

Reviewing My Year

The best thing that happened was...

The biggest challenge I experienced was...

The biggest, most unexpected joy was...

My smartest decision was...

The best books, tv, or podcasts were...

I wish I'd done more...

I wish I'd done less...

I managed stress...

I grew emotionally or spiritually...

I grew physically or mentally...

Recapping My Year

What isn't working...

What is working...

I served...

I took risks...

I was distracted...

I best used my time...

I need to acknowledge
and thank...

My most valuable
relationships are...

The biggest influences
in my life are...

This year's recurring
theme was...

Refocusing My Year

My 2018 mantra is...

Some new experiences to prioritize...

I want to do more...

I need to delete...

I want to read, watch, or listen to...

I want to organize...

I want to connect...

I want to collaborate...

I want to deepen...

I want to be the kind of person who...