Russia's spy networks across Europe were under threat last night as at least five EU countries prepared to expel Russian diplomats in response to the Salisbury poisoning. Britain and expel diplomats in response to the Salisbury poisoning. Theresa May in Brussels for a European Council summit. She told EU leaders that the Salisbury poisoning was part of a pattern of Russian aggression against the West. Brussels for a European Council summit. She told EU leaders that the Salisbury poisoning was part of a pattern of Russian aggression against the West.

Miss Skripal’s father, the former KGB officer Sergei Skripal, 66, had been expelled from the UK in 2006 after Moscow confirmed he was working for British intelligence. The Skripals, who are in hospital, have vowed to take concrete action in the coming days, and Germany hinted that it too would take measures as part of efforts to send “a strong common message from Europeans to Russia”.

Cancer Research UK said as it dismissed accusations of “fat-shaming”. Sir Harpal Kumar, the charity’s chief executive, said weight was “potentially the new smoking if we’re not careful… My sense would be it will be some time in the next couple of decades that we’ll see those two switch around.” Scientists looked at international evidence on causes of cancer and used the size of the obesity crisis to estimate what proportion of the UK’s 359,347 cancer cases in 2015 could have been avoided.

The most adept “natural psychologists,” however, gloomy, dinked introverts in the mould of Philip Larkin or Harper Lee. Anton Gollwitzer, a graduate student at Yale University, Connecticut, said: “Take, for instance, the novelist Ernest Hemingway, or the founder of modern psychology, William James. Without empirical backing, these individuals were able to accurately capture and communicate deep social human truths.”

Social psychology is sometimes dismissed as the art of confirming things your grandmother could have told you. Yet Mr Gollwitzer says the discipline’s findings are often counterintuitive. Taking out aggression on a symbolic target, for example, tends only to make people angrier. In another phenomenon called the bystander effect, the more people who walk past an individual in distress, the less likely any single person is to step in and help.

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“With age comes wisdom,” declared Oscar Wilde. “But sometimes age comes alone.” He was right. Scientists have found that growing older is no guarantee of growing wiser, if wisdom is an intuitive knack for grasping how others think and behave. The old did no better than the young in a test of how well they understood human foibles such as the way people tend to work harder in a group than on their own.

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May’s EU allies prepare to expel Russian diplomats

Poisoned victims face permanent brain damage

Moscow spy rings under threat from coalition

Chris Smyth Health Editor

Britain’s obesity crisis is to blame for 23,000 cases of cancer a year and is on course to overtake smoking as the main preventable cause of the disease, researchers have warned.

A third of cancers stem from unhealthy living, with one in 16 now down to being overweight or obese, according to the most detailed estimates yet. More than 2,500 cases a week could be avoided if people shunned tobacco, alcohol, bad diets and other habits now known to cause the disease. Cancer Research UK calculations published today suggestsmoking remains the biggest lifestyle cause of cancer, responsible for 54,000 cases — 15.1 per cent — annually, but the toll is falling as more people kick the habit.

Being overweight is second, causing 6.3 per cent of all cancers in Britain. This rises to 7.5 per cent among women, with obesity linked to breast and womb cancer. The 23,000 toll is up from an estimated 17,000 cases seven years ago.

Britons have become too accustomed to people being overweight and must realise what a normal size looks like, Cancer Research UK said as it dismissed accusations of “fat-shaming”.

Sir Harpal Kumar, the charity’s chief executive, said weight was “potentially the new smoking if we’re not careful… My sense would be it will be some time in the next couple of decades that we’ll see those two switch around.” Scientists looked at international evidence on causes of cancer and used the size of the obesity crisis to estimate what proportion of the UK’s 359,347 cancer cases in 2015 could have been avoided.

Take it from people who know: older is not wiser

Oliver Moody Science Correspondent

Emma Chapman

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Mr Gollwitzer and his supervisor, John Bargh, tested 1,143 participants on whether they were any good at identifying irrational tendencies of their fellow human beings. The best performers were those who were more questioning of themselves and more willing to toy with new ideas. The skill improved the irrational tendencies of their fellow human beings. The best performers were those who were more questioning of themselves and more willing to toy with new ideas. The skill improved the irrational tendencies of their fellow human beings. The best performers were those who were more questioning of themselves and more willing to toy with new ideas. The skill improved the irrational tendencies of their fellow human beings. The best performers were those who were more questioning of themselves and more willing to toy with new ideas. The skill improved the irrational tendencies of their fellow human beings. The best performers were those who were more questioning of themselves and more willing to toy with new ideas. The skill improved the irrational tendencies of their fellow human beings. The best performers were those who were more questioning of themselves and more willing to toy with new ideas. The skill improved the irrational tendencies of their fellow human beings. The best performers were those who were more questioning of themselves and more willing to toy with new ideas. The skill improved the irrational tendencies of their fellow human beings. The best performers were those who were more questioning of themselves and more willing to toy with new ideas. The skill improved the irrational tendencies of their fellow human beings. The best performers were those who were more questioning of themselves and more willing to toy with new ideas. The skill improved the irrational tendencies of their fellow human beings. The best performers were those who were more questioning of themselves and more willi...