



**ANABELLE DIMATULAC AHERRERA, M.D., F.P.O.G.S.,
I.F.E.P.A.G**

C U R R I C U L U M V I T A E

QUALIFICATIONS SUMMARY:

Over 30 years Obstetrics & Gynecology specialization in the Philippines' premier medical institutions with private practice in the following sub-specialties: Aesthetic Gynecology, Pediatric and Adolescent Gynecology, Reproductive Endocrinology & Infertility, Urogynecology, Endoscopy, Perinatology and Climacteric Medicine.

Surgical skills: Over 5,000 Obstetric (deliveries) and Gynecologic procedures (Dilatation and curettage, Hysterectomies, hysterothelioscopy, adnexal surgeries, anterior and posterior colporrhaphy, vaginal repairs, vulvovaginal restorative surgical and nonsurgical (radiofrequency), Plasma rich protein (PRP) procedures).

Diverse leadership roles in hospital management/administration in various functional responsibilities, notably: Management Committee, Professional Health Services, Quality Assurance, Out-Patient Department, OB-GYN and Medical Staff Association. Dynamic collaboration with pharmaceutical firms in the establishment & implementation plans for the safety of marketed products in the field of Obstetrics & Gynecology. Multiple & varied principal roles in academic and medical alumni communities and initiatives.

CREDENTIALS:

- ***Principal Official Trainer and Key Opinion Leader for Thermiva (Temperature-controlled Radiofrequency) in the Philippines for the Alinsod Institute of Aesthetic Vulvovaginal Surgery (AIAVS) institute, California, USA founded by Dr. Red Alinsod. 2018 to Present***
- ***Fellow, Philippine Society for Gynecologic Endoscopy, 2008 to Present***
- ***Associate, Laser Vaginal Rejuvenation Institute of America (LVRIA) under Dr. David Matlock, California, USA 2007 to Present***
- ***Fellow, Internationale Federacion Pediatrica Adolescent Gynecologica IFEPAG, 2006 to Present***
- ***Consultant, Active Staff, Makati Medical Center, 1995 to Present***

- **Fellow, Philippine Obstetrics and Gynecologic Society, 1992 to Present**
- **Fellow, Philippine Society of Laparoscopic Surgeons, 1992 to Present**
- **Consultant, Associate Active Staff, Makati Medical Center, 1989 to 1995**
- **Consultant, Regular Staff, The New Medical City, 1989 to present**
- **Diplomate, Philippine Obstetrics & Gynecologic Society, 1989 to 1992**
- **Medical Licensure, Philippine Medical Board Exam, 1984**

PROFESSIONAL EXPERIENCE:

Private Clinical Practice, Makati Medical Center and The New Medical City, Metro Manila, Philippines; 1989 – Present

Chairman, Dept. of OB-GYN, Makati Medical Center, October 2011- 2013

Vice-Chairman for Administrative and Medical Services, Dept. of OB-GYN, Makati Medical Center, November 2008- 2011

Member, Executive Management Committee (MANCOM), Makati Medical Center; 2005 – 2006

Asst. Director, Professional Health Services, Makati Medical Center; 2005 – 2006

Treasurer, Medical Staff Association, Makati Medical Center; 2005 – 2006

Head, Quality Assurance Committee, Dept. of OB-GYN, Makati Medical Center; 2003 - 2006

Program Director/Section Head, Out-Patient Dept., OB-GYN, Makati Medical Center; 1991 – 1996

Secretary, Dept. of OB-GYN, Makati Medical Center, 1991 – 1996

Member, Committee on Admissions, Dept. of OB-GYN, Makati Medical Center, 1996 – 2013

President, University of the Philippines College of Medicine Class 1983 (35th coral celebration), 2018

Vice President, University of the Philippines Medical Alumni Society Board 2008

Treasurer, University of the Philippines Medical Alumni Society Board, 2007

Member, University of the Philippines Medical Alumni Society Board, 2006

TRAINING:

AESTHETIC GYNECOLOGY:

- **Fellow Associate, Alinsod Institute of Aesthetic Vulvovaginal Surgery (AIAVS) under Dr. Red Alinsod**, Laguna Beach, California, USA, January 2017

- **Associate, Laser Vaginal Rejuvenation Institute of America (LVRIA) under Dr. David Matlock**, Beverly Hills, Los Angeles, California, USA, December 2007

ENDOSCOPY:

- **Laparoscopic Surgery in Gynecology-Obstetrics**, National Hospital of Obstetrics and Gynecology, **Hanoi, Vietnam**, March 2013- November 2014
- **Laparoscopic Surgery in Gynecology-Obstetrics**, Tu-Du Hospital, Ho Chi Minh, **Vietnam**, January 2010
- **Advanced Gynecological Laparoscopic Surgery, Symposium Workshop & Hands-On, 7th World Congress of Endoscopic Surgery**, National University Hospital, **Singapore**, June 2000
- **Comprehensive Colposcopy**, Westin Philippine Plaza, Manila, **Philippines**, August 2000
- **Seminar Workshop in Hysteroscopy**, MCU-FDT Medical Foundation, Caloocan City, Philippines, July 1996 and October 1997
- **Laparoscopic Gynecology**, Metropolitan Laparoscopic/Endoscopic Institute, National Kidney Institute, Quezon City, Philippines, July 1991
- **Laparoscopy Training**, Mary Johnston Fertility Care Center under the **Johns Hopkins Program for International Education of OB-GYN**, Manila, Philippines, November 1989

PEDIATRIC AND ADOLESCENT GYNECOLOGY:

- **Visiting Clinician's Program in Pediatric and Adolescent Gynecology under Dr. Marc Laufer**, Children's Hospital Boston and Brigham and Women's Hospital of the Harvard Medical System, Boston, Massachusetts, USA, May- June 2004
- **Post-Graduate Course**, Harvard Medical School, Cambridge, MA, USA, October 2003

PERINATOLOGY:

- **Sub-Specialty Post-Graduate Course in Maternal & Fetal Medicine**, MCU-FDT Medical Foundation, Quezon City, Philippines, November 1994, June 1993

REPRODUCTIVE ENDOCRINOLOGY AND INFERTILITY:

- **Post-Graduate Course on Clinical Reproductive Endocrinology & Infertility**, Philippine Obstetrics & Gynecologic Society, November 1992, November 1988
- **Post-Graduate Course in Gynecologic Endocrinology, Oncology & Pathology**, (31st Emil Novak Memorial Course) **Johns Hopkins Medical Hospital**, Baltimore, Maryland, U.S.A., October 1989
- **Observed**, Assisted Reproductive Technology, In-Vitro Fertilization (IVF) under Dr. Joseph Schulman, Genetics & IVF Institute, Fairfax, Virginia, U.S.A., April 1987

- **Post-Graduate Course in Infertility**, Las Vegas, Nevada, U.S.A., April 1987

UROGYNECOLOGY:

- **Visiting Clinician's Program**, Washington Continence Center, Washington Hospital Center, N.W., Washington D.C. USA, July 2004

CLINIC PRACTICE:

- **Makati Medical Center**, Rm. 248 Hall C Tower 1, Makati City, Philippines Society
 Mon to Sat : 8 – 2 pm
 DL: (+632) 894-1578
 Trunkline: (+632) 8888-999 loc. 2248
 Fax no. (+632) 813- 5965
 Email address: adamd.obgyn@gmail.com
- **The New Medical City, Medical Arts Towers**, Penthouse 03, 19th flr. Ortigas Ave., Pasig City, Philippines
 Tues and Thursday : 8- 10 am
 DL: (+632) 636-4673

EDUCATIONAL BACKGROUND:

- **Candidate, Masters in Business Administration – Regis Program (MBA-REGIS)**, Ateneo Graduate School of Business, Rockwell, Makati, 2016- present
- **Fellow, Philippine Society of Obstetrics and Gynecology**, Philippines, 1992
- **Residency Training**, Obstetrics & Gynecology, Makati Medical Center, Makati Metro Manila, Philippines, 1985-1988
- **Medical Licensure**, Philippine Medical Board Examination, 1984
- **Internship**, University of the Philippines College of Medicine, Philippine General Hospital, 1984, Manila Philippines
- **Doctor of Medicine**, University of the Philippines College of Medicine, 1983, Manila, Philippine
- **B.S. Biology**, University of the Philippines, 1979

AFFILIATIONS & MEMBERSHIPS:

INTERNATIONAL SOCIETIES:

- **Member**, International Society of Menopause
- **Member**, American Society of Reproductive Medicine
- **Member**, North American Society for Pediatric and Adolescent Gynecology
- **Fellow**, Internationale Federacion Pediatrica Adolescent Gynecologica
- **Member**, American Association of Gynecologic Laparoscopist
- **Member**, American Academy of Cosmetic Surgeons
- **Member**, National Surgical Assistant Association
- **Associate**, Laser Vaginal Institute of America
- **Associate**, Alinsod Institute of Aesthetic Vulvovaginal Surgery

NATIONAL SOCIETIES:

- **Fellow**, Philippine Obstetrics & Gynecologic Society
- **Fellow**, Philippine Society of Laparoscopic Surgeons
- **Fellow**, Philippine Society for Gynecologic Endoscopy
- **Affiliate Member**, Philippine Society of Cervical Pathology
- **Member**, Philippine Society of Climacteric Medicine
- **Member**, Honorary Editorial Advisory Board- Asia, MIMS obstetrics and Gynecology Philippines
- **Founding Member**, Pediatric & Adolescent Gynecology Society of the Philippines
- **Member**, Society of Adolescent Medicine of the Philippines
- **Life Member**, Philippine Medical Association
- **Life Member**, Philippine Women's Medical Association
- **Life Member**, University of the Philippines Medical Alumni Society
- **Life Member**, Makati Medical Society
- **Most Exalted Sister (Sorority Head)**, Mu Sigma Phi Medical Sorority, University of the Philippines, 1983

CONFERENCES/SEMINARS ATTENDED:

PARTICIPANT/DELEGATE:

- Philippine Annual Convention of Philippine Obstetrics and Gynecologic Society, Philippine International Convention Center, 1992-Present
- Robotic symposium, Medical City hospital, Texas, USA, November 2012
- 26th International Papillomavirus Conference, Montreal, Canada, July 2010
- American College of OB-GYN Annual Convention, Washington DC, USA, May 2011
- American College of OB-GYN Annual Convention, San Francisco, Ca., USA, May 2010
- Philippine Obstetrics and Gynecologic Society's Biannual Trainors' Meeting, March 2010
- European Congress on Contraception, Prague, Czech Republic, April 2008
- Evista Regional Medical Conference, Ho Chi Minh City, Vietnam, March 2003
- American College of OB-GYN Annual Convention, Chicago, Illinois, USA, May 2001
- Eli Lilly Evista Global Medical Conference, Indianapolis, Indiana, USA, April 2001
- World Congress on Endometriosis, London, United Kingdom, May 2000
- 1st Perinatology Conference, Makati Medical Center-UCSF Stanford Health, Shangri-la, Makati City, Philippines, October 1999
- 16th World Congress on Fertility-Sterility, San Francisco, California, USA, October 1998
- International Symposium on Maternal Nutrition, Paris, France, June 1998

- American College of Obstetrics & Gynecology Convention, New Orleans, Louisiana, USA, May 1998
- 1st ASEAN-European Congress on Menopause, Bangkok, Thailand, January 1998
- 1st Annual Stanford Asia Symposium on Gynecologic Oncology, Urogynecology and Pelvic surgery, Makati Medical Center Manila Philippines, September 1997
- Annual Convention of the Philippine Reproductive Endocrinology & Infertility, EDSA Shangri-la, 1996, 1997, 1998, 1999, 2000, 2001, 2005
- FIGO World Congress of Gynecology & Obstetrics, Copenhagen, Denmark, August 1997
- International Congress of Menopause, Sydney, Australia, November 1996
- Annual Convention of Philippine Society of Climacteric Medicine, Makati City, 1995- present
- Philippine Obstetrics and Gynecologic Society's Workshop on Core Curriculum for Residency Training in OB-GYN, Quezon City, Philippines, March 1995
- Philippine Obstetrics and Gynecologic Society's Workshop on Upgrading & Standardization of Residency Training Program, Quezon City, Philippines, March 1993
- Philippine Obstetrics and Gynecologic Society's Workshop on Statistics, 1992
- American College of Obstetrics & Gynecology Convention, Las Vegas, Nevada, USA, April 1987