



Enabling Gifts

SOME QUESTIONS TO HELP US GROW OUR CAPACITIES to recognise, appreciate, draw forth and enable the giving and receiving of gifts: our own and other peoples.

- What are some of the gifts that I have received in the past year? (and/or ...in my life?)
- What are some of the gifts I have given or contributed, in the past year? (and/or ... in my life?)
- What are some of the legacies I might like to be leaving my world?
- What are some gifts I have noticed others around me contributing/giving to their friends/loved ones/colleagues/communities?
- What are some of the gifts I have noticed others around me receiving from their friends/loved ones/colleagues/communities?
- *Choose one of the gifts that you have received.* What difference has this gift made to my life?
- *Choose one of the gifts that you have noticed others giving.* What difference does this gift make to the world around them?
- Who are some of my greatest teachers/role models when it comes to the giving and receiving of gifts? What are some of the things I have learned from them?
- What difference might it make to my professional (and personal?) life to be carrying these questions with me in my life?
- What are some of my favourite stories, ideas, wisdoms and questions around enabling gifts?

“A gift is not a gift until it is given”



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Maximising your Centre's potential through community collaboration and engagement