

# 2019 Wakpaota & Hiawatha Winter Camporee

January 25, 26, & 27, 2019

Phillippo Scout Reservation, Cannon Falls, MN



## FIRST AID

The 2019 Wakpaota & Hiawatha Joint Winter Camporee will be held at **Phillippo Scout Reservation -30654 32nd Ave Way, Cannon Falls, Minnesota 55009** - on January 25, 26, & 27, 2019. We will be working on the First Aid Merit Badge. We will also be having fun with outside winter activities. Activities will be dependent on weather, but there is one element that will be available regardless of the weather and that is FUN !!

- I would like to see all troops camping outside. If needed, we will have warming shelters available for our use.
- If your troop would like to build a quinzee before the camporee, please make two phone calls:
  - You must call Ray Goranson, 507-951-6995 for a general location for your troop. Please refer the camp map for location.
  - Then contact the camp Ranger at 507-263-4324 to schedule a time to come out to camp.
- Saturday evening will have the chapel, campfire, and songs and skits (provided by the troops – bring some new ones).
- For the troops that are camping outside, we will be having a campsite inspection for the Traveling Trophy.

Other notable items for this camporee:

- Cost is \$12 per person
- Remember to bring health forms
- Remember needed safety equipment for outdoor activities
- Plan on parking in the parking lot.
- Plan on having fun!!

Needs:

- Station Volunteers
- Troop to build campfire
- Older Scout to MC the evening campfire program.

**PLEASE MAKE SURE ALL SCOUTS ARE DRESSED  
ACCORDING TO THE WEATHER.**

Questions: Ray Goranson  
Camping Chair after 5 PM 507-951-6995  
Email: [foozie101@hotmail.com](mailto:foozie101@hotmail.com)

# 2019 Wakpaota Winter Camporee – Weekend Schedule

## Friday, January 25th –

- Check in Friday afternoon / evening
- Steak Fry for leaders - Bring a steak for yourself and something to share – Staff will have potatoes and coffee.

## Saturday, January 26th –

- 9:00 AM Flag
- 9:15 AM Noon – First Aid Morning Stations
- Noon Lunch
- 1:30 PM Afternoon Stations
- 2:30 PM Campsite Inspection – Meet at Ray’s Camping Headquarters  
Possible Sledding – late afternoon
- 4:30 PM Supper
- 7:00 PM Chapel & Campfire & Skits & Songs (provided by the troops)

## Sunday, January 27th –

- Break Camp / Check Out
- Have a safe journey home !!

Questions: Ray Goranson after 5 PM 507-951-6995  
Email: [foozie101@hotmail.com](mailto:foozie101@hotmail.com)

**First aid** - caring for injured or ill persons until they can receive professional medical care - is an important skill for every Scout. With some knowledge of first aid, a Scout can provide immediate care and help to someone who is hurt or who becomes ill. First aid can help prevent infection and serious loss of blood. It could even save a limb or a life.

## Requirements

<b>Pre-Requisites for Camporee: Requirement #1</b> <b>On Your Own: Requirement #5 AND #14</b>
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1. Satisfy your counselor that you have current knowledge of all first-aid requirements for Tenderfoot, Second Class, and First Class ranks.

2. Explain how you would obtain emergency medical assistance from:

- (a) Your home
- (b) A remote location on a wilderness camping trip
- (c) An activity on open water

3. Define the term triage. Explain the steps necessary to assess and handle a medical emergency until help arrives.

4. Explain the universal precautions as applied to the transmission of infections. Discuss the ways you should protect yourself and the victim while administering first aid.

5. Prepare a first-aid kit for your home. Display and discuss its contents with your counselor.

6. Describe the early signs and symptoms of each of the following and explain what actions you should take:
  - (a) Shock
  - (b) Heart attack
  - (c) Stroke
  
7. Do the following:
  - (a) Describe the conditions that must exist before performing CPR on a person. Then demonstrate proper CPR technique using a training device approved by your counselor.
  - (b) Explain the use of an automated external defibrillator (AED). Identify the location of the AED at your school, place of worship, and troop meeting place, if one is present.
  
8. Show the steps that need to be taken for someone suffering from a severe cut on the leg and on the wrist. Tell the dangers in the use of a tourniquet and the conditions under which its use is justified.
  
9. Explain when a bee sting could be life threatening and what action should be taken for prevention and for first aid.
  
10. Describe the signs and symptoms and demonstrate the proper procedures for handling and immobilizing suspected closed and open fractures or dislocations of the
  - (a) Forearm (b) Wrist (c) Upper leg (d) Lower leg (e) Ankle
  
11. Describe the signs, symptoms, and possible complications and demonstrate care for someone with a suspected injury to the head, neck, or back.
  
12. Describe the symptoms, proper first-aid procedures, and possible prevention measures for the following conditions:
  - (a) Anaphylaxis/allergic reactions
  - (b) Bruises
  - (c) Sprains or strains
  - (d) Hypothermia
  - (e) Frostbite
  - (f) Burns—first, second, and third degree
  - (g) Convulsions/seizures
  - (h) Dehydration
  - (i) Muscle cramps
  - (j) Heat exhaustion
  - (k) Heat stroke
  - (l) Abdominal pain
  - (m) Broken, chipped, or loosened tooth
  
13. Do the following:
  - (a) Describe the conditions under which an injured person should be moved.
  - (b) If a sick or an injured person must be moved, tell how you would determine the best method. Demonstrate this method.
  - (c) With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.
  
14. Teach another Scout a first-aid skill selected by your counselor.

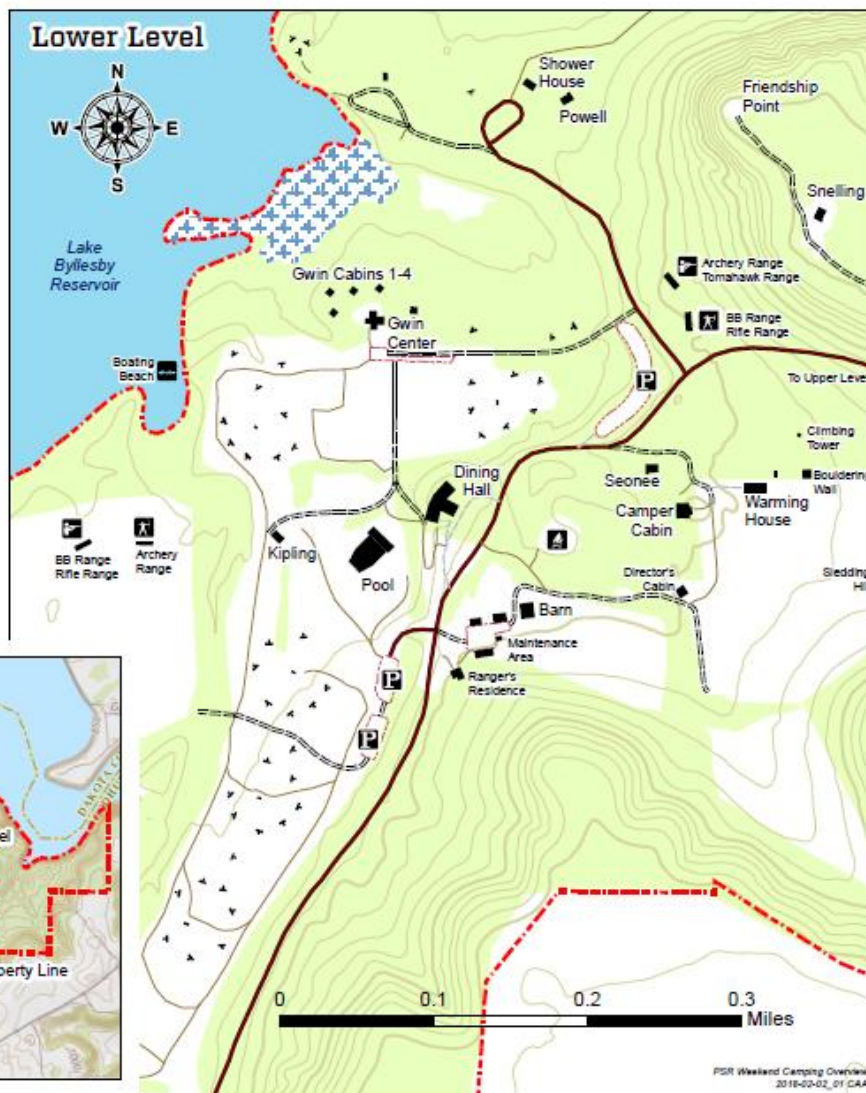
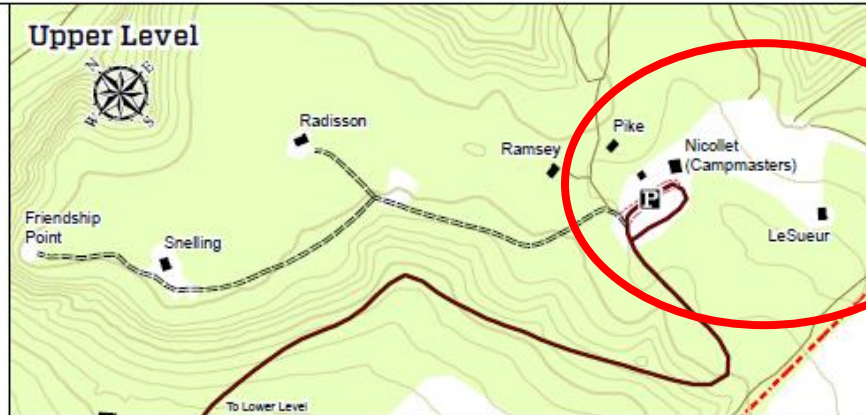


Camporee takes place in the red circle area. Please park in the designated lot. Warming shelters are Pike and LeSueur.



# Phillippo Scout Reservation

30600 32nd Avenue Way  
Cannon Falls, MN 55009  
507-263-4324  
camp.northernstarbsa.org



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PSR Weekend Camping Overview  
2018-2022, 01 CAA

Larger map of our camping area.

