye fast <sup>H6684</sup> for strife and debate, and to smite with the fist of wickedness: ye shall not fast <sup>H6684</sup> as ye do this day, to make your voice to be heard on high.

hangry

*adj (han-gree)*

a state of emotional distress caused by dramatic hunger; a lack of food resulting in a bad temper and tantrums.

# Zechariah 7:4-6, 8-10

<sup>4</sup> Then came the word of Yahuah of hosts unto me, saying,

<sup>5</sup> Speak unto all the people of the land, and to the priests, saying, When ye fasted <sup>H6684</sup> and mourned in the fifth and seventh month, even those seventy years, did ye at all fast <sup>H6684</sup> unto me, even to me?

<sup>6</sup> And when ye did eat, and when ye did drink, did not ye eat for yourselves, and drink for yourselves?

<sup>8</sup> And the word of Yahuah came unto Zechariah, saying,

<sup>9</sup> Thus speaketh Yahuah of hosts, saying, Execute true judgment, and shew mercy and compassions every man to his brother:

<sup>10</sup> And oppress not the widow, nor the fatherless, the stranger, nor the poor; and let none of you imagine evil against his brother in your heart.

# Zechariah 8:15-19

<sup>15</sup> So again have I thought in these days to do well unto Jerusalem and to the house of Judah: fear ye not.

<sup>16</sup> These are the things that ye shall do; Speak ye every man the truth to his neighbour; execute the judgment of truth and peace in your gates:

<sup>17</sup> And let none of you imagine evil in your hearts against his neighbour; and love no false oath: for all these are things that I hate, saith Yahuah.

<sup>18</sup> And the word of Yahuah of hosts came unto me, saying,

<sup>19</sup> Thus saith Yahuah of hosts; The fast <sup>H6685</sup> of the fourth month, and the fast <sup>H6685</sup> of the fifth, and the fast <sup>H6685</sup> of the seventh, and the fast <sup>H6685</sup> of the tenth, shall be to the house of Judah joy and gladness, and cheerful feasts <sup>H4150</sup> (Moed); therefore love the truth and peace.

# SO fasting is to abstain from food

- However the word afflict is anah as we have previously established.
- The KJV translates Strong's H6685 in the following manner: fast (16x), fasting (9x), fasted (with H6684) (1x).
- fast, fasting
- Strong's Definitions [?](Strong's Definitions Legend)
- פָּצַח tsôwm, some; or פָּצַח tsôm; from H6684; a fast:—fast(-ing).

# H6685 Tsom (Fast)

- 2 Samuel 12:16
- 1 Kings 21:9, 21:12
- 2Chronicles 20:3
- Ezra 8:21
- Nehemiah 9:1
- Esther 4:3, 9:31
- Psalm 35:13, 69:10, 109:24
- Isaiah 58:3,5,6
- Jeremiah 36:6,9
- Daniel 9:3
- Joel 1:14, 2:15
- Jonah 3:5
- Zechariah 8:19

# So Ask Yourself Are we required to fast on Yom Kippur ?

Mark 2:18 And the disciples of John and of the Pharisees used to fast: and they come and say unto him, Why do the disciples of John and of the Pharisees fast, but thy disciples fast not?

2:19 And Jesus said unto them, Can the children of the bridechamber fast, while the bridegroom is with them? as long as they have the bridegroom with them, they cannot fast.

2:20 But the days will come, when the bridegroom shall be taken away from them, and then shall they fast in those days.

2:21 No man also seweth a piece of new cloth on an old garment: else the new piece that filled it up taketh away from the old, and the rent is made worse.

2:22 And no man putteth new wine into old bottles: else the new wine doth burst the bottles, and the wine is spilled, and the bottles will be marred: but new wine must be put into new bottles.

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John 3:29 He that hath the bride is the bridegroom: but the friend of the bridegroom, which standeth and heareth him, rejoiceth greatly because of the bridegroom's voice: this my joy therefore is fulfilled.

Matthew 28:20 Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you alway, *even* unto the end of the world. So Be It.

Thank You

Questions????