SUPER FRIENDS with SUPER POWERS
Bullying Prevention program for Kindergarten-2nd grade

Young elementary students are excited to start SUPER POWER TRAINING to become a SUPER FRIEND with SUPER POWERS. This bullying prevention program is action-packed and includes impressive visuals, games, stories and object lessons. Students learn important steps in how to be a friend and appropriate ways to deal with bullying. Students will laugh and have loads of fun while they learn how to use their 5 SUPER POWERS.

Program Outline for a 30 Minute Presentation

Clean-Up Activity
Through an object lesson, students learn to have fun while working together.

SUPER FRIENDS
Just as policemen and firemen are all about protecting and defending others, this program will provide students with SUPER POWER TRAINING to be able to protect and defend other students.

Being a SUPER FRIEND to Yourself
Students will learn a SUPER FRIEND with SUPER POWERS must first be a SUPER FRIEND to themselves. When in a bad mood or mad, students are encouraged to pull out SUPER POWER #1 – SMILE and then SUPER POWER #2 – STAND TALL. It’s difficult to stay in a bad mood while smiling and standing tall.

It’s Never Okay to Be Mean
Students will receive the following TOP SECRET INFORMATION: SUPER FRIENDS with SUPER POWERS ARE NEVER MEAN or SAY MEAN WORDS.

Being a SUPER FRIEND to Others
Students learn how to use SUPER POWER #3 – BE NICE to everyone and SUPER POWER #4 – ENCOURAGE OTHERS. WARNING: It’s easy to be nice and encourage your friends, but a SUPER FRIEND with SUPER POWERS is NICE and ENCOURAGES everyone – even those who are not nice.

Defending Others
SUPER POWER #5 is the most important of all. SUPER FRIENDS with SUPER POWERS – DEFEND OTHERS. While students learn the importance of DEFENDING OTHERS against bullying, they will also receive the SUPER FRIEND CLASSIFIED INFORMATION which states: SUPER FRIENDS DO NOT FIGHT – but they do run for help from the nearest adult.

Illustrations
Throughout the program students hear stories and participate in simple skits that demonstrate examples of children who took bad situations and turned them into good by using their SUPER POWERS.