

AIM FOR SUCCESS™

Power to Succeed

Understanding the Problems of Tobacco, Alcohol and Other Drugs

Not only does this program educate teens about the dangers associated with tobacco, alcohol, marijuana, prescription drugs and other common street drugs, but also the illustrations and true stories empower teens to avoid experimenting with drugs.

5th – 12th Grade Program Outline for a One-Hour Presentation

Portions of the program will be omitted if less than one hour.

Introduction: Dreams and Goals - Game

Students play a game showing that making good choices will give them the power to succeed in life.

Addiction – Object Lesson

Addiction is defined.

True story of a teen fighting addiction

How addiction impacts the brain.

Prescription Drugs

If the prescription is not yours, it is not safe, and it is not legal.

Doctors consider several important factors before writing prescriptions.

You can face serious consequences if you share drugs.

Opioids

Opioids are defined.

Students will see an illustration on how opioids work and why people are becoming addicted.

Common reasons why teenagers abuse drugs.

Marijuana / Synthetic Marijuana

Students will see the dangers of marijuana for recreational and medical use.

Can alter brain function, resulting in memory loss and lower grades.

Marijuana can lead to stronger and more dangerous drugs.

The legal ramifications of getting involved with marijuana.

The harmful effects of synthetic marijuana.

Alcohol – Game / True Story

It is illegal for minors to buy, possess, or transport alcohol.

Volunteers demonstrate how alcohol can impair coordination by playing a game of catch while wearing goggles that simulate being under the influence.

Combined with drugs, it could become deadly.

True story shows how alcohol use can impact your future, your family and relationships.

Nicotine

Review of tobacco warning labels around the world. All countries, all languages – Tobacco is hazardous to your health.

Object lesson and true story show the dangers to your health and effects on your family and relationships.

Vaping/Juuling

Marketing Strategies.

Are they safe?

Health battle of vaping. Injury battle of vaping. Addiction battle of vaping.

What if your friend is using?

Talk to your friend. Confirm the relationship. Give examples. Set a plan to change. Avoid using. Get help.

How to help Parents

Always respect your parent. Your parents' choices are their responsibility.

Survey

A voluntary, anonymous survey is offered at the conclusion.

Aim for Success sends the survey results and student comments back to the school.