



PSS NEWSLETTER

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Welcome to the Panathinaikos Family

A warm welcome and a brief introduction

As from 2015 ETS will team up with **PANATHINAIKOS SOCCER SCHOOLS (PSS)**. PSS is a football school network with branches/outlets all over Greece, USA, Australia, Poland, Germany, Serbia, Egypt, Israel, Cyprus and the world which operate under the aegis and with the certification of **PANATHINAIKOS FC**.

The Network is constantly growing and is also building a dynamic presence abroad with certified soccer schools.

The Network's objective is to offer a complete sports education to children between 5-17 years old in order to reach the prime of their soccer abilities through an educational and competitive process which follows the notions of "fair play", emulation and the spirit of competition. These core values have always characterized the long history of **PANATHINAIKOS FC**.

The competitive evaluation of the young athletes is based on strict scientific methods, thus giving the opportunity to the most talented of them to join the academies and the competitive teams of **PANATHINAIKOS FC**.



PSS Youngsters having fun



More inside!

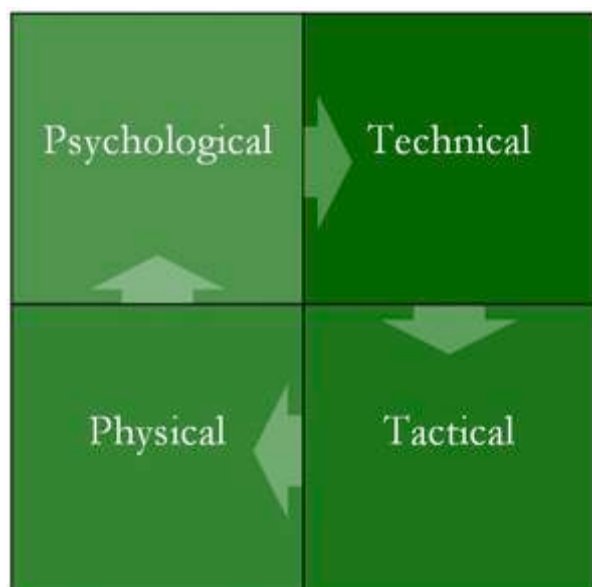


TRAINING PHILOSOPHY

Grounded in the century-old training methods of Panathinaikos FC, the philosophy of Panathinaikos Soccer Schools is to train players on all aspects of soccer. Therefore, training will address technical, tactical, physical, and psychological (T²P²) components for players of all ages. Self-discipline, sportsmanship, and teamwork will be emphasized. Each practice session will include player conditioning as well as skill and game specific training on T²P². While conditioning is not a favorite activity among athletes, it is vital to their strength and endurance. This "necessary evil" can be fun and rewarding if taught with the players' goals and interests in mind.

The technical and tactical components of soccer must develop through a "scope and sequence" approach. That is, the skills must be introduced, modeled, taught in order of natural skill progression with emphasis on technical accuracy, and developed to a point of independent execution that becomes natural to the players. That being said, players will develop skills at different rates, not based solely on their ages. All players within a given age group, however, will receive exposure to all skills deemed appropriate for that age group. Players will use structured practice times to develop their deficiencies and fine-tune their mastered skills.

No athlete will progress beyond mediocrity without an internal drive to improve, a commitment to practice and skill development, and a strong family support system that enables 100% participation and follow-through. While not all players will become professional athletes, many may progress to a collegiate level of play. No college level or professional athlete has emerged without putting in numerous hours of practice.



Main Targets of PSS are;

- The athletes' recreation
- The development of soccer needs
- The education of the athletes around the values of healthy athleticism
- The acquaintance of the athletes with the ideals of the Panathinaikos team

gossip :

Luis Suarez could lose as much as £3m of his £10m-per-year Barcelona salary if he bites another opponent.

VISION 2022

ETS headed up by Lloyd Tuffney has teamed up with Panathinaikos Soccer Schools - South Africa (PSS) as performance director for the new centre of Excellence in the Western Suburbs of JHB. ETS have the advantage of owning their own grounds. With a "2022 vision" aimed at preparing and delivering young players capable of being sent for trials to European clubs within six - eight years from now, with the first steps on that path already taken.

"A performance strategy has been implemented which will contain youth team set ups from U6 to U17 and the most important objective is to start building a new generation of young football talent. In 2022, the level of the players coming through our football education system has to be of a higher level."

"We are looking for two fundamental changes: the players' mentality and their style of play. "We've set out in a booklet the way we want to play. "We are starting to work with these boys in a 4-3-3 – a new philosophy of playing football, a more continental style.

"I've analysed all of the successful teams in the world and I couldn't find any team that didn't play 4-3-3 – the Spanish, the Germans, the Dutch. You can see there's a benchmark, they were always playing a 4-3-3 or a flexible 4-3-3.

"It's not always possible because you need to have the players for it and the level of the players can dictate whether you can play like Spain, or you have to play like Bafana. In SA they have an ocean to choose from yet we only have a pond. We have to find a mix, but eventually it has to be a blueprint and patience is required.

"It's also a bit about the mindset in this country; it's not 'we can do it' but more 'let's see if we can do it'. In this country the coaches are a bit overconfident and that's our downfall at times. I always say to the boys: 'We are better than we think we are.'"

"We are always humbly looking to learn and improve and that is why this set-up has been created because we want to share the youth development experience and philosophy PSS brings along."



Adios Kapinos

Did you know that ..

Panathinaikos has one of the best goalkeeping coaching staff compliment around. Over the last 2 decades most of the National Goalkeepers have come from Panathinaikos. In 2013 Karnezis the current national keeper was sold to UDINISE and is currently rated as one of the best Goalkeepers in Serie A. Kapinos the 20 year old current Goalkeeper recently signed for MAINZ in the Bundesliga. He was recently voted best u20 Goalkeeper in the world.

Training Facilities - Athens



PAO Academy U17 Season 2013-14

Did you know that ..

Panathinaikos has U15, U17 and U20 Academy teams based in Koropi in Athens. At the end of the 2014 season, 9 players aged 17 years - 19 years old from the U20 Academy team were promoted and signed professional contracts. 70% of the players are scouted from the greater Athens region and the balance from the rest of Greece and abroad who stay on campus. To date 35 players have been scouted and promoted from 60 Panathinaikos Soccer Schools from all over Greece and abroad to the Academy structures.



Smart Quotes

What the football world thinks of Van Gaal:

1.

Former Ajax star Zlatan Ibrahimovic: "One day he told me I should think more about the team while [Marco] Van Basten advised me to do the exact opposite. I asked him: 'Should I listen to Van Gaal or a legend?' I don't think he liked that."

2.

Spanish football expert Guillem Balague to Sky Sports News: "If you want to understand what's happened with Barcelona the last decade or so, you have to go back to the job he put in there. If you want to understand what Bayern Munich are now, you have to understand what he did at Bayern Munich. He put the whole structure of [Barcelona] in place, started working on the positional game, he put the likes of Xavi and Puyol in the team and certainly was a guy whose dream was to have 11 players from the lower ranks of Barcelona win the European Cup."

Interesting Reading....

WORLD CUP U20 - 2013 (1993-1994 born)

Manchester City - not 1 player in the England WC Team

Sunderland - not 1 player in the England WC Team

Panathinaikos - 5 players in the Greek WC Team

(1 player got injured and pulled out last minute.....

Sunderland has since bought that player for

€4 mill and another was sold to a top Belgium club)

(Goalkeeper rated as the best u20 keeper in the world)

(This is pretty much the same team that beat England in 2012

u19 EURO CHAMPS...Greece got to the final

losing 1-0 to Spain)

What does this fact really tell you! Well, Panathinaikos has excellent youth development structures

You may know that Black Aces have a link with Manchester City Football Schools and Bidvest Wits are sponsors to Sunderland.



World Football News & Trends

2014 World Cup Prize Money Breakdown

Finish	Payout	Team(s)
Champion	\$35,000,000	Germany
Runner-up	\$25,000,000	Argentina
Third Place	\$22,000,000	Netherlands
Fourth Place	\$20,000,000	Brazil
Quarterfinal	\$14,000,000	Belgium, Colombia, Costa Rica, France
Round of 16	\$9,000,000	Chile, Uruguay, Mexico, Greece, Nigeria, Algeria, Switzerland, United States
Group Stage	\$8,000,000	Australia, Bosnia-Herzegovina, Cameroon, Croatia, Ecuador, England, Ghana, Honduras, Iran, Italy, Ivory Coast, Japan, Portugal, Russia, South Korea, Spain

Source: FIFA

2014 WC prize money

Watch this space:

Football festivals, Tournaments,
Challenges & Talent identification
coming up soon;

Dates to follow



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