

HOLY TRINITY CATHEDRAL

EVENING PRAYER IN TIME OF ISOLATION

Monday - Thursday, 5 pm



The Preparation

The officiant may greet the people in informal way.

Sentence of the Day or one of the following Introductory Sentences is read.

Introductory Sentence

Lent

Jesus told his disciples, 'If any of you would come after me you must deny yourself and take up your cross and follow me.'

Matthew 16:24 (adapted)

The sacrifice acceptable to God is a broken spirit: a broken and contrite heart, O God, you will not despise.

Psalms 51:17

Holy Week

God shows such love for us in that while we were yet sinners Christ died for us.

Romans 5:8

Christ himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed.

1 Peter 2:24

A Saint's Day

The righteous will be remembered for ever: the memory of the righteous is a blessing.

Psalms 112:6; Proverbs 10:7

Times of trouble

God is our refuge and strength, a very present help in trouble.

Psalms 46:1

Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

Philippians 4:6

Great is the Lord and worthy of all praise.
**Amen! Praise and glory and wisdom,
thanksgiving and honour, power and might,
be to our God for ever and ever! Amen.**

E te whānau a te Karaiti / Dear friends in Christ,
let us praise and worship God who is calling us together,
even if we are apart.

Let us celebrate God's majesty,
and delight in the wonder of God's love.
Together we shall confess our sins
and receive assurance that we are forgiven.

As the scriptures are read,
we can allow God's word to speak to us,
and ponder its meaning for our lives.
In our prayers, we give thanks for God's goodness,
we pray for others as well as for ourselves,
and we offer our lives anew in Christ's service.

All this we do,
because we believe in the presence among us
of our Saviour Jesus Christ,
and in the mighty power of the Holy Spirit.

Hear these words of scripture.

One of the following sentences is read.

As God who called you is holy,
be holy yourselves in all your conduct.
Spirit of God, search our hearts.

or:

If we claim to be sinless,
we are self-deceived and strangers to the truth.
If we confess our sins,
God is just and may be trusted to forgive our sins
and cleanse us from every kind of wrong.
Spirit of God, search our hearts.

or:

Love one another, for love is of God,
and whoever loves is born of God and knows God.
Spirit of God, search our hearts.

Let us in silence,
remember our need for God's forgiveness.

Silence

Let us confess our sins to God.

One of the following is used.

**Almighty and merciful God,
we have sinned against you,
in thought, word and deed.
We have not loved you with all our heart.
We have not loved others
as our Saviour Christ loves us. We are truly sorry.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may delight in your will
and walk in your ways,
through Jesus Christ our Saviour. Amen.**

or:

**God of mercy,
we have sinned against you and against others.
We have sinned in what we have done,
and in what we have failed to do. We are truly sorry.
For the sake of your Son Jesus Christ,
forgive us all that is past
and raise us to newness of life. Amen.
Almighty God, who pardons all who truly repent,
forgive your sins, strengthen you by the Holy Spirit,
and keep you in life eternal;
through Jesus Christ our Redeemer.
Amen.**

Psalm for the day may be used.

Gospel for the Day is read.

A short period of silence may follow the Gospel.

Priest may wish to offer a short reflection.

Magnificat

**My soul proclaims the greatness of the Lord:
my spirit rejoices · in God my saviour,
for you Lord have looked with favour on your lowly servant:
and from this day all generations will call me blessed.**

**You O Most Mighty have done great things for me:
and holy is your name.**

**You have mercy on those who fear you:
from generation to generation.**

**You have shown the strength of your arm:
you have scattered the proud in their conceit.**

**You have cast down the mighty from their thrones:
and have lifted up the lowly.**

**You have filled the hungry with good things:
and the rich you have sent away empty.**

**You have come to the help of your people:
for you have remembered your promise of mercy,
the promise you made to our forbears:
to Abraham and his children for ever.**

Luke 1:46-55 (adapted)

**Glory to the Father and to the Son:
and to the Holy Spirit;
as it was in the beginning is now:
and shall be for ever. Amen.**

Apostles' Creed may be said.

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.**

**On the third day he rose again;
he ascended into heaven,
is seated at the right hand of the Father,
and will come again to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

**Make your ways known upon earth, O God,
E Ihowā, meinga ō tikanga kia mōhiotia ki te ao,
your saving power among all peoples.
tōu mana whakaora ki ngā tauwi katoa.**

**Renew your Church in holiness,
whakahoungia tō Hāhi i runga i te tapu.
and help us to serve you with joy.
Ā, āwhinatia mātou ki te mahi ki a koe i runga i te hari.**

**Guide the leaders of this and every nation,
E Ihowā, arahina ngā iwi o tēnei whenua.
that justice may prevail throughout the world.
Kia riro mai ai i ngā tāngata katoa ngā mea e tika ana ki a
rātou.**

**Let not the needy, O God, be forgotten,
E Ihowā, kua e warewaretia te rawakore.
nor the hope of the poor be taken away.
Kaua anō te tūmanako o te rawakore e whakakorea.**

**Make us instruments of your peace,
E Ihowā, meinga mātou hei karere mō tōu rangimārie.
and let your glory be over all the earth.
Ā, tukua tōu korōria kia horapa ki te ao katoa.**

Prayers of intercession are said here by the Priest.

At the conclusion, the Lord's Prayer is said.

As our Saviour Christ has taught us, we pray:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.**

**Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

Nunc Dimittis

**Lord now you let your servant go in peace:
your word has been fulfilled.
My own eyes have seen the salvation:
which you have prepared in the sight of every people,
a light to reveal you to the nations:
and the glory of your people Israel.**

Luke 2:29-32

**Glory to the Father and to the Son:
and to the Holy Spirit;
as it was in the beginning is now:
and shall be for ever. Amen.**

**Gracious God,
you have given us much today;
grant us also a thankful spirit.
Into your hands we commend ourselves
and those we love.
Be with us still, and when we take our rest
renew us for the service of your Son Jesus Christ. Amen.
In darkness and in light,
in trouble and in joy,
help us, heavenly Father,
to trust your love,
to serve your purpose,
and to praise your name,
through Jesus Christ our Lord. Amen.**

The Dismissal

One of the following conclusions is used.

**Let us bless the Lord. Thanks be to God.
The almighty and merciful God bless us
and keep us now and for ever.
Amen.**

or:

**The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit
be with us all evermore. Amen.**

or:

**Kia tau ki a tātou katoa
te atawhai o tō tātou Ariki, o Īhu Karaiti,
me te aroha o te Atua,
me te whiwhinga tahitanga ki te Wairua Tapu,
āke ake ake. Āmine.**

Or a priest may give one of the following blessings:

Season of Lent

May Christ who calls you to take up your cross, give you strength to bear your own and one another's burdens...

Christ give you grace to grow in holiness, to deny yourself, and to take up your cross and follow him...

Followed by

...and the blessing of God almighty, Father, Son and Holy Spirit, be with you and remain with you for ever.
Amen.

...and the blessing of God our Creator, Redeemer and Giver of life be with you always.
Amen.

Holy Week

May Christ the crucified convince you that God loves you and has forgiven you...

May the cross carry you through whatever pain and suffering assails you. May you go forward with courage in the faith of Christ...

Christ crucified draw you to himself...

May you find in the cross a sure ground for faith, a firm support for hope, and the assurance of sins forgiven...

Followed by

...and the blessing of God almighty, Father, Son and Holy Spirit,
be with you and remain with you for ever.

Amen.

...and the blessing of God our Creator, Redeemer and Giver of
life be with you always.

Amen.



CATHEDRAL COLLECT

**Loving God, the source of all life, as we worship
you and rejoice at your presence in our midst;
open our hearts that we may always be a
welcoming and nourishing community;
empowering each other to be active in your
service, through Jesus Christ, Redeemer of the
world. Amen.**

Liturgical Source:

A New Zealand Prayer Book/He Karakia Mihinare O Aotearoa