

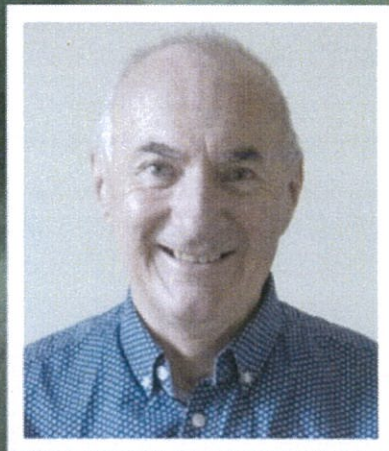


# ANNUAL REPORT

2017/18

NUMBER 10  
SOUTHLAND YOUTH  
ONE STOP SHOP

10 DEVERON STREET  
INVERCARGILL



**GRAHAM FLETCHER**  
BOARD CHAIR



Cyril Gilroy



Kaye Crowther



Jonathan Cross



Christine Menzies



Regan Thwaites



Luisa Kuresa



Jane Chalmers



Matt McDonald

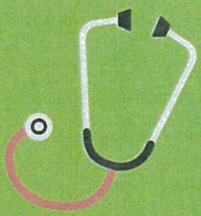


Sarah McKenzie

## A message from the Chairman

Graham Fletcher  
Southland Youth  
One Stop Shop  
Trust Board

It is with great pleasure that I present this Annual Report on behalf of the Southland Youth One Stop Shop Board for the year 1 April 2017 through 31 March 2018. I hope you'll join me in this opportunity to celebrate, to acknowledge the support we have received from many quarters, and to appreciate the commitment and passion of our Number 10 team. Our vision at Number 10 is healthy resilient young people, which we pursue by empowering the health and wellbeing of young people in a safe, youth-friendly environment. Since the Southland Youth One Stop Shop doors opened at 10 Deveron St in June 2008, our dream of a wrap-around service for youth aged 10-24 years has motivated and inspired us. We're so appreciative to the new owners of the property who have given us the opportunity to remain at 10 Deveron St for another ten years. On behalf of the board, staff, our clients and community – a sincere thank you to all our partners, funders, and supporters. Without your contribution and assistance, we could not make the difference we do for young people and their whanau. One of our biggest assets is our small team of dedicated staff; we thank them for their commitment to our youth. We look forward to the 2018-2019 year being a successful one filled with positive impacts for young people in Southland.



## ***WHAT SERVICES DID YOUNG PEOPLE ACCESS AT NUMBER 10?***

**3423**

**MEDICAL APPOINTMENTS ATTENDED**

**1118**

**YOUTH ATTENDING MEDICAL APPOINTMENTS**

**1040**

**MENTORING OR ADVOCACY APPOINTMENTS ATTENDED**

**109**

**YOUTH ATTENDING MENTORING OR ADVOCACY APPOINTMENTS**

**9**

**YOUTH GROUPS**

**76**

**YOUTH GROUP PARTICIPANTS**

**137**

**RANGATAHI SPORTS DAY COMPETITORS**

***YOUNG PEOPLE HAVE ACCESS TO A RANGE OF YOUTH-FRIENDLY SERVICES PROVIDED BY NUMBER 10. YOUTH BOOK MEDICAL APPOINTMENTS WITH OUR NURSES AND DOCTORS. THE SOCIAL SERVICES TEAM PROVIDES CASE MANAGEMENT, ONE ON ONE MENTORING, GROUP PROGRAMMING, ADVOCACY AND EVENTS. SERVICES ARE PROVIDED IN A STRENGTH-BASED MANNER WITH THE GOAL OF BUILDING SKILLS AND RESILIENCE OF YOUTH SO THAT THEY CAN LEARN, GROW AND THRIVE***

# CLINICAL SERVICES

## Why do young people come to Number 10?

- ⇒ Many young people have limited access to health services due to financial constraints
- ⇒ Without Number 10's free services, youth may resort to the hospital ED to address their health needs
- ⇒ Delays in seeking treatment sometimes results in health issues moving from acute to chronic



## PRESENTING ISSUES



Sexual Health

**3,130**



Physical Health

**1,150**



Mental Health

**1,044**



Alcohol/Drug

**138**



Safety

**68**



Other

**778**

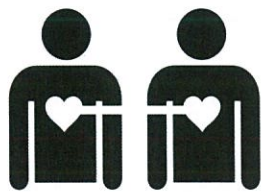
Clinical issues presented for the period 01 April 2017 through to 31 March 2018. 1118 young people were seen by Number 10's clinical team during this period. Each young person presents with one or more issues within a 20 minute appointment.

# SOCIAL SERVICES

## Why do young people come to Number 10?

- ⇒ Young people approach Number 10's social services team for a variety of reasons, including relationship issues, identity, mental and physical health concerns
- ⇒ Some youth identify a problem or issue to explore and approach Number 10 seeking help to address it
- ⇒ Others have chosen a skill they want to build through participating in Number 10 programming

## PRESENTING ISSUES



Relationships

**430**



Identity

**156**



Mental health

**157**



Physical Health

**158**



Safety

**138**



Other

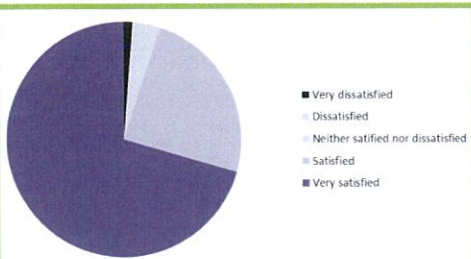
**359**

Social services issues presented for period 01 April 2017 through to March 31 2018. Approximately 200 young people were seen by Number 10's Social Services team during this period. Each young person presents with one or more issues within a 1-hour appointment.

# Number 10 Southland Youth One Stop Shop

## At a Glance

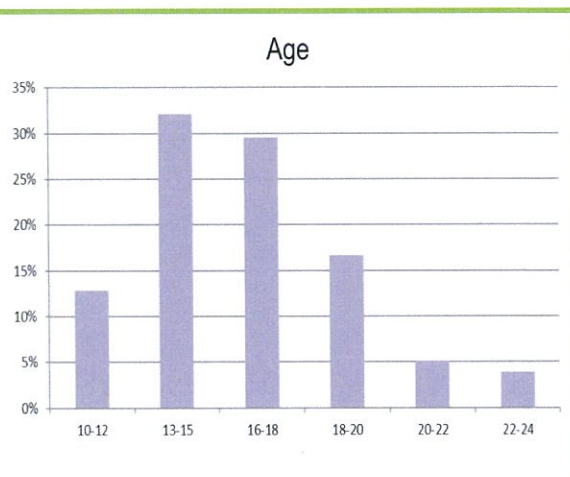
### SATISFACTION



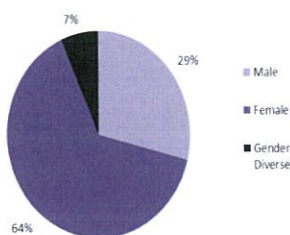
95% of respondents were either satisfied or very satisfied with the Southland YOSS

A total of 85 young people provided feedback about their experience with Number 10 in 2017/18

### WHO DID WE REACH?



### Gender



70% of respondents reported they felt better and/or happier about themselves

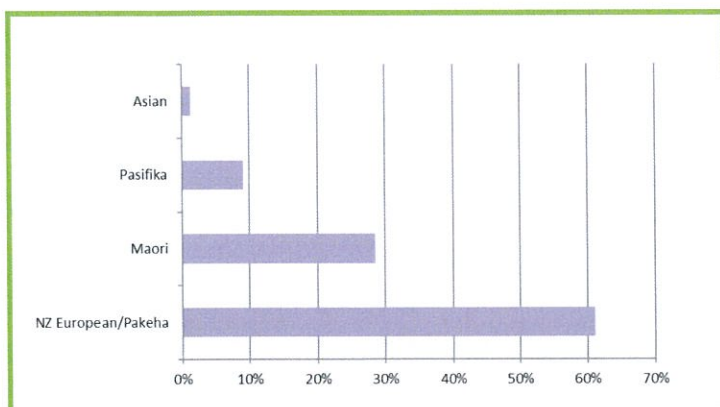


68% of respondents reported their confidence had increased

73% of respondents reported they felt more hopeful about their future and have a sense of purpose/direction

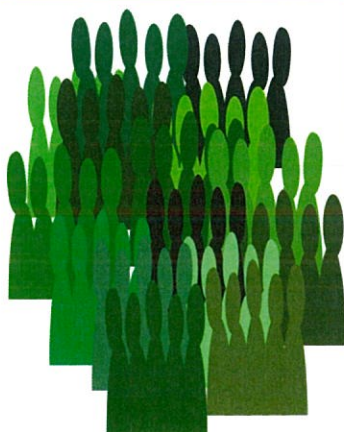
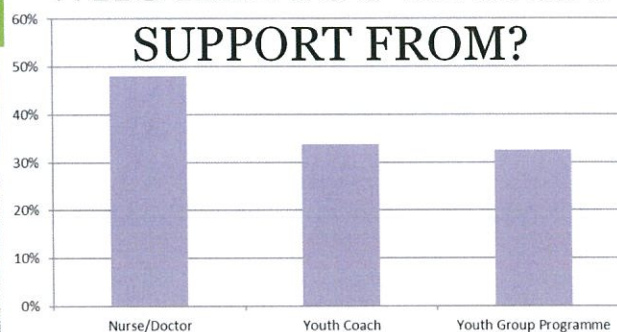


### ETHNICITY



Note: Ethnicity and support questions are multi response so will total to more than the number of total participants

### WHO ARE YOU GETTING SUPPORT FROM?



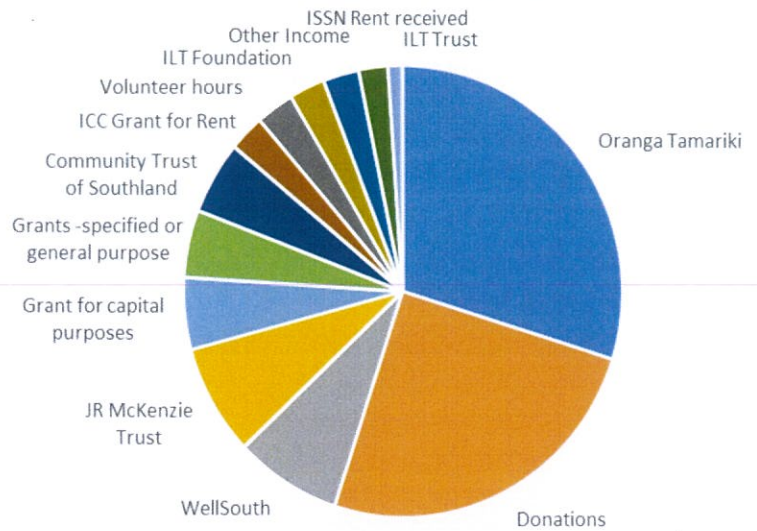


WHO PROVIDES FINANCIAL SUPPORT TO NUMBER 10?

SOUTHLAND YOUTH ONE STOP SHOP  
FINANCIALS FOR THE YEAR ENDED 31 MARCH 2018

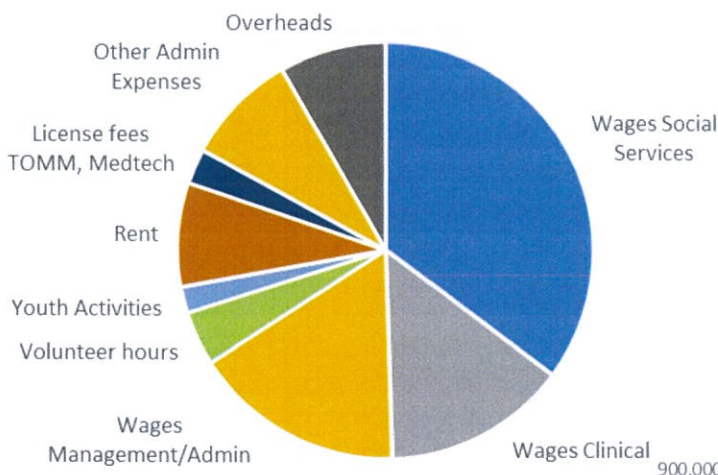
Income	Actual 2017-18	
Oranga Tamariki	284,600	30%
Donations	240,823	25%
WellSouth	75,000	8%
JR McKenzie Trust	75,360	8%
Grant for capital purposes	49,247	5%
Grants -specified or general purpose	46,037	5%
Community Trust of Southland	50,000	5%
Volunteer hours	25,046	3%
ICC Grant for Rent	27,000	3%
ILT Foundation	25,000	3%
Other Income	25,550	3%
ISSN Rent received	20,640	2%
ILT Trust	10,000	1%
<b>Total Income</b>	<b>954,303</b>	<b>100%</b>

Actual Income 2017-18



HOW WAS THE MONEY SPENT?

Actual Expenses 2017-18

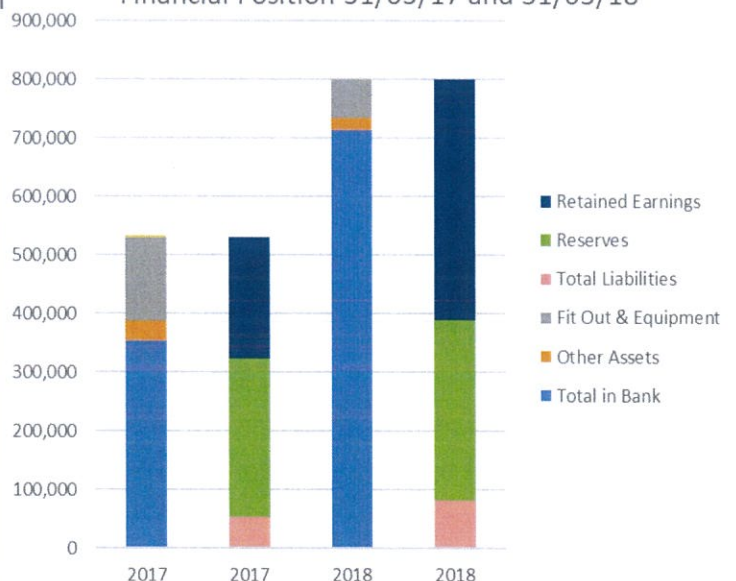


Expenses	Actual 2017-18	
Wages Social Services	209,088	35%
Wages Clinical (incl. Locums)	85,277	14%
Wages Management/Admin	97,247	16%
Volunteer hours	25,046	4%
Youth Activities	12,105	2%
Rent	48,000	8%
License fees TOMM, Medtech	16,274	3%
Other Admin Expenses	52,134	9%
Overheads	49,307	8%
<b>Total Expenses</b>	<b>594,478</b>	<b>100%</b>

WHAT IS NUMBER 10'S CURRENT FINANCIAL POSITION?

Financial Position	2017	2018
Total in Bank	353k	713k
Other Assets	35k	20k
Fit Out & Equipment	143k	67k
<b>Total Assets</b>	<b>531k</b>	<b>800k</b>
Total Liabilities	53k	80k
Reserves	271k	308k
Retained Earnings	207k	412k
<b>Liabilities+Accumulated Funds</b>	<b>531k</b>	<b>800k</b>

Financial Position 31/03/17 and 31/03/18



**NUMBER 10**  
Ask us about our...

# Creative Arts

## Youth Group Programme

Painting  
Photography  
Creative Writing  
Sculpture  
Abstract Art  
Exhibit  
New Friends  
Fun

Email: admin@number10.org.nz  
Ph: 2141013 for more info



**DO YOU WANT TO...**

Be the youth voice of Southland? **MAKE FRIENDS?** Participate in the community?

**BUILD CONFIDENCE?** Gain teamwork and leadership skills?

**JOIN THE NUMBER 10 YOUTH VOICE RADIO SHOW**

Feb-Nov 2017 Wednesdays 3-4.30 Ages 13-17

To register, call youth reception on 03 214 1013  
radio **BE QUICK!! LIMITED SPACES AVAILABLE!!** radio

# #YOUTH4YOUTH LEADERSHIP GROUP

FOR YOUNG PEOPLE AGED 14-17 YEARS



**GIRLS GROUP**

## Holiday Programme

19th - 29th April 2017

A super fun, creative, positive + safe space for young women to discover their potential, meet new friends + increase their confidence.

For girls aged 10-13 years Includes camp!

To register ph: 214013 Email: admin@number10.org.nz

**NUMBER 10** **ILT STADIUM SOUTHLAND**

# Rangatahi Sports Tournament

31ST MAY 2017

Providing youth from alternative education the opportunity to participate in sports



## Thursday Drop In

EVERY THURSDAY DURING TERMS 2 & 3  
4PM - 5.30PM

A PLACE TO MEET NEW FRIENDS, HANG WITH STAFF, LEARN COOL NEW SKILLS, PLAY GAMES & ACTIVITIES, & SHARE YOUR HAT

For youth aged 10-17 years

**NUMBER 10**  
Number 10, 10 Derrin Street, Invercargill. Ph 2141013 for more info.

# Tama Toa Cultural Programme

For young Pasifika men



# Number 10 & NZ Red Cross

## The Young Humanitarians Programme

October 2017

**NEW ZEALAND RED CROSS**

**E4E - EVERYONE FOR EQUALITY**

**NUMBER 10**

A supportive & social youth group for Southland's LGBTQI youth

For more info please contact youth reception on 2141013



# YOUNG WARRIORS HOLIDAY PROGRAMME

FOR BOYS AGED 10-13 YEARS

EMPOWERING SOUTH ISLANDS YOUNG MEN TO REACH THEIR FULL POTENTIAL

For more info or to register a young person please contact youth reception on 2141013 or email admin@number10.org.nz