If you work for the Australian Defence Force it pays to learn what you can claim at tax time



To claim a deduction for workrelated expenses

- To claim

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 for work
 for work
 - it must be directly related to earning your income
 - you must have a record to prove it.*

You can only claim the work-related part of expenses. You can't claim a deduction for any part of the expense that relates to personal use.

* You can use the ATO app myDeductions tool to keep track of your expenses and receipts throughout the year.

Car expenses



- You can claim a deduction when you:
 - drive between separate jobs on the same day
 - drive to and from an alternate workplace for the same employer on the same day – eg if you are required to travel from your normal Army base to another military base to attend a fitness assessment.
- You generally can't claim the cost of trips between home and work, even if you live a long way from your usual workplace or have to work outside normal business hours eg a military exercise held over the weekend.

In limited circumstances **you can claim** the cost of trips between home and work, where you were required to carry bulky tools or equipment for work and all of the following conditions were met:

- The tools or equipment were essential for you to perform your employment duties and you didn't carry them merely as a matter of choice.
- The tools or equipment were bulky meaning that because of their size and weight they were awkward to transport and could only be transported conveniently by the use of a motor vehicle.
- There was no secure storage for the items at the workplace.

If you claim car expenses, you need to keep a logbook to determine the work-related percentage, or be able to demonstrate to the ATO a reasonable calculation if you use the cents per kilometre method to claim.

Fitness expenses



- You can only claim the cost of fitness expenses if your job requires you to maintain a fitness well above the ADF general standard, eg if you are a physical training instructor with the Australian Special Forces.
- You can't claim a deduction for the cost of gym fees to maintain your personal fitness.

Home office expenses



- You can claim a percentage of the running costs of your home office if you have to work from home, including depreciation of office equipment, work-related phone calls and internet access charges, and electricity for heating, cooling and lighting costs.
 - If you are required to purchase equipment for your work and it costs more than \$300, you can claim a deduction for this cost spread over a number of years (depreciation).
 - If you keep a diary of your home office usage, you can calculate your claim quickly using the ATO's home office expenses calculator.
- You generally can't claim the cost of rates, mortgage interest, rent and insurance.

Self-education expenses



- You can claim a deduction for self-education expenses if your course relates directly to your current job or to the next likely promotion as planned by the ADF.
- You can't claim a deduction if your study or seminar is only related in a general way or is designed to help you get a new job, eg to enable you to move to a job outside of the ADF.

Other common deductible work-related expenses



- As long as the expense relates to your employment, you can claim a deduction for the work-related portion of the cost of:
 - technical or professional publications
 - compulsory mess subscriptions
 - union and professional association fees.
- You can't claim a deduction for the cost of:
 - attending social functions, even though these may be compulsory
 - haircuts, grooming, weight loss programs or supplies, even though the ADF has specific regulations.



