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“KEEP THY HEART WITH ALL DILIGENCE; FOR  
OUT OF IT ARE THE ISSUES OF LIFE.”

Proverbs 4:23



*Yorai Yahu*

**EMOTIONS**

# IQ VS EQ

IQ- FACULTY OF *THINKING* AND *UNDERSTANDING* (IE INTELLIGENCE)

EQ - IS THE CAPABILITY OF INDIVIDUALS TO RECOGNIZE THEIR OWN EMOTIONS **AND THOSE OF OTHERS, DISCERN BETWEEN DIFFERENT FEELINGS AND LABEL THEM APPROPRIATELY**, USE EMOTIONAL INFORMATION TO GUIDE THINKING AND BEHAVIOR, AND MANAGE AND/OR *ADJUST EMOTIONS* TO ADAPT TO ENVIRONMENTS OR ACHIEVE ONE'S GOAL. (IE EMOTIONAL INTELLIGENCE)



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*Yorai Yahu*

EMOTIONS

## PROVERBS 4:23

KEEP THY HEART <sup>H3820</sup> WITH ALL DILIGENCE; FOR OUT OF IT ARE THE ISSUES OF LIFE.



# STRONG'S H3820 - LEB

ROOT WORD ETYMOLOGY A FORM OF H3824

**LÊB**, LABE; A FORM OF H3824; THE HEART; ALSO USED (FIGURATIVELY) VERY WIDELY FOR THE FEELINGS, THE WILL AND EVEN THE INTELLECT; LIKEWISE FOR THE CENTRE OF ANYTHING:—CARE FOR, COMFORTABLY, CONSENT, ✕ CONSIDERED, COURAG(-EOUS), FRIEND(-LY), ((BROKEN-), (HARD-), (MERRY-), (STIFF-), (STOUT-), DOUBLE) HEART(-ED), ✕ HEED, ✕ I, KINDLY, MIDST, MIND(-ED), ✕ REGARD(-ED), ✕ THEMSELVES, ✕ UNAWARES, UNDERSTANDING, ✕ WELL, WILLINGLY, WISDOM.

## 2 SAMUEL 7:3

<sup>3</sup> AND NATHAN SAID TO THE KING, GO, DO ALL THAT IS IN THINE HEART h3824; FOR YAHUAH IS WITH THEE.

**LÊBÂB**, LAY-BAWB'; FROM H3823; USED ALSO LIKE H3820 THE HEART (AS THE MOST INTERIOR ORGAN);— BETHINK THEMSELVES, BREAST, COMFORTABLY, COURAGE, (FAINT), (TENDER-) HEART(-ED), MIDST, MIND, ✕ UNAWARES, UNDERSTANDING.



# STRONG'S H3824 - *LEBAB*

INNER MAN, MIND, WILL, HEART, SOUL, UNDERSTANDING

INNER PART, MIDST

MIDST (OF THINGS)

HEART (OF MAN)

SOUL, HEART (OF MAN)

MIND, KNOWLEDGE, THINKING, REFLECTION, MEMORY

INCLINATION, RESOLUTION, DETERMINATION (OF WILL)

CONSCIENCE

HEART (OF MORAL CHARACTER)

AS SEAT OF APPETITES

AS SEAT OF EMOTIONS AND PASSIONS

AS SEAT OF COURAGE

# RECLAIM THE THRONE OF YOUR HEART

FINALLY, BRETHREN, WHATSOEVER THINGS ARE TRUE, WHATSOEVER THINGS ARE HONEST, WHATSOEVER THINGS ARE JUST, WHATSOEVER THINGS ARE PURE, WHATSOEVER THINGS ARE LOVELY, WHATSOEVER THINGS ARE OF GOOD REPORT; IF THERE BE ANY VIRTUE, AND IF THERE BE ANY PRAISE, THINK ON THESE THINGS.

**PHILLIPIANS 4:8 (KJV)**



## PROVERBS 20:5

COUNSEL IN THE HEART OF MAN IS LIKE DEEP WATER; BUT A MAN OF UNDERSTANDING WILL DRAW IT OUT.

## JOHN 4:1-42

- ❖ SHE HAD SOME DEEP STUFF INSIDE OF HER THAT NEED TO BE PULLED OUT.....
- ❖ A MAN OF UNDERSTANDING WILL DRAW IT OUT.



## JOHN 7:38

HE THAT BELIEVETH ON ME, AS THE SCRIPTURE HATH SAID, OUT OF HIS BELLY SHALL FLOW RIVERS OF LIVING WATER.

## PROVERBS 18:21

DEATH AND LIFE ARE IN THE POWER OF THE TONGUE: AND THEY THAT LOVE IT SHALL EAT THE FRUIT THEREOF.



## ROMANS 10:17

SO THEN BELIEF COMETH BY HEARING, AND HEARING BY THE WORD OF ALUHIM.

## PROVERBS 18:4

THE WORDS OF A MAN'S MOUTH ARE AS DEEP WATERS, AND THE WELLSPRING OF WISDOM AS A FLOWING BROOK.



## PSALM 42:7

DEEP CALLETH UNTO DEEP AT THE NOISE OF THY WATERSPOUTS: ALL THY WAVES AND THY BILLOWS ARE GONE OVER ME.

PERFECT DEPICTION OF WAVES BILLOWS LIFE STORMS CAUSING YOU TO SINK...

MATTHEW 14:30 BUT WHEN HE SAW THE WIND BOISTEROUS, HE WAS AFRAID; AND BEGINNING TO SINK, HE CRIED, SAYING, YAHUSHUA, SAVE ME.

HE TOOK HIS EYES OFF YAHUSHUA....

## HEBREWS 12:2

<sup>2</sup> LOOKING UNTO YAHUSHUA THE AUTHOR AND FINISHER OF OUR BELIEF; WHO FOR THE JOY THAT WAS SET BEFORE HIM ENDURED THE CROSS, DESPISING THE SHAME, AND IS SET DOWN AT THE RIGHT HAND OF THE THRONE OF ALUHIM.



# RECLAIM THE THRONE OF YOUR HEART

## JEREMIAH 17:9-10

<sup>9</sup> THE HEART IS DECEITFUL ABOVE ALL THINGS, AND DESPERATELY WICKED: WHO CAN KNOW IT?

<sup>10</sup> | YAHUAH SEARCH THE HEART, I TRY <sup>H974</sup>THE REINS <sup>H3629</sup>, EVEN TO GIVE EVERY MAN ACCORDING TO HIS WAYS, AND ACCORDING TO THE FRUIT OF HIS DOINGS.

# H974 - BACHAN

- TO EXAMINE, TRY, PROVE
- (QAL)
  - TO EXAMINE, SCRUTINISE
  - TO TEST, PROVE, TRY (OF GOLD, PERSONS, THE HEART, MAN OF GOD)
- (NIPHAL) TO BE TRIED, PROVED
- (PUAL) TO MAKE A TRIAL



## H3629 - *KILYAH*

- KIDNEYS
- OF PHYSICAL ORGAN (LIT.)
- OF SEAT OF EMOTION AND AFFECTION (FIG.)
- OF SACRIFICIAL ANIMALS

## GENESIS 6:5

AND ALUHIM SAW THAT THE WICKEDNESS OF MAN WAS GREAT IN THE EARTH, AND THAT EVERY IMAGINATION H3336 OF THE THOUGHTS H4284 OF HIS HEART H3820 WAS ONLY EVIL CONTINUALLY.



# H3336 - *YETSER*

- FORM, FRAMING, PURPOSE, FRAMEWORK
- FORM
  - POTTERY
  - GRAVEN IMAGE
  - MAN (AS FORMED FROM THE DUST)
- PURPOSE, IMAGINATION, DEVICE (INTELLECTUAL FRAMEWORK)

# H4284 - *MACHASHABAH*

- THOUGHT, DEVICE
- THOUGHT
- DEVICE, PLAN, PURPOSE
- INVENTION



# COLOSSIANS 1:21

AND YOU, THAT WERE SOMETIME ALIENATED AND ENEMIES IN YOUR MIND G1271 BY WICKED  
WORKS, YET NOW HATH HE RECONCILED

# G1271 - *DIANOIA*

- THE MIND AS A FACULTY OF UNDERSTANDING, FEELING, DESIRING
- UNDERSTANDING
- MIND, I.E. SPIRIT, WAY OF THINKING AND FEELING
- THOUGHTS, EITHER GOOD OR BAD



## SIRACH 2:5

“FOR GOLD IS TRIED IN THE FIRE, AND ACCEPTABLE MEN IN THE FURNACE OF ADVERSITY.”

## 1 PETER 1:7

THAT THE TRIAL OF YOUR BELIEF, BEING MUCH MORE PRECIOUS THAN OF GOLD THAT PERISHETH,  
THOUGH IT BE TRIED WITH FIRE, MIGHT BE FOUND UNTO PRAISE AND HONOUR AND GLORY AT THE  
APPEARING OF YAHUSHUA MASHIAC:



## DEUTERONOMY 8:2

AND THOU SHALT REMEMBER ALL THE WAY WHICH THE YAHUAH THY ALUHIM LED THEE THESE FORTY YEARS IN THE WILDERNESS, TO HUMBLE THEE, AND TO PROVE THEE, TO KNOW WHAT WAS IN THINE HEART, WHETHER THOU WoulDEST KEEP HIS COMMANDMENTS, OR NO.

## PSALM 139:23-24

SEARCH ME, O ALUHIM, AND KNOW MY HEART H3824: TRY ME, AND KNOW MY THOUGHTS H8312:

**24** AND SEE IF THERE BE ANY WICKED WAY IN ME, AND LEAD ME IN THE WAY EVERLASTING.



# H8312 - SAR`APH

DISQUIETING THOUGHTS, THOUGHTS

**SAR`APH**, SAR-AF'; FOR H5587; COGITATION:—THOUGHT.

# THOUGHTS FOR DISCUSSION

EMOTIONS ARE NOT WRONG BUT TO BE LEAD BY EMOTIONS IS WRONG , WE ARE TO BE LED BY THE RUACH. THE MOST HIGH HAS GIVEN US EMOTIONS FOR A GUAGE TO KEEP US ACTIVE (IE ENGAGED.)

1 PETER 1:13

WHEREFORE GIRD UP **G328** THE LOINS **G3751** OF YOUR MIND, **BE SOBER**, AND HOPE TO THE END FOR THE GRACE THAT IS TO BE BROUGHT UNTO YOU AT THE REVELATION OF YAHUSHUA MASHIAC;



## G328 - ANAZŌNNYMI

TO GIRD UP

METAPH. BE PREPARED

A METAPHOR DERIVED FROM THE PRACTICE OF THE ORIENTALS, WHO IN ORDER TO BE UNIMPEDED IN THEIR MOVEMENTS WERE ACCUSTOMED, WHEN STARTING A JOURNEY OR ENGAGING IN ANY WORK, TO BIND THEIR LONG FLOWING GARMENTS CLOSELY AROUND THEIR BODIES AND FASTENED THEM WITH A LEATHER BELT.

## G3751 - OSPHYS

THE LOIN (EXTERNALLY), I.E. THE HIP; INTERNALLY (BY EXTENSION) PROCREATIVE POWER:—LOIN.



# THE MIND

- YOUR MIND IS A PRO CREATIVE POWER BUT DON'T ALLOW YOUR MIND TO TAKE YOU OUT.

## PROVERBS 25:28

HE THAT HATH NO RULE OVER HIS OWN SPIRIT (H7307) IS LIKE A CITY THAT IS BROKEN DOWN,  
AND WITHOUT WALLS.

SPIRIT (AS SEAT OF EMOTION)



# EMOTIONS WHERE GIVEN BY ALUHIM

- **ANGER:** PSALM 7:11, DEUTERONOMY 9:22, ROMANS 1:18, PSALM 37:8
- **COMPASSION:** PSALM 135:14, JUDGES 2:18, DEUTERONOMY 32:36, EXODUS 33:19
- **GRIEF:** GENESIS 6:6, PSALM 78:40, ISAIAH 63:10
- **LOVE:** 1 JOHN 4:8, JOHN 3:16, JEREMIAH 31:3
- **HATE:** PROVERBS 6:16, PSALM 5:5, PSALM 11:5
- **JEALOUSY:** EXODUS 20:5, EXODUS 34:14, JOSHUA 24:19
- **JOY:** ZEPHANIAH 3:17, NEHEMIAH 8:10, ISAIAH 62:5, ISAIAH 65:19, JEREMIAH 32:41
- **DELIGHT:** PSALM 37:4
- **FEAR:** LUKE 12:5
- **AFFECTION :** ROMANS 12:10

## ISAIAH 55:8-9

<sup>8</sup> FOR MY THOUGHTS ARE NOT YOUR THOUGHTS, NEITHER ARE YOUR WAYS MY WAYS, SAITH THE LORD.

<sup>9</sup> FOR AS THE HEAVENS ARE HIGHER THAN THE EARTH, SO ARE MY WAYS HIGHER THAN YOUR WAYS, AND MY THOUGHTS THAN YOUR THOUGHTS.



## PHILIPPIANS 2:5

LET THIS MIND BE IN YOU, WHICH WAS ALSO IN HAMSHIAC YAHUSHUA:

## ROMANS 12:1-2

I BESEECH YOU THEREFORE, BRETHREN, BY THE MERCIES OF ALUHIM, THAT YE PRESENT YOUR BODIES A LIVING SACRIFICE, HOLY, ACCEPTABLE UNTO ALUHIM, WHICH IS YOUR REASONABLE SERVICE.

<sup>2</sup> AND BE NOT CONFORMED TO THIS WORLD: BUT BE YE TRANSFORMED BY THE RENEWING OF YOUR MIND G3563, THAT YE MAY PROVE WHAT IS THAT GOOD, AND ACCEPTABLE, AND PERFECT, WILL OF GOD.



## G3563 - NOUS

- THE MIND, COMPRISING ALIKE THE FACULTIES OF PERCEIVING AND UNDERSTANDING AND THOSE OF FEELING, JUDGING, DETERMINING
  - THE INTELLECTUAL FACULTY, THE UNDERSTANDING
  - REASON IN THE NARROWER SENSE, AS THE CAPACITY FOR SPIRITUAL TRUTH, THE HIGHER POWERS OF THE SOUL, THE FACULTY OF PERCEIVING DIVINE THINGS, OF RECOGNISING GOODNESS AND OF HATING EVIL
  - THE POWER OF CONSIDERING AND JUDGING SOBERLY, CALMLY AND IMPARTIALLY
- A PARTICULAR MODE OF THINKING AND JUDGING, I.E THOUGHTS, FEELINGS, PURPOSES, DESIRES

## 1 PETER 2:21

FOR EVEN HEREUNTO WERE YE CALLED: BECAUSE HAMASHIAC ALSO SUFFERED FOR US, **LEAVING  
US AN EXAMPLE, THAT YE SHOULD FOLLOW HIS STEPS:**



# LEAVING US AN EXAMPLE, THAT YE SHOULD FOLLOW HIS STEPS

YAHUSHUA WAS NOT AN EMOTIONLESS. HE FELT WHAT WE FEEL, WEEPING WITH THOSE WHO WEPT (JOHN 11:35), FEELING COMPASSION FOR THE MULTITUDES (MARK 6:34), AND BEING OVERCOME WITH SORROW (MATTHEW 26:38). THROUGH IT ALL, HE REVEALED THE FATHER TO US (JOHN 14:9).

## 2 CORINTHIANS 10:5

<sup>5</sup> CASTING DOWN IMAGINATIONS, AND EVERY HIGH THING THAT EXALTETH ITSELF AGAINST THE KNOWLEDGE OF ALUHIM, AND BRINGING INTO CAPTIVITY EVERY THOUGHT TO THE OBEDIENCE OF HAMSHIAC;



# HIS EMOTIONS DID NOT RULE OVER HIM

ANXIETY – LUKE 22:44, FEAR- HEBREWS 5:7 PRESSURE- LUKE 12:50, TROUBLED- JOHN 11:33,  
12:27, HEAVY HEARTED- MARK 14:33

ZEAL- JOHN 2:17, DISPLEASED – MARK 10:14, ANGER- MARK 3:5, SADNESS- LUKE 19:41

## LUKE 24:26

<sup>26</sup> OUGHT NOT HAMASHIAC TO HAVE SUFFERED THESE THINGS, AND TO ENTER INTO HIS GLORY?



## 2 TIMOTHY 2:12

IF WE SUFFER, WE SHALL ALSO REIGN WITH HIM: IF WE DENY HIM, HE ALSO WILL DENY US:

## ROMANS 8:18

FOR I RECKON THAT THE SUFFERINGS OF THIS PRESENT TIME ARE NOT WORTHY TO BE COMPARED WITH THE GLORY WHICH SHALL BE REVEALED IN US.



## PROVERBS 3:5

TRUST IN YAHUAH WITH ALL THINE HEART; AND LEAN NOT UNTO THINE OWN UNDERSTANDING.

# RECLAIM THE THRONE OF YOUR HEART

FINALLY, BRETHREN, WHATSOEVER THINGS ARE TRUE, WHATSOEVER THINGS ARE HONEST, WHATSOEVER THINGS ARE JUST, WHATSOEVER THINGS ARE PURE, WHATSOEVER THINGS ARE LOVELY, WHATSOEVER THINGS ARE OF GOOD REPORT; IF THERE BE ANY VIRTUE, AND IF THERE BE ANY PRAISE, THINK ON THESE THINGS.

**PHILLIPIANS 4:8 (KJV)**



THANKS