

COURSE BROCHURE

KMK Advanced Beauty & Training NORTHERN IRELAND

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KMK

ADVANCED BEAUTY AND TRAINING SCHOOL



CENTRE NUMBER
777029





ADVANCED BEAUTY AND TRAINING SCHOOL

At **KMK**, we pride ourselves on providing individualised, superior cosmetic training services using only state-of-the-art technologies.

However, what truly distinguishes **KMK** Advanced Beauty and Training as a leader in the beauty treatment industry, is our passion for helping people to develop new skills and an unwavering commitment to our students throughout the entire training process.

With our two clinics based in Armagh City, Co. Armagh and Mohill, Co. Leitrim and nationwide training facilities (including Derry, Down, Louth, Dublin and Cavan) we strive to be Ireland's leading provider of beauty, skincare and aesthetic courses.

All of our courses are delivered in its state-of-the-art premises, purposefully designed with beauty training in mind, with all of the necessary equipment required by our students. Class sizes are kept small which means that our students receive the delivery of each course on a more personal level.

ACCREDITATION

We are a triple accredited training school certified by CPD, ABT and Hamilton Fraser. Our tutors have attained their qualifications to the highest standards in both their area of expertise and in the delivery and assessing of education.

TRAINING LOCATIONS

- Armagh City, Co Armagh
- Mohill, Co Leitrim
- Derry City, Co Derry
- Limavady, Co Derry
- Lurgan, Co Armagh
- Bailieborough, Co Cavan
- Dublin City, Co Dublin
- Dundalk, Co Louth
- Lisburn, Co Down

TRAINING DATES

For upcoming training dates and locations please visit the training dates section of our website or contact us for one-on-one and weekday training.



SEMI-PERMANENT MAKEUP COURSE

Course Entry Criteria

No prerequisites required for this course.

COURSE CONTENT

Certificate presentation upon completion of course.

DAY 1 - BROWS

- Introduction and theory
- Skin structure and lymphatic system
- Hygiene and safety
- Knowledge regarding best products
- Colour theory and correction
- Skin undertones and pigment selection analysis
- Needle depth / pressure / precision

DAY 2 - BROWS

- Creating symmetry with eyebrow
- Measurement techniques
- Powder eyebrow technique
- Elite hair stroke technique
- Practical assessment and certification
- Practical assessment - live models provided
- Question and answer
- Information on insurance and case studies

DAY 3 - LIPS

- Physiology of the lips
- Choosing the right colour
- Lip pigment analysis
- Lip design
- Asymmetry correction
- Stretching techniques
- Practical assessment – live models provided

DAY 4 - EYELINER

- Eye anatomy
- Eyeliner pigments analysis
- Colour corrections
- Eyeliner design
- Eyeliner stretching techniques
- Practical assessment – live models provided
- Question and answer
- Information on insurance and case studies

PRICE AND LOCATION

Two Day Brow Course
£2,200 / €2,500

- Includes full kit
- Training
- Lunch provided on both days

Four Day Brow, Lip and Eyeliner Course
£2,600/€3,000

- Includes full kit
- Training
- Lunch provided on all four days

DEVICE COST *Discuss prices with trainer*

INCLUDED IN KIT

- 3 bottles of pigment (1ml)
- 10 sterile and disposable needles
- 10 sterile and disposable tips
- Acrylic pigment holder
- Practice leather / promotional material

MICROBLADING COURSE

Course Entry Criteria

No prerequisites required for this course.

COURSE CONTENT

DAY 1

- Skin structure and lymphatic system
- Hygiene and safety
- Knowledge regarding best products
- Colour theory and correction
- Skin undertones and pigment selection analysis
- Microblade depth, pressure and precision
- Practical assessment on skins
- The healing process

DAY 2

- Designing eyebrows
- Creating symmetry with eyebrows
- Measurement techniques
- Elite hair stroke technique
- Elite hair stroke demonstration

DAY 3

- Designing eyebrows
- Recap of previous days
- Practice on live models
- Question and answer session
- Information on insurance and case studies

Certificate presentation upon completion of course.

PRICE

Three Day Course
£2,200 / €2,500

- Includes full kit
- Training
- Lunch on all three days

INCLUDED IN KIT

- 20 sterile microblading handtools
- 3 Microblading bottles of pigment
- Practice skins
- Pigment holders
- Marking pen

HENNA BROW COURSE

Course Entry Criteria

No prerequisites required for this course.

Henna Brows are perfect for all skin types, especially sensitive or dry skin. They are an ideal alternative to permanent makeup or a good trial for someone considering permanent eyebrows in the future. Henna Brows have taken the world by storm and are a hugely sought after treatment.

At **KMK** Advanced Beauty we have an Elite Permanent Makeup Teacher who will guide you through comprehensive training, not only in Henna but also in brow mapping and shaping techniques. Eyebrow waxing is also a part of this course.

Certificate presentation upon completion of course.

COURSE CONTENT

- Introduction
- Theory
- Demonstration by **KMK** Advanced trainer
- Practical assessment

PRICE

Half Day Course
£399 / €499

- Includes full kit
- Training theory and practice

INCLUDED IN KIT

- Henna primer / cleanser
- 5 Henna tints
- Rosewater
- Tweezers
- Brow scissors
- Angled brow brush



BROW LAMINATION COURSE

Course Entry Criteria

No prerequisites required for this course.

Brow lamination helps to correct asymmetrical eyebrows while solving the problem of hairs growing in different directions. The result? A beautiful eyebrow shape that looks natural yet fierce.

Over time our eyebrows can get a little out of control: they might not sit right, they might start curling or become coarse. This is why brow lamination is the perfect treatment. Results last 4-6 weeks, some might get longer results.

The idea is to not add in hairs, but brush them all in the same direction and fix them there. The benefit of this is not only do eyebrows look groomed and tidy, but also much, much thicker, and they don't move around.

COURSE CONTENT

- Introduction
- Theory
- Live demonstration by **KMK** Advanced trainer
- Practical assessment

Certificate presentation upon completion of course.

PRICE

Half Day Course

£399 / €499

- Includes full kit
- Training theory and practice

INCLUDED IN KIT

- Lamination kit
- Brow mapping thread

BEAUTIFUL BROW COURSE

Course Entry Criteria

No prerequisites required for this course.

The new styling for brows calls for a very clearly defined shape and a much more pronounced brow. Well-groomed brows frame the face and highlight your best feature.

This course is suitable for therapists who want to expand their skill set. It is also a great course for non-therapists interested in a career change into the beauty industry.

COURSE CONTENT

- Introduction
- Theory
- Demonstration by **KMK** Advanced Trainer
- Practice on live models
- Question and answer session
- Information on insurance and case studies

Certificate presentation upon completion of course.

PRICE

Half Day Course

£299 / €399

- Includes full kit
- Training theory and practice

INCLUDED IN KIT

- Wax heater
- spatulas
- 4 tints
- Tint Developer
- Tweasers
- Mapping thread
- Sterile water
- Dappen glass dish
- Brow brush
- Pre-wax treatment spray
- Post-wax treatment spray

DERMAPLANE COURSE

Course Entry Criteria
Contact us for more information.

Dermaplaning removes excess fine hairs which are known for trapping the dirt, oil and dead skin cells in your pores that are the main cause of acne and blemishes. Dermaplaning leaves your skin brighter and healthier giving you that “baby smooth” look and feel.

Using sterile medical grade blades you will learn how to remove vellus hair and dead skin cells, leaving your client’s skin smooth, glowing and hydrated. Combined with Cliniccare masks you will also help skin conditions such as:

- Acne
- Rosacea
- Anti-ageing
- Hyperpigmentation
- Hydration

Certificate presentation upon completion of course.



COURSE CONTENT

- Introduction
- Theory
- Live demonstration by **KMK** Advanced trainer
- Practical assessment

PRICE

Half Day Course
£425 / €499

- Includes full kit
- Training theory and practice

INCLUDED IN KIT

- 20 sterile disposable blades
- 5 Cliniccare masks
- Option to retail Cliniccare products (no buy-in)

SKIN PEEL COURSE

Course Entry Criteria

- Qualified beauty therapists
- Medics
- Semi-permanent makeup artists

KMK Advanced Beauty has teamed up with Cliniccare skincare range to bring you medical grade, sterile skin peels.

Using only the best products we will teach you the three most effective and widely sought-after skin peels on the market. We will teach in-depth theory on peel strengths and recommend appropriate peels for relevant skin conditions. All the peels can be adjusted to different strengths to meet the client’s individual needs.

These facials will deal with issues such as:

- Hyperpigmentation
- Acne and acne scarring
- Rosacea
- Anti-aging and skin rejuvenation

Certificate presentation upon completion of course.



COURSE CONTENT

- Theory
- Preparing the peels
- Demonstration by **KMK** Advanced Trainer
- Working on live models
- Question and answer session
- Information on insurance and case studies

PRICE

Half Day Course
£699 / €799

- Includes full kit
- Training theory and practice

INCLUDED IN KIT

- 1 Cliniccare cleanser
- 3 Clinical skin peels (enough to cover 60 treatments)
- 1 Cliniccare toner
- 1 Cliniccare SPF moisturiser
- 3 Cliniccare masks
- 1 Cliniccare skin peel blender

DERMAPEN MESOTHERAPY COURSE

Includes collagen lip plump

Course Entry Criteria

- Qualified beauty therapists
- Medics
- Semi-permanent makeup artists

Using the best quality Clinicare Dermapen microneedle injector and cosmetics, we will teach you how to stimulate the natural collagen production and reconstruction of the skin.

Skin will become firmer, more radiant and deeply hydrated in a painless natural way. We will also demonstrate how to use the Dermapen to plump the client's lips as part of the facial.

These facials will deal with issues such as:

- Hyperpigmentation
- Acne scarring
- Anti-aging and skin rejuvenation
- Lip plumping

Certificate presentation upon completion of course.

CLINICARE®
CUTTING EDGE COSMECEUTICAL FORMULA

COURSE CONTENT

- Theory
- Demonstration by **KMK** Advanced Trainer
- Working on live models
- Question and answer session
- Information on insurance and case studies

PRICE

Half Day Course

£999 / €1149

- **Add BB Glow Training** for £250 / €300 (normally £349 / €399)
- Includes full kit
- Training theory and practice

INCLUDED IN KIT

- 1 Aesthetech Micro-injector Lithium+
- 5 Clinicare sterile and disposable microneedle kits
- 3 Clinicare Mesotherapy vials (enough for 30 treatments)
- 3 Clinicare sheet masks

BB GLOW COURSE

Course Entry Criteria

- Qualified beauty therapists
- Medics
- Semi-permanent makeup artists

BB glow serum is applied to the epidermis - the uppermost layer of the skin, and can last for several months. Immediate results can be seen straight away after the first treatment, but usually, three applications are recommended at 10-14 day intervals.

The Semi-Permanent BB Glow "makeup" is applied to your skin with a special facial treatment pen, providing a natural-looking foundation to your skin that lasts for a long time.

The BB Glow facial treatment improves skin appearance, helps reduce wrinkles and at the same time enhances skin tone and gloss. It is suitable for all skin types.

These facials will deal with issues such as:

- Hyperpigmentation
- Acne scarring
- Anti-aging and skin rejuvenation
- Lip plumping

Certificate presentation upon completion of course.

CLINICARE®
CUTTING EDGE COSMECEUTICAL FORMULA

Students must be trained in Dermapen to complete this course.

COURSE CONTENT

- Theory
- Demonstration by **KMK** Advanced Trainer
- Working on live models
- Question and answer session
- Information on insurance and case studies

PRICE

Half Day Course

£349 / €399

- **With Dermapen Training** £1249 / €1449
- Training theory and practice

INCLUDED IN KIT

Please Note BB Glow kits are not supplied and must be purchased directly from the BB Glow website. However, if you do this course alongside the Dermapen course the following kit will be included:

- 1 Aesthetech Micro-injector Lithium+
- 5 Clinicare sterile and disposable microneedle kits
- 3 Clinicare Mesotherapy vials (enough for 30 treatments)
- 3 Clinicare sheet masks

MESOTHERAPY COURSE

Course Entry Criteria

- Qualified beauty therapists
- Medics
- Semi-permanent makeup artists

Using the best quality products and techniques we will teach you how stimulate your client's natural collagen production and reconstruction by gently piercing their skin using a sterile needle. The client's skin will become firmer, more radiant and deeply hydrated. This treatment is an excellent add-on to a Dermapen treatment.

These facials will deal with issues such as:

- Anti-aging and skin rejuvenation
- Acne and acne scarring
- Skin tightening
- Improving crows feet
- Hyperpigmentation

COURSE CONTENT

- Theory
- Demonstration by **KMK** Advanced Trainer
- Working on live models
- Question and answer session
- Information on insurance and case studies

Certificate presentation upon completion of course.

PRICE

Half Day Course

£559 / €649

- Includes full kit
- Training theory and practice

INCLUDED IN KIT

- 3 Sterile Mesotherapy vials (25/30 treatments)
- 25 Sterile needles
- 5 Clinicare masks
- 1 Clinicare cleanser
- 1 Clinicare toner

CLINICARE®
CUTTING EDGE COSMECEUTICAL FORMULA

THE BLACK FACIAL COURSE

Course Entry Criteria

- Level 2 beauty therapy or equivalent
- Medics
- Semi-permanent makeup artists

The Black Facial is designed to regulate sebum production and exfoliate the skin to prevent the blocked pores. It reduces the risk of comedones, removing the whiteheads and blackheads, tackling the bacteria, keeping the skin moisturised and preventing the skin from drying out – thus stimulating further sebum production, whilst calming down redness and skin sensitivities adding to the acne treatment plan.

The Black Facial has been developed to offer a complete solution using products that are natural, active, gentle, yet effective. Starting with a deep cleanse to remove the build-up of dirt and excess sebum whilst exfoliating the dead skin cells. The peel itself will remove impurities and provide oxygen and increased blood flow to the surface of the skin to help calm, repair and rejuvenate damaged skin cells. It hydrates the skin whilst helping to regulate sebum production.

This treatment works particularly well alongside Dermaplaning.

All products are organic and vegan friendly.

Perfect for:

- Acne
- Rosacea
- Oily skin and t-zones
- Large open or clogged pores
- Pigmentation and sun spots

COURSE CONTENT

- Introduction
- Theory
- Demonstration by **KMK** Advanced Trainer
- Practical assessment

Certificate presentation upon completion of course.

PRICE

Half Day Course

£459 / €559

- Includes full kit
- Training theory and practice

INCLUDED IN KIT

- Charcoal cleanser
- Black Peel
- Black coal serum
- SPF

THE RED FACIAL COURSE

Course Entry Criteria

- Level 2 beauty therapy or equivalent
- Medics
- Semi-permanent makeup artists

The Red Facial is designed to improve the lines, reduce wrinkles, dissolve age spots, correct dull skin, reduce pore size and improve the client's overall appearance. In the past, we had limited choice of anti-aging treatments. Now we are inundated with products that claim to revive even the most tired of skin. From actives to peptides, plant based topicals to molecular regeneration, the options are endless – if not somewhat mind-boggling. Consequently, during this professional conundrum, the Red Facial was developed.

The ideology behind the Red Facial was to find the primary ingredients responsible for rejuvenation and anti-aging and put the highest strength possible of each, into the product solutions. The ingredients were chosen to comply with the needs of skin-cell regeneration as well as anti-ageing prevention and UV correction.

The treatment process offers exfoliation, a boost in oxygen and blood circulation, nourishment at molecular-level, correction at both a deep and superficial level, as well as ongoing ageing prevention.

All products are organic and vegan friendly.

Certificate presentation upon completion of course.

COURSE CONTENT

- Introduction
- Theory
- Demonstration by **KMK** Advanced Trainer
- Practical assessment

Perfect for:

- Aging skin
- Reduction in laxity
- Dull Skin
- Crepped skin
- Lines and wrinkles
- Pigmentation and sun spots

PRICE AND LOCATION

Half Day Course

£459 / €559

- Includes full kit
- Training theory and practice

Available in Armagh City, Co. Armagh and Mohill, Co. Leitrim.

INCLUDED IN KIT

- The Red Cleanser
- The Ruby Keto Collagen Mask
- Sanguine Serum
- SPF

PRP LIQUID GOLD FACIAL COURSE

Course Entry Criteria

- NVQ Level 3 Beauty or equivalent with Phlebotomy
- Nurse / Dental Nurse
- Doctor
- Dentist or dental practitioner
- Pharmacist
- Micropigmentation with Level 3 A&P with Phlebotomy

PRP stands for “Platelet Rich Plasma”. It is a simple non-surgical procedure done by extracting the client's own blood and placing it into a centrifuge to extract the PRP and placing it back into the client's skin using both the Micro Needle Therapy System and Mesotherapy system.

These facials:

- Help with acne scarring
- Increase volume in your face
- Reduce fine lines and wrinkles
- Rejuvenate tired eyes
- Increase skin brightening
- Create a lifting effect
- Benefit delicate and sensitive skin

Certificate presentation upon completion of course.

COURSE CONTENT

- Theory
- Demonstration by **KMK** Advanced Trainer
- Working on live models
- Question and answer session
- Information on insurance and case studies

PRICE

Full Day Course

£599 - training only

- **Training & starter kit 1 - £750** - Includes kit for 10 treatments
- **Training & starter kit 2 - £850** - Includes kit for 20 treatments
- Training theory and practice

INCLUDED IN KIT

- Safety blood collection set
- Plasma blood collection tube
- Sterile needles

SUGARING COURSE

Course Entry Criteria

No prerequisites required for this course.

Sugaring is an all-natural and effective method of hair removal that uses an ancient method made modern. In addition, our sugar is organic and Fair Trade, there isn't a cleaner, more natural alternative to waxing on the market.

Not only will we teach you how to become an excellent Sugarer, we will also continue to support you after training. What's even more exciting is that Sugaring is gentle, effective, and it really works. Clients who try Sugaring tend to become loyal monthly schedulers and nothing is more important when it comes to building your business.

COURSE CONTENT

- Introduction
- Theory
- Demonstration by [KMK](#) Advanced trainer
- Practice on live models
- Question and answer session
- Information on insurance and case studies

Certificate presentation upon completion of course.

PRICE

Full Day Course

£599 / €649

- Includes full kit
- Training theory and practice

INCLUDED IN KIT

- Tamara organic sugar paste
- Tamara organic pre-sugaring solution
- Tamara organic post-sugaring solution
- Tamara organic powder

LASH LIFT COURSE

Course Entry Criteria

No prerequisites required for this course.

Get extra length, volume and lift your lashes.

You will learn how to create the perfect lash lift on your client's natural lashes giving the appearance of fuller, longer, darker lashes. Like old-school perms, lash lifts set the shape of your natural lashes using a chemical solution. A lift is essentially what your lash would be doing with a really good mechanical curler, so a nice shape upward and a realistic curl.

The lash lift will last approximately 4 to 6 weeks before needing redone.

COURSE CONTENT

- Introduction
- Theory
- Demonstration by [KMK](#) Advanced trainer
- Practice on live models
- Question and answer session
- Information on insurance and case studies

Certificate presentation upon completion of course.

PRICE

Half Day Course

£299 / €399

- Includes full kit
- Training theory and practice

INCLUDED IN KIT

- Lash tint and developer
- Tint brush
- Dappen dish
- Mascara wands
- Mini applicators
- Under eye patches
- Shields
- Bonder
- Lash lift
- Separating tool
- Micropore tape
- Glue rings
- Saline pods
- Hard kit carry case
- Lash cleanser

CLASSIC, PRE-FANNED & RUSSIAN LASHES COURSE

Course Entry Criteria

No prerequisites required for this course.

You will learn how to create the perfect lash extensions to suit your client’s individual needs. Not only will we teach you classic lashes but you will also learn how to combine classic & pre-fanned lashes for a fuller look. Pre-fanned lashes save you time and money and application is much easier.

We will also teach you Russian lashes as an extra bonus.

Certificate presentation upon completion of course.

COURSE CONTENT

- Introduction
- Theory
- Demonstration by [KMK](#) Advanced trainer
- Practice on live models
- Question and answer session
- Information on insurance and case studies

GEL AND ACRYLIC NAIL EXTENSION COURSE

Course Entry Criteria

No prerequisites required for this course.

This course teaches you both acrylic and gel nail enhancements so you can offer both systems to your clients. The training focuses on protecting the client’s natural nails while applying a beautiful and natural looking treatment.

Certificate presentation upon completion of course.

COURSE CONTENT

- Introduction
- Theory
- Demonstration by [KMK](#) Advanced trainer
- Practice on live models
- Question and answer session
- Information on insurance and case studies

PRICE

Full Day Course
£449 / €499

- Includes full kit
- Training theory and practice

INCLUDED IN KIT

- Mannequin head
- J Curl 0.20 x 13mm x 0.5g loose lashes
- Training lashes, 4 pairs
- 2 Mascara wands
- 2 Fine point stainless steel tweezers
- Micropore tape
- Jade stone
- 5g Sensitive adhesive
- 3D Pre-made fans B curl 0.10 x 8-14mm x 1 Tray
- 6D Pre-made fans C curl 0.07 x 12mm x 1 Tray
- Primer
- Gel remover

PRICE

Full Day Course
£325 / €395 for either Gel or Acrylic
£495 / €595 for both Gel and Acrylic

- Includes full kit
- Training theory and practice

INCLUDED IN KIT

- UV lamp
- Nail files
- Nail acrylic
- Top coat
- Base coat
- Tip cutters
- Acrylic brush
- Acrylic powder
- Cuticle pusher

