LISTERIA MONOCYTOGENES



Examples of Non-pathogenic species of Listeria:

L. grayi L. ivanovii
L. welchimeri L. seeligeri
L. innocua L. murrayi





MAIN SOURCES

SOIL - WATER - PUDDLES - UNTREATED WATER SOURCES.

Buckets, squeegees, brushes which have been used for general purpose or non-milk contact **AVOID Cross-contamination from floor items to milk contact items**

Cool, wet, blustery days increase the incidence markedly

ILLNESS & HIGH RISK CONSUMERS

Consumers Pregnant women . Increased risk by taking ant-acid remedies

Young children with added risk from Caesarian delivery, antibiotic treatment

not breast fed, premature

Over 60s. Receiving treatment from steroids, chemotherapy, radiation

Post -transplant

Possible symptoms: Flu-like symptoms

meningitis deformities in babies

Septicaemia

miscarriage meningitis in new borns

30% mortality

FACTS ABOUT THE ORGANISM

- 1. It is a psychrophile and grows at REFRIGERATION temperatures Growth Range: -0.4 (Optimum 30-37) Max 45°C (*Garbutt*)
- 2. Very few organisms can cause illness possibly less than (<) 20
- 3. The organism causes illness, not toxin.
- 4. Can develop resistance to 'weak' disinfectants eg cationic surfactants

EC/2073/2005: Micro Standards for Food Regulations

For foods which can support the growth of Listeria monocytogenes-

At the end of manufacture During shelf-life

Absent in 25gms <100 cfu/ ml or gm

Established PREVENTATIVE MEASURES in the FOOD INDUSTRY

- 1. Dedicated colour coded utensils & equipment, separating floor & milk contact
- 2. Dedicated footwear (This may be impossible in avending machine area because of public access)
- 3. Keeping floors as dry as possible