

## FOR IMMEDIATE RELEASE:

### **New Nutrition & CrossFit Concept Opening in Daphne**

**Daphne, Ala., August 3, 2017** - Jubilee Fitness/CrossFit Jubilee leased 4,100sf of office/warehouse at 27468 World Court in Daphne. The company will serve as a health and wellness training facility, offering group CrossFit, personal training, and a full nutrition program. Programs are individualized to meet the specific needs of each client for maximum benefit and results. The Grand Opening will be held Saturday, August 12th from 9:00 a.m. to 1:00 p.m. Everyone is welcome. Eric Windham of Coldwell Banker Reehl Properties represented the landlord and David Dexter of NAI Mobile worked for the tenant.

April Eubanks, one of the three owners/operators of Jubilee Fitness/CrossFit Jubilee, is a pharmacist by trade and will be heading up the Nutrition Program.

"I've teamed up with a registered dietitian to bring a great nutrition program to our members!" said Eubanks. "I have found that I prefer to work with people on prevention/reversal of illness and disease through lifestyle, rather than provide medical treatment/management once they are already sick.

"While there are several good CrossFit offerings on the Eastern Shore, and even more traditional and boutique gym options, we felt that our 'flavor' wasn't yet being served. We hope to bring the best aspects of each of the other options into a single place so that our clients can have a fantastic experience with all of the individual support they need to set and achieve their desired health and fitness goals."

Alongside Eubanks, other owners/operators include husband Mark Eubanks and Josh Daniel.

Jubilee Fitness/CrossFit Jubilee invites the community to come to the Grand Opening in support of this new local area small business.

### **About NAI Mobile:**

NAI Mobile is a team of seasoned professionals with over 100 years of experience in all facets of commercial real estate serving southwest Alabama. NAI Mobile is the local footprint of NAI Global, an international network of over 400 firms spanning five continents. Our diverse and robust partnership offers a unique presence as the local, full-service firm you want, with the global reach you need.

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