

Recovery Institute of Nevada/New Century Health Services

Our Mission:

While acknowledging addiction as a chronic neurobiological disease that can be successfully managed, Recovery Institute of Nevada seeks to improve the lives of those affected including the patient, their loved ones and their community. New Century Health Services are designed to enhance the mental and physical health of our patients. Together, our comprehensive health care services help patient's develop optimal health and wellness.

What Makes Us Unique?

RIN was founded by two parents with adult children who have struggled with addiction and mental health challenges for nearly their entire lives. After discovering the lack of availability of quality, evidence based, and client-centered treatment programs, a call to action led to the creation of the Recovery Institute of Nevada. RIN seeks to provide clients and their families with effective, respectful and dignified treatment services led by professionals with expertise in the field of addiction science. Our sister company, New Century Health Services, allows us to provide comprehensive health services to our patients including mental health services and primary care. We believe that true wellness involves a commitment to the health of body, mind and spirit.

Ambulatory Detoxification/Withdrawal Management

Detoxification is a medical regimen conducted under the supervision of a physician/nurse practitioner to systematically reduce the amount of the addictive substance in a patient's body. Detoxification provides reasonable control of active withdrawal symptoms and, in some cases, averts a medical crisis related to the addictive substance. Medical providers assess the patient's appropriateness for ambulatory detoxification services which allow patients to undergo detoxification in the comfort of their own home with minimal physical/psychological discomfort. Patient's that are not deemed appropriate for ambulatory detoxification services (based on medical criteria per ASAM guidelines) will be referred to an inpatient detoxification provider.

FDA Approved Medication Assisted Treatment for Substance Use Disorders

Medication-Assisted Treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a "whole-patient" approach to the treatment of substance use disorders. Research shows that a combination of medication and therapy can successfully treat these disorders, and for some people struggling with addiction, MAT can help sustain recovery.

MAT is primarily used for the treatment of addiction to opioids such as heroin and prescription pain relievers that contain opiates. The prescribed medication operates to normalize brain chemistry, block the euphoric effects of alcohol and opioids, relieve physiological cravings, and normalize body functions without the negative effects of the abused drug. Medications used in MAT are approved by the Food and Drug Administration (FDA), and MAT programs are clinically driven and tailored to meet each patient's needs. Recovery Institute of Nevada utilizes buprenorphine, naltrexone, acamprosate and disulfiram medications to assist patients in long term recovery.

Intensive Outpatient Program

IOP consists of group sessions hosted three times per week for three hours each. Individual 60 minute counseling sessions compliment the group work and are held weekly. Family members are encouraged to attend designated family group sessions and individual sessions as needed. Program length 8 weeks followed by 4 weeks of Outpatient Program services.

Outpatient Program

OP consists of weekly 60 minute individual sessions and a minimum of weekly two hour group sessions. Family sessions are incorporated based on client needs and may include participation in group or individual sessions. Program length 8 - 12 weeks.

Individual, group and family counseling services

Cognitive Behavioral Therapy, Motivational Enhancement, Motivational Interviewing, and Relapse Prevention Skill Building are core components of individual, group and family counseling services.

Psychosocial Rehabilitation Services

Psychosocial rehabilitation (also termed psychiatric rehabilitation or PSR) promotes personal recovery, successful community integration and satisfactory quality of life for persons who have a mental illness or mental health concern. PSR helps individuals develop skills and access resources needed to increase their capacity to be successful in the living, working, learning and social environments of their choice and include a wide continuum of services and supports. PSR approaches are evidence-based best and promising practices in the key life domains of Employment, Education, Leisure, Wellness and Basic Living Skills as well as Family Involvement and Peer Support and Peer Delivered services.

Basic Skills Training

Basic Skills Training services are Rehabilitative Mental Health interventions designed to reduce cognitive and behavioral impairment and restore recipient to their highest level of functioning. BST recipients gain the ability to socialize and communicate effectively and appropriately. Personal safety is also an important component of BST as well as other important basic living skills such as time management and organization.

Teletherapy Services

For those who have a busy schedule, teletherapy allows the patient to receive individual counseling services in their home or office through the use of their own computer. For those who need discreet, confidential services, teletherapy eliminates the need to visit a substance abuse treatment clinic.

Equine Assisted Therapy

EAGALA Model Equine Assisted Therapy: This model involves no riding or horsemanship, making it both safe and effective. Clients work directly with horses face-to-face on the same footing. This ground level work enables clients to better perceive the horses' actions and reactions as they work to process and solve their life challenges. Under the trained eye of the EAGALA Treatment Team, horses offer clients honest feedback and usable information that helps them understand how their process and actions affect others and impacts their lives.

Eye Movement Desensitization Reprocessing

Eye Movement Desensitization and Reprocessing (EMDR) is an innovative psychotherapeutic intervention that takes a collaborative approach which facilitates the trauma informed care needed to assist many men and women truly heal each person's mind, body and spirit. This research informed protocols focus on three prongs: the past, present and future utilizing bilateral stimulation. EMDR is supported by an integrated system of evidence based practices for emotional, physical and spiritual healing of individuals and families. Recovery can ultimately be achieved and maintained for a lifetime.

EMDR is based on the theory that our mind processes our memories during Rapid Eye Movement (REM) sleep so that when physically these eye movements occur during an 8 phase treatment protocol activates the body's own natural healing system in the brain and as the memory are processed, distress can be alleviated and generalized to other past, present and future situations enabling for a healthier response. Each individual has different needs so the amount of time needed does vary from client to client but EMDR therapy produces results more rapidly than previous forms of therapy.

Medication Management for Mental Health Disorders

Medication management is patient-centered care that optimizes safe, effective, appropriate drug therapy. Care is provided through collaboration between the patient and our healthcare provider. The use of FDA approved medications, in combination with counseling and behavioral therapies, allows us to provide a "whole-patient" approach to the treatment of mental health disorders.

Primary Health Care Services

At its heart, primary health care is about caring for people, rather than simply treating specific diseases or conditions. PHC provides comprehensive, accessible, community-based care that meets the health needs of individuals throughout their life. This includes a spectrum of services from prevention (i.e. vaccinations and family planning) to management of chronic health conditions.

