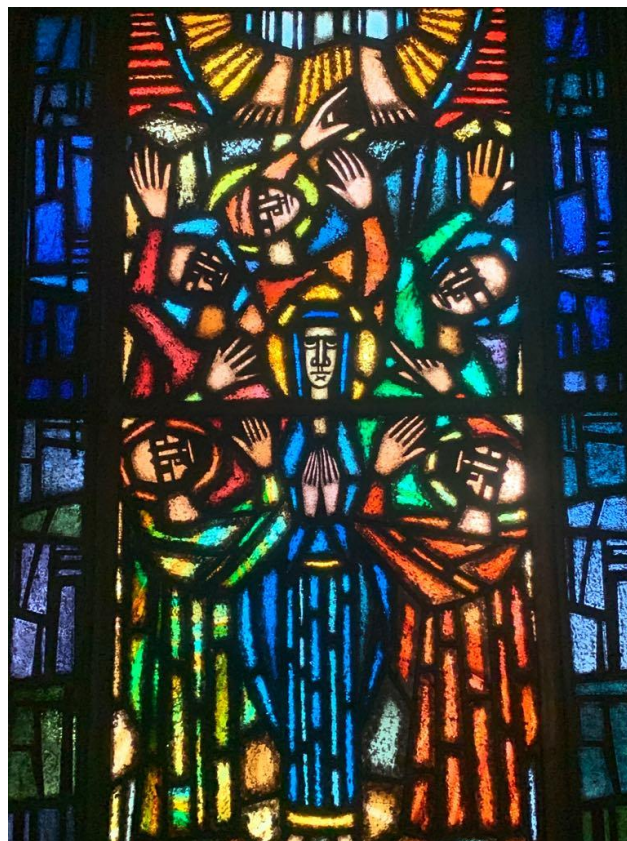


# **VIRTUAL HOLY TRINITY CATHEDRAL**

**SEVENTH SUNDAY OF EASTER  
*TE RĀTAPU TUAWHITU O TE ARANGA***

**LITURGY OF THE WORD WITH  
SPIRITUAL COMMUNION**

**24 May 2020**



**Officiant and Preacher**

The Reverend Ivica Gregurec, *Cathedral Precentor*

**Cantor**

Rowan Johnston, *Director of Choirs*

**Cathedral Organist**

Dr Philip Smith

**Setting**

*Anglican Folk Mass, Martin Fallas Shaw*

## Hymn

1

Hail the day that sees Christ rise, alleluia,  
to the throne above the skies, alleluia.  
Christ the Lamb for sinners given, alleluia,  
enters now the highest heaven, alleluia!

2

There for Christ high triumph waits, alleluia,  
lift your heads eternal gates, alleluia,  
he hath conquered death and sin, alleluia,  
take the King of Glory in, alleluia!

*Text: C Wesley, T Cotterill & al. (adapt.)*

3

Lo, the heaven its Lord receives, alleluia,  
yet Christ loves the earth he leaves, alleluia,  
though returning to his throne, alleluia,  
still he calls us as his own, alleluia!

4

Lord, though parted from our sight, alleluia,  
far above the starry height, alleluia,  
grant our hearts may thither rise, alleluia,  
seeking thee above the skies, alleluia!

*Tune: Llanfair, AM 228*

*The Officiant greets people in informal way and introduces them into the service and the day.*

## The Gathering

In the name of God: Creator, Redeemer and Giver of life. **Amen.**

Christ is risen, alleluia!

**He is risen indeed, alleluia!**

This is the day which the Lord has made.

**Let us rejoice and be glad in it.**

## Sentence

Hear, O Lord, when I cry aloud, be gracious to me and answer me! 'Come,' my heart says, 'seek his face!' Your face, Lord, do I seek. Do not hide your face from me, alleluia!

*Ps 27:7*

Almighty God,  
to whom all hearts are open, all desires known,  
and from whom no secrets are hidden;  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
so that we may truly love you  
and worthily praise your holy name;  
through our Saviour, Jesus Christ. **Amen.**

## The Confession

God has promised forgiveness to all who truly repent,  
turn to Christ in faith and are themselves forgiving.

In silence we call to mind our sins.

*Silence*

Let us confess our sins.  
**Merciful God,**  
**we have sinned in what we have thought and said,**  
**in the wrong we have done**  
**and in the good we have not done.**  
**We have sinned in ignorance, we have sinned in weakness,**  
**we have sinned through our own deliberate fault.**  
**We are truly sorry. We repent and turn to you.**  
**Forgive us, for our Saviour Christ's sake,**  
**and renew our lives to the glory of your name. Amen.**

*Kyrie (sung by the Cantor)*

Lord, have mercy upon us.  
Christ, have mercy upon us.  
Lord, have mercy upon us.

*The Absolution*

Through the cross of Christ,  
God have mercy on you,  
✠ pardon you and set you free.  
Know that you are forgiven and be at peace.  
God strengthen you in all goodness  
and keep you in life eternal.  
**Amen.**

*Gloria (sung by the Cantor)*

Glory be to God on high, and peace, good will toward men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory. O Lord God, heavenly King, God the Father almighty. O Lord, the only begotten Son, Jesus Christ: O Lord God Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art the Most High, in the glory of God the Father. Amen.

*The Collect*

Let us pray.  
*Silence*

Holy God, you have not left us alone but promised your abiding protection. In all we face, grant us such a knowledge of your presence, and abiding care, that nothing can destroy our trust. Through Jesus Christ, our ascended Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## Liturgy of the Word

### First Reading

Acts 1:6-14

A reading from the Acts of the apostles

So when they had come together, the disciples asked Jesus, 'Lord, is this the time when you will restore the kingdom to Israel?' He replied, 'It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.' When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up towards heaven, suddenly two men in white robes stood by them. They said, 'Men of Galilee, why do you stand looking up towards heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.'

Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away. When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.

Hear what the Spirit is saying to the church.

**Thanks be to God.**

### Psalm

Psalm 68:1-10,32-35

Let God rise up, let his enemies be scattered;  
let those who hate him flee before him.  
As smoke is driven away, so drive them away;  
as wax melts before the fire,  
let the wicked perish before God.  
But let the righteous be joyful;  
let them exult before God;  
let them be jubilant with joy.  
Sing to God, sing praises to his name;  
lift up a song to him who rides upon the clouds—  
his name is the Lord—  
be exultant before him.  
Father of orphans and protector of widows  
is God in his holy habitation.  
God gives the desolate a home to live in;  
he leads out the prisoners to prosperity,  
but the rebellious live in a parched land.  
O God, when you went out before your people,  
when you marched through the wilderness,  
the earth quaked, the heavens poured down rain

at the presence of God, the God of Sinai,  
at the presence of God, the God of Israel.  
Rain in abundance, O God, you showered abroad;  
you restored your heritage when it languished;  
your flock found a dwelling in it;  
in your goodness, O God, you provided for the needy.  
Sing to God, O kingdoms of the earth;  
sing praises to the Lord,  
O rider in the heavens, the ancient heavens;  
listen, he sends out his voice, his mighty voice.  
Ascribe power to God,  
whose majesty is over Israel;  
and whose power is in the skies.  
Awesome is God in his sanctuary,  
the God of Israel;  
he gives power and strength to his people.  
Blessed be God!

Second Reading

1 Peter 4:12-14;5:6-11

A reading from the First letter of Peter

Beloved, do not be surprised at the fiery ordeal that is taking place among you to test you, as though something strange were happening to you. But rejoice in so far as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when his glory is revealed. If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you.

Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. Discipline yourselves; keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith, for you know that your brothers and sisters throughout the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power for ever and ever. Amen.

Hear what the Spirit is saying to the church.  
Thanks be to God.

Gospel

John 17:1-11

Holy Gospel according to Luke.  
Praise and glory to God.

After Jesus had spoken these words, he looked up to heaven and said, 'Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true

God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed.

‘I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one.

This is the gospel of Christ.  
**Praise to Christ the Word.**

Homily

Reverend Ivica Gregurec

Affirmation of Faith

**I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, God’s only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
is seated at the right hand of the Father,  
and will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

Prayers

Let us pray for the church and for the world, giving thanks for God’s goodness.

*To the bidding:* Rejoice in God you righteous,  
*all respond:* give thanks to God’s holy name.

*The Prayers conclude with the following Prayer.*

God of all consolation, you love us and send us out  
in the name of your Son.  
Be with us in our journey through life  
and grant what we need through Christ our Saviour.  
Amen.

## Hymn

1

Crown him with many crowns,  
the Lamb upon his throne;  
hark, how the heavenly anthem drowns  
all music but its own!  
Awake, my soul, and sing  
of him who died for thee,  
and hail him as thy matchless King  
through all eternity.

2

Crown him the Virgin's Son,  
the God incarnate born,  
whose arm those crimson trophies won  
which now his brow adorn:  
fruit of the mystic Rose,  
as of that Rose the Stem;  
the Root whence mercy ever flows,  
the Babe of Bethlehem.

3

Crown him the Lord of years,  
the potentate of time,  
creator of the rolling spheres,  
ineffably sublime.  
All hail, Redeemer, hail!  
for thou hast died for me;  
thy praise shall never, never fail  
throughout eternity.

*Text: M. Bridges*

*Tune: Diademata, AM 227*

## Spiritual Communion

*During the coronavirus pandemic the Anglican Church in Aotearoa, New Zealand and Polynesia is having to put public worship on hold. This means that many people who would have received Holy Communion each Sunday, and some of them more often than that, are not able to receive the comfort and benefits of the sacrament.*

*This is a huge loss. However, it is not the first time that the Church has been in such a position. Throughout Christian history some Christian people have found themselves isolated from the sacramental life of the Church for all sorts of reasons, and particularly in times of plague, famine and warfare.*

*At such times the Church has encouraged people to make what is called a spiritual communion. It is a way of uniting yourself with Jesus and entering into communion with him even though you are not able to receive the sacrament itself.*

*We are not able to receive the sacramental bread and wine. But in a spiritual communion we still come to Jesus and he still receives us.*

*"This is, now, a time of eucharistic fasting, in which we join with the whole communion of saints in longing for the bread of new life and the wine of the age to come. This can seem very strange to us as we are discovering ways through*

*videoconferencing and social media to keep connected and to nurture community. Aren't those connections enough to 'make' eucharist? Simply put, no. We are blessed to have the technological tools at our hands in order to connect and to make community as St. Paul did when he was able to write letters and have them securely delivered to Corinth and Rome. But as Paul knew, even when we cannot gather to make eucharist together we are not without the real presence of Christ in our very real, socially isolated, midst. This may be a time to build from the evangelical foundations of what we have been given: the Good News of Christ's presence with us that compels us to be healing real presence to the world. Our fasting from the eucharist can help to push us out of our normal patterns in order to discover some deep rhythms of faith. We are reminded that sacramentality itself – the awareness of the reality of Christ's true presence with us here and now and at all times – is broader than the specific celebrations of baptism and eucharist in which we have shared and will share. We are reminded that the Body of Christ – we disciples – is the sacrament to the world."*

*The Rev'd Dr Eileen Scully, Director of Faith, Worship, and Ministry of the General Synod of The Anglican Church of Canada*

***A New Zealand Prayer Book/He Karakia Mihinare o Aotearoa says about those who cannot receive Holy Communion:***

*"When people who desire to receive the Holy Communion are unable to do so for any other reason, their desire and such prayers as they are able to offer ensure that they do spiritually receive the body and blood of Christ" (page 729).*

### *Lord's prayer*

Kua ākona nei tātou e tō tātou Ariki, ka ĭnoi tātou

E tō mātou Matua i te rangi  
Kia tapu tōu Ingoa.  
Kia tae mai tōu rangatiratanga.  
Kia meatia tāu e pai ai  
ki runga ki te whenua,  
kia rite anō ki tō te rangi.  
Hōmai ki a mātou āiane  
he taro mā mātou mō tēnei rā.  
Murua ō mātou hara,  
Me mātou hoki e muru nei  
i ō te hunga e hara ana ki a mātou.  
Aua hoki mātou e kaweā kia whakawaia;  
Engari whakaorangia mātou i te kino:  
Nōu hoki te rangatiratanga, te kaha,  
me te korōria,  
Āke ake ake. Āmine.



You are welcome to pray this prayer together with the Officiant.

Loving God, in union with Christian people throughout the world and across the centuries gathered to make Eucharist, hearing your holy Word and receiving the precious Body and Blood of your dear Son Jesus Christ, we offer you praise and thanksgiving.

Even though we cannot taste the Bread of Heaven and drink the Cup of Life, we pray that you will unite us with all the baptised and with your Son who showed us how to love to the end.

Come Lord Jesus, dwell in us and send your Holy Spirit that we may be filled with your presence.

Jesus, as the hem of your garment, touched in faith, healed the woman who could not touch your body, so may the soul of us, your people, be healed, for though we cannot receive you in the Sacrament, we can through this offering of our prayers, receive you in our hearts; grant this for Christ's sake. Amen.

### Final Hymn



1

All hail the power of Jesus' name!  
let angels prostrate fall (2);  
bring forth the royal diadem,  
*and crown him,*  
*crown him, crown him, crown him,*  
*and crown him, Lord of all!*

2

Crown him, ye martyrs of your God,  
who from his altar call (2);  
praise him whose way of pain ye trod,  
*and crown him, ...*

*Text: E Perronet*

3

Ye seed of Israel's chosen race,  
ye ransomed of the fall (2);  
hail him who saves you by his grace,  
*and crown him, ...*

4

Let every tribe and every tongue  
to him their heart enthral (2);  
lift high the universal song,  
*and crown him, ...*

*Tune: Diadem, HON 15 (ii)*

## Notices

### Blessing

May Christ, who is human and divine, who is of heaven and also of earth, lift up your hearts, lift up your lives to God; and the blessing of God almighty, Father, Son and Holy Spirit, be with you and remain with you for ever. **Amen.**

### Conclusion

Go now to love and serve the Lord. Go in peace.  
**Amen. We go in the name of Christ.**

**Organ Sortie**    *Heut triumphieret Gottes Sohn (BWV 630),*  
Johann Sebastian Bach

**Holy Trinity Cathedral**  
**Living God's love**  
**Welcoming, Worshipping, Nourishing, Empowering**



### **CATHEDRAL COLLECT**

**Loving God, the source of all life, as we worship you and  
rejoice at your presence in our midst;  
open our hearts that we may always be a welcoming and  
nourishing community; empowering each other to be  
active in your service, through Jesus Christ, Redeemer of  
the world. Amen.**

### *Liturgical Sources:*

A New Zealand Prayer Book/He Karakia Mihinare O Aotearoa

[https://www.chelmsford.anglican.org/uploads-new/pages/Spiritual\\_Communion.pdf](https://www.chelmsford.anglican.org/uploads-new/pages/Spiritual_Communion.pdf)