



World Health Organization International Healthy Cities Conference

1 – 4 October 2018, Waterfront, Belfast, Northern Ireland

Changing cities to change the world

Celebrating 30 years of the Healthy Cities movement

Programme - Programme is subject to change



Sunday 30 September 2018

19.00 Sunday 30 September 2018

19.00 – 21.00: Registration, Belfast Waterfront, Riverside Entrance

Monday 1 October 2018

7.00 Monday 1 October 2018

7.00 – 9.00: Registration, Belfast Waterfront, Riverside Entrance
Music by Blackthorn

8.30 Monday 1 October

Conference Chair: Monika Kosinska, Programme Manager, Division of Policy and Governance for Health and Well-being, WHO Regional Office for Europe

Master of Ceremonies: Brendan Mulgrew

8.30–10.00: Business meeting: WHO European Healthy Cities business meeting Belfast Waterfront, Auditorium

Russian, Spanish and Turkish translation available

*Welcome opening: Kate Nicholl, Councillor, Chair, People & Communities Committee, Belfast
Co-Chair: Monika Kosinska, Programme Manager, Division of Policy and Governance for Health and Well-being, WHO Regional Office for Europe*

*Co-Chair: David Stewart, Chair, Belfast Healthy Cities
Close of Phase VI and preparation for Phase VII of the WHO European Healthy Cities Network*

(Open to all delegates; voting restricted to members of the WHO European Healthy Cities Network in Phase VI)

10.00 Monday 1 October

10.00–12.30: Side event

Delegates will leave Belfast Waterfront, city side entrance at 10.00am to travel to Side Events. Delegates not attending the Business meeting should go directly to their chosen Side Event venue.

Refreshments will be available on arrival at each side event

10.30 Monday 1 October

10.30 – 12.30: Side Events

1. Adverse Childhood Experiences: A trauma-informed approach to early years Welcome: June Wilkinson, Department of Education, Northern Ireland Venue: Belfast Central Library, Royal Avenue, Belfast	2. Healthy stadia: The contribution of sports venues to health & wellbeing Welcome: Michael Boyd, Director, Irish Football Foundation Venue: National Football Stadium at Windsor Park, Donegall Ave, Belfast Lunch provided	3. Technology and innovation to support active and healthy ageing Welcome: Richard Pengelly, Permanent Secretary, Department of Health Venue: Assembly Buildings, 2–10 Fisherwick Place, Belfast Lunch provided	4. Ageing in Place Insights from recent UK-Brazil Research Welcome: Elizabeth Mitchell, Belfast Healthy Cities Venue: City Hall, Belfast, Donegall Square, Belfast
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<p>5. Better Bedford Street</p> <p>Welcome: Richard Kirk, Director, Institution of Civil Engineers, Northern Ireland</p> <p>Venue: Ulster Hall, 34 Bedford Street, Belfast</p>	<p>6. Building sustainable, healthy and equitable cities</p> <p>Welcome: Nigel McMahon, Chief Environmental Health Officer, Northern Ireland and Paul Wilkinson, London School for Hygiene & Tropical Medicine</p> <p>Venue: PRONI (Public Record Office of Northern Ireland) 2 Titanic Boulevard, Titanic Quarter, Belfast</p>	<p>7. Northern Ireland's journey towards or away from peace</p> <p>Welcome: Jacqueline Irwin, Community Relations Council, Northern Ireland</p> <p>Venue: Linenhall Library, 17 Donegall Square North, Belfast</p>	<p>8. Health Promoting Schools in Healthy Cities</p> <p>Welcome: TBC</p> <p>Venue: Belfast Waterfront</p>
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Side Event presenters

Side Event 1: Adverse Childhood Experiences: A trauma informed approach to early years

Welcome, June Wilkinson, Department for Education Northern Ireland

Chair: Maurice Meehan, Head of Health and Social Wellbeing Improvement, Public Health Agency

*A Strategic View to addressing Adverse Childhood Experiences in Northern Ireland
Maurice Leeson, Health and Social Care Board, Northern Ireland, United Kingdom*

*Early Intervention Transformation Programme: Trauma Informed Practice
Helen McKenzie, Safeguarding Board for Northern Ireland*

*Building Resilient Communities – Cross Boarder CAWT MACE Project
Maurice Meehan, Public Health Agency, Northern Ireland*

*A public health approach to ADVERSE Childhood Experiences in Scotland – from evidence and policy to action in communities
Katy Hetherington & Tina Hendry, National Health Service Scotland, United Kingdom*

Side Event 2: Healthy Stadia: The contribution of sports venues to health and wellbeing

Welcome to Windsor Park, Michael Boyd, Director, Irish FA Foundation

Chair: Matthew Philpott, Executive Director, Healthy Stadia

*Background to European Healthy Stadia Network & Developing Partnerships
Dr Matthew Philpott, Executive Director, Healthy Stadia*

*Sport, Health and Wellbeing in Northern Ireland – Good Practices from the Governing Bodies of Sport
Ian Stewart, Irish Football Association Foundation; Colin Regan & Aoife O'Brien; Gaelic Athletic Association Healthy Clubs Programme; Dr Michael Webb, Medical Director, Ulster Rugby*

*An evidence-based approach to tackling physical inactivity in male football fans – The EuroFIT Programme
Prof Sally Wyke, University of Glasgow & Principle Investigator for EuroFIT*

*Union of European Football Association's Commitment to Social Responsibility and Healthy Lifestyles
Iris Hugo-Bouvier, Football and Social Responsibility, UEFA*

Dr. Julianne Williams, WHO European Office for Prevention and Control of Noncommunicable Diseases

Side event 3: Technology and Innovation to support active and healthy ageing

*Welcome: Richard Pengelly, Permanent Secretary, Department of Health, Northern Ireland
Manfred Huber, Coordinator, Healthy Ageing, Disability and Long-term Care
WHO Regional Office for Europe*

Chair: Mark Lee, Director of Primary Care, Department of Health, Northern Ireland

Discussant: Elaine Colgan, Head of eHealth and European Engagement, Department of Health, Northern Ireland

Use of technology in supporting older people

Jaime Ruiz Serra, Head of Telecare Centre, Malaga

Alistair Hodgson, Policy and Strategy Lead, Digital Health and Care, Scottish Government

Paulina Kämäräinen, Project Manager, City of Kuopio, Finland

Asst. Prof Rina Patramanon, Department of Biochemistry, Khon Kaen University, Thailand

Showcase cross Reference Sites collaboration successes in Medicines Optimisation and innovation

Anita Hogg, Lead, Medicines Optimisation Innovation Centre, Northern Ireland

Mireia Massot Mesquida, Catalan Centre of Health

Innovative Procurement using Small Business Initiative (SBRI)

Eoin McFadden, Innovation and Specialisation, Department for the Economy, Northern Ireland

Cathy Harrison, Senior Principal Pharmaceutical Officer, Department of Health, Northern Ireland

Julie-Ann Walkden, Small Business Research Initiative (SBRI) Executive, Health and Social Care, Northern Ireland

Side event 4: Ageing in Place Insights from recent UK-Brazil Research

Welcome, Elizabeth Mitchell, Belfast Healthy Cities

Chair: Elizabeth Mitchell, Belfast Healthy Cities

Age Friendly Cities in Europe

Professor Geoff Green, Sheffield Hallam University

Introduction to research projects and key questions on healthy ageing in an urban context

Professor Geraint Ellis, Queens University Belfast

Emerging results from 'Place-Making with Older Adults: Towards Age-Friendly Communities'

Dr Ryan Woolrych, Heriot-Watt University

Emerging findings from the Healthy Urban Living and Ageing in Place' Project

*Professor Rodrigo Reis, Washington University in St Louis, USA and Pontifical Catholic University of Parana, Brazil
(by video conference from Brazil)*

Translating research into policy and practice issues of knowledge exchange

Dr Jenny Fisher, Manchester Metropolitan University

Side event 5: Better Bedford Street

Welcome, Richard Kirk, Institution of Civil Engineers

Creating Living Places

Andrew Haley, Chair of the Ministerial Advisory Group for Architecture and the Built Environment, Northern Ireland

Why Better Bedford Street?

Angus Kerr, Chief Planner, Department for Infrastructure, Northern Ireland, United Kingdom

Learning as we go

Amberlea Neely, Planning Landscape Architecture Community Environment (PLACE)

Side event 6: Building Sustainable, Healthy and Equitable Cities

Welcome from Northern Ireland

Professor Nigel McMahon, Chief Environmental Health Officer, Department of Health Northern Ireland

Chair, Welcome and opening remarks

Professor Paul Wilkinson, London School of Hygiene & Tropical Medicine

Complex Urban Systems for Sustainability and Health

Professor Mike Davies, University College London

Supporting transformative change

Mehrnaz Ghojeh, C40 Cities Climate Leadership Group

Politics and complexity in advancing an urban health agenda

Professor Susan Parnell, University of Bristol

Working with policymakers

Charlotte Marchandise-Franquet, City of Rennes

Side event 7: Northern Ireland's Journey Towards or Away from Peace

Chair: Peter Osborne, Chair, Northern Ireland Community Relations Council

Welcome and introduction

Jacqueline Irwin, CEO, Northern Ireland Community Relations Council

Northern Ireland Peace Monitoring report 2018

Gillian Robinson, Ulster University

Panel members

Adrian Guelke, Emeritus Professor in the School of History, Anthropology, Philosophy and Politics at Queen's University Belfast

Gillian Robinson, Author Peace Monitoring Report, Ulster University

Judith Thompson, Commissioner, The Commission for Victims and Survivors

Koulla Yiasouma, Northern Ireland Commissioner for Children and Young People

Side event 8: Health Promoting Schools in Healthy Cities

Goof Buijs, Manager United Nations Educational, Scientific and Cultural Organization (UNESCO) Chair Global Health & Education

Annette Schulz, Schools for Health in Europe network

12.30 Monday, 1 October 2018

12.30–14.00: Lunch, Belfast Waterfront, Hall 1 (all delegates unless otherwise stated)

14.00 Monday, 1 October 2018

14.00–16.00: Plenary 1: Primary healthcare, health service delivery and the local level – where do we go from here?

Auditorium

Russian, Spanish and Turkish translation available

The plenary will be built around the three key anniversaries of 2018 relevant to the conference: 30 years of healthy cities, 70 years of the United Kingdom National Health Service, and 40 years of the Alma Ata Declaration on Primary Healthcare. Through the framing of the Copenhagen Consensus of Mayors: Healthier and Happier Cities For All and its six themes (People, Place, Participation, Prosperity, Planet, and Peace), the session will focus on the role of the local level and cities in delivering and ensuring primary healthcare and service delivery, including their role in ensuring universal health coverage in line with WHO's global target.

It will identify and address challenges and opportunities that cities and local governments face in relation to public health in the era of the UN 2030 Agenda for Sustainable Development.

Co-Chair: Monika Kosinska, Programme Manager, Division of Policy and Governance for Health and Well-being, WHO Regional Office for Europe

Co-Chair: Pirooska Östlin, Director, Division of Policy and Governance for Health and Well-being, WHO Regional Office for Europe

Welcome from Belfast: Deputy Lord Mayor, Councillor Emmet McDonagh-Brown

Welcome from World Health Organization: Pirooska Östlin, Director, Division of Policy and Governance for Health and Well-being, WHO Regional Office for Europe

Speakers: John Ashton, Senior Adviser, WHO European Healthy Cities Network

Bauyrzhan Baibek, Mayor, Almaty, Kazakhstan

Oleg Chestnov, WHO Representative, Kazakhstan

Round Table members: Michael McBride, Chief Medical Officer, Northern Ireland

Gina Radford, Deputy Chief Medical Officer, England

Catherine Calderwood, Chief Medical Officer, Scotland

Chris Jones, Deputy Chief Medical Officer, Wales

16.00 Monday, 1 October 2018

16.00–16.30: Break

Parallel Session A

16.30–18.00 Strategic workshop A1: Place-making in the city: different experiences Hall 2B Spanish translation	16.30–18.00 Learning through practice A2: Health in all policies Auditorium Russian translation	16.30–18.00 Learning through practice A3: City policies for population and planetary health Hall 2A Turkish translation	16.30–18.00 Learning through practice A4: Promoting mental health and reducing suicides: urban strategies Room 1B
16.30–18.00 Learning through practice A5: Health: a key element of urban prosperity Room 2A	16.30–18.00 Learning through practice A6: Cultural activities: enhancing accessibility through collaboration Room 2B	16.30–18.00 Learning through practice A7: Second chance: empowerment through community-based learning Room 3A	16.30–18.00 Meeting A8: United Kingdom Healthy Cities Network meeting: preparation for Phase VII Room 3B

Parallel Session A: Presenters

Parallel Session A- 16.30 – 18.00 Monday 1 October 2018

A1: Place-making in the city: different experiences

Hall 2B - Spanish translation

This workshop has presentations on high streets, urban regeneration in deprived neighbourhoods and tales of ageing across four cities. But what do they have in common? They can all shed light on the experiences of healthy place-making in cities. The *Copenhagen Consensus of Mayors vision of Healthier and Happier Cities for All* highlights where place occupies a pivotal role between planet and people: linking human, social and urban development together.

Healthy places, settings and resilient communities are also one of five strategic directions agreed in the *Roadmap to implement the 2030 Agenda for Sustainable Development, building on Health 2020, the European policy for health and well-being* adopted by the Regional Committee for Europe in autumn 2017.

In this session, we invite attendees to discuss the action and experiences of healthy place-making in cities and renew a commitment to healthy place-making.

Chair: Marcus Grant, Senior Adviser, WHO European Healthy Cities Network
Discussant: Elisabeth Bengtsson, Gothenburg, Sweden

Abstract 135, Essen, Germany: Julita Skodra
Co-creating health-promoting neighbourhoods: urban regeneration of deprived neighbourhoods in metropolitan regions

Abstract 328, Dublin, Ireland: Sarah Gibney
Age-friendly environments and healthy and positive ageing in Ireland: a tale of four cities

Abstract 294, Glasgow, United Kingdom: Gillian Dick
Connecting nature – bringing life to cities, bringing cities to life

A2: Health in all policies

Auditorium - Russian translation

Developing a broad concept of health that is supported by all policy sectors within government is key to tackling major public health issues and address health inequalities among the population. A multisectoral approach to health requires giving priority to health in policies and sectors other than the health sector. The health in all policies approach aims to achieve just that. The health in all policies approach sets out to develop understanding of the main determinants of health across government departments on all levels of government while also encouraging coordinated actions. Such coordinated actions generate great potential for tackling the multifaceted health challenges societies face.

Chair: Fiona Donovan, National Healthy Cities and Counties of Ireland Network
Discussant: Milka Donchin, Israeli Healthy Cities Network

*Abstract 118, Utrecht, Netherlands: Miriam Weber
Health in all policies: lessons learned and next steps in Utrecht, Netherlands*

*Abstract 301, London, United Kingdom: Emily Humphreys and Fiona Wright (two speakers)
Developing London's Health Inequalities Strategy*

*Abstract 316, Sevenoaks, United Kingdom: Michelle Lowe
Well-being starts at home – how Sevenoaks District Council approaches public health*

A3: City policies for population and planetary health **Hall 2A - Turkish translation**

Current rates of urbanization in the world, particularly in cities in developing economies, make policy-makers face unprecedented challenges in dealing with environmental issues and associated public health risks. Existing urban infrastructure systems are often not able to cope with the increased demand placed on them as a result of high levels of population growth that are extremely difficult to manage. This problem persists particularly in informal urban settlement such as shantytowns. As a result, large numbers of people are exposed to poor environmental standards that harm both humans and the environment as a whole. Comprehensive and effective urban policies are needed to deal with these issues.

Chair: Elia Diez, Barcelona, Spain

Discussant: Nigel McMahon, Belfast, Northern Ireland, United Kingdom

*Abstract 203, London, United Kingdom: Michael Davies
Complex urban systems for sustainability and health: a structured approach to support the development and implementation of city policies for population and planetary health*

*Abstract 196, London, United Kingdom: Danielle Antonellis
Reducing fire risk in low-income and informal urban settlements*

*Abstract 96, Torres Vedras, Portugal: Ana Umbelino
Co-construction of a healthy city: meta-analysis of participatory processes for democratic governance*

A4: Promoting mental health and reducing suicides: urban strategies **Room 1B**

Poor mental health is an issue that affects increasing numbers of people across the globe, often leading to higher levels of reported instances of depression and suicides among the population. The associated direct and indirect costs for individuals and society as a whole are generally high, but few health strategies effectively deal with the problem of poor levels of mental health.

Chair: Sandra Davies, Liverpool, England, United Kingdom

Discussant: Elizabeth Mitchell, Belfast, Northern Ireland, United Kingdom

*Abstract 198, Espoo, Finland: Riikka Puusniekka
Integrating a positive mental health approach in local government strategic management in Espoo*

*Abstract 71, Rotterdam, Netherlands: Pascal Bisscheroux
Preventive mental health in Rotterdam*

*Abstract 141, Kaunas, Lithuania: Iveta Kučinskaitė
Implementation of Kaunas city suicide prevention model*

*Abstract 132, Belfast, Northern Ireland, United Kingdom: Sean Devlin, Jo Murphy
CareZone initiative – Oldpark (North Belfast)*

A5: Health: a key element of urban prosperity **Room 2A**

Policy-makers around the world increasingly recognize that urban prosperity should not be measured by economic indicators only and that public health indicators can act as a better measure of prosperity. Positive health and well-being outcomes are now often being used to promote cities as sustainable and attractive places to live and work. This renewed focus on health as part of the urban agenda merits innovative and integrated approaches to boosting public health.

Chair: Brian Heading, Belfast, Northern Ireland, United Kingdom

Discussant: Michael Gibbs, Belfast, Northern Ireland, United Kingdom

*Abstract 195, Stupino, Russian Federation: Alexander Ratsimor
Public health programme in the Stupino district, Moscow region*

Abstract 83, Turku, Finland: Karolina Mackiewicz

Participatory urban planning for healthier urban communities – how to engage sectors and city residents in developing cycling in cities

Abstract 155, Belfast, Northern Ireland: Satish Kumar, Behnam Firoozi Nejad, Steven Donnelly, Lekan Ojo-Okiji Abasi (four speakers)

Assessing the spatial correlations between prosperity and mental health in Northern Ireland

A6: Cultural activities: enhancing accessibility through collaboration

Room 2B

Effective culture planning is often overlooked within urban policy due to the traditional giving priority to, for example, infrastructure and housing. However, cultural activities can play an important role in promoting people's well-being, particularly by boosting the social inclusion of socially isolated groups.

Chair: Tony Fitzgerald, Cork, Ireland

Discussant: Daniele Biagioni, Italian Healthy Cities Network

Abstract 54, Prague, Czech Republic: Jitka Bouskova

Culture planning in a healthy city – Czech inspirations: method of evaluating culture organizations and cultural facility mapping in the city

Abstract 13, Kuopio, Finland: Jonna Forsman

Culture Comes Along: developing cultural participation and social inclusion in the neighbourhoods in Kuopio, Finland

Abstract 56, Kuopio, Finland: Eeva Mäkinen

The Well-being Power Plant of Eastern Finland: advancing health, well-being and social involvement

A7: Second chance: empowerment through community-based learning

Room 3A

Public health care can often be made more effective when people have the ability to recognize the early symptoms of disease. In addition, much can be gained by increasing knowledge among the general population about healthy lifestyles to prevent diseases from developing. This requires effective learning methods and ways of dissemination.

Chair: Charlotte Lisager Petersen, Danish Healthy Cities Network

Discussant: Geoff Green, Senior Adviser, WHO European Healthy Cities Network

Abstract 219, Brno, Czech Republic: Ivana Draholová

One lesson for saving life: implementing stroke and heart attack as a topic in an educational programme

Abstract 325, Cork, Ireland: Bernard Twomey

Sustaining a 10-year partnership between the community health and education sector

Abstract 284, Udine, Italy: Stefania Pascut

School and community programmes to reinforce resilience, emotional health and peace

A8: UK Healthy Cities Network Meeting: preparation for Phase VII

Room 3B

This session will discuss the future of healthy cities in the UK, looking at building on the long history and experience in the context of an evolving national and international landscape. It will focus on drawing on experiences from the work of the UK national network; challenges and opportunities for expanding the healthy cities approach in the UK; and strengthening the learning from other international healthy city networks as well as the healthy cities approach in the UK

Chair: Monika Kosinska, Programme Manager, Division of Policy and Governance for Health and Well-being, WHO Regional Office for Europe

Co-chair: David Buck, Senior Fellow, Public Health and Inequalities, The King's Fund, United Kingdom

Co-chair: David Stewart, Chair, Belfast Healthy Cities, Northern Ireland, United Kingdom

Moderator: Tamsin Rose, Senior Adviser, WHO European Healthy Cities Network

Speakers: Monika Kosinska, Programme Manager, Division of Policy and Governance for Health and Well-being, WHO Regional Office for Europe

Darren Crossley, Deputy Chief Executive, Carlisle City Council, United Kingdom

Chris Naylor, Senior Policy Fellow, The King's Fund, United Kingdom

Michael McBride, Chief Medical Officer, Northern Ireland, United Kingdom

Gina Radford, Deputy Chief Medical Officer, England, United Kingdom

Catherine Calderwood, Chief Medical Officer, Scotland, United Kingdom

Chris Jones, Deputy Chief Medical Officer, Wales, United Kingdom

18.30: Leave Belfast Waterfront to travel to Whitla Hall, Queen's University Belfast

19.00: Welcome reception, Whitla Hall, Queen's University Belfast
Welcome dance by Artseka
Professor Ian Greer, Vice Chancellor, Queen's University Belfast

Tuesday, 2 October 2018

7.15 Tuesday, 2 October 2018

7.15–7.45: Morning run: meet at Riverside Entrance, Belfast Waterfront

7.00–9.00: Registration, Riverside entrance, Belfast Waterfront
Music by Blackthorn

9.00 Tuesday, 2 October 2018

9.00–10.00: Official opening ceremony
Belfast Waterfront, Auditorium
Russian, Spanish and Turkish translation available

9.00 – 9.15: Welcome by Celtic Storm
Welcome from Belfast: Dr Michael McBride, Chief Medical Officer, Northern Ireland, United Kingdom
The Lord Mayor of Belfast, Councillor Deirdre Hargey
Welcome from World Health Organization: (tbc)

10.00 Tuesday, 2 October 2018

10.00–10.30: Break
Press conference, Boardroom 2

10.30 Tuesday, 2 October 2018

10.30–12.00: Plenary 2: Peace and participation

Auditorium
Russian, Spanish and Turkish translation available

This plenary session will be built around the Peace and Participation themes of the Copenhagen Consensus of Mayors: Healthier and Happier Cities For All. It will explore the role of cities in mobilizing the people within them to contribute to peaceful and resilient communities and societies, in particular in the aftermath of conflict or events that serve to fragment society. It will highlight mental health and the psycho-social elements of post-conflict reconciliation in urban environments, and explore the role of cities in ensuring, maintaining, and rebuilding peace through participation.

Co-Chair: Clark Bailie, Chief Executive, Northern Ireland Housing Executive, Northern Ireland, United Kingdom
Co-Chair: Dr Bente Mikkelsen, Director, Division of Non-Communicable diseases and promoting health throughout the life-course, WHO Regional Office

Keynote:
Professor Brandon Hamber, International Conflict Research Institute, Ulster University, Northern Ireland
Professor Ilona Kickbusch, Director, Global Health Centre, Graduate Institute, Geneva

Roundtable:
Dr Gemma Tarafa, Health Commissioner, City of Barcelona, Spain
Professor John Middleton, President, Faculty of Public Health, UK

12.30 Tuesday, 2 October

12.30–14.00: Lunch, Harbour Commissioners Office (invitation only)
Music by Ruth Corry, Harpist

12.30–14.00: Lunch, Belfast Waterfront (all delegates)
Participatory Art, Hall 1

Parallel Session B

14.00–16.00 Learning through practice B1: Healthy city stories: around the world 1 Auditorium Russian translation	14.00–16.00 Strategic workshop B2: Planetary health: build- ing sustainable, healthy and equitable cities Hall 2A Turkish translation	14.00–16.00 Learning through practice B3: Ageing populations: support systems to live at home Room 1B	14.00–16.00 Learning through practice B4: Schools: key vehicles for improving children's health outcomes Hall 2B Spanish translation
14.00–16.00 Learning through practice B5: Co-creation: approaches in shaping public health strategies Room 2A	14.00–16.00 Learning through practice B6: Improving air quality: creating healthy urban environments Room 2B	14.00–16.00 Learning through practice B7: Smart technologies: designing inclusive public health interventions Room 3A	14.00–16.00 Strategic workshop B8: Using place to make a difference Room 3B

Parallel Session B: Presenters

Parallel Session B - 14.00 – 16.00 Tuesday 2 October 2018

B1: Healthy city stories: around the world 1 **Auditorium - Russian translation**

Healthy cities share a vision for urban health, in which cities put people and their health and well-being at the centre of all their policies and actions. Healthy cities have strong political leadership, are centres of good practice and are in a unique position to learn and share knowledge, insight and inspiration in a spirit of solidarity. This is the first session of three sessions that will highlight the progress that has been achieved as part of the last 30 years of the Healthy Cities programme.

Chair: Tania Radulescu, Bucharest, Romania

Discussant: Iwona Iwanicka, Polish Healthy Cities Network

Abstract 97, Horsens, Denmark: Ingunn Søndergaard Jacobsen
Horsens Healthy City – co-creating welfare for 30 years

Abstract 268, Sharjah, United Arab Emirates: Abdelaziz Al Mheiri
Sharjah: the first healthy city in the Eastern Mediterranean Region

Abstract 29, Bursa, Turkey: Murat Ar, Emine Didem Evci Kiraz (two speakers)
The story of healthy cities in Turkey

Abstract 313, Seixal, Portugal: Manuela Ferreira
Portuguese Healthy Cities Network: promoting health for 20 years

Abstract 342, Russian Federation: Tatiana Shestakova
Implementation of the WHO Healthy Cities project in the Russian Federation. Opportunities for cooperation

B2: Planetary health strategic workshop **Planetary health: building sustainable, healthy and equitable cities** **Hall 2A - Turkish translation**

This workshop will explore three interlinked challenges to building sustainable, healthy and equitable cities: reducing the environmental footprint, increasing resilience to environmental change and promoting and protecting health.

Speakers: Paul Wilkinson, London School of Hygiene and Tropical Medicine, England, United Kingdom
Mike Davies, University College London, England, United Kingdom
Mehrnaz Ghajeh, C40 Cities Climate Leadership Group
Susan Parnell, University of Bristol, England, United Kingdom
Charlotte Marchandise-Franquet, Rennes, France
Jonathan Patz, University of Wisconsin at Madison, United States of America

B3: Ageing populations: support systems to live at home **Room 1B**

Populations across the globe are ageing, particularly in developed economies, presenting new challenges for urban policy-makers. Larger numbers of older people with health needs lead to increased pressures on public health systems. Having older people live in their own home for longer by providing care at home is one way of relieving health facilities from some of the increased demands.

Chair: (tbc)

Discussant: Elizabeth Mitchell, Belfast, Northern Ireland, United Kingdom

Abstract 70, Kuopio, Finland: Tuula Hartikainen

Clinical coordination centre for acute mobile integrated social and health care: developing multiprofessional cooperation and communication in acute home care

Abstract 276, Kuopio, Finland: Pauliina Kämäräinen

Promoting the well-being of older people through innovative safety technology – a platform

Abstract 298, Khon Kaen, Thailand: Rina Patramanon

Fostering healthy subrural community ecosystems by smart technologies for the ageing society in Thailand

Abstract 144, Glyfada, Greece: Evanthia Evangelou

Exploring the quality of life of the users of an open care centre for older people in the Municipality of Glyfada, Greece

B4: Schools: key vehicles for improving children's health outcomes **Hall 2B - Spanish translation**

Good childhood health and well-being are instrumental for improving educational attainment. In addition, a healthy childhood increases the prospect of good health and well-being during adulthood. Schools play a central role in children's lives and can therefore act as main drivers for promoting children's health and well-being.

Chair: John Ashton, Senior Advisor WHO European Healthy Cities Network

Discussant: Heini Parkkunen, Turku, Finland

Abstract 28, Swansea, United Kingdom: Emily Marchant

The HAPPEN Swansea project – the health and attainment of students in a primary education network.

Abstract 209, Matosinhos, Portugal: Mariana Ferreira

Tackling childhood obesity using setting-specific strategies for promoting health and well-being in preschools and public elementary schools in Matosinhos

Abstract 211, Madrid, Spain: Eva Maria Martin

Childhood obesity longitudinal prevention program of Villanueva de la Cañada (Madrid, Spain): effects of various health promotion strategies on the prevalence of overweight and obesity

Abstract 165, Riga, Latvia: Diāna Koerna

A comprehensive approach for preventing injuries among children

B5: Co-creation: approaches in shaping public health strategies **Room 2A**

Cities play an increasingly more prominent role than they did in the past when responding to societal challenges, including urbanization, ageing populations and climate change. To create effective public health strategies, new alliances and relations between partners within the city, but also between cities and regional and national authorities, have become indispensable.

Chair: Danny McQuillan, Belfast, Northern Ireland, United Kingdom

Discussant: Darren Crossley, Carlisle, England, United Kingdom

Abstract 61, Helsinki, Finland: Nella Savolainen

Regional well-being reports – a tool for strategic management in Finland.

Abstract 250, Utrecht, Netherlands: Hanneke Schreurs

An example of people-centred, integral and participatory public health monitoring at the local level: public health monitor in Utrecht, Netherlands

Abstract 278, Udine, Italy: Stefania Pascut

City health diplomacy: co-creation and middle-out approaches for better health and sustainability

Abstract 172, Kuopio, Finland: Arto Holopainen
Living Lab services promoting health in the community through participation

B6: Improving air quality: creating healthy urban environments

Room 2B

The adverse effects of human exposure to air pollution, both indoors and outdoors, is increasingly being backed up by solid evidence. This has led to a greater emphasis on preventing air pollution in a range of policy strategies in recent decades that aim to improve air quality both indoors and outdoors, ranging from source control to air-cleaning solutions.

Chair: Dasy Papathanasopoulou, Hellenic Healthy Cities Network
Discussant: Geraint Ellis, Belfast, Northern Ireland, United Kingdom

Abstract 238, Porto, Portugal: Eduardo de Oliveira Fernandes
Empowering society by creating healthy urban environments

Abstract 124, Belfast, Northern Ireland, United Kingdom: Gordon Clarke, Claire Pollock
The CHIPS project: improving air quality – cycle highways innovation for smarter people transport and spatial planning

Abstract 81, Sydney, Australia: Alana Crimeen
Healthy airports

Abstract 87, Modena, Italy: Daniele Biagioni
Urban forestation in Modena

B7: Smart technologies: designing inclusive public health interventions

Room 3A

Policy-makers have become increasingly aware of the need to engage the general population to be able to respond to future challenges in an inclusive way. Helping citizens to observe, understand and shape processes that adversely affect public health will ultimately lead to more effective policy choices. Smart technologies now provide new platforms to assist in this process.

Chair: Justine Daly, Belfast, Northern Ireland, United Kingdom
Discussant: Bryan Nelson, Belfast, Northern Ireland, United Kingdom

Abstract 159, Edinburgh, United Kingdom: Petra Biberbach, Cliff Hague
Technology, governance and volunteering: bridging the gap between people, place and participation

Abstract 58, Kuopio, Finland: Anni Riepponen
Supporting the oral health of youth and children by multidisciplinary digital intervention in Kuopio Public Oral Health Care

Abstract 98, Dublin, Ireland: Philip Crowe, Aoife Corcoran (two speakers)
Geddesian thinking in the 21st century: three experiments in participatory mapping by Space Engagers

Abstract 76, Turku, Finland: Karolina Mackiewicz
Participatory approaches in disease prevention and health promotion – let the user guide the development: the BaltCityPrevention project

B8: Using place to make a difference

Room 3B

This session explores how place and healthy place-making can be used to make a difference to people's lives. "A healthy city leads by example, with the social, physical and cultural environments aligned to create a place that is actively inclusive, and facilitates the pursuit of health and well-being for all."

The quote above is from the Copenhagen Consensus of Mayors vision Healthier and Happier Cities for All (February 2018). This document sees designing urban places that improve health and well-being as key to what a healthy city needs to be engaged with. Healthy place-making is very much part of a fully integrated agenda. The WHO Regional Office for Europe developed a roadmap to assist Member States with implementing the 2030 Agenda for Sustainable Development, building on Health 2020. This roadmap proposes the establishment of healthy places, settings and resilient communities as one of five strategic directions. Enabling measures are: investment for health; multi-partner cooperation; health literacy, research and innovation and monitoring and evaluation. In this session, we want all attendees to think through the wide variety of approaches available for cities to explore and to implement.

Chair: Carol Ramsey, Belfast, Northern Ireland, United Kingdom
Discussant: Marcus Grant, Senior Adviser, WHO European Healthy Cities Network

Abstract 114, Glasgow, United Kingdom: John Howie
The place standard: how good is your place?

Abstract 34, Bristol, United Kingdom: Laurence Carmichael
Environment and health for European cities in the 21st century: empowering cities in international governance to make a difference

Abstract 123, Sheffield, United Kingdom: Geoff Green
Social return on investment in housing modernization

Abstract 62, Malmö, Sweden: Marianne Dock
Knowledge alliances connected to place

16.00 Tuesday 2 October

16.00 – 16.30: Break

16.30 Tuesday 2 October 2018

Parallel Session C

16.30–18.00: Learning through practice C1: Peace journeys: building resilient communities in Northern Ireland Auditorium Russian translation	16.30–18.00 Learning through practice C2: Empowering older people: active participation for healthier lives Room 1B	16.30–18.00 Learning through practice C3: Leaving no one behind: inclusive approaches towards universal well-being Hall 2B Spanish translation	16.30–18.00 Learning through practice C4: Active travel and transit Room 2A
16.30–18.00 Learning through practice C5: Promoting healthy and active environments. Room 2B	16.30–18.00 Learning through practice C6: Improving the health of children through urban design Room 3A	16.30–18.00 Learning through practice C7: Inspiring change: inclusive arts for health and well-being Room 3B	16.30–18.00 Meeting C8: Environment and Health Working Group meeting Hall 2A Turkish translation

Parallel Session C: Presenters

Parallel Session C- 16.30 – 18.00 Tuesday 2 October 2018

C1: Peace journeys: building resilient communities in Northern Ireland *Auditorium - Russian translation*

It has been 20 years since the Peace Agreement was signed that formally ended the Northern Ireland conflict. Although various peace-building programmes have since been introduced, the legacy of the conflict remains a challenge to be dealt with. Intercommunal strife and residential segregation based on community affiliation have not gone away. Initiatives that contribute to more positive community relations therefore still have an important role to play within Northern Ireland society

Chair: Ruth Hunter, Belfast, Northern Ireland, United Kingdom
Discussant: Brendan Mulgrew, Belfast, Northern Ireland, United Kingdom

Abstract 256, Belfast, Northern Ireland, United Kingdom: Eva Urban
Building peace and inclusive communities in Northern Irish theatre: healing divisions in Kabosh's Green and Blue and Lives in Translation

Abstract 26, Lisburn, Northern Ireland, United Kingdom: Adrian Bird
After conflict: one community's journey to peace

Belfast, Northern Ireland, United Kingdom: Jacqueline Irwin
Monitoring Peace: Why and how? The background story to the Northern Ireland Peace Monitoring Project

C2: Empowering older people: active participation for healthier lives *Room 1B*

Societies across the globe are ageing: it is estimated that by the middle of the century in many high-income countries, one third of the population will be 60 years or older. This anticipated increase in the number of older people

highlights the need to make sure that older citizens are included within the wider society and are less dependent on health facilities. Age-friendly planning and governance structures contribute to more active and healthier lifestyles for older people, thereby reducing pressure on the public health sector.

Chair: Pascal Bisscheroux, Rotterdam, Netherlands
Discussant: Manfred Huber, WHO Regional Office for Europe

Abstract 68, Belfast, Northern Ireland, United Kingdom: Elma Greer
Age-friendly Belfast – a brief overview

Abstract 103, Lisbon, Portugal: Nuno Veludo
Physical activity and older people – integrated city response to promote the quality of life

Abstract 192, Belfast, Northern Ireland, United Kingdom: Sylvia Moore
Greater Belfast Seniors' Forum – an innovative, intersectoral, participatory partnership advocating for the place of older people in our city, our peace and our prosperity

C3: Leaving no one behind: inclusive approaches towards universal well-being **Hall 2B - Spanish translation**

Access to suitable health facilities for all citizens is instrumental for achieving universal health and well-being across the population. However, vulnerable groups often miss out on health support due to lack of knowledge or opportunities to access facilities. The development of tailored programmes for reaching and providing health support to such groups more effectively would contribute to the inclusiveness of public health systems.

Chair: Murat Ar, Turkish Healthy Cities Association
Discussant: David Stewart, Belfast, Northern Ireland, United Kingdom

Abstract 257, Modum, Norway: Jurunn Killingstad, Malin Maurset (two speakers)
Leisure time as part of the systematic public health promotion: experiences from the Municipality of Modum, Norway

Abstract 261, Galway, Ireland: Catherine Anne Field, Saoirse NicGabhainn
Galway healthy city strategy to prevent and reduce alcohol-related harm: evaluation findings

Abstract 63, Belfast, Northern Ireland, United Kingdom: Sherlyn Logue
Giving priority to the participation of experts by experience in decisions that affect them

C4: Active travel and transit **Room 2A**

“A healthy city leads by example, with the social, physical and cultural environments aligned to create a place that is actively inclusive, and facilitates the pursuit of health and well-being for all.”

The quote above is from the Copenhagen Consensus of Mayors vision Healthier and Happier Cities for All (February 2018). In this vision, place occupies a pivotal role between planet and people, linking human, social and urban development together. This session allows cities to discuss place through the lens of active travel and transit.

Chair: Nalan Fidan, Bursa, Turkey
Discussant: Marcus Grant, Senior Adviser, WHO European Healthy Cities Network

Abstract 258, Belfast, Northern Ireland, United Kingdom: Andrew Grieve
Walking the walk on active travel

Abstract 224, Belfast, Northern Ireland, United Kingdom: Chris Karelse
Promoting active travel within communities

Abstract 7, Quezon City, Philippines: Angelo Paulo Mogul
The TOD suitability index (TSI): establishing a method for selecting sites suitable for transit-oriented developments (TOD)

C5: Promoting healthy and active environments **Room 2B**

The creation of built environments that promote active and healthy lifestyles is a complex task that requires a multitude of disciplines to come together to develop a shared understanding of the impact of the built environment on health. It also requires close cooperation between the public sector and partners from the academic and private sectors to achieve well-informed policies and interventions

Chair: Nigel McMahon, Belfast, Northern Ireland, United Kingdom
Discussant: Geoff Green, Senior Adviser, WHO European Healthy Cities Network

Abstract 287, Bicester, United Kingdom: Rosie Rowe
Bicester Healthy New Town programme: a whole system approach to healthy place-making

Abstracts 188 and 169, Belfast, Northern Ireland, United Kingdom: Geraint Ellis
Understanding evidence-policy interactions for an age-friendly city: a case study of Belfast
The governance of the age-friendly city: emerging findings from Belfast

Abstract 333, Brisbane, Australia: Mimi Tsai
Ageing and dwelling: residents' healthful landscape experiences in Australian aged care facilities

C6: Improving the health of children through urban design **Room 3A**

The United Nations Convention on Right of the Child has enshrined a child's right to play, but often a lack of suitable spaces for children to play outdoors unattended means that this right is being restricted. In addition, children are often overlooked when planning and designing the urban environment despite the importance of outdoor play for children's healthy development. Urban environments that encourage playful activities not only contribute to children's health but can also improve the health of adults, particularly older people.

Chair: Julie Steffler, WHO European Healthy Cities Network
Discussant: Russell Jones, Glasgow, Scotland, United Kingdom

Abstract 106, Falu, Sweden: Birgitta Matsson, Annie-Maj Johansson (two speakers)
Students' participation and influence in designing school grounds

Abstract 161, London, United Kingdom: Alison King
A child's right to play: designing healthy and accessible play in the city

Abstract 285, Udine, Italy: Stefania Pascut
Play and the city: an innovative paradigm for social inclusion, sustainability and place-making

C7: Inspiring change: Inclusive arts for health and well-being **Room 3B**

Participation in cultural activities can promote the well-being of people by increasing social inclusion, enhancing self-confidence and developing skills that are useful for the employment market. These outcomes can all act to improve health and well-being. Participation in cultural activities can be particularly helpful for vulnerable people, who might face challenges with social participation and skills development.

Chair: Ingunn Søndergaard Jacobsen, Horsens, Denmark
Discussant: John Ashton, Senior Advisor WHO European Healthy Cities Network

Abstract 199, Carlisle, England, United Kingdom: Darren Crossley, Catherine Coulthard
Supporting inclusive arts for health and well-being

Abstract 119, Horsens, Denmark: Inge Kristiansen
Horsens Healthy City: human growth through participation in culture groups

Abstract 158, Rijeka, Croatia: Jadran Mandekic
i-Fest – creativity festival for children and adults with disabilities in Rijeka

C8: Environment and Health Working Group meeting **Hall 2A - Turkish translation**

Committing the Healthy Cities Network work to the Ostrava WHO Ministerial Declaration on Environment and Health, several cities joined the Environment & Health working group in 2018. This is the first meeting of the working group whose aim is to link with the Environment and Health Task Force and other WHO initiatives, globally and locally, in addressing environment and health challenges.

Facilitator: Miriam Weber, Utrecht, Netherlands

17.45 Tuesday 2 October

17.45 – 18.30: Hall 1
Choir Practice – Celebrate 30 years of Healthy Cities in song

18.30 Tuesday, 2 October 2018

18.30: Delegates leave Riverside entrance of Belfast Waterfront to walk to City Hall

19:00–21:00: Civic Reception, City Hall, Belfast
Council Member: Deputy Lord Mayor of Belfast, Councillor Emmet McDonagh Brown
Music by Amy McAllister, vocalist and harpist
Music by Conor Taggart

Wednesday 3 October 2018

Physical Activity Session

Physical activity session

7.30: Morning walk, Belfast Waterfront, Riverside entrance, Belfast Waterfront

8.00 Wednesday 3 October 2018

8.00: Registration, Riverside entrance, Belfast Waterfront

8.30 Wednesday 3 October 2018

8.30–10.00: Plenary 3: Planet and Prosperity

Auditorium

Russian, Spanish and Turkish translation

This plenary session will be built around the Planet and Prosperity themes of the Copenhagen Consensus of Mayors: Healthier and Happier Cities For All. The session will link People, their health and well-being to the Places where they live, and to the Planet, which provides the resources and support on which our very existence depends. In this complex and intertwined context, many European Healthy Cities are at the forefront of addressing themes such as the circular economy and the re-thinking of urban spaces in an effort to turn the urban challenges of the 21st century into opportunities that can deliver multiple benefits. This inspiring work can integrate different dimension of the urban political agenda, bringing together important policy objectives related to health, environment, quality of urban life and efficient use of resources, and this session will aim to explore that.

Co-chair: Katrina Godfrey, Permanent Secretary, Department for Infrastructure, Northern Ireland, United Kingdom

Co-chair: Dr Pirooska Ostlin, Director Policy and Governance for Health and Well-being, WHO Regional Office for Europe

Circular economy: opportunities and challenges for cities

Janez Potočnik

Presentation:

Back to the future in Utrecht: rethinking European cities for people, health and well-being at the time of the Sustainable Development Agenda

Vice Mayor Victor Everhardt, Utrecht, Netherlands

Panel discussion:

Brigit Staatsen, RIVM, Netherlands

Professor Jonathan Patz, Director of Global Environmental Health, University of Wisconsin, Madison, USA

Tom Andrews, Director, Sustainable Food Cities, United Kingdom

10.15 Wednesday, 3 October 2018

10.15: Delegates to leave city side entrance, Belfast Waterfront for site visits

Tea and coffee will be served on arrival at site visits

People

1 Innovative approaches to medicine	2 Regional Trauma Unit, Royal Victoria Hospital	3 Diversity in South Belfast
Host: Cancer Centre at Belfast Health and Social Care Trust and Macmillan Support and Information Centre, including a visit to the Botanic Gardens	Host: Emergency Department, Royal Victoria Hospital, Belfast Health and Social Care Trust, including a historical tour of the community	Host: Chinese Welfare Association and South Belfast Partnership Board, including a visit to Ormeau Park
Places available: 20	Places available: 20	Places available: 20
Lunch venue: Ulster Museum	Lunch venue: Howard Street Restaurant	Lunch venue: Titanic Hotel

Place

4 Shaping the future development of Belfast, a local development plan	5 Connswater Community Greenway	6 Supported housing for people living with dementia and developing dementia-friendly communities	7 Public health tour of Belfast
Host: Belfast City Council, including a tour of Belfast's Cathedral Quarter	Host: Eastside Visitors Centre, including a walk or cycle along the greenway	Host: Belfast Health and Social Care Trust in partnership with Clanmil Housing Association, Radius Housing, including a guided historical tour of the local area	Host: Belfast Healthy Cities, including a walking tour of Belfast city centre
Places available: 30	Places available: 40	Places available: 75	Places available: 25
Lunch venue: The MAC	Lunch venue: Eastside Visitors Centre	Lunch venue: Salt Bistro	Lunch venue: Clifton House

Participation

8 Treating conditions – exercise through prescriptions	9 W5 Science Centre	10 Early years: intervention approaches in Shankill	11 Belfast – an age-friendly city	12 Belfast – A UNESCO Learning City
Host: Active Belfast, Public Health Agency, including a tour of Windsor Park	Host: W5, including a walking tour of Titanic Quarter	Host: Greater Shankill Partnership, including a walking tour of Shankill Road	Host: Healthy Ageing Strategic Partnership, including participation in a tea dance	Host: Footprints Women's Centre, including a tour of west Belfast
Places available: 40	Places available: 50	Places available: 25	Places available: 30	Places available: 30
Lunch venue: Windsor Park	Lunch venue: Titanic Hotel	Lunch venue: The Foundry Café, Spectrum Centre	Lunch venue: James Street South Bar and Grill	Lunch venue: Hadskis

Prosperity

13 Sustainable growth – a city region deal	14 Prosperity along the River Lagan
Host: Belfast City Council, including a tour of Belfast City Hall	Host: Department for Communities, including a boat tour of the River Lagan
Places available: 30	Places available: 25
Lunch venue: Coco	Lunch venue: The Dark Horse

Planet

16 Institute for Global Food Security	17 Bryson Recycling – leading social enterprise
Host: Queen's University Belfast, including a guided tour of Queen's University	Host: Bryson Charity, Mallusk, including a guided tour of the north Belfast with panoramic views of Belfast
Places available: 25	Places available: 30
Lunch venue: Deanes at Queens	Lunch venue: Belfast Castle

Peace

19 A Care Zone in north Belfast	20 Health and housing	21 Creating a shared city
Host: Care Zone, including a visit to Belfast Castle	Host: Northern Ireland Housing Executive, including a bus tour of Belfast	Host: Girdwood Community Hub, including a visit to Crumlin Road Gaol
Places available: 25	Places available: 50	Places available: 40
Lunch venue: Crumlin Road Gaol	Lunch venue: Café Parisian	Lunch venue: Crumlin Road Gaol

13.15 - 14.30: Lunch, Waterfront Hall, for delegates not attending a Site Visit

Parallel Session D

14.30–16.00 Learning through practice D1: Empowering people for improved mental well-being: collaborative approaches Room 1B	14.30–16.00 Strategic workshop D2: Nature and health: the contribution of place-making Room 2A	14.30–16.00 Learning through practice D3: Young people's personal journeys: NEET (not in education, employment or training) solutions Hall 2B Spanish translation	14.30–16.00 Learning through practice D4: Co-production: enhancing sustainable communities Room 2B
14.30–16.00 Learning through practice D5: Taking action: hard-to-reach groups Auditorium Turkish translation	14.30–16.00 Learning through practice D6: Equity and inclusion: urban, regional and national initiatives Room 3A Room 2B	14.30–16.00 Learning through practice D7: Engagement and prevention strategies: measuring the impact Room 3B	14.30–16.00 Strategic workshop D8: Environment and health Hall 2A Russian translation

Parallel Session D: Presenters

Parallel Session D- 14.30 – 16.00 Wednesday 3 October 2018

D1: Empowering people for improved mental well-being: collaborative approaches Room 1B

People who are emotionally healthy are generally better able to cope with life's challenges, build strong relationships and recover from setbacks. Empowering people to support their emotional well-being and to become more resilient to adversity, trauma and stress is key to preventing mental health problems from developing.

Chair: Elizabeth Mitchell, Belfast, Northern Ireland, United Kingdom
Discussant: Oleg Sergeyev, Chapaevsk, Russian Federation

Abstract 130, Rijeka, Croatia: Jadran Mandekic
Mentalfest – a festival of mental health in Rijeka.

Abstract 222, Frederiksberg, Denmark: Lone Brink Rasmussen
Promoting mental health through social interaction and mental well-being and measuring mental health in existing health initiatives may improve mental health in local communities

Abstract 255, Waterford, Ireland: Deirdre Lindy
#KindWaterford – kindness through collaboration and participation.

Abstract 80, Belfast, Northern Ireland, United Kingdom: Maria Morgan, Linda Armitage, Margaret Walker (three speakers)
Top Tips for Looking After Yourself – a tool to help build emotional resilience.

D2: Nature and health: the contribution of place-making Room 2A

"A healthy city leads by example, with the social, physical and cultural environments aligned to create a place that is actively inclusive, and facilitates the pursuit of health and well-being for all."

The quote above is from the Copenhagen Consensus of Mayors vision Healthier and Happier Cities for All (February 2018). In this vision, place occupies a pivotal role between planet and people, linking human, social and urban development together.

This session enables cities to discuss place through the lens of nature and its contribution to health and health equity.

Chair: Carol Ramsey, Belfast Northern Ireland, United Kingdom
Discussant: Laurence Carmichael, Bristol, England, United Kingdom

Abstract 187, Belfast, Northern Ireland, United Kingdom: Ruth Hunter
Systematic review of the environmental, health, well-being and equity effects of urban green space interventions: recommendations for policy-makers, practitioners and researchers

Abstract 113, Jerusalem, Israel: Miri Reiss
Urban nature sites as a health resource in Jerusalem

Abstract 1, France: Zoë Heritage
Health in all policies, urban green spaces and health: the GREENH-City research project with the members of the French Healthy Cities Network

D3: Young people's personal journeys: NEET (not in education, employment or training) solutions **Hall 2B - Spanish translation**

The growing reliance of developed economies on the service sector means that young people not in education, employment or training (NEET) find it increasingly difficult to sustain themselves and fully participate in society. The social exclusion and marginalization of young people is not only a financial burden for society but leads to a human cost that is much more difficult to address.

Chair: Danny McQuillan, Belfast, Northern Ireland, United Kingdom
Discussant: Justine Daly, Belfast, Northern Ireland, United Kingdom

Abstract 45, Kuopio, Finland: Eija Tanninen-Komulainen
Happy:D – social inclusion and well-being for young people through design

Abstract 138, Turku, Finland: Matti Mäkelä
Youth guarantee in Turku, Finland: vision, results and best practices

Abstract 154, Belfast, Northern Ireland, United Kingdom: Stephen Atkinson
Health, wealth and happiness: young people extending their choices for learning and work in Belfast

D4: Co-production: enhancing sustainable communities **Room 2B**

There is growing acknowledgement that building healthy and sustainable communities requires collective action. A challenge remains in identifying inclusive models of governance in which citizens move away from being passive recipients of service delivery to being truly engaged in the decision-making processes. Co-production offers a framework for effecting such a shift in governance models.

Chair: Nigel McMahon, Belfast, Northern Ireland, United Kingdom
Discussant: Greg Stratton, Dublin, Ireland

Abstract 129, Antrim and Newtownabbey, Northern Ireland, United Kingdom: Alison Briggs, Wendy Brolly
Co-production: how to remove barriers that prevent people from participating in the decisions affecting their lives – Duneane Collective case study

Abstract 254, Newtownabbey, Northern Ireland, United Kingdom: Gavan Rafferty
Inclusive engagement for co-producing healthy places: reflections from research and practice

Abstract 288, Yarmouk, Kuwait: Ghassan Alothman
Yarmouk Healthy City: reviving community engagement for a multisectoral impact

D5: Taking action: hard-to-reach groups **Auditorium - Turkish translation**

Public health-care systems around the globe have often been established for the purpose of providing good-quality care to all citizens, without due attention to gender, social or economic background. Some groups of people experience more difficulties in accessing health care than others. This deficit in health-care provision is particularly evident for immigrants, who often face social and economic marginalization and might lack knowledge about the structure of public health-care systems. These three case studies explore different approaches to increasing access to health care for hard-to-reach groups such as immigrants.

Chair: Inci Caliskan, Eskisehir, Turkey
Discussant: Bernadette Cullen, Belfast, Northern Ireland, United Kingdom

Abstract 185, Gaziantep, Turkey: Murat Ar
Role of municipalities in Turkey on economic and social development: current status and activities of the Metropolitan Municipality of Gaziantep

Abstract 332, Farsala, Greece: Kyriaki Panagiotopoulou
Strategic planning and actions on Roma integration in the Municipality of Farsala

Abstract 180, Cork, Ireland: Denise Cahill
Traveller women's perspectives on the underlying causes of their food choices: an interagency partnership working towards an alternative health education discourse and practice

D6: Equity and inclusion: urban, regional and national initiatives **Room 3A**

The emergence of health inequalities within society can often be linked to the existence of structural social inequalities, particularly factors that make it difficult for deprived people to escape deprivation. Addressing these factors should therefore act as a prerequisite for tackling health inequalities. This is particularly important in early childhood services which, if successful, can contribute to reducing the risks for children from deprived backgrounds developing a poor health record in early life. These three case studies explore initiatives at various governance levels that seek to address social inequalities among children to provide them with increased future life opportunities.

Chair: Raimonda Daksa, Jurmala, Latvia
Discussant: Cllr Lee Sherriff, Carlisle, England, United Kingdom

Abstract 50, Swansea, United Kingdom: Nina Sunthakar Williams
Narrowing the gap in speech and language and communication skills in readiness for school in Abertawe Bro-Morgannwg (Swansea, Neath, Port Talbot and Bridgend)

Abstract 44, Gothenburg, Sweden: Elisabeth Bengtsson
Reducing school failures – the road to health and regional development

Abstract 36, Beer Sheva, Israel: Dan Dekel-Markovich
Caries prevention in maternal and child health centres in deprived areas in Israel

D7: Engagement and prevention strategies: measuring the impact **Room 3B**

Key elements that underlie any attempt to make public health strategies more effective are the development and understanding of the population's health needs and the involvement of target groups in the planning of public health interventions. However, challenges remain around developing a set of indicators that reliably measure the impacts of community engagement models.

These four case studies explore various community engagement models in the health sector and attempt to identify a practical framework for measuring their impact.

Chair: Brianna Connaughton, Galway, Ireland
Discussant: David Stewart, Belfast, Northern Ireland, United Kingdom

Abstract 105, Glyfada, Greece: Evanthia Evangelou
Quality of life of local social service users in the Municipality of Glyfada, Attica, Greece: results of a pilot case study

Abstract 314, Newtownabbey & Belfast, Northern Ireland, United Kingdom: Karen Casson, Patricia Gillen (two speakers)
Monitoring, measuring and evaluating the impact of personal and public involvement in health and social care in Northern Ireland

Abstract 302, Victoria, Canada: Diana Gresku, Victoria Barr (two speakers)
Measuring outcomes at multiple levels: a Canadian evaluation framework for healthier communities

D8: Environment and health strategic workshop **Hall 2A - Russian translation**

Following the first meeting of the HCN working group on environment and health on 2nd October, this session aims at the provision of general information on the available tools and guidance documents that can support local actors in monitoring and assessment of environmental conditions and the related health impacts; and facilitate the establishment of appropriate measures and interventions.

Facilitator: TBC

16.00–16.30: Break
Participatory Art, Hall 1

Parallel Session E

16.30–18.00 Learning through practice E1: Investing in early years: collaborating for better outcomes for children Room 1B	16.30–18.00 Strategic workshop E2: Making co-design real: improving people's lives or still a challenge Room 2A	16.30–18.00 Learning through practice E3: Participation, inclusion and community for healthy places Hall 2A Russian translation	16.30–18.00 Learning through practice E4: Living well with dementia: inclusive responses Auditorium Turkish translation
16.30–18.00 Learning through practice E5: Natural capital: promoting environmental sustainability Room 2B	16.30–18.00 Learning through practice E6: Capacity and skills to reduce inequalities Hall 2B Spanish translation	16.30–18.00 Learning through practice E7: Building resilience: tools and self-help Room 3A	16.30–18.00 Training E8: Place Standard Tool Part 1 Room 3B

Parallel session E: Presenters

Parallel Session E - 16.30 – 18.00 Wednesday 3 October 2018

E1: Investing in early years: collaborating for better outcomes for children
Room 1B

Early childhood years are hugely significant in terms of safeguarding children's health and well-being and their academic and social development in later life. The quality of the education settings and home learning environments, including the support parents provide, can strongly influence the development outcomes of children. Investing in good-quality services for children, parents and caregivers is therefore of paramount importance for increasing levels of well-being.

Chair: Judy Cronin, Cork, Ireland

Discussant: Bernadette Cullen, Belfast, Northern Ireland, United Kingdom

Abstract 21, Zagreb, Croatia: Dorja Vočanec

Development of early childhood investment policy in Croatia

Abstract 136, Belfast, Northern Ireland, United Kingdom: Roisin McCooey, Kevin Duggan (two speakers)

Empowering Sure Start families in Northern Ireland – partnership and collaboration makes Sure Start work to give every child the best possible start in life

Abstract 226, Dublin, Ireland & Belfast, Northern Ireland, United Kingdom: Majella McCloskey, Aisling Sheenhan (two speakers)

Empowering parents and using evidence to improve child and family outcomes in Ireland and Northern Ireland: a US\$ 200 million investment in early intervention

E2: Making co-design real: improving people's lives or still a challenge?
Room 2A

Public health systems can often benefit from knowledge and experience that rest within communities as opposed to health professionals determining the most effective approaches in improving public health outcomes in atypical target groups. The co-design approach enables a wide range of people to make a creative contribution in the formulation of healthcare solutions by acting as experts of lived experiences.

Chair: Denise Cahill, Cork, Ireland

Discussant: Zoë Heritage, French Healthy Cities Network

Abstract 168, Setúbal, Portugal: Raquel Levy

Nosso Bairro Nossa Cidade – promoting life conditions in Setúbal's neighbourhood Bela Vista

Abstract 69, Belfast, Northern Ireland, United Kingdom: Sandra McCarry

Supporting the participation of family carers in Belfast – moving beyond the tick box

Abstract 125, Belfast, Northern Ireland, United Kingdom: Kerry Farrell

Building the Community-Pharmacy Partnership – bringing pharmacy and community together to tackle health inequalities

E3: Participation, inclusion and community for healthy places **Hall 2A -Russian translation**

“A healthy city leads by example, with the social, physical and cultural environments aligned to create a place that is actively inclusive, and facilitates the pursuit of health and well-being for all.”

The quote above is from the Copenhagen Consensus of Mayors vision Healthier and Happier Cities for All (February 2018). In this vision, place occupies a pivotal role between planet and people, linking human, social and urban development together.

This session enables cities to discuss healthy place-making as mediated by participation, inclusion and community.

Chair: Ruth Hunter, Belfast, Northern Ireland, United Kingdom

Discussant: Carol Ramsey, Belfast, Northern Ireland, United Kingdom

Abstract 232, Oxford, United Kingdom: Azul Strong Corcoran

Barton Healthy New Town – an asset- and population-based approach providing equal opportunity for good physical and mental health and well-being

Abstract 230, Chapayevsk, Russian Federation: Oleg Sergeyev

Decrease of PYLL-65 after a city remediation programme and throughout Chapaevsk's participation in the WHO European Healthy Cities Network

Abstract 335, Bursa, Turkey: Nalan Fidan

Participatory approach to define environmental problems in Bursa and an environment management action plan

E4: Living well with dementia: inclusive responses

Auditorium - Turkish translation

Dementia prevalence rates are increasing due to a globally ageing population, triggering policy-makers to include the provision of supportive and enabling environments for people with dementia in health strategies and programmes. The social and physical environment and the design of the care system can support people with dementia and their caregivers in coping better with their condition and improving their quality of life.

Chair: Geoff Green, Senior Adviser, WHO European Healthy Cities Network

Discussant: Manfred Huber, WHO Regional Office for Europe

Abstract 94, Turku, Finland: Katarina Kaipainen

Reading messengers and culture godparents

Abstract 300, Manchester, England, United Kingdom & Belfast, Northern Ireland, United Kingdom: Emma

Ferguson-Coleman, Alice Johnston, Fiona Brown (three speakers)

Supporting deaf people living with dementia in Belfast: cultural considerations

Abstract 90, Modena, Italy: Daniele Biagioni

Our House/Ca' Nostra: an innovative project of home-based health care

Abstract 329, Cambridge, England, United Kingdom: Stefanie Buckner

Evaluating dementia-friendly cities and communities

E5: Natural capital: promoting environmental sustainability

Room 2B

Natural capital can be defined as all the “elements of nature that directly and indirectly produce value or benefits to people” (United Kingdom Natural Capital Committee). The relationship between human society and natural spheres is often seen in terms of resources, but policy-makers are becoming acutely aware of the risks involved in depleting our natural environment beyond a limit from which it cannot recover.

Chair: Marco Martussi, WHO Regional Office for Europe

Discussant: Geraint Ellis, Belfast, Northern Ireland, United Kingdom

Abstract 52, Tunbridge Wells, England, United Kingdom: Luke Engleback

Natural capital health and well-being

Abstract 253, Calgary, Canada: Dylan McLernon

Beehabilitation on spaceship earth

Abstract 269, Jerusalem, Israel: Milka Donchin

Promoting healthy urban nutrition policy – guidelines for implementing a healthy, equitable, sustainable and safe food and nutrition policy

E6: Capacity and skills to reduce inequalities

Hall 2B - Spanish translation

People from deprived backgrounds often suffer disproportionately from urban conditions that adversely affect health and well-being. At the same time, this group of people do not benefit proportionally from interventions that aim to improve public health. Improved knowledge and skill sets can help disadvantaged people to address this gap in healthy living conditions,

Chair: Benny Sell, Lolland, Denmark

Discussant: Elizabeth Mitchell, Belfast, Northern Ireland, United Kingdom

Abstract 227, Brussels, Belgium: Ingrid Stegeman

The INHERIT project: identifying what works to enable and empower people to behave their way to more environmentally sustainable, healthier and more equitable societies

Abstract 259, Belfast, Northern Ireland, United Kingdom: Anne McCusker

Reducing inequalities: getting results

Abstract 16, Oslo, Norway & Copenhagen, Denmark: Ingvild Little, Charlotte Lisager Petersen (two speakers)

Scandinavian partnership to strengthen the soft skills of public health change agents

E7: Building resilience: tools and self-help

Room 3A

Resilience refers to a person's capacity to handle difficulties, demands and pressure without experiencing negative effects. Strong social networks and high levels of mental well-being generally make people more resilient. The promotion of resilience among the population can help to make people less dependent on public health facilities and can therefore help to unburden public health systems.

Chair: Michael Gibbs, Belfast, Northern Ireland, United Kingdom

Discussant: Heini Parkkunen, Turku, Finland

Abstract 120, Horsens, Denmark: Ingunn Søndergaard Jacobsen

Help to self-help – local based empowerment in Horsens Healthy City

Abstract 299, Belfast, Northern Ireland, United Kingdom: Fiona Murphy, Mandy Cowden

Earning through practice: how can we address loneliness?

Abstract 201, Belfast, Northern Ireland, United Kingdom: Helen Poston

Promoting health and well-being in local libraries: demonstrating how libraries provide people with the support and skills to become part of their community

E8: Place Standard Tool Part 1

Room 3B

The purpose of this session is to introduce the participant to theory behind and the implementation of the place standard tool through practical application.

Facilitator: John Howie and Eive Curry, Glasgow, Scotland, United Kingdom

19.00 Wednesday, 3 October 2018

19.00–22.00: Politicians' dinner, Malone House, Barnett Demesne (Invitation only)

The Lord Mayor of Belfast, Councillor Deirdre Hargey

Shuttle buses will be available. See transport information page in the delegate pack.

Music by Belfast String Quartet

Thursday 4 October 2018

7.15 Thursday 4 October 2018

7.15: Breakfast seminar tbc

Role of the NGO and community sector in Northern Ireland

Chair: Nora Smith, Chief Office co3 (third sector)

Panel: representatives of social enterprises, NGOs and community sectors

8.15 Thursday, 4 October 2018

8.15 – 10.00: Plenary 4: People and Place

Auditorium

Russian, Spanish and Turkish translation available

Harmony Choir, North Belfast Schools

Harmony North project aims to bring together ten choirs from North Belfast to sing a commissioned piece.

This plenary session will be built around the People and Place themes of the Copenhagen Consensus of Mayors: Healthier and Happier Cities For All. It will explore the role of cities in contributing to the sustainable future for both people and our places within which we live, that is called for by the United Nations 2030 Agenda for sustainable Development. It will focus on the crucial role that food and food systems play within this future. Food is crucial for societies and communities, and is a cross-cutting theme throughout the work of the WHO European Healthy Cities Network, central to improving health and well-being and reducing inequalities. Reliable, sustainable, and ecological food systems are crucial in ensuring both health and food security, preparing societies and communities for shocks, and reconciliation, and contribute to building societal cohesion and resilience.

Chair: tbc

Co-chair: Peter May, Permanent Secretary, Department for Justice, Northern Ireland

Keynote and panel

Food, justice and sustainability - healthy cities thriving communities

Geoff Tansey, Curator, Food Systems Academy; Member, Food Ethics Council

10.00 Thursday 4 October 2018

10.00 – 10.30: Break

10.30 Thursday 4 October 2018

Parallel Session F

10.30–12.30 Learning through practice F1: Healthy city stories: around the world 2 Hall 2B Turkish translation	10.30–12.30 Learning through practice F2: Entry points for healthy places: architecture and urban design Room 1B	10.30–12.30 Learning through practice F3: Giving children a voice: successful tools Room 2A	10.30–12.30 Learning through practice F4: Health literacy: a means to improve health outcomes Hall 2A Russian translation
10.30–12.30 Learning through practice F5: Defining indicators: multisectoral approaches to data collection Room 2B	10.30–12.30 Learning through practice F6: Collaboration: central to developing successful and inclusive city health policies Auditorium Spanish translation	10.30–12.30 Learning through practice F7: Climate change: risk assessment and positive responses Room 3A	10.30–12.30 Training F8: Place Standard Part 2 Room 3B

F1: Healthy city stories: around the world 2
Hall 2B, Turkish translation

Successful healthy cities have strong political leadership, are centres of good practice and are in a unique position to learn and share knowledge, insight and inspiration in a spirit of solidarity. Healthy cities share a vision for urban health that puts people and their health and well-being at the centre of all policies and actions. This is the second session of three sessions that highlight the progress and impact that has been achieved as part of the last 30 years of the Healthy Cities programme.

Chair: Karen Casson, Belfast, Northern Ireland, United Kingdom
Discussant: Geoff Green, Sheffield, England, United Kingdom

Abstract 337, Taipei, Taiwan, China: Hsien-wen Kuo
The development and achievement of a healthy cities network in Taiwan, China: sharing leadership and partnership building

Abstract 156, Almaty, Kazakhstan: Valikhan Akhmetov; Altyn Aringazina (two speakers)
Almaty as the initiator of healthy cities in Kazakhstan

Abstract 92, Samar Elfeky, Cairo, Egypt
The Eastern Mediterranean Regional Healthy City Network, a platform for multisectoral action for health and well-being

Abstract 341, Belfast, Northern Ireland, United Kingdom: to be confirmed
Belfast: sustaining and celebrating 30 years of healthy cities

F2: Entry points for healthy places: architecture and urban design
Room 1B

“A healthy city leads by example, with the social, physical and cultural environments aligned to create a place that is actively inclusive, and facilitates the pursuit of health and well-being for all.”

The quote above is from the Copenhagen Consensus of Mayors vision Healthier and Happier Cities for All (February 2018). In this vision, place occupies a pivotal role between planet and people, linking human, social and urban development together.

This session allows cities to discuss ‘place’ the concept of ‘entry points’ in architecture and urban design for healthy places.

Chair: John Ashton, Senior Adviser, WHO European Healthy Cities Network
Discussant: Geraint Ellis, Belfast, Northern Ireland, United Kingdom

Abstract 126, Bristol, England, United Kingdom: Marcus Grant
Healthy place-making: finding our strengths

Abstract 59, Bristol, England, United Kingdom: Emily Prestwood
Healthy buildings for a healthy city: is the public health evidence base informing current building policies? The implementation gap in the United Kingdom today

Abstract 200, Bristol, England, United Kingdom: Louis Rice
Healthy architecture: a conceptual framework for the integration of public health into the architectural profession

F3: Giving children a voice: successful tools
Room 2A

Engaging children promotes citizenship and develops ideas that provide the opportunity to develop projects on issues that directly affect their lives and in a way that addresses their needs. Cities use creative methods of engagement, including digital tools, to develop proposals that will improve the environment, lifestyles and citizenship. Schools play a key role in promoting citizenship.

Chair: Brian Nelson, Belfast, Northern Ireland, United Kingdom
Discussant: Diane McIntyre, Belfast, Northern Ireland, United Kingdom

Abstract 205, Belfast, Northern Ireland, United Kingdom: Chris Karelse
Healthy Places, Healthy Children – a teaching resource to support a child-led, creative approach to designing healthy and child-friendly places and structured engagement with local decision-makers to affect change

*Abstract 93, Turku, Finland: Mari Helin, Anri Niskala
A good everyday environment promotes well-being and facilitates encounters*

*Abstract 75, Turku, Finland: Karolina Mackiewicz
How to empower children from families with low income to take healthy choices in daily life with digital tools – the EmpowerKids project (Estonia, Finland and Latvia)*

F4: Health literacy: a means to improve health outcomes **Hall 2A - Russian translation**

Health literacy is being developed by a number of healthy cities, with many working to establish health literacy levels among various population groups, particularly those that experience inequalities. This session considers the approaches being used, the level of health literacy knowledge among professionals and plans in progress to improve health literacy levels.

*Chair: Ivana Draholova, Brno, Czech Republic
Discussant: Bernadette Cullen, Belfast, Northern Ireland, United Kingdom (to be confirmed)*

*Abstract 9, Stavropol, Russian Federation: Karen Amlaev
Project on increasing health literacy*

*Abstract 167, Beijing, China: Lil You
Effect of government-leading healthy city strategy on residents' comprehensive health literacy improvement: evaluation of Luzhou Healthy City in China*

*Abstract 11, Swansea, Wales, United Kingdom: Nina Sunthankar Williams
A call to arms – using the Director of Public Health's annual report to raise awareness of local health literacy and how it can affect health outcomes*

*Abstract 260, Belfast, Northern Ireland, United Kingdom: Anne McCusker
Health literacy: making life better*

F5: Defining indicators: multisectoral approaches to data collection **Room 2B**

The creation of reliable databases lies at the core of any effort to develop informed policy responses to complex societal challenges. The quality and range of the data collected often dictate the effectiveness of indicators adopted as part of public health strategies. Much can be gained from combining quantitative and qualitative datasets that provide information on a range of social determinants of health.

*Chair: Selma Sogoric, Zagreb, Croatia
Discussant: Elizabeth Mitchell, Belfast, Northern Ireland, United Kingdom*

*Abstract 27, Istanbul, Turkey: Handan Turkoğlu
Residential environments as a contributor to urban quality of life*

*Abstract 181, Cork, Ireland: Judy Cronin, Denise Cahill
A multisectoral approach to open data – Cork Healthy Cities brings key data providers together to enhance city profile information and data sharing*

*Abstract 64, Coimbra, Portugal: Angela Freitas
A place-based approach to healthy equity in Lisbon*

*Abstract 295/296, Beijing, China: Yuting Pan, Kaiyuan Min (two speakers)
Physical activity compliance rate and its relationship with the healthy city project: the healthy city project evaluation in Luzhou
Satisfaction with the healthy city project and its relationship with subjective well-being: evaluation in Luzhou*

F6: Collaboration: central to developing successful and inclusive city health policies **Auditorium - Spanish translation**

Strategic city plans are enhanced through the collaboration of sectors from across the city and through engagement with residents. Increased participation in actions being delivered by healthy cities is in evidence when users are enabled to participate in planning processes and in decisions around agreed actions. Implementing policies to improve health and well-being also requires participatory planning.

*Chair: Ursula Hübel, Vienna, Austria
Discussant: Elisabeth Bengtsson, Gothenburg, Sweden*

*Abstract 82, Järvenpää, Finland: Tero Seitsonen, Kristina Kariniemi-Örmälä
Good life in Jamppa – collaborative development and communality project in the Jamppa suburb in 2016–2017
implemented by Jamppa residents, with the city acting as platform*

*Abstract 166, Győr, Hungary: Maria Miklosyne Bertalanfy
Health development planning and implementation in Győr*

*Abstract 331, Agioi Anargyroi Kamatero, Greece: Angeliki Oikonomopoulou
Investing in the people through innovative, holistic approaches and using local resources: the example of the
Municipality of Agioi Anargyroi Kamatero*

*Abstract 46, L' Hospitalet del Llobregat, Spain: Cristina Santón
How to get citizens involved in designing and constructing a healthy city through communication and transversal
work*

F7: Climate change: risk assessment and positive responses Room 3A

Since the majority of the world's populations live in urban areas, climate change is increasingly a concern, with many cities focusing on developing adaptive response plans to minimize key urban risks and carrying out research with those who experience social and structural inequalities and who are most likely to experience the more negative effects of climate change. The Global Covenant of Mayors for Climate and Energy offers the opportunity for an intersectoral strategy creating healthy, sustainable and resilient environments.

*Chair: Emma Dixon, Carlisle, England, United Kingdom
Discussant: Nigel McMahon, Belfast, Northern Ireland, United Kingdom*

*Abstract 10, Glasgow, Scotland, United Kingdom: Russell Jones
Weathering change: community resilience in the face of climate change*

*Abstract 191, Cork, Ireland: Roberta Paranunzio
Urb-ADAPT: assessing vulnerability to climate-related impact in the Greater Dublin Region based on environmental
and socioeconomic data*

*Abstract 283, Udine, Italy: Stefania Pascut
Promoting sustainability and contrasting climate change in Udine*

*Abstract 43, Çankaya, Turkey: Ethem Torunoğlu
Building a resilient city by empowering women*

F8: Place standard tool training Part 2 Room 3B

The purpose of this session is to introduce the participant to theory behind and the implementation of the place standard tool through practical application. This session will build on Part 1 Training session

Facilitator: John Howie and Etive Curry, Glasgow, Scotland, United Kingdom

12.30 Thursday 4 October 2018

13.00: Moderated poster walk, Hall 1, Belfast Waterfront

12.30–14.00: Lunch

*Participatory Art, Hall 1
Universities meeting, Hall 2B, Belfast Waterfront*

Parallel Session G

14.00–15.30 Strategic workshop	14.00–15.30 Learning through practice	14.00–15.30 Learning through practice	14.00–15.30 Learning through practice
G1: Honing your professional skills	G2: Healthy place-making in the face of challenge	G3: Healthy city stories: around the world 3	G4: Equity: barriers and innovative approaches with vulnerable groups
Hall 2A Russian translation	Hall 2B Turkish translation	Auditorium Spanish translation	Room 3A
14.00–15.30 Learning through practice	14.00–15.30 Learning through practice	14.00–15.30 Meeting	
G5: Influencing the whole life-course through setting and place	G6: Building age-friendly communities	G7: Place & Health Working Group	
Room 2A	Room 2B	Room 3B	

Parallel session G: Presenters

Parallel Session G - 14.00 – 15.30 Thursday 4 October 2018

G1: Honing your professional skills: supporting cities through engaging with healthy cities research
Hall 2A - Russian translation

This highly interactive workshop supports participants in getting more value from research for healthy cities and other cities in the network. Participants will also look at the valuable experience that they have, as practitioners, for research and knowledge development. The workshop will help participants develop your own skills and confidence in reviewing new research.

Facilitator: Marcus Grant, Senior Adviser, WHO European Healthy Cities Network

G2: Healthy place-making in the face of challenge
Hall 2B - Turkish translation

The scope of this session will be to explore approaches to health and well-being through place in tough and unusual circumstances: to identify good practices and hear from others and review what has worked and why

Chair: Chris Karelse, Belfast, Northern Ireland, United Kingdom

Discussant: Stefania Pascut, Udine, Italy

Abstract 190, Belfast, Northern Ireland, United Kingdom: Mark Hackett

Rebuilding the fractured city and the urban work of Ashton Centre in inner north Belfast

Abstract 236, Eskisehir, Turkey: Nuran Zeren Gulersoy

Creating a sustainable settlement in an earthquake-risky area: the case of Eskisehir, Turkey

Abstract 3, Dublin, Ireland: Sile Ginnane

Using a collective, participatory citizen-led approach to drive inclusive urban design to enable diverse people to adopt healthy and active modes of transport around their cities

G3: Healthy city stories: around the world 3
Auditorium - Spanish translation

Healthy cities share a vision for urban health in which cities put people and their health and well-being at the centre of all their policies and actions. Healthy cities have strong political leadership, are centres of good practice and are in a unique position to learn and share knowledge, insight and inspiration in a spirit of solidarity. This is the first session of three sessions that will highlight the progress that has been achieved as part of the last 30 years of the Healthy Cities programme but also the challenges.

Chair: Natassa Kentepozidou, Municipality of Agioi Anargyroi, Greece

Discussant: Karolina Mackiewicz, Turku, Finland

Abstract 271, Swedish Healthy Cities Network: Kerstin Månsson

Mapping the state of the Swedish Healthy Cities Network

*Abstract 249, Dresden Leibniz Graduate School, Germany & Tongji University, Shanghai, China: Jiaying Lin
Reorient: integrating a local campaign with an international movement – from patriotic health campaign to healthy city programme in Shanghai*

*Abstract 336, Sports University of Tirana, Albania: Qamil Dika
Applying standards of the Healthy Cities project: the case of Albania*

Abstract 327, Ministry of Health, Muscat, Oman, Nazar Elfaki

Community participation and empowerment: findings from recent evaluation of three healthy cities in the WHO Eastern Mediterranean Region

G4: Equity: barriers and innovative approaches with vulnerable groups

Room 3A

Improving health outcomes and accessing health care for special groups of people can be challenging, but identifying the needs of these groups of people can increase access and ensure that services are delivered in a more appropriate way that will reduce inequities in health. Four case studies demonstrate how this is being achieved.

Chair: Julie Steffler, WHO Regional Office for Europe

Discussant: David Stewart, Belfast, Northern Ireland, United Kingdom

Abstract 19, Croatian Healthy Cities Network: Selma Šogorić

People with disabilities: challenging health-care system accessibility

Abstract 233, Derry & Strabane, Northern Ireland, United Kingdom: Louise Boyce

Making life better with access and inclusion in Derry City and Strabane District Council

Abstract 22, Zagreb, Croatia: Selma Šogorić

Croatian Healthy Cities Network action research into the needs of single-parent families

G5: Influencing the whole life-course through setting and place

Room 2A

‘A healthy city leads by example, with the social, physical and cultural environments aligned to create a place that is actively inclusive, and facilitates the pursuit of health and well-being for all.’

The quote above is from the Copenhagen Consensus of Mayors vision Healthier and Happier Cities for All (February 2018). In this vision, place occupies a pivotal role between planet and people, linking human, social and urban development together.

This session enables cities to discuss place through the lens of the life-course.

Chair: Danny McQuillan, Belfast, Northern Ireland, United Kingdom

Discussant: tbc

Abstract 65, Coimbra, Portugal: Ângela Freitas

The effects of deprivation on mortality in a densely urban area: case study of Lisbon

Abstract 340, London, England, United Kingdom: Jon Siddall

The context and complexity of place: how people and place interact to influence health in urban environments

Abstract 186, Melbourne, Australia: Victoria Berquist

Action for Health – engaging youth in building healthy cities

G6: Building age-friendly communities: approaches and tools

Room 2B

Maintaining and enhancing the lives of older people in communities across Europe requires action research to define the needs of older people: intersectoral approaches and intergenerational approaches. Empowering older people within all of these approaches is central to key to building successful age-friendly communities.

Chair: Anne McCusker, Belfast, Northern Ireland, United Kingdom

Discussant: Manfred Huber, WHO Regional Office for Europe

Abstract 55, Ballymena, Northern Ireland, United Kingdom: Deirdre McCloskey

IMPACTAgewell® – co-producing a community development approach to the health and well-being of older people, led by Mid & East Antrim Agewell Partnership

Abstract 4, Newtownards, Northern Ireland, United Kingdom: Vicki Titterington

Building an age-friendly, age-connected Northern Ireland – age together not apart

Sheffield, England, United Kingdom: Geoff Green
Creating age-friendly environments in Europe: a tool for local policy-makers and planners

G7: Place & Health Working Group
Room 3B

The WHO European Healthy Cities Network, in collaboration with National Health Service Health Scotland, will form a Place, Health, Inequalities and Well-being Working Group as a part of the WHO European Healthy Cities Network. Membership will be made up of representatives from across the Network. This session is the first meeting of the group

Facilitator: John Howie, Glasgow, Scotland, United Kingdom

15.30 Thursday, 4 October 2018

15.30–16.00: Break

16.00 Thursday, 4 October 2018

16.00–17.30: Business Meeting and Official closing ceremony

Chair: Monika Kosinska, Programme Manager, Division of Policy and Governance for Health and Well-being, WHO Regional Office for Europe
Co- chair: Elizabeth Mitchell, Chair, Belfast 2018 Conference Steering Committee
Healthy Cities 2024 – presentation poster award
Close from Belfast: tbc
Close from WHO (tbc)

19.00 Thursday, 4 October 2018

19.00: Shuttle buses will be available. See transport information page in delegate pack.

19.30 Thursday, 4 October 2018

19.30–23.00: Farewell reception, Titanic Belfast

Grahame Harris, Piper.
Celtic Dream
McStocker Ceili Band

Poster Presentations

Moderated poster walk

Thursday, 4 October 2018, 12.30–14.00, Hall 1

PEOPLE

Abstract 8, Stavropol, Russian Federation: Karen Amlaev
Intersectoral project on combating the tobacco epidemic in the Russian Federation

Abstract 12, Belfast, Northern Ireland, United Kingdom: Joana Caldeira Fernandes da Silva
A partnership approach to developing Minimum Nutritional Standards for catering for staff and visitors in health and social care settings in Northern Ireland

Abstract 23, Zagreb, Croatia: Selma Šogorić
Assessing the value of counties' public health capacity-building programme in Croatia

Abstract 30, Bursa, Turkey: Murat Ar
Roma-friendly cities

Abstract 40, Çankaya, Turkey: Nilay Ogultürk
Voluntary HIV testing and counselling centre

Abstract 47, Belfast, Northern Ireland, United Kingdom: Caroline Hughes
Action Cancer's Get Fit, Get Healthy: an evaluation

Abstract 48, Çankaya, Turkey: Ethem Torunoğlu
Healthy city, liveable city – urban environment and health in the context of environmental ethics

Abstract 78, Belfast, Northern Ireland, United Kingdom: Lucy Cochrane
Northern Exposure: a community action-based project designed to tackle the high levels of fuel poverty within Belfast working directly with health professionals

Abstract 86, Modena, Italy: Daniele Biagioni
Mental health in the Italian Healthy Cities Network

Abstract 88, Turku, Finland: Hanna Dunning, Iina Lenz
Empowering middle-aged men with past addiction problems through peer group activities to develop skills for social and working life

Abstract 100, Taiwan, China: Jui Ling Yang
Preliminary study of muscle mass and weight loss on health promotion

Abstract 107, Belfast, Northern Ireland, United Kingdom: Maresa McGettigan
The ManPowered Project: empowering men with low-risk prostate cancer

Abstract 115, Taiwan, China: Yu Rong Lou
Effectiveness of promoting smoking cessation on community health promotion

Abstract 122, Kuopio, Finland: Marjo Markkanen
Senior citizens as an asset for society – a national project coordinated by Kuopio Community College

Abstract 127, Novi Sad, Serbia: Olja Niciforovic Surkovic
"Understanding my body changes" – sexuality education of primary school children in the City of Novi Sad, Serbia

Abstract 128, Belfast, Northern Ireland, United Kingdom: Jenny Dorrans
Get cooking ... making the most of your food parcel – a new resource for food bank users

Abstract 149, Belfast, Northern Ireland, United Kingdom: Dolores Atkinson, Danny Power
No one left behind – using lifelong learning to create an inclusive and equitable city

Abstract 160, Belfast, Northern Ireland, United Kingdom: Maresa McGettigan
Well Aware: successful approaches in cancer prevention for an ageing population

Abstract 174, Kuopio, Finland: Mari Antikainen
A Bayesian model to identify factors associated with custody decisions in social care and child protection

Abstract 189, Riga, Latvia: Nikola Tilgale-Platace
We Are for a Healthy Riga! project – to reduce social and health inequality in Latvia

Abstract 223, Turku, Finland: Johanna Ritvanen
Developing person-centred service guidance for services for older people in south-western Finland

Abstract 228, Glyfada, Greece: Evanthia Evangelou
Implementation of School Social Work Service in the Municipality of Glyfada, Greece: results of a pilot case study
Abstract 237, Belfast, Northern Ireland, United Kingdom: Susan Gilchrist

Communicating sustainable food consumption messages: perspectives of professional and consumer organizations

Abstract 275, Çankaya, Turkey: Nilay Ogultürk
We are more beautiful with different colours

Abstract 280, Udine, Italy: Stefania Pascut
Oral health as a proxy for health inequity

Abstract 297, Nea Chalkidona, Greece: Evangelia Tsapatsari
Day care centre for older people of the Municipality of Nea Philadelphia – Nea Chalkidona

Abstract 303, Velikiy Ustyug, Russian Federation: Tatiana Petunina
Social partnership in the healthy cities movement

Abstract 306, Braga, Portugal: Miguel Pavão
Oral health as a tool for social inclusion in northern Portugal – Braga a Sorrir programme

Abstract 312, Dubrovnik, Croatia: Miho Katicic
Strategy for equalizing opportunities for people with disabilities

Abstract 317, Zagreb, Croatia: Romana Galić
City of Zagreb – local community friendly to older people

Abstract 326, Belfast, Northern Ireland, United Kingdom: Mark Tully
Peer-led walking programme to increase physical activity among inactive older adults: Walk with Me pilot randomized controlled trial

PARTICIPATION

Abstract 2, Belfast, Northern Ireland, United Kingdom: Mairead Mitchell
Taking engagement to another level

Abstract 15, Belfast, Northern Ireland, United Kingdom: Fionnuala Close
Calorie Wise: encouraging the display of calories on menus in Northern Ireland – the Food Standards Agency in partnership with district councils in Northern Ireland

Abstract 31, Vienna, Austria: Ursula Hübel
Healthy ideas for Vienna – a tool for participation

Abstract 89, Turku, Finland: Hanna Dunning, Iina Lenz
Intersectoral cooperation for health and well-being at the local level – how can we build capacity to make it a reality? Practical implementation of health in all policies in the municipalities of the Baltic Sea Region

Abstract 164, Geneva, Switzerland: Jean Simos
Theme cities: a survival guide

Abstract 171, Turku, Finland: Pia Suvivuo
Finland's family centre model – child and family services in the new environments

Abstract 176, Kuopio, Finland: Arto Holopainen
Health communities facing cyber transformation

Abstract 183, Cork, Ireland: Tony Fitzgerald
A Lord Mayor's intervention: consulting schoolchildren on what makes a healthy city

Abstract 204, Belfast, Northern Ireland, United Kingdom: Kevin McSorley
Referring people with diabetes to physical activity

Abstract 206, Belfast, Northern Ireland, United Kingdom: Alan Herron
Shaping play through the voices of children, young people and communities

Abstract 221, Liverpool, United Kingdom: Sandra Davies
Health in all policies: a systemic approach to implementation at the city level

Abstract 267, Kuopio, Finland: Mirja Wihuri
Local democracy belongs to everybody in Kuopio

Abstract 289, Yarmouk – Kuwait City, Kuwait: Farid Al-Fozan
Yarmouk Healthy City Office: the pivotal point for success

Abstract 310, Riyadh, Saudi Arabia: Mohammed Khashoggi
Twenty years of experience, government sector role, community participation, women's empowerment, different implementation models and learned lessons from healthy cities – Saudi Arabia

Abstract 320, Villa Nueva, Guatemala: Guillermo Hegel
Primary health care, an urban challenge: the experience of Villa Nueva, Guatemala in the process of developing a municipal health policy

PLACE

Abstract 33, Bursa, Turkey: Murat Ar
Evaluation of bicycles as a mode of sustainable transport in Turkey

Abstract 37, Leicester, England, United Kingdom: Alan Wells
Urban healthy living: satellite-enabled air pollution monitoring and mitigation

Abstract 73, Glasgow, Scotland, United Kingdom: Jonathan Olsen
Urban landscapes, city diversity and quality of life: an objective cross-sectional study of 66 European cities

Abstract 74, Cork, Ireland: Judy Cronin
Lessons learned from a worksite walkability audit

Abstract 91, Kuopio, Finland: Aku Taira
Communal housing contributes to individual and collective well-being, the formation of beneficial social contacts between students and supports the positive progression of academic studies

Abstract 108, Carlisle, United Kingdom: Emma Dixon
Health-integrated urban planning and design

Abstract 117, Dresden, Germany: Freya Trautmann
Participatory creation of walking tours for older people in neighbourhoods – developing and implementing training courses for multipliers

Abstract 133, London, United Kingdom: Amber Morley
London's health check-up: a study into whether town planners can deliver the healthy planning principles outlined in the Draft London Plan

Abstract 137, Belfast, Northern Ireland, United Kingdom: Claire McLernon, Gordon Clarke
A fitter future for all – impact of Sustrans active travel behaviour change in schools, workplaces and communities

Abstract 146, Kuopio, Finland: Emilia Rönkkö
Forest preschools in Finland as places of healthy learning

Abstract 148, Kuopio, Finland: Leena Auvinen
An open learning environment provides and increases well-being for everyone in the community Conference theme: place and people

Abstract 150, Leeds, England, United Kingdom: Becky Robertson
Changing urban green spaces to find win-win interventions to improve biodiversity, ecosystem services and the health of children 0–4 years old

Abstract 153, Glasgow, Scotland and London, England, United Kingdom: Alison King
Reducing health inequality by activating residual green space: a Glasgow city case study

Abstract 182, Cork, Ireland: Denise Cahill
PSYCHED: initiating citywide workplace mental health promotion

Abstract 184, Limassol, Cyprus: Daphne Kleopa
Social gradient in health-related features of the neighbourhood environment in Limassol, Cyprus: the Cy-NOTes audit tool

Abstract 231, Belfast, Northern Ireland, United Kingdom: Claire Cleland
Healthy Urban Living and Ageing in Place (HULAP): an assessment of older people's physical activity and sedentary behaviour in the social environment

Abstract 235, West Midlands, England, United Kingdom: Rebecca Willans
Delivering the benchmark for well-being in future high-quality housing growth in the West Midlands

Abstract 279, Udine, Italy: Stefania Pascut
Assessing home environments and quality of life to prevent falls and promote healthy ageing among older people

Abstract 281, Udine, Italy: Stefania Pascut
Place-making and tactical urbanism to create a culture shift in urban planning

Abstract 339, Dresden, Germany: Peggy Looks
Fit in the Park – physical activity in public spaces

PROSPERITY

Abstract 104, Viana do Castelo, Portugal: Carlota Borges
The Nautical World into Our Schools

Abstract 111, Carlisle, England, United Kingdom: Darren Crossley
Investing in health and well-being

Abstract 139, Turku, Finland: Tanja Matarma
Effectiveness of a park renovation to improve physical activity and outdoor leisure time – Varissuo Central Park

Abstract 147, Kuopio, Finland: Erkki Soini
Predicted cost-benefit of virtual hospital 2.0 in terms of health-care capacity freed: towards potential economic efficiency with digitization and customer-responsive secondary care services

Abstract 229, Brussels, Belgium: Ingrid Stegeman
The INHERIT project: identifying what works to improve collaboration across sectors to address common societal challenges

Abstract 264, Helsinki, Finland: Sanna Ahonen
Supporting municipalities in using prospective impact assessment of decisions

Abstract 282, Udine, Italy: Stefania Pascut
Promoting social inclusion and physical activity through ethical investments

Abstract 292, Ramat Gan, Israel: Rachel Wilf-Miron
A community-based intervention applying digital technology to create a persuasive urban environment

Abstract 308, Belfast, Northern Ireland, United Kingdom: Övgü Pelen Karelse
Sustainable urban regeneration design in Portrush

Abstract 319, Seixal, Portugal: Joaquim Santos
Sovereign debt and population health – the case of Portugal

PLANET

Abstract 112, Lolland, Denmark: Peter Sarka
The Municipality of Lolland already fulfils the climate target for 2025

Abstract 322, London, England, United Kingdom: Anna Mavrogianni
Urban heat vulnerability mapping: working with a London borough to translate research output



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