

Avocado Spread

*from the kitchen of
www.janesLITTLEloves.com*

Ingredients:

- 1 fresh squashy avocado
- 2 triangles of Laughing Cow Original spreadable cheese (or regular cream cheese if you want)
- 1 or 2 small cloves of garlic (less if you're not a big fan of it)
- pinch of salt and black pepper

Instructions:

- 1 Put the avocado into a bowl, take a fork and mash it as much as you can.
- 2 Add the cheese and pressed garlic and mash again.
- 3 Add salt and black pepper, mix well and you're ready to enjoy this tasty spread on your toasted bread.

Bon appetit!

