

How to prepare for an emergency!

A natural disaster can happen at any time

Recommended Items to include in a Basic Emergency Supply Kit:

- **Water, one gallon of water per person per day for at least three days for drinking and sanitation.**
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- **Food, at least a three day supply of non-perishable food**
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- **Battery-powered or extra batteries for TV Portable, Flashlight or Lamp**
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- **First aid kit**
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- **Whistle to signal for help**
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- **Dust Mask, to help filter contaminated air and plastic sheeting and duct tape to shelter in place**
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- **Dome Tent**
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- **Paper towel, garbage bags for personal sanitation**
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- **Tools for wrench or others to turn off utilities**
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- **Can opener for foods**
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- **Local maps**
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- **Car chargers for PDA, Pager and Cell phone**
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- **See police, CERT (Community Emergency Response Team) or EMT (Emergency Medical Technicians)**