

theMillwatermag

www.themillwatermag.co.nz

Your FREE monthly magazine of all things Millwater
December 2017 / January 2018



**WE WISH YOU A MERRY CHRISTMAS
AND A HAPPY NEW YEAR!**

- Millwater Photography Competition
- Millwater Property Talk with Grayson
- Tim Lawrence's Fishing Spot
- Gardening Tips from Central Landscapes

Editor's note

Christmas is coming and the Millwater geese are getting fat, but unafraid in their lovely surroundings. Well – lovely is perhaps not quite the right term, since significant public parts of our neighbourhood remain unmown. A number of us have contacted Council and Auckland Transport (who appear to be playing a game of ping-pong with responsibilities), but we do need to keep pushing for better ratepayer mowing services.



We were delighted to have the opportunity to get to know Heather Dunlop, who features as this month's interview. Her modestly-told provision of humanitarian service, both here and abroad, is an inspiration to all. Heather is not alone, of course, as we again have Millwater's 'Adopt a Family for Christmas' initiative gathering pace. The Millwater ethos of caring, sharing and giving is attracting attention from further afield – we definitely have an enviable reputation as a very well-motivated community.

As an occasional whisky taster, it was also a pleasure to meet the owner of the new Millwater Fine Wines & Spirits shop. I see on Facebook that a number of Millwater folk have been as impressed as I with their selection, quality and price-points.

We are still waiting to hear back from the Local Board about the response from Auckland Transport to our submitted paper on pedestrian safety at the Parkway/Bankside junction. We won't let this one rest!

With holidays looming, road safety is always a higher priority and we want to wish you all a happy, safe and peaceful Christmas and New Year. We will be back again in February, with more of what you tell us you want to see in **theMillwatermag**.

Brian Mullan
Editor
December 2017 / January 2018

Published by The Millwater Mag Limited

Circulation is 2800 print copies. Editorial contributions are free from cost*. Advertising starts at \$60+gst. Contact Sarah on 027 444 00 44, 09 426 6155 or sarah@themillwatermag.co.nz
* conditions apply

Disclaimer: Articles published are submitted by individual entities and should not be taken as reflecting the editorial views of this magazine or the publishers of The Millwater Mag Ltd.

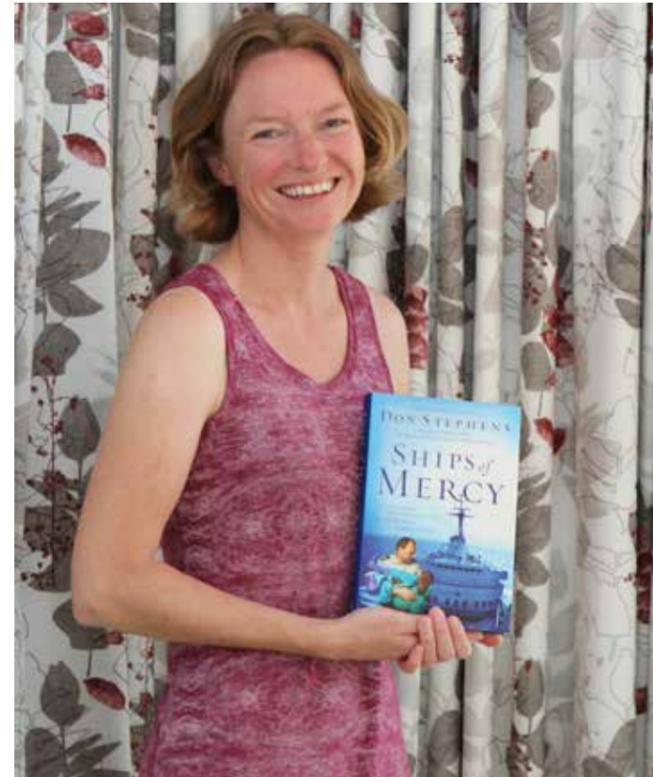
theMillwatermag

Dec 2017 / Jan 2018 Issue

4	Mortgage Matters
5	Vet Speak
6	Rechelle McNair - the BEST gift you can give
7	The Anatomy of Back Pain with OsteoMe
8	Millwater Book of the month
9	Pharmacy Talk Orewa
10	The Millwater Insider
12	Pharmacy Talk Millwater
16	Millwater In Focus - competition time!
17	Keeping your Sparkle this Summer
18	Thinking about selling your home?
22	Millwater Biz Buzz
24	Silverdale School's Student Council
25	Millwater Property Talk with Grayson
32	Millwater Motors
33	Tradie of the Month
34	Tim Lawrence Fishing Spot
36	Art Speak with Estuary Arts
37	Millwater Community Groups
41	Holiday Destinations
42	Crazy Christmas Laws from Around the World
43	Millwater Asian Corner
44	Millwater Recipes
46	Gardening Tips from Central Landscapes
48	Dates for Your Diary
49	How to contact your local
50	Weiti River Tide Chart
51	Your Enterprising Community Zone

Front Cover: The fabulous group of Millwater residents who are responsible for the "Millwater Adopt a Family for Christmas" initiative. Photo by Paul Conroy, Visual Voice Photography

themillwaterinterview



Millwater resident Heather Dunlop has worked on the Mercy Ships, and we met with her to learn more. Heather was born and grew up here on the original Stoney family farm, where she worked with the animals well before our subdivision was established.

Schooling began at Orewa Primary and Orewa College, then a year at Otago University and 6 months at a small Bible school. "I then decided on a career in nursing, so attended AUT Akoranga Campus and, coupled with my desire for travel, hearing about my cousin's travels and about the need for nurses in Africa, I decided that Africa was where I wanted to be." However, the volunteer agencies advised that she needed a couple of years' post-graduate nursing experience before going to Africa.

"When I became a registered nurse, plans of nursing in Africa took a back seat until I read a magazine article about a nurse from Auckland who had been on a Mercy Ship, so I applied to

join them," Heather told us. Soon after, she was off to Liberia on the Mercy Ship 'Anastasis', where she was to spend the next three months helping people in a country recently ravaged by a violent civil war. The UN had guaranteed the safety of the multi-national staff and crew on board the Mercy Ship, who rarely needed to be afraid.

"Three months in Ethiopia followed, where the village people took good care to see that the two American nurses and I were safe. We had help from a couple of locally-trained nurses but there were no doctors, dentists, midwives or pharmacy," Heather added, "The local people practiced some tribal medicine, but this was largely ineffectual."

After returning to New Zealand for three months in 2006, Heather re-joined the Mercy Ship in Liberia for another five months and, as part of the dedicated medical team on board, continued to provide health care for those most in need.

After her five-month stint in Liberia and a bit of travelling, Heather took up nursing in Hamilton for a few years and it was there that she met her future husband, Sandy, who became a chemistry and physics teacher. Teaching vacancies saw them move and live for two years in Rotorua and three years in Napier before returning to Auckland. Despite the moves, Heather and Sandy started fostering children. "It had been a dream of mine to help children in New Zealand who were not living in safe homes, so fostering was the obvious solution."

This rewarding step-change in lifestyle had been inspired by a social worker friend and former flat-mate of Heather's, who worked for the Open Home Foundation. "Sandy and I also helped out with Scripture Union summer camps for children and it was during one of these that we met a boy who was in foster care and who described what life had been like in his biological family, compared to his new life in a stable Christian family." This proved to be the catalyst that has seen Heather and Sandy focus on helping children who desperately need the love and stability of a normal home. "In the past six years we have had 16 children come through our home and 2 have found their forever family in us. Our son is 5 and our daughter 3," Heather added.

There are many more pages of story, yet untold, of a caring and compassionate Millwater woman and her husband, but we must leave those for another time.



027 498 6202

Urgent Care Doctor

Red Beach

Open 7 days 8am - 8pm

No appointment necessary.

FREE ACC visits for under 13 year olds

Ph (09) 427 9130

Red Beach Shops,
Red Beach Road

coastcare
accident + medical centre

mortgagematters

Have You Decided on your New Year's Resolution?



Common resolutions tend to involve losing weight, improving fitness or quitting an unhealthy habit, all of which are worthy contenders. Unfortunately, many such resolutions don't survive beyond the end of January, for reasons that many of us are all too familiar with.

I'll be the first to admit that making a New Year's Resolution that is focussed on gaining better control of your finances sounds extremely dull. However, for those that recognise that they could do better, and want to do better, adhering to such resolutions can make a real difference; not only in the short-term, but for the rest of their lives. Good financial management techniques can also be passed on to family and can make real differences in their lives.

It is not hard to develop a plan to achieve your financial goals. Simple strategies can include the following:

- Avoid short-term debt (hire purchase and the like), particularly for unnecessary purchases. It is better to get into a habit

of saving for the things that are important to you.

- If you have a Credit Card, use it only when you know that you will be able to repay the full amount outstanding when it is due.

- Setting up your bank accounts in certain ways can result in much better outcomes than others. Don't be afraid to seek advice. You don't know what you don't know...

December and January can be expensive months, particularly for those with children. Anticipating costs (such as Christmas presents, holidays, school fees, uniforms, supplies, etc.) and starting to save early in the year can help lessen the financial burden.

I hope you all have a Merry Christmas and a safe and happy New Year.

Wayne Lawrie is a Registered Financial Adviser specialising in mortgages. His disclosure statement is available free of charge, upon request.

It's hard to believe that 2018 is just around the corner.

As we get closer to the New Year, people tend to think about their own future. Some will consider making a New Year's Resolution.



Looking to buy your first or next home? Wondering whether you can do better than your current mortgage? Advice from a specialist Mortgage Adviser could save you time and money. Best of all, it's free!

Contact the Mortgage Studio team today. We're here to help you.





Wayne Lawrie Morgan Moore Jo Hook

Ph: 09 428 2223 | Mob: 027 470 9990 | Email: enquiries@mortgagestudio.co.nz | www.mortgagestudio.co.nz | www.facebook.com/MortgageStudioLimited

vetspeak

Getting Ready for Summer

Many of us will be going on holiday during the summer period, but have you remembered to book your pet into the kennels/cattery/house-sitter? Are your pets up to date with their vaccinations? For dogs that are going away with you and get travel sick, there is a variety of medications you can use that will help.

Parasites such as fleas and ticks are more prevalent in the warmer months. Regular treatment with a good product should keep things under control. If you are struggling to keep parasites under control, make sure you have treated your pet's bedding and the house. It's also worth speaking to your vet about the best products to use.

Remember to protect your pet from the heat/sun:

- Restrict exercise on hot days, particularly with obese and flat-faced breeds.
- Before taking dogs for a walk, place the back of your hand on the pavement/road for seven seconds. If you struggle to hold it down, it's too hot to walk your dog.
- Pets' skin can burn very easily and develop skin cancer (particularly white animals). This can be avoided by applying a zinc oxide-free sun cream to their ears, paws, face and stomach.
- Never leave pets in hot rooms or sun traps.
- Avoid long car journeys.



- Make sure they have access to a cool shaded place and cool drinking water (ice-cubes can be added to the water).
- Always take water on a walk.
- In summer, walk your dog early in the morning or later in the evening.
- Spray your dog with cool water.
- Putting a damp t-shirt on your dog can help cool them down while also protecting them from sunburn. Make sure the t-shirt isn't too tight, though.
- Never leave your dog in a parked car on a hot day.
- Keep your pets well-groomed.

If you would like any more information on how to keep your pet comfortable over summer, pop in or call us on 09 427 9201.



Millwater VET HOSPITAL

'Caring for your pet's health 24/7'

Corner Bankside Rd and Stables Lane, Millwater Central

Available on (09) 427 9201 24hrs / 7 days

www.millwatervethospital.co.nz

Our other clinic remains at-

Orewa

VET HOSPITAL

19 Moenui Ave, Orewa

(09) 426 5407

www.orewavethospital.co.nz





hibiscusmats
CARPET OVERLOCKING • HOME INTERIORS • MARINE • AUTO

NEW CARPET? Bring your new carpet remnants to **Hibiscus Mats Carpet Overlocking** to have them cut, gripped & overlocked with a durable, professional edged finish to create high quality, custom made mats at cost effective prices.

VISIT www.hbcmats.co.nz for readymade mats for sale
PHONE 021 909 458 **EMAIL** renee@hbcmats.co.nz
FACEBOOK hibiscus mats **INSTAGRAM** hibiscus_mats
ADDRESS 54 Duncansby Road, Stanmore Bay, 0932
HOURS Tue-Fri, 9am-5pm (flexible)



**Fleurette
Florist**

Shop 16, on Central Boulevard, Silverdale
Phone 09 421 0505 sales@fleurette.co.nz www.fleurette.co.nz

The BEST gift you can give your child



usually about the time Christmas songs start to play on the radio. It's the time of year that most of us get "the Holiday Spirit" and we open our wallets even more.

Generosity isn't defined by socioeconomic status. Most of us understand ... it doesn't come from the wallet, it comes from the heart. One of the best things we can do for our children is to instil generosity in their hearts

I started with my children when they were very young, 2 and 3 years old to be exact. This isn't the "share with your brother" manners we're talking about, it goes deeper than that.

Here's what I did:

Had a chat – Explaining at their level that not everyone lives in a nice house, gets nice presents, or has nice things. You'll be surprised what they can understand and how it can encourage their own generous giving.

Included them – We all have a clean out about this time of year. What toys, clothes, games, etc would they like to give away? Let them help with digging

out and sorting through. Donating to charities like Salvation Army or Hospice is a double give – those who purchase get good quality items they might not otherwise afford and the charity gets an income. I took them with me to drop off our items so they could see the happy, thankful faces of shop workers.

Inspired them – Adopt a family or child. K-Mart has a tree with ages and gender, charities and churches have a list of families that won't have much of a Christmas without the kindness of strangers. They would choose a child similar in age and choose the gift(s) to buy for them within budget. We'd talk about how happy the child would be on Christmas morning. As young adults, they have happily taken on the cost and carry on the tradition.

These are just 3 ideas and I'm sure you have some of your own. I encourage to keep giving. Because, when you do, you are showing your child how to be generous, and that is the BEST gift you can give them.

Rechelle McNair, sKids Kingsway

I love this community. Millwater is filled with people who have open hearts and who regularly open their wallets for worthy causes. Ronald McDonald House, Foster children, a neighbour who needs something for a baby or ride for mum from the airport. How cool is that!?

Whilst our community makes a habit of being generous, for most people it is



KingsWay Junior Campus Pre-Christmas Holiday Programme

"Just wanted to say a huge thanks to you and your team. I was always sceptical and nervous about these programmes from previous experience. However after giving it a go at your sKids, we just have to keep coming back! Huge credit to your team and huge relief for us parents knowing our kids are safe and happy in your care." Rachel Bedford

Monday 18 December	Tuesday 19 December	Wednesday 20 December	Thursday 21 December	Friday 22 December
				
The Star of Christmas ★ Beautiful Star crafts to brighten any home and our Christmas Talent Show!	Gifts ★ Christmas is about giving so we're making some cool gifts to give away and putting together a few acts for Giving Back Day!	GIVING BACK ★ sKids is off to visit a local retirement village to give our gifts, our songs, our dances and our smiles!	Wreath ★ Story of the wreath, make an edible wreath to take home, Human wreath race! And more!	Candy Cane A minty fun day making yummy treats to share with family & friends! And much more!

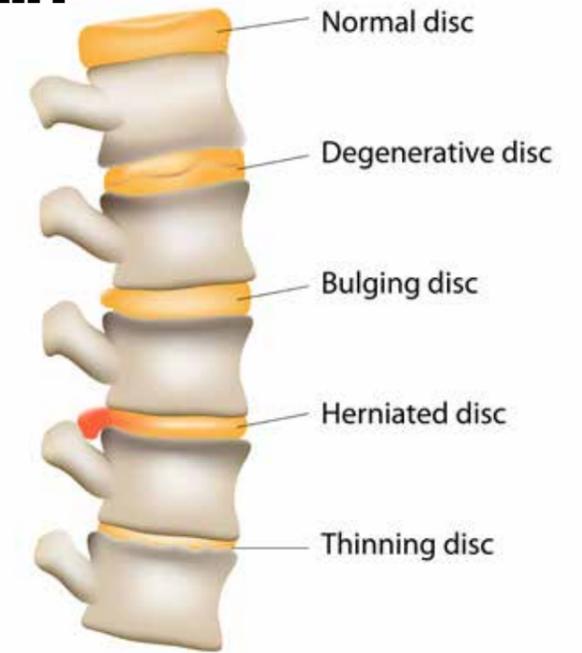
Everyday themed activities: Arts + Crafts, Sport + Games, Food Technology, Performing Arts

Book Online by visiting www.skids.co.nz and clicking on the Parent Login. For more information contact us: E: kingsway@skids.co.nz or M: 021 77 33 01
Ages 5-14 years. Full Day \$55 per day for hours between 7am-6pm or Short Day \$45 per day for hours between 9am-3pm Please pack morning tea & lunch.

The Anatomy of Back Pain

Recently I wrote about low back pain prevention in The Millwater Mag. I thought I might further this with a discussion about what anatomically actually causes lower back pain.

For a long time, in my profession and many others, facet joints (also called spinal joints or z - joints) were thought to be the main origin of spinal pain. However, as research and investigative technology has improved in this area, the spinal disc (intervertebral disc) has been shown to be a very common and indeed the most common anatomical structure to produce pain both in the lower back and the neck. Spinal discs sit between the bones (vertebra) in your back. One of their roles is to act like shock absorbers, another is to allow movement in the vertebral column. There are varying estimates of the percentage of spinal pain caused by spinal discs, but it is likely between 50 and 70 percent. Often, when I tell patients that they have injured a disc in their back or neck, they think that I am talking about a slipped disc (also called a disc prolapse). A disc prolapse is not overly uncommon, symptomatic disc prolapses have a lifetime prevalence of 2-3%. But most of the time when someone injures a disc they have what is called a disc strain. Much like we strain a muscle or a ligament, we can strain a spinal disc. Quite commonly, when someone strains a disc, it is the day after they injure it that they really become aware of the injury. That is because it can take a while before the full inflammatory response to the injury manifests. It is the pressure caused by swelling in the spinal disc and the sensitisation by the inflammatory chemicals within that swelling that make the pain much more pronounced. This is common in many musculoskeletal injuries.



Spinal joints are a less common source of pain (about 11% of lower back pain), more commonly as we get older and age-related change onsets in the joints.

**Hamish Syrett
Osteo Me**



ARE YOU IN PAIN?

Maybe it's time to get on top of it!
At OsteoMe, we can help you with:

- Back Pain • Neck Pain • Tension Headache
- Postural Strains • Shoulder Injuries
- Sports Injuries

At OsteoMe, we have staff trained in:
Acupuncture, Pilates and The McKenzie Method.
CALL US TODAY TO MAKE AN APPOINTMENT.

0508 OSTEOME





OsteoMe Orewa: 498 Hibiscus Coast Highway, Orewa.
OsteoMe Silverdale: 29B Silverdale St, Silverdale.

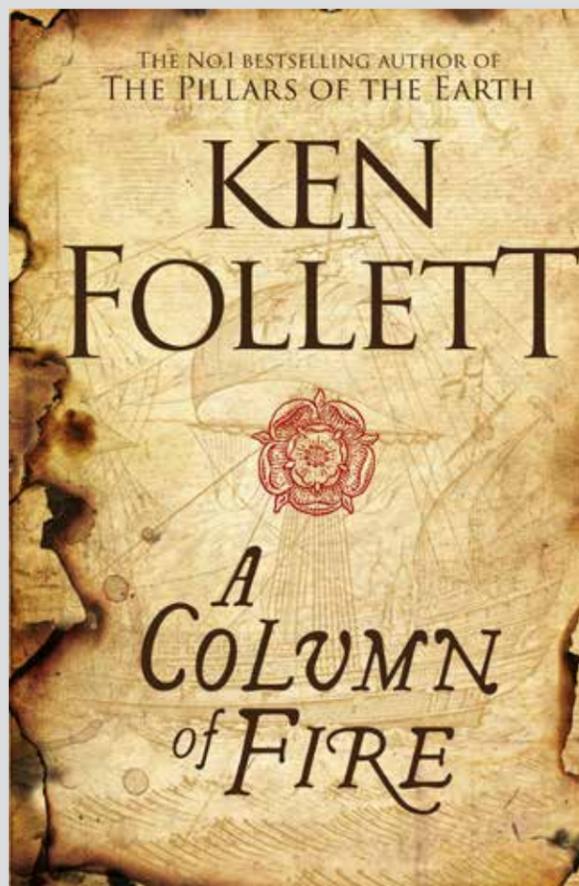
A Column of Fire by Ken Follett

A Column of Fire is a doorstop of a book, but completely gripping from the opening pages – so don't be daunted by the size of this novel. It's the third instalment in The Kingsbridge series that started with *The Pillars of the Earth* and *World Without End*. Starting in the year of 1558, Ned Willard returns home to Kingsbridge, determined to marry Margery Fitzgerald. But her family has conspired against him, and she is set to marry Bart Shiring – and that puts in chain a series of actions that result in him joining the secret service for Queen Elizabeth.

A Column of Fire has a vast array of characters – some real-life historical figures, others fictional – but Ken Follett has done a fabulous job of taking the stories of a few families that we follow throughout the book. It's a time in history when cities are torn apart by religious hatred, and there are plots and counterplots to dispose of Queen Elizabeth and to put Mary Queen of Scots on the throne. While Elizabeth tries to ensure peace, but nonetheless there are massacres and bloodshed during her reign. Over a turbulent half-century, the love between Ned and Margery seems doomed, as do the affections of other thwarted lovers on the either side of a religious divide.

A Column of Fire is truly an epic tale that has obviously been meticulously researched, and the strength of the book is its memorable characters. Several are dastardly villains, some are heroes, but most are people trying to make their way in the world during uncertain times, when religion and true faith, politics and scandals, revenge, power and love, were all driving forces for people's decisions, whether good or bad. This is a book that has the horror of 'heretics' being burnt at the stake, of dangerous sea journeys and battles, and of royal courts and intrigue. It is a book of ill-advised marriages and alliances, of people of faith risking all to spread The Word, and of Elizabeth precariously ruling from her throne with the help a small group of loyal spies. From the bad decisions of Mary Queen of Scots to massacres, to the plot to kill the King by Guy Fawkes and others, this is historical fiction that is gripping history anyway, but Ken Follett makes the book emotionally engaging with his fine characters. The first books in the series have sold 38 million copies – this book is sure to sell many millions more.

Karen McMillan, author of *Everyday Strength* and *Brushstrokes of Memory*, www.karenm.co.nz



pharmacy **talk** orewa

Handy Holiday Helpers



alleviate travel sickness on those long road trips, and your **Nivea Anti-perspirant Spray** for 48-hour sweat cover. To get you ahead on your Christmas shopping, we also have a wide range of **gift selections** too. We look forward to seeing you with a smile this summer and wish you all the best with your Christmas preparation ahead!

Esther Butt
Dispensary Manager
Unichem Hickey's Pharmacy

Summer is near, with the promise of long, balmy days and soothing summer nights. Here at Hickey's we could not be more excited and, to get you ready for the bright new season, we have a range of products waiting in store!

As we hit the beach and splash in the sea, it is important to lather up on sunscreen to prevent UV radiation affecting our skin. Exposure to the sun without any protection causes skin damage (I'm sure we've all been sunburnt before!) and increases the risk of premature ageing and skin cancer. That's why it's important to have a well-trusted and efficient product to protect you. One of our favourite ranges in store are the **Invisible Zinc** products. Made from naturally-sourced Zinc Oxide, the sunscreen works to create a physical, reflective barrier on the surface of the skin. With no chemical sun filters and broad-spectrum protection, this product is perfect for everyone, including those with sensitive skin.

If you're planning on a hike or camping under the stars, you'll probably need a good insect repellent too. **Repel** insect repellents are tropical-strength, DEET-based products that provide exceptional long-lasting protection from biting insects. The repellents have a nice feel with a pleasant smell, are safe to use and come in travel-friendly, convenient packaging.

If you're thinking of playing sports it is also important to keep hydrated, as you sweat it out in the heat. **SOS** is an electrolyte drink, formulated by a doctor and 2 former pro athletes to solve the problem of dehydration. The SOS formula allows you to absorb three times more water, tastes great, has 75% fewer carbohydrates than other sports drinks, increases your physical performance by 20% using better hydration, and gives you 3 times the electrolytes found in your average sports drink. It comes in ready-to-mix sachets, with four delicious flavours to choose from (berry, citrus, mango and coconut).

Other products to look out for in store include your anti-viral **Zovirax** cream, to help fight off cold sores that may be triggered by extended sun exposure, **Sea legs** tablets to help

Unichem
Hickey's Pharmacy

care + advice

Merry Christmas
and
Happy New Year

From Unichem Hickey's Pharmacy

Unichem Hickey's Pharmacy
16 Maana Ave, Orewa
Ph: (09) 426 5659
Email: dispensary@hickeypharmacy.co.nz

Store Hours
Monday - Friday 8:30am - 6:00pm
Saturday 9:00am - 4:00pm
Sunday 9:30am - 3:00pm



alternatives
Hair & shampoo shop

alternatives hair is Silverdale's longest established hairdressers. We are a full service salon, with a talented team of stylists. A modern, progressive, yet intimate salon, we take particular care in looking after your hair requirements & we endeavour to meet all your expectations.

OPEN 6 days Mon - Sat
3 Late nights till 9pm Tues, Wed & Thurs
29E Silverdale St, Silverdale Village
P 09 426 8113
Proudly a JOICO salon. Off street parking
NEW CLIENTS RECEIVE A \$65 VOUCHER

Book online now
- www.alternativeshair.co.nz

Max Zhang
LICENSED SALESPERSON
房产中介

Mike Pero
REAL ESTATE

M 021 521 888
英语、国语
E max.zhang@mikepero.com
www.mikepero.com

Mike Pero Real Estate Ltd, Silverdale Office
Cnr Millwater Parkway & Bankside Road, Millwater
Licensed REAA (2008)

themillwaterinsider

Stoney Homestead Community Hub

Our full contact information is:

Address: 12 Galbraith Greens, Millwater; Email info@stoneyhomestead.org.nz; Facebook @StoneyHomestead; and Phone 021 0267 9111

Millwater "Adopt a Family for Christmas"

Do you know the ladies on the cover photos? If yes, that's great! If not, there is still a chance that you may meet them very soon! They are part of the team of "Millwater Adopt a Family for Christmas" Coordinators, and there are 37 coordinators in Millwater/Totara Views in total.

What is "Millwater Adopt a Family for Christmas"?

While kids are busy writing down their Christmas wish-list and most of us are gearing up for Christmas shopping or planning for a Christmas party, there are many families around our neighbourhood that are struggling to feed their family. Christmas is certainly the hardest time of the year, as they won't be able to provide the family with a decent Christmas meal, not to mention buying little gifts for their children.

Last year, Millwater really got together by donating foods and gifts for these less fortunate families. Proudly, we had nearly 300 families from Millwater and Totara Views contributing, who helped 31 families get through the hardest time of the year in 2016.

And this year we are doing it again! As Millwater is expanding, our team has also expanded to ensure every street in Millwater is covered! Each coordinator has an adopted family that is referred by the Salvation Army, Steps Forwards or Kingsway Pre-school. We are also collecting foods for Love Soup, which provide meals for the homeless. By now you should have received a flyer with the name of your local area coordinator. Please contact them now; they will advise how you can contribute.

Let's get together and share the joy of Christmas!

To find out your area coordinator, please contact- Nicola Bernie: ozbernie@gmail.com OR Nita Wong: nita.millwater@gmail.com

Idiots are amongst us

Beautiful Millwater continues to be targeted by those that don't value the peace and quiet in the same way we do. From cars and motorbikes speeding through our streets, through to idiots using our parks as some kind of private track, this behaviour should not be tolerated. First step is to report these instances to the Police. If you see something happening, then call 111 straight away. The other

consideration is to make sure we know what our teens and young people are doing; let's make sure they aren't involved. The final option is to set the bar high, make sure that we drive below the speed limit, that we aren't using our phones and that we stop at red lights.

The Big Bang

Thanks again to 'Uncle Colin' for putting on such a great fireworks display for his family. It is always great to have people in the community who don't mind sharing their efforts with others.

Christmas Lights

The Millwater Mag team will be out delivering a few little thank you gifts to those homeowners who set the standard for Christmas lights on their houses. Like Santa, we can always use some helpers, so if you or your neighbour have done an exceptional job, post something on the Millwater Mag's Facebook page.

Gardening Competition

Due to the run of very wet weather through September and October, the gardening competition has been deferred until the New Year. We will finalise dates shortly but expect something around March or April. There is still plenty of time to get your place looking sparkling, so get planting!

Silverdale School Country Show Day

Our 2017 Silverdale School Country Show day was a huge success. The rain held off and, with something for everyone, we hope you enjoyed it as much as we all did. We would like to say a massive thank our major sponsor Mike Pero Millwater who were our Platinum sponsor for the 3rd year running. Thank you also to our other main sponsors:

Total Security Group	Planning Plus
Millwater Dental	My Osteo
Giltrap Motors North Shore	

We would also like to acknowledge the many local businesses / individuals who donated time, services or products to our event. We really appreciate the support you give to our school.

See you in 2018
Silverdale School PTA

Millwater 區內情報要點

Stoney Homestead Community Hub

Millwater社區中心，歡迎租用或查詢活動資訊

地址：12 Galbraith Greens, Millwater

电邮: info@stoneyhomestead.org.nz，聯絡電話：021 0267 9111. Facebook @StoneyHomestead

The Big Bang

再次感谢"Colin叔叔"为他的家人提供精彩的烟花表演。社区内能够有慷慨的人不介意与别人分享他们的努力总是很窝心的。

Idiots are amongst us

美丽的Millwater继续成为那些不像我们一样重视和平与宁静的人们的目标。从汽车和摩托车用高速通过我们的街道，到使用我们的公园作为私人赛道的无知行为，实在不应该被容忍。大家如果见到这些事情，第一步是向警方举报这些事件，请立刻打电话给111。另外请你们多留意家里的青少年和年轻人的行为；确保他们不参与其中。最后请让大家必须要遵守交通规则，确保我们在区内用低速驾驶、驾车时不要使用行动电话及在红灯时必须停车。

Christmas Lights

Millwater Mag团队将向那些为他们的房屋装上圣诞灯装饰的房主送上小礼物。像圣诞老人一样，我们总是可以使用一些帮手，所以如果你或者你的邻居做了非常出色的圣诞灯装饰，请在Millwater Mag的Facebook页面上张贴图片跟大家分享。

Gardening Competition

由于九月和十月的天气非常潮湿多雨，园艺比赛会推迟到新年。我们会尽快确定日期，但期望在3月或4月左右。还有足够的时间让你把花园弄得漂亮，快一点种植吧！

Millwater "Adopt a Family for Christmas"

你认识封面照片上的女士们吗？如果认识的话，那太棒了！如果不认识的话，你还是有机会很快见到他们！他们是"Millwater圣诞节捐助活动"联络员团体的一部分，在Millwater/Totara Views中共有37名联络员。

什么是"Millwater圣诞节捐助活动"？

当孩子们忙着写下他们的圣诞愿望清单，而我们大多数人都在为圣诞节购物或计划圣诞节派对而忙碌的时候，我们Millwater周围有不少的家庭正在烦恼如何养活家庭。圣诞节肯定是一年中最为艰难的一段时间，因为他们无法为家庭提供一份体面的圣诞餐，更不用说为他们的孩子购买小礼物。

2016年Millwater团结在一起，为这些不幸的家庭捐赠食物和礼

物。值得骄傲的是，我们有来自Millwater和Totara Views的近300个家庭参与，帮助了31个家庭渡过最艰难的时期。

今年我们当然会继续！随着Millwater仍然在扩张，我们的团队也跟着扩大，以确保Millwater的每条街道都被覆盖！每个联络员都有一个由救世军、Steps Forwards或Kingsway幼儿园转介的有需要家庭。我们还收集食物给Love Soup，他们专为为无家可归者提供食物。现在你应该已经收到了传单，当中有写上你街道的联络员的名字。请立即与他们联系，他们会建议你如何做出贡献。另外也可直接联络华人社区的Grace Li。

让我们聚在一起，分享圣诞节的快乐！

想知道更多详细的资料请联络 Nita Wong: nita.millwater@gmail.com

Silverdale School Country Show Day

2017年Silverdale学校的Country Show day获得了巨大的成功。幸运地那天没有下雨，相信大家都享受了愉快的一天。在此要感谢我们的主要赞助商Mike Pero Millwater，他们是我们连续第三年的白金赞助商。也感谢我们的其他主要赞助商：

Total Security Group, Millwater Dental, Giltrap Motors North Shore, Planning Plus, My Osteo

我们还要感谢为我们的活动贡献了时间，服务或产品的许多本企业/个人。我们非常感谢您对我们学校的支持。

2018年再跟大家见面，Silverdale学校家长教师会上

Christmas Carol "木槿湾教会圣诞欢乐颂"

时间：12月24日下午两点

地点：Kingsway Primary School

地址：2 Bonair Crescent Silverdale

内容：教会诗班圣诞献诗，及教会各小组的精彩表演。

爱筵：会后有大型爱筵。教会的每个家庭，皆会准备丰盛佳肴和点心水果等。

欢迎新老朋友自备餐具，并邀请家人亲友来到我们当中，一同庆祝圣诞佳节。

End of year Sunday service"木槿湾教会年终感恩见证"

12月31日下午两点，于主日崇拜期间，弟兄姐妹们一起数算神在2017年的丰富供应和奇妙恩典。邀请您一起来见证我们的感恩时刻！

木槿湾教会大家庭欢迎您！

如需更多了解，请联系黄传道(027 5033 462)或黄师母(027 5033 464)。

pharmacytalkmillwater

Supporting Millwater 'Adopt a Family for Christmas'



Last year, Millwater united to support families living in poverty. Join Millwater again this year to make dreams come true. The idea is that each street in Millwater adopts a family and we donate to give some deserving families a Christmas to remember. This year, the hampers will be passed to the families via Salvation Army, Steps Forward, Love Soup and KingsWay Preschool.

How does it work?

There are approximately 30 volunteer coordinators around Millwater. The volunteers have details of their family in need and will let you know what items are needed. You donate the items

and together we give a Christmas to remember.

In order to help this generous community support an inspiring cause, we at Millwater Parkway Pharmacy would like to offer 10% off on any items in store donated towards the 'Adopt a Family' appeal. Simply mention this article from the Millwatermag at time of purchase for this to apply.

Millwater Parkway Pharmacy

Unit 19, 175 Millwater Parkway
Silverdale 0932
Ph/Fax (09) 959 0256

Mon-Fri: 8.30am – 6.00pm
Saturday: 9.00am – 3.00pm
Sunday: Closed

Call Me...
for everything in Advertising & Design

...0220 382644

Do you have a great idea for a design, but lack the time and skills to make it a reality? It may be time to turn to a professional Graphic Designer to provide the creative flair, design experience, and eye for detail you require. Whether you're looking to redesign your website or need printed materials like business cards, brochures, posters or are undertaking a logo or identity rework. Even if you're just working on a Powerpoint presentation — *I'm here to help.*

www.amzkfamily.wixsite.com/michelle-thomas

• Adverts • Brochures • Business Cards • Logo Design • Signage • Banners • Websites

in michellethomas-callmedesigns e. michellethomas.callmedesigns@gmail.com

Pauline's Sewing Services

Pauline Saunders
Millwater Resident

Available over the
holidays!

T: (09) 557 4378

M: 021 0866 5581

- Clothing alterations/repairs
- Wedding Dresses
- Curtain Making
- Ball Gowns
- School Uniforms

Comfort
AIRPORT SHUTTLE
022 - 136 84 90
COMFORTAIRPORTSHUTTLE@GMAIL.COM

Up to 7 people • Travel in style door-to-door
Day trips around Rodney • Value for money
5% discount on bookings made min 1 month prior

comfotairportshuttlenz

www.comfotairportshuttle.co.nz

THE SECRET TO ACHIEVING YOUR BEAUTY GOALS

At Caci we understand that nothing is one size fits all, especially when it comes to our skin and body. That's why personalisation is key. Because at the end of the day, it's about you and getting the best results for your skin and body. That's where we want to help.



WHAT IS A CACI TREATMENT PLAN?

A plan containing your customised schedule of treatments chosen by you and our team of experts to target your specific concerns and deliver the best results.

WHY SIGN UP TO A TREATMENT PLAN?

BEST RESULTS

Just like how you won't see results after one gym session, the same goes with skin and body treatments. Regular treatments are important for achieving your skin and body goals. At Caci our plans provide a consistent schedule of treatments to ensure you get the best results that last.

PAYMENT OPTIONS

Caci clients are offered a range of payment options and plans to suit their lifestyle and budget. So if you're not in a position to pay for all your treatments up front, you can pay them off in weekly, fortnightly or monthly instalments. Whichever works best for you!

BEAUTY REWARDS

On a treatment plan, you will also enjoy all the other beauty services we have to offer. We reward our clients throughout the year plus give 20% off all beauty therapy treatments such as brow and lash tints.

WHAT TREATMENT PLANS ARE AVAILABLE?

SKIN- REFORMASKIN PLAN

We offer a range of skin-correcting treatments designed to address common skin concerns such as pigmentation, redness, scarring, uneven texture and tone. We customise the plan especially for you and you'll also receive a take home treatment accelerator kit to aid your results.

BODY- CHILLSCULPT PLAN

If you have a stubborn bulge that won't seem to go away even after diet and exercise, our award winning body shaping treatment, ChillSculpt could be right for you. Cryolipolysis technology is used to freeze your fat cells!

FINE LINES & WRINKLES- AMERASE PLAN

Soften lines and wrinkles, smooth away folds, add volume to lips and enhance your look with regular appearance medicine treatments. Caci are the largest appearance medicine providers in the Southern Hemisphere and our Registered Nurses have treated over 10,000 New Zealanders.

HAIR REMOVAL- FREEDOM PLAN

At Caci, we have been offering laser hair removal (Variable Pulsed Light) for over 20 years. It is a safe, cost effective and long term hair removal solution for unwanted hair. We schedule your treatments to get the best possible result and offer an exclusive guarantee.

To find out if a treatment plan at Caci is right for you book a free consultation by calling **Caci Silverdale** on 09 212 6900 or visiting silverdale.caci.co.nz

Caci Silverdale

We're for you

NEW ZEALAND'S SKIN AND APPEARANCE EXPERTS

Call us today to book your
complimentary consultation
to find more

Caci Silverdale we're for you

CACI SILVERDALE 1ST FLOOR, 2 MILNER AVE
09 212 6900 silverdale@caci.co.nz

CACI

Payment options available
including 12 months no
payments, no interest **

*Promotional facial offer is valid until March 31 2017. Please see caci.co.nz for full terms and conditions.
**12 months no payments and no interest ("Payment Holiday") is available on Flexi Payment Plans. Minimum spend \$200.
Account fees may apply. A \$50 Establishment Fee for new Cardholders (S3 PPSR - Q Card Only) and a \$35 Advance Fee for existing Cardholders will apply. Standard Interest Rate applies to any outstanding balance at end of Payment Holiday.
Offer is ongoing. Lending criteria, fees, terms and conditions apply.

B Vitamins and Vitamin B3 for skin cancer?



levels. Check it out.

Now, researchers from the University of Sydney have published a study demonstrating the efficacy of Vitamin B3 in reducing or even reversing DNA damage and inflammation caused by ultraviolet radiation. More research was necessary but the authors concluded that, should their data be verified, it could lead to a cheap and potent solution to skin cancer. Very noteworthy with New Zealand's harsh sun!

Vitamin B3 is often recommended also for improving brain health. In one remarkable piece of psychiatric literature, a 57-year-old woman was treated with months of antipsychotic medications and given two rounds of electro-convulsive treatment for lethargy, anxiety, tearfulness, movement abnormalities, perceptual disturbances and eventually catatonia. After no success, a simple Vitamin B12 deficiency was diagnosed. Within two months of B12 treatment, all symptoms had ceased and the woman remained stable.

So, B vitamins are remarkable. As always, obtaining your nutrition from good food remains paramount, but it's well worth the investment to supplement with a B Vitamin complex etc as well. Particularly as we get older or under stress, our daily intake is not enough. And, as always, chose very good quality.

Come on in to Health By Logic in the old Silverdale Village to discuss your needs.

Health by Logic

Over many years I have formed a view that B vitamins are important beyond our current imagination, understanding and awareness and recent developments just confirm and strengthen that view.

Just recently, news broke of what was described as a blockbuster world-first discovery in a study at Sydney's Victor Chang Research Institute, and believed to be among Australia's greatest ever medical breakthroughs.

What was it? Pharmaceutical drug? No. New surgical technique? No. It was simply Vitamin B3. Vitamin B3 deficiency was identified as a major cause of miscarriages and birth defects in new-born babies. After 12 years of research, according to the scientists at Victor Chang Institute, after boosting levels of Vitamin B3 miscarriages and birth defects were prevented with all offspring in the research born healthy. The findings were released by the New England Journal of Medicine – the most prestigious clinical research publication in the world.

Just like we now use Folate or Folic Acid, another B vitamin, to prevent Spina Bifida, Professor Dunwoodie's research suggests that it is probably best for women to start taking B3 very early on, even before they become pregnant.

Another very important issue with cardiovascular health is the taking of Vitamin B6, Folic acid and B12 to manage homocysteine

**ROD HARMAN
MOTORS LTD**
*Automotive Repairs • Servicing
WOF Testing*
1/8 Curley Ave, Silverdale
Ph (09) 426 6066
Fax (09) 426 1066

HEALTH BY LOGIC
*your specialist local health store
where good health comes naturally*

- * everyday low prices
- * super specials
- * quality-assured products

20 Silverdale Street, Silverdale Village
(09) 4211273 www.healthbylogic.co.nz
Mon to Fri 9am - 5pm: Sat 9am - 3pm

*Best Prices
ON TOP BRANDS!*

WINKALOTTS
the toy & nursery specialists

visit us online at
winkalotts.co.nz
or stop in to
20c Silverdale Street
Monday - Saturday 9-3 pm
sales@winkalotts.co.nz
0800 426 800
SPECIALS · PROMOTIONS
AND INFO AT [f WINKALOTTS](https://www.facebook.com/winkalotts)

TOTAL SECURITY GROUP
Sales | Installation | Service

ALARMS & MONITORING
T.V. AERIALS & SATELLITE DISHES
NETWORK DATA & WIFI
FULL AUDIO-VISUAL INSTALLATIONS
DIGITAL DOOR LOCKS
CCTV

YOUR LOCAL TRUSTED SECURITY, AERIAL & AUDIO-VISUAL SPECIALIST

021 **2SECURE** (021 273 2873)
Ph (09) 947 5992
www.totalsecuritygroup.co.nz

Millwater Summer Photography Competition



Summer is almost here, and we'd love to see your photographs taken in and around Millwater. The winner will receive an A3 canvas of their winning photograph as well as having it featured on the Magazine's cover in March 2018.

Want to improve your photography and increase your chance

of winning? Why not book a place on one of our photography workshops running over the summer? Visit shop.visualvoice.co.nz and use the discount code "Millwater" to receive a 20% discount.

Below are some useful tips:

1. Make sure the subject of the picture is in focus and correctly exposed.
2. If your image is a landscape, ensure the horizon is straight.
3. When photographing children or animals, get down to their level.

Files should be a minimum of 3000 pixels on the longest side, and JPEG format.

Entries should be emailed no later than 15 February 2018 to competition@visualvoice.co.nz

The winner will be announced in the March edition of the magazine.

Paul Conroy
Visual Voice Photography



Keep your Sparkle this Summer

Summer can play havoc with your skin. When exposed to the sun, skin heats up and this causes the pores to open, allowing any free radicals, dirt and grime to get in, as well as increasing sebum production. The hot weather also means the return of cold air-conditioning in office and home environments, which in contrast causes pores to close as the skin attempts to regulate its temperature. All this environmental activity can leave skin feeling tight and dehydrated.

I advise my clients to start using products packed with algae as it is anti-inflammatory and contains antioxidants that will protect against free-radical damage and enzymatic breakdown of skin proteins, as well as helping to repair and prevent ultraviolet (UV) damage.

I also switch out heavier winter creams for lighter layers of hydration; for example, by using a hydrating booster with moisture-attracting hyaluronic acid like Medic8 Beta B5 underneath a lightweight moisturiser – for example, Resultime hydrating cream. For drier, more mature skins, formulations with added collagen can aid in topping up

hydration as well.

The ageing effects of UV rays are a growing concern for us all, so I recommend a daily sunscreen with enwrapping technology such as Resultime CC cream, as it will allow for a more evenly distributed layer of protection and added colour, while still providing a high SPF of 30.

Chlorine, salt water, heat, humidity and travel also lead to skin dehydration, so I recommend using a Medic8 Pore cleanse to eliminate excess sunscreen, dirt and grime.

This also is a good time to start doing a double cleanse in the morning and evening.

For maintaining your summer sparkle, seasonal-specific facials are recommended to aid in hydration, calming sun stressed skins, and they will improve the skin's condition in one session.

Amelia
Beauty Aspects
(see advert page 22)

Wainui.

EAT. PLAY. MEET

We hope you are able to visit Wainui this holiday season to enjoy a round on our Championship 18 or a casual game on our Orchard 9. Be sure to reserve for our Christmas Eve buffet featuring a wide selection of regional seasonal offerings. Give us a ring and we'll be happy to share the menu.

11:00 - 1:00

or

2:00 - 4:00

\$55

Adult guests will receive a Social Membership (1 per family) as a special Christmas present from Wainui!

From our Family to Yours!

happy
MERRY Christmas
Joy to the world
Home

35 Windmill Dr
Wainui, Auckland 0992
Tel (09) 444 3437

wainui.vinnic

The GOLDSMITH

Manufacturing jeweller since 1978



Find that special gift in our new Millwater store this festive season with a beautiful selection of quality handmade jewellery.

Gift vouchers also available to treat your loved one.

Wishing you a Merry Christmas and Happy Holidays

SHOP 3, 177 MILLWATER PARKWAY, SILVERDALE
PH: 09 427 5072 MOBILE: 021 455 812
EMAIL: GEOFF@THEGOLDSMITH.CO.NZ
WWW.THEGOLDSMITH.CO.NZ



Thinking about selling your home?



their open homes and check out how they present somebody else's home. How do they come across to you, the potential buyer? This will help you develop a more instinctive impression about that person.

A working relationship

If you have a good relationship with your agent, you can form a relationship of trust. A vendor must feel comfortable with the consultant they choose and feel certain that their real estate person is doing their utmost to sell their home. Then you can work alongside one another and achieve the most rewarding result for both parties.

The personal touch

The best agent comes down to the person, so pick the person first, the company second and a process third. It's the personal relationship that counts most. People are sometimes drawn to the larger agencies with a network of branches, in the belief that they have ready buyers on their database. But all agents have databases with potential buyers and they might all be the same buyers! Agents don't have to find the buyers; they find us. People become buyers as a result of seeing a house that appeals. An agent's job is to create buyers by presenting homes in a way that's exciting.

If you'd like to know more please don't hesitate to give me us call on 021 665 423.

Grayson & Sarah Furniss
Mike Pero Millwater

Mike Pero Real Estate Ltd, Licensed REAA (2008)



So: you've decided to sell your property. If you want to maximise your investment in your home, you need to think carefully about how you're going to sell it and who you will choose for the task!

Why use a real estate agent?

Most people go to real estate agents because they offer professional service, have experience in the process and they know what's happening in the marketplace. They can counsel home owners on the best pricing and marketing strategies. They also know where to go to gather data such as title searches, land information reports, code of compliance certificates, and easements that will facilitate the sale. Many legal issues are involved in real estate transactions and agents can help you manoeuvre safely through the process.

The right person for the job

Picking the right real estate agent is imperative. A lot of people are willing to help you but they may not be the right agent for you! Don't get hooked by the first person who says you should list with them because they have a buyer for your home. When meeting with prospective agents, ask yourself "do I feel comfortable about trusting this person to sell my home?" A great way to learn more about prospective agents is to visit

Deejays SHOES					SPERRY TOP-SIDER
New Summer Collection Available Now					
7 Florence Avenue, Orewa, 09-426 4953 / Shop 12, Moana Court, Orewa, 09-426 5820					

FOCUS HEARING

We Focus on Your Hearing

Free
Check

Free
Consult

Free
Fit

Take control of your hearing NOW! Enjoy life to the full

Hearing loss can get worse the longer it is untreated. At Focus Hearing we have a wealth of experience and a deep understanding of the impact that an undetected hearing issue can have on your life. We offer:

- **FREE**, quick, hearing check
- Full hearing assessment and report (adults and children)
- **No-obligation** advice
- Hearing device fitting, adjustments and repairs.

We are authorised for third party funding and can advise on any subsidies from ACC, the Government, WINZ, or War Pensions that you may be eligible for. We are affiliated to Southern Cross.

Call now for a FREE hearing check, FREE consult and FREE fit* Call 09 533 6463

FOCUS HEARING
WE FOCUS ON YOUR HEARING

Silverdale Medical Centre
7 Polarity Rise, Silverdale
Phone (09) 972 5250
focushearing.co.nz

Comprehensive Committed Dentists

Caring & Affordable

- Restorative & Cosmetic, Whitening
- Dental Implants, Orthodontic & Invisalign
- Crown & Bridge, Dentures partial/complete
- Emergency Treatment, Wisdom teeth removal
- Treatment under Sedation - Oral & I.V, Adult & Children
- ACC/WINZ/Dental Benefit for under 18 ys old Provider & under 13 ys old with DN referral

We offer a **Free** Consultation, **10%** discount for Seniors and Uni students, **\$75** Exam, 2 BW xrays & Hygienist appointment/clean for new & existing customers.

Please check our conditions/policy regarding our services.

Situated in the Silverdale Medical Centre
7 Polarity Rise, Silverdale
Ph (09) 972 1406
Open on Saturdays and late nights
email: sfdentists@hotmail.co.nz web: www.SilverdaleDental.co.nz

Silverdale Family Dentists

Dealing with breast cancer: Part II

Last issue I touched on a client's moving story of dealing with a cancer diagnosis, and her gratitude for having the top-quality insurance protection plan that I put in place for her over 3 years ago. Last month, yet another client, Angela(1), a single parent with two teenage boys, was also sadly diagnosed with stage-3 breast cancer.

I had reviewed her insurances 18 months previously, and, as she was on a tight income, I recommended that she at least take up Life, Trauma and Mortgage Repayment cover. As she was soon to undergo rectocele surgery, the insurer did not offer the Mortgage Repayment cover. To compensate for the non-availability of the mortgage cover, I strongly recommended that she double her trauma cover – a recommendation that, thankfully, she accepted.

Just last month, Angela called me to inform me of her cancer diagnosis and I immediately undertook management of her trauma claim. The lump-sum claim was paid promptly and, in Angela's own words:

"Thank you very much for assistance with this claim. I do appreciate all you have done. I am very hopeful that this journey will not be too long! This will definitely take a load of stress off me as I conquer this journey. Yes, very unexpected and luckily the extra Trauma cover was in place instead of the Mortgage Protection cover. Strange how things pan out, isn't it?"

Being a single parent with two teenage boys and no other financial support, Angela was delighted that she had taken my advice to double her trauma cover. The larger trauma lump-sum payment has given her a financial buffer so that she doesn't need to worry about her immediate financial

situation and can concentrate on her imminent surgery and rehabilitation.

Again, I'm pleased and humbled to have been able to help Angela, through putting in place a protection plan that provides financial relief at such a testing time, as well as executing the claim on her behalf.

It's what I do.

Theo Simeonidis is a Registered Financial Adviser, living and working in Millwater, and specialising in personal and business insurances. He is also able to provide a one-stop-shop for fire and general insurances.

For assistance on any personal or business insurances, Theo can be contacted on 027 248 9320 or 09 528 8724 or email theo@uprotectnz.com. Any such assistance is provided on a free, no-obligation basis.

Theo's disclosure statement is available free of charge on request.

1 Name changed for anonymity.



Theo Simeonidis
FNZIM, B.For.Sc (Hons.), MPP
Registered Financial Adviser
Millwater's insurance specialist
- serving our community

UProtectNZ Insurance Services
Ph: 09 528 8724
Mob: 027 248 9320
Email: theo@uprotectnz.com
Web: www.uprotectnz.com

Providing security and peace of mind for you, your family and your business

millwater **malto** of the month



Highland malts appeal to many palates, since they sit nicely in the middle of the whisky-tasting spectrum. This month's malt, anCnoc, is aged at the Knockdhu ('Black Hill' in Gaelic) Distillery, in previously-used American and Spanish oak barrels.

Nose: More complex than I expected; sweet and fruity, cereals and barley, malt mixed with hay. A drop of water brings out green apples.

Palate: Light to medium, with sweet Madeira notes. Winter spices, herbal hints and granary bread, ending with a very slight bitterness.

Finish: Medium length, fading to honey, oak and barley.

Overall: This is a good highland malt with which to begin your whisky journey.

700ml, ABV 40%, target price \$65 online, including courier delivery. Also available at competitive price locally.

univers^{mi}
the living difference

STUNNING NEW HOMES IN MILLWATER

Price Reduced when Settled before 2018



Lot 395 - 94 Colonial Drive

There's something for everyone in this appealing, four bedroom, Millwater stunner! Perfectly designed, the open-plan living spaces and outdoor areas will ensure you feel comfortable and cosy all year round.

Land: 400m² | House: 205.3m²

4 2 2



Lot 180 - 25 Ormonde Drive

4 3 2

With privacy, peace, and position, this two storey, designer-styled four bedroom home is one to seriously consider in Millwater.

Land: 655m² | House: 193.5m²



Lot 296 - 58 Ormonde Drive

4 2 2

Step inside this elegant, spacious four bedroom home, and you will fall in love with the charms of its open plan layout.

Land: 507m² | House: 198.8m²



Lot 327 - 14 Vue Terrace

4 2 2

Single level living at its finest! This four bedroom, Millwater home is definitely one to consider.

Land: 536m² | House: 194.2m²

VISIT OUR SHOWHOME

211 Wainui Road
Monday - Friday, 12noon - 3pm
8 Vue Terrace
Saturday & Sunday, 10am - 4pm



MARYANNE SIKORA

027 501 0876
maryannes@universal.co.nz



MARYANNE BAWDEN

021 837 002
maryanneb@universal.co.nz

univers^{mi}
the living difference

For more details, visit:
WWW.UNIVERSALHOMES.CO.NZ



Universal Homes Ltd has made every reasonable effort to ensure the accuracy and validity of the information provided. All information is to be treated as indicative only and should not be solely relied upon by the reader. It is subject to change by Universal Homes Limited at any time. Universal Homes strives to deliver the best pre-designed home possible offering 'The Living Difference'. Our policy does not accept any amendments to the plans, colours and landscaping.

millwaterbizbuzz



KK has worked in the Auckland liquor sector for 15 years and has owned his own business for the past 5, so he has an in-depth knowledge of all the products that fill his shelves – and what an extensive range that is! KK showed us around his new Millwater shop, where we were impressed by the sheer variety available, and at every price-point. “I am passionate about my fine wines, craft beers and premium spirits. We sell everything, but only a very small quantity of RTDs,” KK said, “and stocking organic soft drinks, premium tonic and soda water is also a key part of what we provide.”

Three new stores will be added to KK’s portfolio within the next few months and he is clear that gaining new licences has been due to the way that he operates his businesses in a responsible and community-focussed manner. Already impressed by the Millwater ethos and our excellent Facebook presence, KK told us that moving to live here could well be on the cards. “I have never come across such a diverse yet focussed community anywhere else,” he said, “and I am keen for my new business here to recognise and be recognised as a part of that.”

With Christmas fast approaching, KK couldn’t have chosen a better time for his business to open in Millwater. KK is shown here on the left, with store manager Mukesh.

Many people have moved to Millwater to enjoy some of the finer things in life and it is no surprise therefore that Millwater Fine Wines and Spirits has chosen to open in our great neighbourhood their ninth successful drinks business.

Millwater Fine Wines and Spirits owner Krishna Kumar (known to everyone as ‘KK’) is a family man and an MBA graduate with a keen eye for business, growing his success through understanding his customers’ tastes and providing a wide range of quality products at truly competitive prices.

“We are able to provide a wide choice for our customers, always at an everyday low price, because we have the buying power to source our wines, spirits and craft beers from a number of suppliers – and we provide a wholesale service ourselves, too,” KK told us. “We focus on the quality and breadth of choice that our customers want.”



Beauty Aspects

Amelia @ Beauty Aspects would like to thank all my clients for there continuous support this year!!
A blessed Christmas and a prosperous New Year to all!!! I'll be closing on Wednesday 20 Dec at midday and will reopen on Weds 31 Jan 2018.

Amelia
02102972587 • 09 947 5939
41 Fennell Crescent, Millwater
Open Mon-Sat

[facebook.com/beautyaspectsltd](https://www.facebook.com/beautyaspectsltd) for all up to date specials



New Show Home Now Open in Millwater At 12 Old Mill Road, Millwater, Silverdale.

Our new show home in Millwater is long awaited and excitement has been building. We opened the doors for the first viewing on Saturday October 7th, visitors loved it. Based on the stunning Mayfair plan from our Core Series Range, this home offers over 370sqm of spacious luxury family living with four bedrooms upstairs and a self-contained guest room on the ground floor. Come and take a look at the best of Stonewood design and quality, we believe no housing company offers better value for money.

Currently for Sale in Millwater

			
\$1,040,139 Price reduced for one month only	\$1,067,839 Price reduced for one month only	\$999,000 Price reduced for one month only	\$1,037,038 Price reduced for one month only

New House and land packages coming soon to

- 428 Colonial Drive - Suitable for a single level home, elevated site
- 466 Colonial Drive - Suitable for single or 2 storey home
- 467 Colonial Drive - Suitable for a single or 2 storey home

“Prefer to design your own home? Speak to one of our experienced sales consultants at the show home or our sales centre at 8 Keith Morris Lane in Orewa. see website for opening times.”

“Worried about financing your new home? Don’t be. We have experts who understand construction lending and low deposit turnkey financing. Just ask us.”



With 4 GPs Available, new patients welcome
AND Open Saturday morning
Orewa Medical Plaza, 8D Tamariki Ave, Orewa
Phone: (09) 426 5437
www.orewamedicalcentre.co.nz



Open 7 Days
Life Pharmacy Orewa
8 Tamariki Ave, Orewa
Phone: (09) 426 4087
www.life-pharmacyorewa.co.nz



homestar

Call us on 0800 696 234 or check out our plan range

www.stonewood.co.nz

STONEWOOD
HOMES

Silverdale School Student Council



Silverdale School's Student Council has achieved many things this year.

The year started with any Year 7 and 8 students who were keen to be in the Student Council delivering a speech to persuade the teachers to choose us. 23 Year 7 & 8 students made it into the Student Council for 2017 and we have had a fantastic year.

Final words from the Student Council

The Student Council features around Silverdale School role-modeling leadership and raising awareness of those less fortunate in our community. We hold meetings once a week, with the goal of making our school and community a better place.

A few ways the Student Council has helped others in 2017

This year, the Student Council worked hard to help others

in need. We organised mufti days to fundraise for different charities, such as Red Nose Day, where we handed out red noses and raised close to \$1000, and Daffodil day where we did an amazing coin trail and raised money for cancer awareness. We also raised \$350 which we donated to the Starship Foundation, to go to children in need. Our efforts didn't just cover children in need in New Zealand. We also fundraised \$500 for World Vision NZ, to help our sponsor child Mariam Togo, a 12-year-old child from Togogana, Mali.

Our last big charity event is our Christmas food drive. We will be encouraging all our students to donate non-perishable food items for families who can't afford food at Christmas time. Then we will be donating this back to our community.

Our Legacy

Another goal this year has been to leave behind a Student Council legacy. We are the last group of Year 7 and 8 students to go through Silverdale School. We have worked hard to raise money for an artwork representing a Karearea (our Intermediate Team name), designed by Auckland artist Flox. To help raise money for this, we organised and ran a book stall at our Country Show Day. The students of the school brought in books that they no longer wanted and we recycled these to sell on the day. The Student Council gave up their time on this day to run the stall and we managed to raise \$250 to go towards our legacy.

It has been a busy year for Silverdale School Student Council and we want to thank the Millwater Mag for allowing us to share and celebrate our journey with our community.

millwaterpropertystats

Every month Mike Pero Real Estate Millwater assembles a comprehensive spreadsheet of all the recent sales in the Millwater area that reviews the full range of residential transactions that have occurred.

	Oct 2016	Sept 2017	Oct 2017
Number of Sales	6	12	12
Median Sales Price	\$1,195,000	\$1,174,250	\$1,075,000
Highest Sale Price	\$1,260,000	\$1,408,000	\$1,403,000
Lowest Sale Price	\$1,135,000	\$650,000	\$772,000
Average % price to CV	42.56	41.29	35.96
Average Floor Area (sqm)	236	236	197
Weighted Value Index	1405	1363	1400
Average Days to Sell	52	72	63

Disclaimer: These sales figures have been provided by a third party and although all care is taken to ensure the information is accurate some figures could have been misinterpreted on compilation. Furthermore these figures are recent sales from all agents in the area. Data is gathered from Property Guru and REINZ.

We also provide statistical data, free from cost to purchasers and sellers wanting more information to make an informed decision. Phone me today.

Grayson Furniss
Franchise Owner
MILLWATER

09 426 6122
021 665 423

grayson.furniss@mikepero.com



Mike Pero | REAL ESTATE

Mike Pero Real Estate, Licensed REAA (2008)

millwaterpropertytalkwithGrayson

Don't panic! The world hasn't ended; your lovely Millwater home is still worth roughly what it was last month. While the sales stats above make for some scary reading initially, a deeper investigation will reveal the reality of last month's trading. The bad news is obvious, the median house price dropped dramatically against last month and last year. The good news is a little harder to find; however, it is just as important. Sales volumes have stabilised and are better than this time last year. The average days to sell has continued to fall and the index figure for Millwater is slightly better than last month, but generally stable. The cause of this statistical dichotomy is relatively simple; there were a lot of cheaper townhouses and apartments plus some smaller houses sold in October. This is reflected in the average floor area for the month being well down on previous months.

So; putting aside some potentially misleading statistics, what is really happening in the Millwater market right now? Houses are getting sold. However, the general mood is one of caution. Buyers are choosing to wait and see if the perfect house (at the imperfect house price) becomes available, slowing down their decision-making process. There is some concern amongst the new home builders, with a number now reducing their expectations on existing and future properties. It does seem that, where a property is well priced for buyers' expectations, there will generally be reasonable interest, with the right buyer being prepared to pay a sensible price.

So, what does the market look like for the next few months to a year? We anticipate that a fairly well-balanced market will prevail for some time. This would imply supply remains matched by demand, as we have seen in the last 2-3 months. Of concern is the recent increase in listings locally and, unless there is a corresponding jump in buyer activity, we are likely

to see some of those listings languishing in the market over the quieter Christmas period. The New Year is something of a mystery, with a number of competing forces potentially pulling the market in different directions. The new Government's building program, Kiwi Build, will have little direct impact on local conditions. A more significant impact would come from either interest rate rises, which are looking to be only minor if at all in 2018, or from the Reserve Bank starting to unwind the Loan to Value Restrictions. This latter change could certainly put some life back into the market, potentially bringing long-term investors back into the fray.

As always if you want to discuss any of this in more detail or get a more specific idea of where your property sits in the current market, please give me a call.

Grayson

Mike Pero Real Estate, Licensed REAA (2008)



YOUR LOCAL HOUSE WASHING EXPERTS

BEFORE **AFTER**

BEFORE **AFTER**

A LOCAL RED BEACH BUSINESS OWNER

We Cover All Your Water Blasting Requirements

- Low Pressure House Washing • Gutter Cleaning
- Roof Treatments • Fence Cleaning • Deck Cleaning
- Path/Driveway Cleaning

T | 021963344 E | info@elitewaterblasting.co.nz W | www.elitewaterblasting.co.nz

"Check out our amazing Feedback on NoCowboys.co.nz"

Mike Pero

0800 000 525



THE IDEAL FAMILY HOME?



29OrmondeDrive.com

29 Ormonde Drive, Millwater

As beauty is in the eye of the beholder, so too is the layout for the perfect family home. This well thought out Universal Homes built property offers much to fulfill that vision, ticking many of the boxes on buyers' wishlists. How does one bedroom and bathroom on the ground level for guests, teens or granny sound? With a further three generous double bedrooms including master with ensuite and walk in wardrobe upstairs, your accommodation needs should be well satisfied. The spacious open plan ground floor living, incorporating kitchen dining and one lounge, flows easily out either side of the house so you have a choice of outdoor entertaining spaces. This space is then supplemented with another warm and cosy family room. Only one lucky buyer will get to experience the pleasure of owning this desirable modern home, designed for the sun, warmth and the kiwi lifestyle. Will it be you?



Grayson Furniss
021 665 423
09 426 6122
grayson.furniss@mikepero.com

Sarah Furniss
027 444 0044
sarah.furniss@mikepero.com

www.mikepero.com/RX1326368

Mike Pero Real Estate Ltd. Licensed REAA (2008)

www.mikepero.com



SOLD
5/4 Stables Lane



SOLD
17 Walter Cres



SOLD
80 Madison Tce

Mike Pero

0800 000 525



SECLUDED AND SPACIOUS SINGLE LEVEL



9siblingcourt.com

9 Sibling Court, Millwater

There are not many cul de sac's in sought after Millwater, so finding a sunny single level home on one is a rare treat. Set back from the road, this home is constructed in low maintenance materials on a flat 651m (approx) site. With enough grass to kick a ball plus a range of outdoor entertainment options, this home will cater well for a variety of family configurations.

- generous 218m² single level 2 year old home on flat 651m² (approx) site with space for a boat or campervan
- large open plan living and dining area incl stunning large kitchen with island bench and double oven
- easy flow to multiple outdoor living areas plus a separate lounge area adjacent to living
- balance of Master Build warranty to transfer to new owner



Grayson Furniss
021 665 423
09 426 6122
grayson.furniss@mikepero.com

Sarah Furniss
027 444 0044
sarah.furniss@mikepero.com

www.mikepero.com/RX1323539

Mike Pero Real Estate Ltd. Licensed REAA (2008)

www.mikepero.com

Mike Pero

Mike Pero Millwater

09 426 6122 • millwater@mikepero.com
Mike Pero Real Estate Ltd Licensed REAA (2008)

Mike Pero

0800 000 525



THE IDEAL SINGLE LEVEL PACKAGE 4 2 2 www.38bartlettdrive.com

38 Bartlett Drive, Millwater

- wonderfully designed and built 5 year old Sicato home on flat 540m (approx) site
- fantastic open plan layout for kitchen, dining and living with another lounge space adjacent
- attractive and functional kitchen with island bench, 900mm wide oven and hobbs, ample storage
- easy flow to private outdoor entertainment spaces and appealing landscaped yard, fully fenced and secure, ideal for small children
- low maintenance and durable materials plus an easy care section, perfect for those with a busy lifestyle
- double glazed and well insulated for the colder nights, with a heat pump
- balance of Master Builders warranty to transfer to new owner



www.mikepero.com/RX1304416

Mike Pero Real Estate Ltd. Licensed REAA (2008)

www.mikepero.com

Mike Pero

0800 000 525



MILLWATER SHOW STOPPER! 4 2 2 www.24laurajane.com

24 Laura Jane Drive, Millwater

Offering timeless design and quality throughout, this four bedroom family home is now looking for a new owner to enjoy all it has to offer. Clear your diary - this property is a must see opportunity!

- 245m2 (more or less) weatherboard home with separate additional multi-purpose building (workshop/office)
- Underfloor heating in bathrooms, a gas fireplace and heat pump for those cooler mornings and evenings
- Large ceiling storage space with easy access plus multiple other storage areas
- Stunning views of the estuary and the ocean with a private, covered deck
- Private master suite incl walk in wardrobe and ensuite (with bath) on its own level plus views



www.mikepero.com/RX1264050

Mike Pero Real Estate Ltd. Licensed REAA (2008)

www.mikepero.com

Mike Pero

0800 000 525



A CEDAR STUNNER 3+ 2 2 www.38cilliersdrive.com

38 Cilliers Drive, Millwater

- In a suburb full of new houses it takes something special to stand apart from the rest & this stunning home does just that
- 239m stunning 1 year old home on elevated 500m site
 - 3 bedrooms on ground floor including master with ensuite and walk in wardrobe
 - separate wing with 2 bedrooms, own lounge and bathroom
 - large lounge / play room and utility space (currently utilised as a bedroom) upstairs
 - open plan entertainers kitchen, dining, & living with polished concrete floors & high stud height
 - large and private deck space on north western corner of home



www.mikepero.com/RX1292220

Mike Pero Real Estate Ltd. Licensed REAA (2008)

www.mikepero.com

Mike Pero

0800 000 525



STUNNING OPTION FOR A SIMPLE LIFE IN OREWA 4 2 2 [See online for more details](#)

48 Ascension Crescent, Orewa

This is the perfect home for the couple or family who are too busy to deal with gardens and lawns, yet still like to live and entertain in comfort and style. Brand new and never lived in, this stunning freehold home is ready and waiting for some lucky buyer to live an uncomplicated and exciting life enjoying all the best elements of the area.

- 211m² (approx.) of luxurious living on 219m² (approx.) of freehold land
- Master bedroom with estuary views on the top level, walk-in wardrobe and ensuite
- Generous open plan living areas with large deck and balcony with more views
- Three well-proportioned bedrooms with built in wardrobes on the ground floor
- Stunning kitchen fitted with quality appliances, island bench



www.mikepero.com/RX1325320

Mike Pero Real Estate Ltd. Licensed REAA (2008)

www.mikepero.com



Millwater - 20 Madison Tce 4 2 2
Superb Single Level Sicato Home

- 198m² (approx) home on flat 527m² (approx) site
- balance of Master Build warranty to transfer
- large open plan living flowing to north west facing outdoor entertaining areas
- stunning kitchen with engineered stone island bench, 900W cooktop and significant storage
- adjacent yet separate lounge tinted glass in living area, Kwila hardwood decking
- double internal access garage with separate laundry

Offers over \$1,070,000

Grayson Furniss
021 665 423
grayson.furniss@mikepero.com

Sarah Furniss
027 444 00 44
sarah.furniss@mikepero.com

Web mikepero.com/RX1276486



Millwater- 10 Vue Terrace 4 2 3
Instant Street Appeal!

It's not often that we come across a property with so much to offer the discerning buyer. Brand new, this spacious 245m² home is looking for a lucky family to be its first owner. With a wide street frontage, double 35 degree pitched gable end pavilions, beautiful landscaping and quality low maintenance materials, this captivating single level home has instant street appeal.

\$1,279,000

Grayson Furniss
021 665 423
grayson.furniss@mikepero.com

Sarah Furniss
027 444 00 44
sarah.furniss@mikepero.com

Call for more details.

Web mikepero.com/RX1266008



Millwater- 50 Timberland Dr 4 2 2
Single Level Entertainers Delight

This sunny, warm home feels spacious with four bedrooms, a study, generous open plan living and a large designer kitchen. Add to this the large butler's pantry and you've got an entertainers dream! Single level properties are always in demand and this one will be no exception. With a warm north-westerly aspect and a great location handy to schools, transport, shops and parks this one will tick a lot of boxes for the discerning buyer.

Offers over \$1,080,000

Grayson Furniss
021 665 423
grayson.furniss@mikepero.com

Sarah Furniss
027 444 00 44
sarah.furniss@mikepero.com

Web mikepero.com/RX1273158



Millwater- 19B Blake Greens 3 2 1
Stunning option for a simple life

Are you looking for a low-maintenance, comfortable and modern home? Then look no further! Warm, sunny and bright, this apartment offers an elevated position on the first floor and is a fantastic opportunity for you to jump into this desirable area at an entry level price. Enjoy relaxing in your generous open plan living area as the afternoon sun streams into your home or spend your summer entertaining on the large, partially covered balcony with tranquil views across to trees and reserve. Easy access to the Northern motorway, ideal for busy commuters.

\$789,000

Grayson Furniss
021 665 423
grayson.furniss@mikepero.com

Sarah Furniss
027 444 00 44
sarah.furniss@mikepero.com

Web mikepero.com/RX1276406

DANCE LIKE NO-ONE IS WATCHING...

HERE IS YOUR CHANCE TO LEARN HOW!

NOW TAKING ENROLLMENTS FOR 2018!

AWESOME, EXPERIENCED TEACHERS!

- RAD BALLET
- NZAMD CONTEMPORARY
- NZAMD JAZZ
- NZAMD TAP
- HIP HOP
- MUSICAL THEATRE

PHONE ROSIE ON 09-428-3132 OR 021-627-068 FOR MORE INFO

Find us on facebook FUSION DANCE STUDIO

RODIE@FUSIONDANCE.CO.NZ WWW.FUSIONDANCE.CO.NZ

BALLET • JAZZ • HIP HOP • CONTEMPORARY

You can count on us every step of the way

Forrest FUNERAL SERVICES

EAST COAST BAYS | HIBISCUS COAST

Because the time you have to celebrate a life is precious.

Caring professional staff
 Onsite chapel
 Prearranged funeral plans
 Prepaid funeral options
 Monumental and Headstones

39 Riverside Rd, Orewa. Ph (09) 426 7950
www.forrests.co.nz

0800 000 525

FIRST TIME ON MARKET IN 49 YEARS, COMES WITH A SURPRISE BONUS. 5 2 3

12 Mayfair Crescent, Mairangi Bay

It's not often that a property of this size and quality becomes available in this sought after Mairangi Bay location, particularly one that has been in the same family since new. The stunning sea views are sure to captivate you, while the options presented by the large 908m (approx) section and 300m home are going to have you considering this one long into the night. If that isn't enough, there is a surprise bonus to be discovered when you get there. There is something here for everyone to consider, whether it is a large family maybe with multiple generations living together, someone wanting to develop the Mixed Housing Suburban site or just someone wanting to enjoy the stunning location. This is a home worthy of serious consideration.

www.mikepero.com/RX1297725

Grayson Furniss
021 665 423
09 426 6122
grayson.furniss@mikepero.com

Vanessa Jardim
021 614 771
vanessa.jardim@mikepero.com

0800 000 525

FIRST TIME ON MARKET IN 49 YEARS, COMES WITH A SURPRISE BONUS. 5 2 3

12 Mayfair Crescent, Mairangi Bay

It's not often that a property of this size and quality becomes available in this sought after Mairangi Bay location, particularly one that has been in the same family since new. The stunning sea views are sure to captivate you, while the options presented by the large 908m (approx) section and 300m home are going to have you considering this one long into the night. If that isn't enough, there is a surprise bonus to be discovered when you get there. There is something here for everyone to consider, whether it is a large family maybe with multiple generations living together, someone wanting to develop the Mixed Housing Suburban site or just someone wanting to enjoy the stunning location. This is a home worthy of serious consideration.

www.mikepero.com/RX1297725

Grayson Furniss
021 665 423
09 426 6122
grayson.furniss@mikepero.com

Vanessa Jardim
021 614 771
vanessa.jardim@mikepero.com

millwatermotors

Most of us will have noticed the elegant large villa on the East side of SH1 as we drive (or, at times, crawl) past Oteha Valley Road on our way towards the City, and many will have wondered what it is or who lives there.

It's a villa with a past, a very active present and a promising future. In fact, it is the HQ of the North Shore Vintage Car Club (NSVCC) and we were privileged to visit and be shown round by the owner of the September mag's 1947 Riley RMA, Malcolm Jacques. During the tour, we met with Past Chairman Peter Lloyd and he offered to relate the history of the NSVCC.



The Club was formed in 1973, originally in a shed at the old bus depot in Devonport, where New World is nowadays, and the Dennis bus that is currently being restored came from there. One of the Club members owned a villa in Devonport and wanted it removed to develop units, so he offered it to the Club for \$1 – on the condition that they moved it themselves. The villa was divided into 4 pieces and relocated to where the off-ramp for Oteha Valley Road is today. Because the motorway layout changed somewhat from the original concept, the villa ended up having to be moved again – at 3 a.m. one morning – to its prominent position at the top of the property.



The NSVCC is an offshoot of the Auckland VCC and was founded by motoring enthusiasts John Gairdner, Harold Kidd and a few others. Peter Lloyd joined 2 years after it had been formed and restored his Model T Ford – which we will plan to look at

in detail another time, as well as some of his other treasures. Peter told us, "I won Restoration of the Year for my work on the Model T; coincidentally while my wife was in hospital having our daughter!" In the 30+ years that Peter has been on the NSVCC Committee, he has held various offices within the Club, including being Chairman 2011-2014.



Although originally focussing mainly on Club runs, the NSVCC has evolved to become a serious motoring "men's shed", where a significant body of skilled men meets every week to work on a number of projects. The Dennis bus, mentioned above and pictured here, is a nut-and-bolt restoration, where skilled tradesmen in their retirement are breathing new life into the only one of this model known in the world. Castings have had to be made, with large and small components having to be fabricated and old skills brought forward into the 21st century. Almost 100% of the capabilities are contained in-house. When finished, it will truly be a unique work of art.

The Club was gifted from a deceased's estate a Morris 8 that had been restored but the engine required a bit more work. The gleaming bodywork and interior are just waiting for the final work on the engine to be finished and it's beating heart is heard once again. Already, it looks like it is just about to come off the original assembly line and pass quality control before appearing for sale in a smart showroom.

You might think that, to be a member of the NSVCC, you must own a vintage car – not so! Several members have no vintage car of their own, but still turn up every week to share their love of motoring legends and to work on the Club cars or those of other members. Some NSVCC outings see members and guests go along in modern vehicles, while official Club rallies are for vintage cars only. Non-owners of vintage cars still go along, though, borrowing one of the Club cars or hitching a ride.

"Camaraderie and skill-sharing are key parts of Club membership," Peter told us, "you need to be able to muck in with everyone else and be part of our happy team." Around 30-40 guys turn up every Thursday, with an increasing number also on a Tuesday. Members look after maintenance around the Club; from the workshop and stores to cutting the

grass and painting the villa. Membership is around 180 and growing, with costs being moderate: just \$50 joining fee and \$80 annually. "The Club is on a sound financial footing and we try to keep costs down, so members can spend their money on their cars," Peter added.



Finally, the definition of a NSVCC vintage car: anything over 30 years of age – which rolls forward every year, meaning that a new generation of cars and owners becomes viable every year. The members are all proud of the work they do and the friendships they share. You may even have seen some of their gleaming vehicles at the Orewa Santa Parade last month.

The NSVCC is a place to meet like-minded motoring enthusiasts; to lose yourself in the joy of friendship and oily bits, and we wish them well for a very long and happy future. You can see and learn much more by visiting <http://vintagecarclub-northshore.co.nz/>



Tradie of the Month with Maddren Homes

A great work ethic and an eye for detail have earned builder Edwin (Chook) Smith the Maddren Homes Tradie of the Month nomination. Chook's been in the building game a while and his can-do attitude and quality workmanship have not gone unnoticed. It's bringing values like these to the job every day that contributes to a positive culture and houses built to a superior standard; a win-win for everyone. Chook's hard work sees him walk away with a voucher from proud sponsor Western ITM. Keep up the great work Chook, you're one in a million!



Guardian
SECURE SELF STORAGE

EVERYTHING YOU NEED FOR MOVING AND STORAGE

- Free move in van or trailer use
- Clean alarmed and secure units
- Cartons and all packing supplies
- Mileage and fuel charges apply

GREAT RATES, GREAT STAFF AND GREAT LOCATION

7-9 Foundry Road, Silverdale, Auckland

CALL TODAY: 09 9052777

www.guardianstorage.co.nz

*T's & C's apply

**Rodney
AutoCentre Ltd**

Automotive Repairs, Servicing & WOF

Dean Aspinall 09 426 5016 dean@rodneyautocentre.co.nz
14 Agency Lane, Silverdale (next to Spa Pool shop)

Vehicle Servicing, Repairs & Maintenance

For all your automotive requirements & WOF's.

- Silverdale's AA & MTA Licensed repairer. Quality workmanship guaranteed.
- Free pick up and drop off service throughout Millwater and surrounding areas. Free courtesy cars available.
- All vehicle repairs and servicing receive a complimentary groom.
- All repairs, servicing, WOF's, electrical, brakes, cambelts etc. including the latest in diagnostic scanning, all carried out on site.

www.rodneyautocentre.co.nz



timlawrence Fishing Spot



Happy Summer! This season has been awesome so far, much better than last year. There are fish everywhere and there is no need to go far to catch a few fish for the dinner table. All you need to do is look for some sign on your sounder and drift through it – really; it's that easy. If you don't know where to look, then your best bet is to go and see the team at Fishing Direct in Silverdale – they are always happy to tell you where the fish are.

We have been doing well in a number of areas and the general consensus is to fish between Tiri and Kawau; you can't go wrong. Both sides of the cable zone are fishing well: the 30m line NE of Tiri, the Beehive, Moturoa, Manly, Orewa Bay and even the Rangitoto Channel... there are literally fish everywhere on the coast.

Diving for scallops has been productive and they are nice and fat right now (sorry I can't share my spots). We stopped in for a splash on our way home after a great morning fishing

last Sunday. I was diving with my dive buddy Jim. We rolled into the water and descended to the bottom, right on top of a bed of scallops.

I noticed a hollow noise in my tank every time I took a breath and thought it was a bit strange. Soon I was having trouble breathing and I looked at my gauge to see I had run out of air. It was then I realised I had put on an empty tank and hadn't checked it before I jumped in! Jim was nearby so I quickly made my way over, signalling I was out of air. I grabbed Jim's spare regulator and we headed to the surface. That was a close call!

There are two charters I have booked for December and 10 days in the Bay of Islands over New Years, so hopefully I will have some great stories to tell you in 2018. Please keep safe out there, check your safety gear and always dive with a buddy.

Tight lines!

For Artistic Excellence



5 Riverside Rd, Orewa
(09) 426 5287

flowersbyjoanne@xtra.co.nz
www.flowersbyjoanne.co.nz

Holiday Programme

Safe Kids In Daily Supervision

Kingsway Junior Campus

2 Bonair Crescent, Millwater, Silverdale

Onsite Activity Full Day: Hours between 7:00 a.m.-6:00 p.m. \$55.00
 Onsite Activity Short Day: Hours between 9:00 a.m.-3:00 p.m. \$45.00
 Trip Day: Hours between 7:00 a.m.-6:00 p.m. \$65.00
 Premium Day: Hours between 07:00 a.m.-06:00 p.m. \$65.00

"Great interaction with the kids. Lots of fun activities and creative ideas..."
 "Programme is the best, my son looks forward to going..."

<p>Mon 08 Jan</p> <p>Cup Stacking</p> <p>Fun competitions and games designed to build speed, accuracy, hand eye coordination, and rhythm.</p>	<p>Tue 09 Jan</p> <p>Water Sports</p> <p>It's going to be Wet & Wild with outdoor water sports! Bring togs, towel & extra clothes!</p>	<p>Wed 10 Jan</p> <p>Trip Day</p> <p>We're off to the Movies! Come watch the latest must-see movies with your friends!</p>	<p>Thu 11 Jan</p> <p>Guardians</p> <p>Join Starlord, Rocket and Groot for a fun filled day with games and crafts based on favourite Marvel hero's!</p>	<p>Fri 12 Jan</p> <p>Painted Rocks</p> <p>Monsters, flowers, dinosaurs, lady bugs...paint what you like! You are only limited by your imagination!</p>
<p>Mon 15 Jan</p> <p>Wheels</p> <p>Let the good times roll! Bring your wheels and helmet! Race, cruise, make tracks! Join us for a wheelie good time!</p>	<p>Tue 16 Jan</p> <p>Technology</p> <p>Focusing on engineering kids work as a team to build structures of metal and other materials.</p>	<p>Wed 17 Jan</p> <p>Trip Day</p> <p>We're off to Join all the fun at the skids Carnival. Bouncy castles, games, waterslides!</p>	<p>Thu 18 Jan</p> <p>Dominoes</p> <p>Stacks of good times with dominoes! Kids learn physics, maths and patience while having fun!</p>	<p>Fri 19 Jan</p> <p>Premium Day</p> <p>Interactive encounter with Dragon Lizards, Tortoises, & cute fluffy pets, even Chinchillas! Spaces Limited</p>
<p>Mon 22 Jan</p> <p>Trip Day</p> <p>Learn NZ's nautical history at the North Head Navy Museum and explore the Devonport Tunnels!</p>	<p>Tue 23 Jan</p> <p>Careers</p> <p>Choose your career and choose your path! With all the twists and turns you'll never know what LIFE has in store!</p>	<p>Wed 24 Jan</p> <p>Trip Day</p> <p>Sail the Waitemata Harbour, visit the Maritime Museum and have lunch at Silo Park! Spaces limited.</p>	<p>Thu 25 Jan</p> <p>Mad Science</p> <p>Funky Science experiments and engaging activities to captivate curious minds!</p>	<p>Fri 26 Jan</p> <p>Italy</p> <p>When the moon hits your eye like a big pizza pie... That's Italian! Make your own pizza & celebrate all things Italian!</p>
<p>Mon 29 Jan</p> <p>Public Holiday</p> <p>We're closed to celebrate Auckland Anniversary. Enjoy time with your family!</p>	<p>Tue 30 Jan</p> <p>Primary Musical</p> <p>Bring your inner Diva & Divo to join the crew of Primary Musical! Dancing, singing, acting!</p>	<p>Wed 31 Jan</p> <p>Kiwi Kids Outdoors</p> <p>No one loves the outdoors more than Kiwis! Join us for a day full of our favourite games and outdoor activities!</p>	<p>Thu 01 Feb</p> <p>Back To School</p> <p>The same excellent care and fantastic activities available Before & After School at skids.</p>	<p>Fri 02 Feb</p> <p>Back To School</p> <p>The same excellent care and fantastic activities available Before & After School at skids.</p>

Bring morning tea, lunch & H2O bottle. Afternoon tea provided. Breakfast provided before 7:45am. Please dress appropriately for activities & weather.

For more information, call 021 77 33 01 or email kingsway@skids.co.nz

Register now at www.skids.co.nz click on **Parent Login**

MSD-Approved
Work & Income NZ OSCAR Subsidy available!

artspeak

Art to Admire and Art to Create



For the months of December and January, Estuary Arts Centre will be brimming from wall to floor with art. The annual Cash and Carry Under \$500 Sale will be on display throughout the Centre and in the beautiful Studio One overlooking the Estuary. With hundreds of original artworks from paintings, prints, ceramics, jewellery and more, there is bound to be something that takes your interest. The Centre is running two Christmas art and craft markets on Friday 01 December from 4 to 8.30pm, with live music and cheese and wine; and on Sunday 03 December from 11am to 3.30pm. By giving a piece of art this Christmas, you are



not only supporting local talent and investing in our economy, but giving something truly unique.

The Art Centre and Café will be open all holidays, daily from 9am

to 4pm. The Centre will close only for the following holidays; 25, 26 December and 1, 2 January.

The Summer School holiday programme for children will run from 15 to 27 January, offering a range of art and craft courses. We will also be running some fun weekend workshops for adults, such as the three-day printmaking workshop with Val Cuthbert on 19, 20 and 21 January.

To find out more about these programmes, visit the website www.estuaryarts.org or visit the Centre which is located at 214b Hibiscus Coast Highway. So, get on down and join YOUR arts centre!

estuary arts centre



Christmas Art & Craft Markets:

Friday 01 Dec, 4 to 8.30pm
Sunday 03 Dec, 11am to 3.30pm



Cash & Carry under \$500 Art Sale

01 Dec 2017 to 29 Jan 2018
Paintings, ceramics, jewellery, sculpture, quilts and more



Summer School Holiday Programme

15 to 27 January 2018
Starting week 24 October

214b Hibiscus Coast Highway, Orewa | www.estuaryarts.org
09 4265570 | Open 7 days a week, 9am- 4pm | FREE ENTRY

communitygroups

Millwater Women's Group

Millwater Women's group met at Stoney Homestead on Wednesday 18th October. Unfortunately, due to a miscommunication, the joint morning tea with the Chinese Women's Group had to be cancelled. Instead, our own lovely Marion Heyrick showed us how to turn an unwanted book into a Christmas decoration. We had lots of fun doing this and Marion showed she had the patience of a saint when she realised we all interpreted her directions in our own unique way. Much fun was had reading out excerpts from our chosen, about-to-be-remodelled books and we all ended up with a passable, glittered Christmas tree.

November was our planning meeting for 2018, with some of the ladies brimming with great ideas for next year. We are all looking forward to our Christmas lunch in December, and the look back on a year of friendship and shared experiences. The Women's Group has gone from strength to strength in the last three years and we are sure 2018 will be another good one for the group.

Please contact me if you would be keen to speak to the group. Our interests are varied and wide.

We meet on the third Wednesday of the month.
Marj Noble 021 711 540

Millwater ROWENAs

The October outing for the Millwater ROWENAs (Retired Old Women Enjoying Nice Afternoons) was at Silverspoon Café on Central Boulevard, Silverdale. Once again, we were a small select band of ladies, as a number were away – working or otherwise engaged.

As usual, the conversation flowed and we put the world to rights; whether anyone would agree with our ideas is of course a matter of opinion. The food was excellent and a couple who had never been before decided that they should definitely pay the café a visit again. The staff were very pleasant and obliging, although it was quite quiet when we were in for lunch. It would be lovely if more people supported the café – although it is a little away from the main shopping area, it is well worth the visit. Hopefully, once Farmers and the other new shops open, trade will improve.



Millwater ROMEOs



The Millwater ROMEOs (Retired Old Men Eating Out) had their first 'repeat' this month, taking advantage of the 10-pin bowling complex next to the Whangaparaoa Plaza, last visited 18 months ago. We had a great time, managing to get through 2 games on this occasion before lunch at The Good Home Bar and Restaurant opposite New World in Stanmore Bay.

As expected, there was a wide range of skill. Mike, Stephen and Rod were the better performing players, and Kevin had the best improvement as we went along. The member who 'won' the last time we played (he shall remain nameless) felt the pressure of being 'top dog' and it took 5 bowls before he scored a single point and settled down. We also learned (from Kevin/slowest, and David L/fastest) that speed of delivery doesn't necessarily determine more points per ball.

There were several comments that we should have this sort of outing more often (say twice a year) because as we play we also chat and, being randomly teamed up, we find ourselves getting to know each other better.

We enjoyed our lunch at The Good Home, which has recently changed hands. The menu and drinks catered for everyone's tastes and the service was friendly and prompt. As is now the norm, the ROMEOs returned to the home of the day's organiser, to enjoy coffee, cake and more excellent conversation.

The ROMEOs will not meet in December but combine with the ROWENAs in a January celebration to start 2018.





FROM SMELLY DOGS TO HEART THROBS



Washing



Grooming

1/22 Karepiro Drive, Whangaparaoa
PHONE: 09 428 3375 MOBILE: 027 6660571
EMAIL: clipadog@yahoo.com



Clip A Dog
Grooming Studio & Dogwash
www.clipadog.co.nz

PRESCRIPTION SUNGLASSES – NO ONE NEEDS TO KNOW!

by **OPSM Silverdale**



reading) and we can also do multifocal lenses. It does not stop there: we then look at lens options, which are many.

Why not consider polarised lenses? They reduce glare and are great for driving, fishing, being at the beach and general wear. You might like to be on trend with the latest 'mirror look' lenses; they are super cool and come in a variety of colours. You can choose your tint colour, maybe even consider a graduated tint (dark at the top and lighter at the bottom) for a softer look.

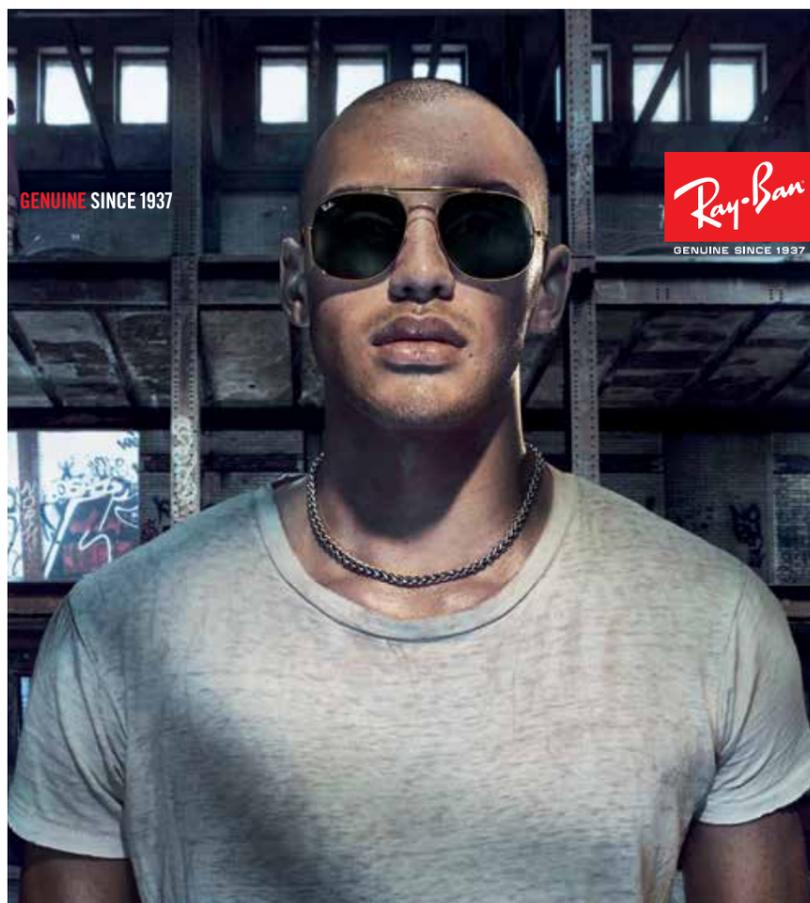
If you go for a Ray Ban sunglass, not only can we make them with your prescription, but we can also customise as described above and they come with the Ray Ban lens etching, so no one even knows your sunglasses have prescription lenses! It's also a great way to stop the kids 'borrowing' your favourite shades.

Why not pop into OPSM in the Silverdale Centre (opposite Pita Pit) and talk to one of our friendly team and see how easy it is to look great, see well and protect your precious eyes in the sun these holidays.

Also, ask us about Vision Plan – the easy way to pay for your new glasses/sunglasses.

Many people don't realise that needing prescription lenses is no barrier to looking great in the latest sunglass styles. At OPSM Silverdale, we LOVE making prescription sunglasses for our customers and showing them how their prescription is no barrier to having the latest looks, whilst of course correcting your vision and protecting your eyes from the harmful UV rays.

We have over 200 sunglasses to choose from and the options are endless. We can do single vision lenses (just for distance or



**NEW SEASON STYLES
NOW IN STORE**

OPSM

Visit OPSM Silverdale today.
Silverdale Centre
Ph: 426 7902

MILLWATER DENTAL

Ph: 972 1518

Unit 21, Millwater Central, 175 Millwater Parkway, Silverdale



Merry Christmas

&

Happy New Year

THIS MONTH SPECIAL:

- Free Consultation & 2 Bitewing, X-rays for new patients
- Free Specialist Orthodontist Consultation for new patients
- Annual check up, 2 Bitewing X-rays & scaling for existing patients \$180
- No interest or payment for 12 months on treatments over \$200 if paid by Q-card.

Terms & Conditions Apply



Who can you trust with your smile?

Choose an orthodontist.

Orthodontists have the knowledge and training to advise on the full range of orthodontic treatment options. An orthodontist is a registered dentist who has gone on to do 2-3 years full time university study specialising in orthodontics.

An orthodontist specialises in straightening teeth, making them bite together properly and creating a great smile that will last a lifetime.

Be confident you're in the care of a specialist.

www.orthodontists.org.nz

Dr Sanjay Namburi
Specialist Orthodontist

BDS, NZDRex, FDSRCS(UK)
MDS(Ortho), NZDSplRex, MOrthRCS(UK)



• Dentists • Specialist Orthodontist •

Life Happens... Plan for the Unexpected!



In my early teens, my dad, the sole bread winner in our family, passed away unexpectedly. Although mortgage-free, he was uninsured. The impact of the sudden loss of income was immediate and our family's lifestyle was significantly compromised. What would happen in your family if you:

- were seriously ill but had no choice when you were treated or what drugs were available to you?
- were ill or injured and could not work or look after the children?
- were disabled and required care?
- passed away?

It is confronting to discuss these consequences and to quantify the financial implications. But they are important conversations to have. Are you self-insured? Do you have insurance? Is your existing cover enough? Are you over-insured? Speak to an independent registered financial adviser who will:

- Discuss your needs, goals and aspirations
- Assess and analyse your risk exposure
- Develop a personalised solutions plan
- Oversee the implementation of the agreed solutions
- Review your plan annually to ensure its relevance

- At claim time, manage your claims and support you in the process

With insurance, a successful claim when you need it is paramount, but cost can be a deterrent. Consider these strategies to manage cost:

- Insure whilst young and healthy
- Insure for small amounts initially. Gradually increase as affordability allows, and as personal circumstances change
- Increase the excess i.e. the amount payable by you in the event of a claim prior to the insurer paying the balance
- Lengthen the wait period i.e. the time you must wait from when you are unable to work before you are eligible to receive the insured benefit
- Appropriate premium structure – stepped premiums start off affordable but increase substantially over time. Level premiums start off higher but remain constant, resulting in long term savings

Valentina Pereira is a Registered Financial Adviser and a member of the Institute of Chartered Accountants in England & Wales. The comments above are her personal opinions and is not intended to be personal advice. If you would like to discuss the contents of this article, please contact her on valentina@mirockfs.co.nz or 021 627 802

1950's Retro furniture
If you are looking for the highest quality commercial grade, American made diner and kitchen furniture... you have come to the right place!

- Tables • Chairs • Stools • Booths
- Bar Sets • Bumper Edging (2 sizes)

Made in USA
American Retro FURNITURE
Phone: 022 190 3354
23b Foundry Rd, Silverdale, Auckland
www.americanretrofurniture.co.nz

Do any of these describe you?

- A busy family
- Working hard and every cent is precious
- Think you are young, fit and healthy and nothing can go wrong?

Truth is *Life happens...* and I can help you plan for the unexpected

**When was the last time you reviewed your insurance?
Do you know what you have versus what you really need?**



I live and work locally and am passionate about helping people protect themselves, and their families. **Have any questions?** Contact me, Valentina Pereira and we can chat over a coffee.
† 021 627 802 | e valentina@mirockfs.co.nz | www.mirockfs.co.nz
Disclosure Statement available upon request

MiRock
FINANCIAL SERVICES

Personal Insurance | Business Insurance | ACC Restructure | Mortgages | KiwiSaver | Estate Planning

holidaydestinations

Thinking of Christmas River Cruise for 2018?

Anyone who has ever been to Europe during the holiday season knows that the Continent explodes with charming holiday markets and craft fairs, something river cruise lines have built into an important piece of winter business with their popular Christmas market cruises.

The most traditional holiday routes sail along the Danube and Rhine rivers, which are dotted with picture-book towns that host impressively festive markets during Advent, or the four weeks leading up to Christmas. The markets typically feature a jolly atmosphere, live music, seasonal delicacies, and the opportunity to shop for holiday gifts.

There are some standouts, such as Strasbourg, which hosts one of the oldest Christmas markets in Europe, and Vienna's Christkindlmarkt in front of the city's town hall, which boasts stands that sell everything from pretzels to pastries, from crafts to candles.

As delightful as these classic Christmas market cruises are, there are other options for sailing between November and January that go beyond the merriment flanking the Rhine and Danube.

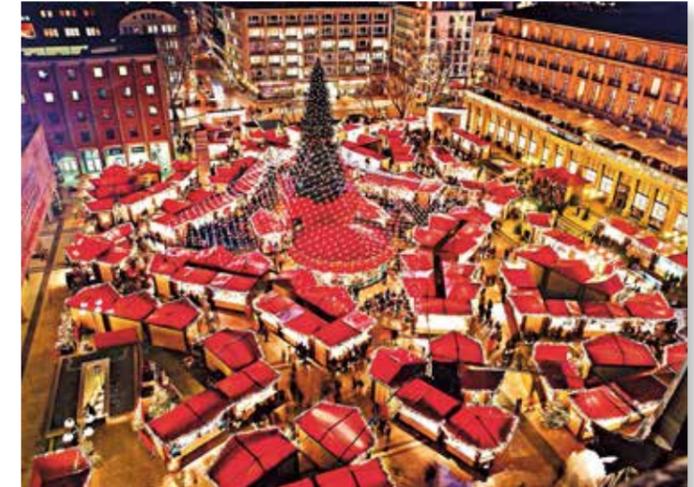
Regardless of the route, there are usually themed activities onboard during this time of year. Viking touts that guests on its holiday cruises will be given the option to bake gingerbread cookies, help decorate the ship's Christmas tree and enjoy regional holiday music onboard.

There is also the option to ring in the New Year onboard a river cruise, with the river lines that do it typically hosting a New Year's party on Dec. 31. Uniworld offers a 13-day Grand Christmas and New Year's itinerary along the Danube, which sails from Nuremburg, Germany, to Budapest, and hosts New Year's at the Palais Daun Kinsky in Vienna with a festive dinner and private concert.

So, if you are thinking of something special to do next Christmas, where you can enjoy all the sights, live music, shop for gifts and, best of all, enjoy all the festive food, then why not consider a European Christmas River Cruise.

2018 brochures are out now for a range of river cruise lines & Christmas itineraries.

Please contact me on:
Helen Baxter
Air New Zealand Holidays Travel Broker
021 684 770
Helen.baxter@airnzbrokers.co.nz



Crazy Christmas Laws from Around the World



Well, we've nearly reached the end of another year! We keep up to date on relevant laws and developments that affect our clients and, with Christmas just around the corner, we thought that some of these crazy Christmas laws were an interesting read!

The Mince Pie Myth

In the UK in 1657, Oliver Cromwell decided to ban all Christmas celebrations, including mince pies. This is where the myth began that you cannot eat mince pies except on the 25th December.

Christmas banned in America

In 1659, the American Puritans of Massachusetts made it illegal to celebrate Christmas. The law was changed so that those who

celebrated Christmas were punished with a five shilling fine.

Decorating for too long

In Maine, USA, you must take your Christmas lights down by 14 January. Failure to do so will result in a fine.

Christmas bonus

Some European countries have it written in law that employers must give their workers a bonus the size of one month's salary – now, wouldn't that be nice!

Not shooting on Christmas Day

In the UK, the Wildlife and Countryside Act 1981 made it illegal to kill a bird on Christmas Day.

Five golden rings

The Pawnbrokers Act 1787 actually made it illegal for pawnbrokers to be open on Christmas Day in the UK. If you did not like your five golden rings you received for Christmas, you had to wait to pawn them.

The team at Simpson Western Silverdale would like to wish you and your family a very happy Christmas and New Year. Stay safe on the roads and enjoy a well-deserved break!

The New Year can be the perfect time to get your matters sorted. Contact the team on 09 421 0559 as we would be happy to meet with you and discuss your requirements.

KATRINA SIMPSON
Solicitor
SIMPSON WESTERN

millwaterasiancorner

3 Dishes and 1 Soup



Kids: Oh! It feels a bit 'lonely'...

I once experimented by putting the steak, pasta and salad in the middle and letting them take their portion, and they were all happy. Sometimes you just need clever strategies when dealing with kids!

In Chinese, we have a phrase called "3 dishes and 1 soup". This is a basic formulation of a Chinese family meal, usually consisting of a dish of vegetables, meat and fish/seafoods/tofu, plus a soup. Although I do not make soup every day, our family table usually has at least 3 dishes in the centre most nights, therefore my boys are expecting to see something in the middle when they arrive at the table. I think this formulation provides a good balance of diet and also provides a wider variety of foods for the family. It always feels good to have foods in the centre so everyone can share, or to fight for!

This is a relatively short article, because I would like to take this chance to thank you for your support throughout the years; it is always heart-warming to receive feedback and encouragement. We are feeling very grateful to be living in such a caring and friendly community.

Thank you Sarah and Grayson Furniss for providing me the platform for sharing my humble knowledge and experiences, and Brian Mullan for editing my articles; I know sometimes my grammar caused him much headache. *(Ed: Never, Nita; your meaning is always perfectly clear)*

Wishing everyone a very Merry Christmas and Happy New Year, see you again in 2018!

Blessings.

Nita Wong, Millwater resident
Originally from Hong Kong 20+ years ago

Some of you may know I run Asian cooking classes at the Stoney Homestead, where often my students are curious to know how many dishes I usually serve at home.

Before telling you the answer, let's take a look at a scene that happens on my dining table every time I cook steak, where each family member is served with steak, pasta and salad, all on one plate.

Me: Dinner time!

Kids run to the table, have a look and say: There is nothing in the centre of the table?

Me: Yes, everything is on your plate darling.

Whatever your legal issues or aspirations, we can expertly champion your best interests, whether you're an individual, a small enterprise or a business of scale. **We're on your side.**

SIMPSON WESTERN

Silverdale Office Corner Millwater Parkway and Polarity Rise p. 09 421 0559
Takapuna Office Level 3, Takapuna Finance Centre, 159 Hurstmere Road p. 09 486 3058

TRUSTED ADVOCATES

simpsonwestern.co.nz

196 Centreway Road, Orewa **09 391 4444** www.visualvoice.co.nz

MTF Finance Silverdale offers personal and business lending. Contact us to learn more.

☎ 09 421 0335 or 022 FINANCE

☎ Cnr Milner Ave and Millwater Parkway

mtf.co.nz/silverdale

Terms, conditions and lending criteria apply.

Life Style Building

M A D D E N

Recipes from Millwater residents



Steamed Christmas Pudding (serves 4-6)

Ingredients

500g mixed dried fruit (such as cranberries, cherries, apricots, sultanas and raisins)
 100g dates, chopped
 3 tablespoons chopped crystallized ginger
 125g suet
 1 orange, zest of
 125g plain flour
 125g caster sugar
 150g fresh white breadcrumbs or panko crumbs
 100ml brandy
 ½ can of Guinness
 1 handful chopped nuts, such as pecans, Brazils or hazelnuts
 1 medium free-range egg
 150ml milk

Method

Place mixed fruit, ginger, dates into a bowl with brandy/ Guinness. Leave covered in fridge for 4-7 days to macerate. Mix all ingredients together, including the macerated fruit. Put mixture into a greased 1.5L pudding bowl, cover with double layer tin foil. Place in a large saucepan with water halfway up sides of bowl. Bring water to the boil, put on tight-fitting lid, simmer for 3-4 hours (remember to check water regularly, making sure that it never boils; it will burn).

Remove foil, turn out onto plate, drizzle with golden syrup and decorate as you like. You can also light it with brandy, to be really fancy.

For the Brandied Custard and/or Hot Butterscotch Sauce to accompany this recipe please contact me on Facebook at 'Culinary Lane'.

Mark Lane



Roasted Vegetable Muffins

Ingredients:

Any vegetables that are in season, or whatever is left-over in the fridge. In the photo I have used broccoli, asparagus, mushroom, courgette, corn, carrot.

You only need a handful of roasted vegetable for this recipe but I usually roast a big batch, where the vegetables can be used in salad, pasta etc.

¾ cup grated Cheese
 2 cups flour
 4 teaspoons baking powder
 ¼ cup rolled oats
 ¼ teaspoon salt
 Chilli flakes and herbs (optional)
 1 egg
 50g melted butter
 1½ C cup milk

To Make:

Roast vegetables:

1. Thinly slice the vegetables, drizzle with some olive oil (or use olive oil spray)
2. Fan-bake 250-300c (varies across ovens) for around 20 mins, stir a few times in between

Muffin:

1. In a large deep bowl, add in cheese and roast vegetables and mix
2. Add flour, rolled oats, baking powder, salt, herbs and spices, and mix
3. Add in eggs, butter and milk
4. Stir to combine but do not over-mix
5. Put mixture into muffin moulds or paper cups, fan-bake at 200c for 13-15 minutes

Happy Cooking!

Nita Wong



EXPERIENCE THE DIFFERENCE



THE DENTAL SUITE
SILVERDALE

Suite 6,
 44 Silverdale Street
 09 426 5262
 team@dentalsuite.co.nz
 www.dentalsuite.co.nz



Dan's Tips

December 2017

It's the festive season and a great time to get out in the garden with the family.

Spuds are ready, plant leeks and pretty up the outdoors with some potted colour - plus protect those berries from the birds!

In the Veggie Patch

- **Christmas spuds:** early potatoes may be harvested when their foliage starts to yellow – perfect for Christmas dinner!
- Plant out **swan plants** ready for when monarch caterpillars are hatching and hungry!
- **Bird Netting** over the strawberries, raspberries and blueberries – or that's Christmas Day desert gone
- **Plant leeks** – the seedlings are best dropped into a hole the width of a pencil, or a long trench. Nature tends to fill in the soil as it drops around the leek after watering. A good tip is to trim off half of the green tip to encourage the growth.



Cover those tasty berries!

Strawberries, raspberries and blueberries are all ripening and those birds love them! Cover them with netting to make sure you get some!



Seasons greetings from all of us at Central Landscapes!

We wish you all a safe and happy Christmas break. Keep an eye out for our new branding launching in the new year!

The rest of the Garden

- **Pretty up your pots for summer outdoors** – geraniums, impatiens and petunias make excellent displays and have fun teaming them up with some basil, parsley or thyme – nice aromas around outdoor eating areas
- **Install a birdbath** and keep it topped up with water to help feathered visitors get through the summer heat
- **Going away?** Deep water, then mulch pots thickly and move them into shaded areas

Lawn

- Best rule for summer mowing is to **cut grass by one third of its length**



Planning on some summer planting?

Centrals recommends you use Prolawn Aquaturf G, an easy to use, safe wetting agent for all applications including lawn, garden and container planting. It's brilliant to use on hydrophobic soils and aids drainage of ponding areas.



Seasons greeting from us at Central Landscapes!

From all of us at Central Landscape & Garden Supplies Silverdale we wish everyone in the Millwater community a safe and happy holiday break!

We're open through the Christmas and New Year period so if you have outdoor projects to be done check out the website for our holiday hours. Plus don't forget about our Garden Competition kicking off in the New Year.

Open Hours: Monday - Friday: 7am - 5pm, Saturday: 8am - 4pm, Sunday: 9am - 4pm
www.centrallandscapes.co.nz • 09 421 0024 • 90 Foundry Road, Silverdale Business Park

dates for your diary

- Every Wed** Hibiscus Coast Scottish Country Dance Club
Silverdale Hall • 7:30pm
- Every Sat** Millwater parkrun 8am • See
www.parkrun.co.nz/millwater for more details
- Every Thurs** New to NZ? Orewa Library hosts
a very informal conversational English group for
new immigrants, every Thursday from 3.30 – 4.30pm
in term time. This is a free session with a qualified
ESOL teacher. We chat about Kiwi customs, health,
shopping, neighbours... all kinds of things which
are relevant to our daily lives. Children are welcome!
Why not give it a try?
- Weds/Thurs** Rotary Satellite Club of Orewa-Millwater • at Stoney
Homestead Community Hub, Galbraith Greens • 1st
Weds every month 6pm • 3rd Thursday every month
7pm
- Every Weds** Hibiscus Coast Mid-Week Badminton Club • 9am
noon • Orewa Badminton Hall, Victor Eaves Park
- Every Thurs** Ukelele Classes • Estuary Arts Centre from 7-8:30pm
All welcome - classes for beginners to advanced so
just turn up and bring your uke for a night of com-
munity fun! Enquiries/book a spot, call Avon
Hansen-Beadle 021 421 109 or 4766361.
- 1st Weds of
each month** HBC Grandparents Parenting Grandchildren
support group • 11am - 1.45pm • Red Beach
Methodist Church • Free group offering support,
friendship, guest speakers and lunch • Further
details contact Sonia 0274 802 287
- 4th Tues of
each month** Zonta Club of Hibiscus Coast, not-for-profit ser-
vice club • Dinner meetings with guest speaker
The Wade Hotel, 2 Tavern Road, Silverdale •
6.00 pm • Visitors are most welcome • Contact
hibiscuscoast@zonta.org.nz
- Every school
term Tuesday** Crafts Group • Orewa Community Church
235 Hibiscus Coast H'way, Orewa
10am - 12pm • \$2 for morning tea & craft
creche provided
- Every school
term Friday** Arts Group • Orewa Community Church
235 Hibiscus Coast H'way, Orewa
10am - 1pm • \$2 includes morning tea •
suitable for beginners
- Every Tues** Hibiscus Coast Rock & Roll • Whangaparaoa Hall •
7pm lessons • 8pm general dancing • Wear soft sole
flat shoes • Wear layers as you get extremely hot
dancing • Further info on our website & Facebook.

If you know of any upcoming local events please contact Sarah at
sarah@themillwatermag.co.nz



Join us for services throughout the month:

St Chad's, Orewa
Sunday 8:00am and 9:30am
Wednesday 9:30am

Christ Church, Waiwera
1st Sunday 11:15am

Holy Trinity, Silverdale
2nd & 4th Sundays 9:00am

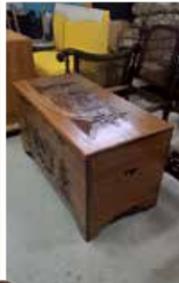
For further information phone 426 4952
or chadorewa@vodafone.co.nz
www.hbcanglicanparish.co.nz

**SILVERDALE
FURNITURE RESTORATIONS**
09 426 2979

**COUNTRY CHARM
FURNITURE**
2008 LTD

Timber Furniture Specialists
with quality workmanship guaranteed

*Specialising in Antique, New Furniture
and all other timber surfaces*



- Furniture Restoration
- Re-Spraying
- Special Finishing
- Colour Matching
- Insurance Quotes
- Furniture Repairs
- Custom-Made Furniture
- Modifications and Repairs
- Recycled or New Timber
- Upholstery, Leadlight
and Cane Work

Phone Grant or Lesley
23b Foundry Road, Silverdale
09 426 2979
www.silverdalefurniturerestorations.co.nz

09 426 8412
www.countrycharm.co.nz

 Look for our pages on www.facebook.com

How to contact your local....

Health & Well-Being, Fitness & Beauty

Caci Clinic 09 212 6900
Health by Logic 09 421 1273
Beauty Aspects 021 02972587
Alternatives Hair & Shampoo Shop 09 426 8113

Optometrists

OPSM Silverdale 09 426 7902

Osteopath

OsteoMe 0508 OSTEOP ME

Motoring & Boating

Rod Harman Motors 09 426 6066
Rodney Auto Centre 09 426 5016
Silverdale Marine 09 426 5087

Florists

Flowers by Joanne 09 426 5287
Fleurette Florist 09 421 0505

Real Estate

Mike Pero Real Estate, Millwater 09 426 6122

Food, Entertainment & Recreation

Estuary Arts 09 426 5570
Wainui Golf Club 09 444 3437

Child Care

SKIDS Kingsway Jnr Campus 021 773 301

Printing

Treehouse Print 027 4986 202

Community

Hibiscus Coast Anglican Parish 09 426 4952
Forrest Funeral Services 09 426 7950

Insurance / Finance / Accounting

MiRock Financial Services 021 627 802
MTF Vehicle Finance 09 421 0335
UProtectNZ Insurance Services 027 248 9320

Pets

Millwater Vet Hospital 09 427 9201
Clip A Dog 09 428 3375

Mortgage Adviser

Mortgage Studio 09 428 2223

Storage

Guardian Secure Self Storage 09 905 2777

Medical

Coastcare Urgent Care, Red Beach 09 427 9130
Focus Hearing 09 533 6463
Orewa Medical Centre 09 426 5437

Dental

The Dental Suite 09 426 5262
Silverdale Family Dentists 09 972 1406
Millwater Dental 09 972 1518

Dance

Fusion Dance Studio 09 428 3132

Pharmacy

Hickey's Pharmacy Orewa 09 426 5659
Millwater Parkway Pharmacy 09 959 0256
Life Pharmacy Orewa 09 426 4087

Home & Garden

Central Landscape & Garden Supplies 09 421 0024
Silverdale Furniture Restoration 09 426 2979
Total Security Group 09 947 5992
American Retro Furniture 022 190 3354
Hibiscus Mats Carpet Overlocking 021 909 458
Elite Waterblasting 021 963 344

Legal

Simpson Western 09 421 0559

Photography

Visual Voice 09 391 4444

Housing

Maddren Homes 09 412 1000
Stonewood Homes 0800 696 23
Universal Homes 027 501 0876

Jeweller

The Goldsmith 09 427 5072

Transport

Comfort Airport Shuttles 022 136 8490

Fashion / Retail / Gifts

Winkalotts 0800 426 800
Deejays Shoes 09 426 5820

Sewing

Pauline's Sewing Services 09 557 4378

Advertise in The Millwater Mag and feature here for free!

Mike Pero
REAL ESTATE

This page is sponsored by Mike Pero Millwater
Grayson Furniss • 09 426 6122 • 021 665 423 • grayson.furniss@mikepero.com

Mike Pero Real Estate Ltd, Licensed REAA (2008)

weirivertidechartDecember

Proudly sponsored by



For sales & service find us on
www.silverdalemarine.com
10 Agency Lane, Silverdale Village
Ph 09 426 5087 and we will come to you!



Fri 1 Dec	05:44 2.7 m	11:54 0.6 m	18:08 2.9 m	-	Sat 16 Dec	00:41 0.6 m	07:03 2.8 m	13:03 0.7 m	19:13 2.7 m
Sat 2 Dec	00:22 0.4 m	06:42 2.9 m	12:49 0.4 m	19:03 3.0 m	Sun 17 Dec	01:28 0.5 m	07:49 2.8 m	13:48 0.6 m	20:00 2.7 m
Sun 3 Dec	01:15 0.3 m	07:37 3.1 m	13:42 0.4 m	19:57 3.1 m	Mon 18 Dec	02:11 0.5 m	08:33 2.9 m	14:30 0.6 m	20:43 2.7 m
Mon 4 Dec	02:08 0.2 m	08:29 3.2 m	14:34 0.3 m	20:52 3.2 m	Tue 19 Dec	02:51 0.5 m	09:13 2.9 m	15:11 0.6 m	21:25 2.8 m
Tue 5 Dec	03:00 0.0 m	09:21 3.4 m	15:27 0.2 m	21:46 3.3 m	Wed 20 Dec	03:29 0.4 m	09:52 2.9 m	15:50 0.6 m	22:04 2.8 m
Wed 6 Dec	03:51 0.0 m	10:13 3.4 m	16:20 0.2 m	22:39 3.3 m	Thu 21 Dec	04:06 0.4 m	10:30 2.9 m	16:30 0.6 m	22:43 2.8 m
Thu 7 Dec	04:42 0.0 m	11:05 3.4 m	17:14 0.2 m	23:33 3.2 m	Fri 22 Dec	04:43 0.5 m	11:08 2.9 m	17:10 0.6 m	23:21 2.7 m
Fri 8 Dec	05:34 0.1 m	11:58 3.3 m	18:09 0.3 m	-	Sat 23 Dec	05:21 0.5 m	11:46 2.9 m	17:51 0.6 m	-
Sat 9 Dec	00:26 3.1 m	06:27 0.2 m	12:52 3.2 m	19:06 0.4 m	Sun 24 Dec	00:00 2.7 m	06:00 0.6 m	12:27 2.8 m	18:34 0.6 m
Sun 10 Dec	01:21 3.0 m	07:22 3.1 m	13:48 0.4 m	20:03 0.4 m	Mon 25 Dec	00:41 2.7 m	06:42 0.6 m	13:09 2.8 m	19:18 0.6 m
Mon 11 Dec	02:17 2.9 m	08:21 0.5 m	14:44 3.0 m	21:02 0.5 m	Tue 26 Dec	01:24 2.6 m	07:28 0.7 m	13:55 2.8 m	20:06 0.6 m
Tue 12 Dec	03:16 2.8 m	09:22 0.6 m	15:41 2.9 m	22:00 0.5 m	Wed 27 Dec	02:13 2.6 m	08:20 0.7 m	14:45 2.8 m	20:58 0.6 m
Wed 13 Dec	04:16 2.7 m	10:24 0.7 m	16:38 2.8 m	22:57 0.6 m	Thu 28 Dec	03:07 2.6 m	09:19 0.7 m	15:38 2.8 m	21:53 0.6 m
Thu 14 Dec	05:15 2.7 m	11:22 0.7 m	17:32 2.8 m	23:51 0.6 m	Fri 29 Dec	04:08 2.7 m	10:21 0.7 m	16:36 2.8 m	22:52 0.5 m
Fri 15 Dec	06:11 2.7 m	12:15 0.7 m	18:24 2.7 m	-	Sat 30 Dec	05:11 2.8 m	11:22 0.6 m	17:35 2.9 m	23:52 0.4 m
					Sun 31 Dec	06:14 2.9 m	12:22 0.5 m	18:36 3.0 m	-

your enterprising community zone

Featuring your Millwater residents who have a home-based business or a service to offer

PHOTOGRAPHY
Photography - Selling your home?
Simone Rinke - 027 456 2333
Available evenings and weekends
www.blakflash.com

BEAUTY / HEALTH & WELL-BEING
Beauty Aspects Ltd
Offering all beauty treatments
Contact Amelia on 02102972587

Natural Style Ltd
Offering Personal Colour analysis, Line Style, Makeup • World Organics Consultant
Certified Organic makeup, beauty products.
Janine <http://fb.me/naturalstyleltd>

CHILD CARE
Porse Registered - Home Educator
Qualified Experienced 30yrs Child Care
Amanda 021 2666615

K.T's Colours, Cuts, Treatments
Katie Hodgson - 021 189 3672
Mobile Hairdresser that comes to you for all your hairdressing needs.

BUSINESS SOLUTIONS
OnTrack Business Solutions
Full service bookkeeping, administration & financial management support. Specialising in Xero. Contract basis as required. Call Tanya 0212103124

EDEN Childcare Homebased Educarer
Trustworthy, experienced homebased educator. ECE, WINZ subsidies available. I have spaces now. Contact Serene: 021 02527471

Classical Homeopath
Reach your own potential and wholeness through homeopathy, an effective approach to natural health care.
Ute Engel • www.homeopathyorewa.co.nz

Website Design
Need a website created? Let me help you design a website up to 10 pages • POA • Based in Millwater • 027 456 2333 • Evenings and weekends

CLEANING
Paula's Home Cleaning
General home cleaning and household chores, regular or one-off service, great eye for detail with references available. Call Paula 027 202 1410

Hear Say Speech and Language
Specialising in speech and language related disorders in children and young adults
Tanya Collett • Hearsay.co.nz

Digital Marketing and Social Media
Helping businesses across their digital platforms as well as content creation & editing. Contact for fees • Becks - becks.kinross@gmail.com

Big Green Carpet Cleaning
Thorough cleaning of carpet/upholstery (couches, rugs, mattresses, leather, caravans, boats, cars). Vacuuming & furniture-moving incl. Stanley Ross 021 510 457

Optometrist - Mobile & Holistic Specialist - Holistic / Integrative Optometry. Home visits, rest homes & hospitals. Millwater clinic. Eye examinations; glasses; contact lenses.
Monique Wiegand BOptom BSc 09 427 5027

INSURANCE
UProtectNZ Insurance Services
Insurance specialist, providing security and peace of mind for you, your family and your business. Theo Simeonidis, 027 248 9320

TRAVEL
Jennie Ready - Fine Travel Consultant
Flights, cruises, packages, tours. I would love to assist you with all your travel requirements. Ph: 09 959 0414

Nutritionist and Health Coach
Paula Southworth (BSc Nutrition & Sports Science), weight loss, IBS, high blood pressure, high cholesterol, anaemia, healthy eating and more. For more information www.nutritionssense.co.nz

OTHER SERVICES
Pauline's Sewing Services
Machinist offering prompt service for all your clothing alterations and repairs, including school uniforms. Curtain-making a speciality. (09) 5574378

HOUSE CARE
www.totalsecuritygroup.co.nz
09 947 5992 / 021 273 2873
Your friendly local security specialist. Alarm installation and servicing. Door & Window Security, Safes. If it's security, it's us!

Mobile Counselling Service
Low cost mobile counselling - specialising in post natal depression, post traumatic stress, anxiety, relationships, self-esteem.
Sandra Hill 0284046685

Music lessons - saxophone, clarinet, flute
Experienced registered teacher. Provide music for your event or concert. Woodwind instrument repairs.
Stephen Thorne 09 6001002

HOME WARES
www.creativegiftbaskets.co.nz
For beautiful gift ideas. Pick-ups arranged by appointment. Phone 09 421 1267

The Urban Escape - Nails & Beauty
Home-based salon in Totara Views offering acrylics, hard gel, gel polish, manicure and pedicure • Mandy Bennett • Qualified Nail Technician. www.theurbanscape.co.nz

TAGNZ: Portable Appliance Test & Tagging
Compliance with new Health & Safety Regulations • Testing to AS/ NZS 3760 standards • Servicing all workplaces.
Chris 021 251 0088

Retro Records
I buy and sell pop & rock vinyl records! Huge selection available! Email jurieels@gmail.com or pop in at 10 Emell St

Stand Tall Physio
Local physiotherapy services- ACC & private • Call Kathryn Todd - 0211 689 902

Celebrant - Experienced & Professional
Weddings, Funerals, Naming/Dedication, Renewal of Vows & more • Kaye Mooney • 0212776222

BABYSITTING
Experienced Babysitting
Kayleigh - local references available • experienced with all ages • Ph 022 187 9947

Experienced Avon Representative
More than makeup, shop online or request a brochure. Affordable, 90 day money back guarantee.
Melissa Clay 027 2358210

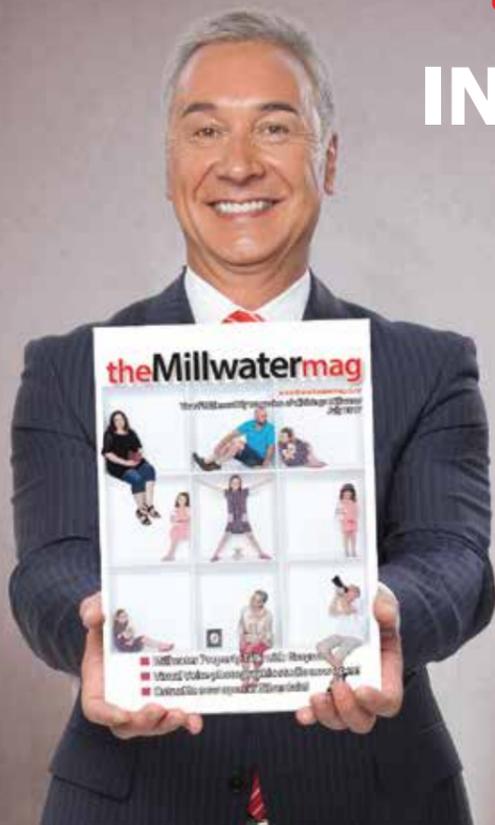
Proof Perfect - convenient Millwater location • Comprehensive, confidential & affordable copy editing & proofreading services for documents, manuscripts & website contents. Renell Judais 029 1230 158

Reliable, responsible 15 year old Orewa College girl, over one year's experience babysitting other Millwater families. Emily (phone or text) 027 222 4938

Naturopath & Medical Herbalist
NZ Bachelor of Natural Medicine Qualified. Specialises in Food Intolerances and Gastro Intestinal disorders.
Carlene Arnold • jcgarnold@yahoo.co.nz

Quilting / Patchwork Classes
Small friendly classes held on Weds & Sats, a variety of projects • Contact Cath 021 433 070, cathboughtwood@gmail.com

“FREE ½ PAGE AD IN THE MILLWATER MAG IF YOU LIST WITH US!”



- Plus**
- A Free Tv Ad
 - Lower Fees
 - Proven Top Quality Results

Give us a call now on (09) 426 6122 and find out more about the benefits of listing with Mike Pero Real Estate. Experience the difference.

Mike Pero
REAL ESTATE

Mike Pero Real Estate Ltd Licensed REAA (2008)

The Community Zone is sponsored by Mike Pero Millwater

Mike Pero
REAL ESTATE

Grayson & Sarah Furniss • 09 426 6122 • 021 665 423 • grayson.furniss@mikepero.com

Mike Pero Real Estate Ltd, Licensed REAA (2008)

We try harder.

“We’ll go to **great** lengths to sell your home for **more**, in **less** time and with **lower** fees.”

0800 000 525
mikepero.com



FOR SALE

Mike Pero
Real Estate
Licensed REAA
2008

0800 000 525
mikepero.com