

# Medicare Check-up & Wellness Event



Wednesday, October 24th  
1265 W. Second Street, Xenia  
Xenia Community Center  
(next to the Council's office)

## 11am to 4pm - Wellness Displays, Information & Demos in the Gym

- ◆ Blood Sugar Checks
- ◆ Brain Fitness Resources
- ◆ Fall Prevention Strategies & Resources
- ◆ Drums Alive—including interactive demonstrations
- ◆ Keeping Our Bodies in Motion: New Strategies for Enhanced Mobility
- ◆ Homebound Delivery/Pick-Up of Library Books and Resources on Overall Wellness
- ◆ Reducing Your Risk for Heart Disease and Stroke
- ◆ Medicare Fraud & Identity Theft
- ◆ Secure Shredding Bins On-site - drop off old papers/records/documents
- ◆ Healthy Refreshments, Door Prizes & Giveaways

## 11am to 5pm - Medicare D & Advantage Plan Review

- ◆ Staff & volunteers will be on hand to individually review your 2019 Medicare Options

*You will need to bring your Medicare and any other insurance cards & your medications list, including dosage information.*

**Open Enrollment Runs Oct 15th thru Dec 7th**

**ALL Medicare Beneficiaries Should Review Their Options!**

For more information,  
contact the Council  
937-376-5486  
info@gcco.org  
www.gcco.org



## Event Partners

Ohio Senior Health Insurance Information Program (OSHIIP)

Greene County Public Health

Greene County Library

Greene Inc.

Greene Memorial Hospital/Soin Medical Center

Social Security

Pro Seniors

Barr's Hometown Pharmacy of Xenia

Rehab At Home

WBZI

Beavercreek, Fairborn, Xenia & Yellow Springs Senior Centers

