

Amyris Essential Oil- Haiti

Botanical Name: *Amyris balsamifera*

Properties: Antiseptic, emollient, sedative

Basil Essential Oil - Vietnam

Botanical Name: *Ocimum basilicum*

Traditional Use: Basil is a sacred plant in India, and used in ayurvedic medicine. It has been used as a strewing herb to reduce odors, and has many culinary applications.

Properties: Antibacterial, antiseptic, antispasmodic, carminative, cephalic, digestive, emmenagogue, expectorant, febrifuge, nervine, stimulant, stomachic, tonic

Benzoin Resin Oil- Laos

Botanical Name: *Styrax benzoin*

Aroma: Soft, sweet, warm, vanilla-like

Traditional Use: Benzoin has been used for centuries in Asia and India as an incense and perfume.

Properties: Anti-inflammatory, antioxidant, antiseptic, astringent, carminative, cordial, deodorant, diuretic, expectorant, sedative, styptic, vulnerary

Bergamot Essential Oil - Italy

Botanical Name: *Citrus bergamia*

Aroma: Fresh, spicy, floral, citrus

Largest Producing Countries: Italy, California, and Mediterranean countries

Traditional Use: Bergamot has a long history of use in potpourri and perfume recipes.

Properties: Analgesic, anthelmintic, antibacterial, antidepressant, antiseptic, antispasmodic, astringent, carminative, deodorant, digestive, diuretic, expectorant, febrifuge, laxative, rubefacient, sedative, stimulant, stomachic, tonic, vulnerary

Cajeput Essential Oil- Nepal

Botanical Name: *Melaleuca minor*

Traditional Use: It is known for producing a sensation of warmth. In Australia the crushed leaves and twigs have been utilized in traditional medicine applications.

Properties: Analgesic, antibacterial, antimicrobial, antineuralgic, antiseptic, antispasmodic, carminative, diaphoretic, expectorant, febrifuge, insecticide, sudorific, tonic, vulnerary

Chamomile, Roman Essential Oil - Hungary

Botanical Name: *Arthemis nobilis* or *Chamaemelum nobile*

Traditional Use: Chamomile has been used as a strewing herb. The oil is used in perfumery and has a high ester content which makes this oil a valuable antispasmodic.

Properties: Analgesic, antibacterial, anti-inflammatory, antimicrobial, antineuralgic, antiphlogistic, antiseptic, antispasmodic, carminative, cholagogue, digestive, emmenagogue, febrifuge, hepatic, sedative, stomachic, sudorific, tonic, vermifuge, vulnerary

Clary Sage Essential Oil- France

Botanical Name: *Salvia sclarea*

Traditional Use: This oil has an extensive history in perfumery. It is considered a fixative, and adds a warming note to a blend.

Properties: Antibacterial, antiphlogistic, antiseptic, antispasmodic, aphrodisiac, astringent, carminative, deodorant, digestive, emmenagogue, euphoric, nervine, sedative, stomachic, vulnerary

Clove Bud Essential Oil - Sri Lanka

Botanical Name: *Syzygium aromaticum*

Traditional Use: This oil is usually associated with dental preparations due to its analgesic properties. Clove also has a long history in Chinese medicine.

Properties: Analgesic, antiaging, antibacterial, ant clotting, antifungal, anti-inflammatory, antimicrobial, antispasmodic, antioxidant, antiseptic, antiviral, carminative, expectorant, insecticide, stimulant

Copaiba Balsam Essential Oil - Brazil

Botanical Name: *Copaifera officinalis*

Traditional Use: This oil has been is mostly utilized in the fragrance industry, and has some skin care applications.

Properties: Antibacterial, anti-inflammatory, disinfectant, diuretic, expectorant, stimulant

Cypress Essential Oil - Morocco

Botanical Name: *Cupressus sempervirens*

Traditional Use: Has been used for thousands of years as a cleansing incense for several Nepalese and Tibetan cultures. Cypress trees were planted outside of temples and burial grounds by the Greeks and Romans.

Properties: Antibacterial, anti-inflammatory, antiseptic, antispasmodic, astringent, deodorant, diuretic, emmenagogue, expectorant, febrifuge, insecticide, sedative, tonic

Elemi Essential Oil - Philippines

Botanical Name: *Canarium luzonicum*

Traditional Use: Elemi was included in the aromatic blend that the Egyptians used for embalming.

Properties: Analgesic, antiseptic, antiviral, expectorant, fungicidal, regulatory, stimulant, tonic

Eucalyptus, Lemon Essential Oil- Brazil

Botanical Name: *Eucalyptus citriodora*

Traditional Use: Eucalyptus lemon is mostly seen in the fragrance industry. More recently it has become a popular addition to natural bug repellants.

Properties: Antiseptic, antiviral, bactericidal, calmative, deodorant, expectorant, fungicidal, insecticide.

Geranium Essential Oil - Egypt

Botanical Name: *Pelargonium graveolens*

Traditional Use: Throughout history geranium has been known as a powerful wound healer. It has been utilized medicinally and in the fragrance industry.

Properties: Analgesic, antibacterial, antidepressant, antidiabetic, anti-inflammatory, antiseptic, astringent, cicatrizant, deodorant, diuretic, emmenagogue, hepatic, insecticide, regenerative, rubefacient, sedative, styptic, tonic, vasoconstrictor, vermifuge, vulnerary

Jasmine Absolute Oil - Egypt

Botanical Name: *Jasminum grandiflorum*

Traditional Use: Jasmine has a long history in perfumery including Cleopatra and Louis XVI.

Properties: Analgesic, anti-inflammatory, aphrodisiac, carminative, emmenagogue, expectorant, tonic

Lavender Essential Oil - Bulgaria

Botanical Name: *Lavandula angustifolia*

Traditional Use: Lavender oil is known for its skin healing properties and its use as a sedative. The herb has been used for strewing, and the flowers are used as an aromatic.

Properties: Analgesic, antibacterial, anti-inflammatory, antimicrobial, antiseptic, antispasmodic, aromatic, carminative, cholagogue, deodorant, diuretic, emmenagogue, insecticide, nervine, sedative, stimulant, stomachic, vulnerary

Lemongrass Essential Oil - Sri Lanka

Botanical Name: *Cymbopogon flexuosus*

Traditional Use: The oil is widely used as an addition to bug repellants, and for its lemony aroma. It is also used for the isolation of citral.

Properties: Analgesic, antifungal, anti-inflammatory, antimicrobial, antioxidant, antiparasitic, antiseptic, antiviral, astringent, bactericidal, carminative, deodorant, digestive, febrifuge, fungicidal, insecticidal, nervine, sedative, tonic

Mandarin Essential Oil - Brazil

Botanical Name: *Citrus reticulata*

Traditional Use: Both in perfumery and as a flavoring agent.

Properties: Antiseptic, antispasmodic, carminative, digestive, diuretic, hypnotic, laxative, lymphatic stimulant, sedative, tonic

Myrrh Essential Oil - Somalia

Botanical Name: *Commiphora myrrha*

Traditional Use: In the fragrance industry the oil is used as a fixative.

Properties: Anticatarrhal, antifungal, anti-inflammatory, antimicrobial, antiseptic, antispasmodic, antiviral, astringent, carminative, cicatrisant, emmenagogue, expectorant, fungicidal, sedative, stomachic, tonic, uterine, vulnerary

Neroli (Orange Flower) Essential Oil - Morocco

Botanical Name: *Citrus aurantium*

Traditional Use: In perfumery neroli is used as both a base note and a top note depending on the oils that it is blended with. It is also known for its calming effects.

Properties: Antibacterial, anti-inflammatory, antiseptic, antispasmodic, aphrodisiac, carminative, fungicidal, sedative, tonic

Orange (Sweet) Essential Oil -USA

Botanical Name: *Citrus sinensis*

Traditional Use: Known as an uplifting oil. Orange oil is often found in household cleaners.

Properties: Anticoagulant, anti-inflammatory, antiseptic, antispasmodic, bactericidal, carminative, cholagogue, digestive, diuretic, expectorant, fungicidal, stimulant, stomachic, tonic

Palmarosa Essential Oil- Nepal

Botanical Name: *Cymbopogon martinii*

Traditional Use: Primarily used in the fragrance industry, it is also known as an insect repellent.

Properties: Antibacterial, antifungal, antiseptic, antiviral, digestive, febrifuge, nervine, stimulant, tonic

Patchouli Essential Oil- Indonesia

Botanical Name: *Pogostemon cablin*

Traditional Use: Used as an insect repellent for shipping fabric. The oil is also well known as an incense and base note in perfumery.

Properties: Antibacterial, antiemetic, anti-inflammatory, antimicrobial, antiphlogistic, antiseptic, antiviral, bactericidal, carminative, decongestant, deodorant, febrifuge, laxative, nervine, stimulant, stomachic, tonic

Of Interest: Patchouli oil is considered to improve with age. This is why you can find many

different colors and aroma profiles on the market. If you do not like the aroma of a certain distillation now, you may love it later.

Peru Balsam Essential Oil- France

Botanical Name: *Myroxylon balsamum*

Traditional Use: Peru Balsam has a very soft aroma, and adds a resinous note to a blend in perfumery.

Properties: Anti-inflammatory, antiseptic, cicatrix, expectorant, stimulant

Rose Absolute Oil- Bulgaria

Botanical Name: *Rosa damascena*

Traditional Use: Used mostly in the fragrance industry.

Properties: Antiviral, aphrodisiac, astringent, depurative, emmenagogue, sedative, tonic

Of Interest: Distillation yields 1 pound oil per 10,000 pounds of roses.

There are some 250 species of rose, and over 10,000 different hybrid varieties. Only three are commonly used for oil extraction.

Rosemary Essential Oil- Tunisia

Botanical Name: *Rosmarinus officinalis*

Traditional Use: Best known for its aid in memory and hair loss. It is also considered a symbol of love, and the sprigs have been traditionally used in wedding ceremonies.

Properties: Analgesic, antiarthritic, antibacterial, antioxidant, antirheumatic, antiseptic, antispasmodic, aphrodisiac, astringent, carminative, cholagogue, cordial, decongestant, diaphoretic, digestive, diuretic, emmenagogue, expectorant, fungicidal, hepatic, hypertensive, nervine, restorative, rubefacient, stimulant, stomachic, sudorific, tonic, vermifuge, vulnerary

Sandalwood (Australian) Essential Oil

Botanical Name: *Santalum spicatum*

Traditional Use: Used as a substitute for Indian Sandalwood in perfumery.

Properties: Antiphlogistic, antiseptic, antispasmodic, aphrodisiac, astringent, bactericidal, carminative, decongestant, diuretic, emollient, expectorant, fungicidal, insecticidal, sedative, tonic

Of Interest: Australian Sandalwood represents an ecologically responsible alternative to traditional Indian Sandalwood.

Tea Tree Essential Oil- Kenya

Botanical Name: *Melaleuca alternifolia*

Traditional Use: Widely known for its healing properties for the skin.

Properties: Analgesic, antibacterial, antifungal, anti-inflammatory, antimicrobial, antiparasitic, antiseptic, antiviral, decongestant, deodorant, diaphoretic, expectorant, fungicidal, immune stimulant, insecticide, vulnerary

Vetiver Essential Oil- Sri Lanka

Botanical Name: *Vetiveria zizanoides*

Traditional Use: Vetiver root has been utilized for its fragrance for many years. It has been used to scent fabric, and woven into baskets, mats, and window coverings.

Properties: Analgesic, antibacterial, antifungal, anti-inflammatory, antimicrobial, antioxidant, antiseptic, antispasmodic, cell proliferant, depurative, emmenagogue, rubefacient, sedative, stimulant, tonic, vermifuge, vulnerary

Ylang Ylang Essential Oil- Madagascar

Botanical Name: *Cananga odorata*

Traditional Use: Used throughout the fragrance industry. Ylang ylang is also known for its sedative properties.

Properties: Antibacterial, antidepressant, antifungal, anti-inflammatory, antiseptic, antispasmodic, aphrodisiac, cell proliferant, disinfectant, expectorant, nervine, sedative, vulnerary

Carrier oils used

Organic Jojoba Oil - Mexico

Botanical Name: Simmondsia Chinensis

Cold pressed Unrefined from seeds

Organic Coconut Oil- Mexico

Extra Virgin Cold pressed