

FIFTEENTH SUNDAY IN ORDINARY TIME

TE RĀTAPU TEKAU MĀ RIMA O HE WĀ NOA IHO

Living God's Love - Welcoming - Worshipping - Nourishing - Empowering

THE DEAN'S REFLECTION

Wisdom in times of crisis - Change is inevitable

Sunday 5 July 2020 Centre for Contemplation and Action

'The word *change* normally refers to new beginnings. But the mystery of transformation more often *happens not when something new begins, but when something old falls apart*. The pain of something old falling apart—chaos—invites the soul to listen at a deeper level, and sometimes forces the soul to go to a new place. Most of us would never go to new places in any other way. The mystics use many words to describe this chaos: fire, dark night, death, emptiness, abandonment, trial, the Evil One. Whatever it is, it does not feel good and it does not feel like God.

We will normally do *anything* to keep the old thing from falling apart, yet this is when we need patience and guidance, and the *freedom to let go* instead of tightening our controls and certitudes. Perhaps Jesus is describing just this phenomenon when he says, "It is a narrow gate and a hard road that leads to life, and only a few find it" (Matthew 7:14). Not accidentally, he mentions this narrow road right after teaching the Golden Rule. He knows how much letting go it takes to "treat others as you would like them to treat you" (Matthew 7:12).

While change can force a transformation, spiritual transformation always includes a disconcerting reorientation. It can either help people to find new meaning or it can force people to close down and slowly turn bitter. The difference is determined precisely by the quality of our inner life, our practices, and our spirituality. Change happens, but transformation is always a process of letting go, living in the confusing, shadowy space for a while. Eventually, we are spit up on a new and unexpected shore. You can see why Jonah in the belly of the whale is such an important symbol for many Jews and Christians.

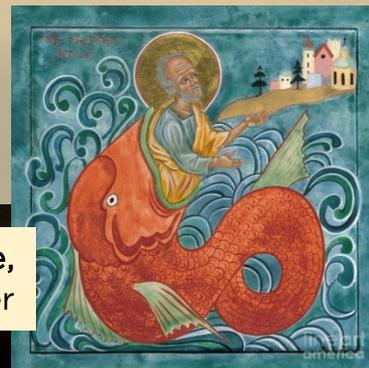
In moments of insecurity and crisis, *shoulds* and *oughts* don't really help. They just increase the shame, guilt, pressure, and likelihood of backsliding into unhealthy patterns. It's the deep *yeses* that carry us through to the other side. It's that deeper something we are strongly *for*—*such as equality and dignity for all*—that allows us to wait it out. It's someone in whom we absolutely believe and to whom we commit.

In plain language, love wins out over guilt any day.

Taken from [Roots on the Web](#)

Dean Anne

Jonah and the Whale,
Icon by Julie Venter



WORSHIP AT HOLY TRINITY CATHEDRAL

SUNDAY WORSHIP

12 July 2020

EUCCHARIST

8am Bishop Selwyn Chapel

Presider & Preacher:

The Reverend Ivica Gregurec,
Precentor

Readings:

Isaiah 55:10-13;

Romans 8:1-11;

Matthew 13:1-9; 18-23

SUNG EUCCHARIST

10am Cathedral Nave

Presider:

The Very Reverend Anne Mills,
Dean

Preacher:

The Reverend Ivica Gregurec,
Precentor

Readings:

Isaiah 55:10-13;

Romans 8:1-11;

Matthew 13:1-9; 18-23

NO CHORAL EVENSONG

TAIZE PRAYER

resumes on Sunday 19 July
Bishop Selwyn Chapel

WEEKDAY WORSHIP

MIDDAY EUCCHARIST
OR MIDDAY PRAYER

12:15am Marsden Chapel

Monday-Thursday

NO CHORAL EVENSONG

Resumes Wed 22 July at 6pm

To access the LIVE STREAM of our
10am Service click [here](#).

ST STEPHEN'S CHAPEL

12 Judge Street, Parnell

HOLY COMMUNION

9am EVERY SUNDAY

Presiding Priest:

The Reverend Richard Girdwood,
Priest Assistant

Readings: Romans 8:1-11;

Matthew 13:1-9; 18-23



OUR PRAYERS

For Bishop Ross as he leads the Diocese, and for Bishop Kito in Te Tai Tokerau.

For Bishop Jim White and his family.

We also pray for our Archbishops Don, Philip and Cama.

May we, as followers of Christ, always seek to bless, love and serve – rather than criticise.

We give thanks for all who have enriched our lives by their goodness and their love.

For people facing ethnic violence and hatred.

For countries broken by war, for peacemakers and relief agencies.

For all who are struggling to survive and can no longer cope alone. May their needs be met by your grace and the kindness of others.

We remember those who have died and those whose anniversaries occur at this time. Bless all who mourn for them and may the love of Christ comfort them in their grief.

Living Lord, we bring to you the needs of the world. We pray for those who consider themselves to be strangers and outcasts. Help us always to welcome the stranger, whatever the cost, not sitting comfortably and ignoring people we think don't fit in, not taking the easy way. May our homes and churches be places of welcome, hospitality and love, that all may have the chance to recognise and see you in the warmth of those around them.

We pray for countries where food is in short supply. May we farm sustainably and eat sensibly, so there is enough to feed the whole planet. May we not look only after ourselves but seek to offer the same opportunities to all. Help us not to be selfish, but always to consider others. Lord, we long for the day when all in society will be equal. May we be a part of making that happen. We pray for those who are lonely and have no one to eat with them.

May we open our doors to our neighbours, so that love and friendship can flourish, and all can enjoy the feast.

We ask in Jesus' name.

Amen

THE CATHEDRAL PRAYER CHAIN

For confidential prayer requests please contact:

Lynette Wright 09 845 0260

(From Roots on the Web)

TODAY

ORGAN AT NOON – Recital 1

The Cathedral Nave

Join us as our organist,
Dr Philip Smith entertains us with
music and interesting details
about the composers, their lives.

THE SELWYN'S VISION DONORS
BOOK is available to view in the
Dean's ambulatory.

UPCOMING EVENTS

Saturday 28 August 7:30pm

Auckland Choral presents

LIGHT

10-19 September (selected dates)

New Zealand Opera presents

HANDEL'S SEMELE

Saturday 13 September 12pm

Organ at Noon - Recital 2

Dr Philip Smith with Zosia Herlihy-
O'Brien

Sunday 8 November 12pm

Organ at Noon - Recital 3

Dr Philip Smith with Stephen
Vincent

See website for further
information: [Click here](#)

WHAT'S ON?

OPEN4EM

Monday 13 July 7pm,

at the Malan's, for a
shared meal and
discussion.

For more information call
Margaret Malan: 529
4003

THURSDAY CLUB

Thursday 16 July

10am-11:30am

Friday Club has moved
to Thursdays! Join us for
a short organ recital by
Dr Philip Smith. We will
begin with a cup of tea in
the Visitors' Centre and
then move through to
the Nave.

ALL WELCOME!

THE WORK OF THE **CHRISTIAN** WORLD SERVICE

with **ERIC PARK**,
Auckland Relationship Coordinator
for Christian World Service

SUNDAY 26 JULY | 12PM
Bishop Selwyn Chapel

*join the
conversation...*



LET'S GET INVOLVED

PYJAMAS FOR CHILDREN

Once again we are supporting the winter appeal for the Anglican Trust for Women and Children. Please bring new children's pyjamas (sizes 0-12) and new single bed polar fleece blankets to the office during the week (Mon-Thurs, 9-3pm) or place them in the baskets in the Nave. Thank you.

ONE CAN-TWO CANS OR MORE!

Don't forget to bring cans of food along to the Cathedral each week for the Auckland City Mission food bank. The vulnerable and hungry in our city need your donations! You can also donate money [here](#).

Click on the boxes below to find out more about these charities we support:



GOD'S SPIRIT IS WITH US!

DEAN OF AUCKLAND

The Very Reverend Anne Mills
027 680 5922
htcdean@holy-trinity.org.nz

CATHEDRAL PRECENTOR

The Reverend Ivica Gregurec
027 319 6709
ivica@holy-trinity.org.nz

CATHEDRAL CURATE

The Reverend Sarah West
curate@holy-trinity.org.nz

CATHEDRAL SECRETARY AND PA TO THE DEAN

Merle Abbot
09 303 9500
office@holy-trinity.org.nz

OFFICE HOURS

Mon - Thurs
9am-3pm
Closed Fridays
446 Parnell Road, Parnell,
Auckland, 1052

CATHEDRAL VISITING HOURS

Mon-Thur
10am to 1pm

PLEASE SUPPORT OUR
CATHEDRAL

BNZ Account: Holy Trinity
Cathedral a/c no:
02 0192 0031919 00

For receipt enter your
name as reference

Or click [donate](#).

www.facebook.com/holy.t.cathedral

www.holy-trinity.org.nz

<https://bit.ly/HTCYouTube>